



# PACELINE

**Alta Alpina  
Cycling Club**

**Volume 16 Issue 9  
October 2018**

## **Tim Rowe Memorial Sweetwater Pass Ride: Full and Half Distance Options Sunday, October 7, 2018**

David Scarborough, Fall Century Coordinator

We're closing out the 2018 ride season with our annual fall ride held in memory of Tim Rowe.

For the full distance we will start at 9:15am from CG Bar and Pizza in Wellington, NV and ride to Bridgeport, CA back and forth over Sweetwater Pass. For the half distance start at noon and ride to the top of Sweetwater Pass, meet the group returning from Bridgeport, and ride back to the start.

There will be a club rest stop on top of Sweetwater Pass. Participants will be on their own for support in Bridgeport. Food is available there so bring money for that, if needed. Upon returning to Wellington, the club will buy all participants pizza so don't eat too much before hand! (You buy your own beverages.)

Parking at the start is limited, so for the full distance we'll meet at Lampe Park in Gardnerville at 8:15am to carpool. We'll roll out of Wellington at 9:00am so get there before 9:15am and be ready to roll. The whole ride is 88 miles, the half ride is about 41 miles.

We start on Wellington Cutoff (NV SR 829) out of Wellington. The route to Bridgeport involves a very gentle and scenic climb to Sweetwater pass on NV state route 338. The rest stop will be located roughly half of the way to Bridgeport close to the highest point of the ride. We'll have water and snacks there.

This is followed by a descent to the East Walker River. We cross into California and follow the river, ride around Bridgeport Reservoir, and reach Bridgeport.

This is a great time of year to ride as the weather isn't too brutal and the roads are less busy with traffic. It's also a great time to catch up with what's been going on with fellow club members and doing it at a leisurely pace. Pizza will be served when the group returns—around 4:00pm.

Please RSVP if possible so we can get a rough idea of how much pizza to order.

RSVP to: [davescar30@gmail.com](mailto:davescar30@gmail.com) or 530-318-7878.

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### **Alta Alpina Annual Meeting and Fall Party**

The 2018 annual meeting will be held on:

Tuesday, November 27

Doors Open 6:00pm

The venue will be:

CVIC Hall

1604 Esmeralda Ave,  
Minden, NV 89423

Officers for 2019 will be elected and racing awards will be announced.

Lori Piccini has once again volunteered to cater the event.

Please RSVP to:

[FallDinnerParty@AltaAlpina.org](mailto:FallDinnerParty@AltaAlpina.org)

### **Race Timing Chips**

We need to get back all the race timing chips so we can refurbish them for next year.

If you haven't yet returned your chip, please bring it on Nov 2 or mail it back to the club at:

**Alta Alpina Cycling Club**

**PO Box 2032, Minden NV 89423**

Include a self-addressed stamped envelope (SASE) so we can return your deposit.



## AACC Weekend Rides—October

Rick Miyashiro, Weekend Ride Coordinator

Our rides accommodate participants with a wide variety of riding speeds and we plan on regular regroup points. The average net speed (including regroup/rest times) is typically 10mph. For example, we'll typically be back at the start after 4 hours for a 40 mile ride. Faster riders are encouraged to circle back at regroup points or to take some time to socialize.

### Sunday, October 7, 2018 — Tim Rowe Memorial

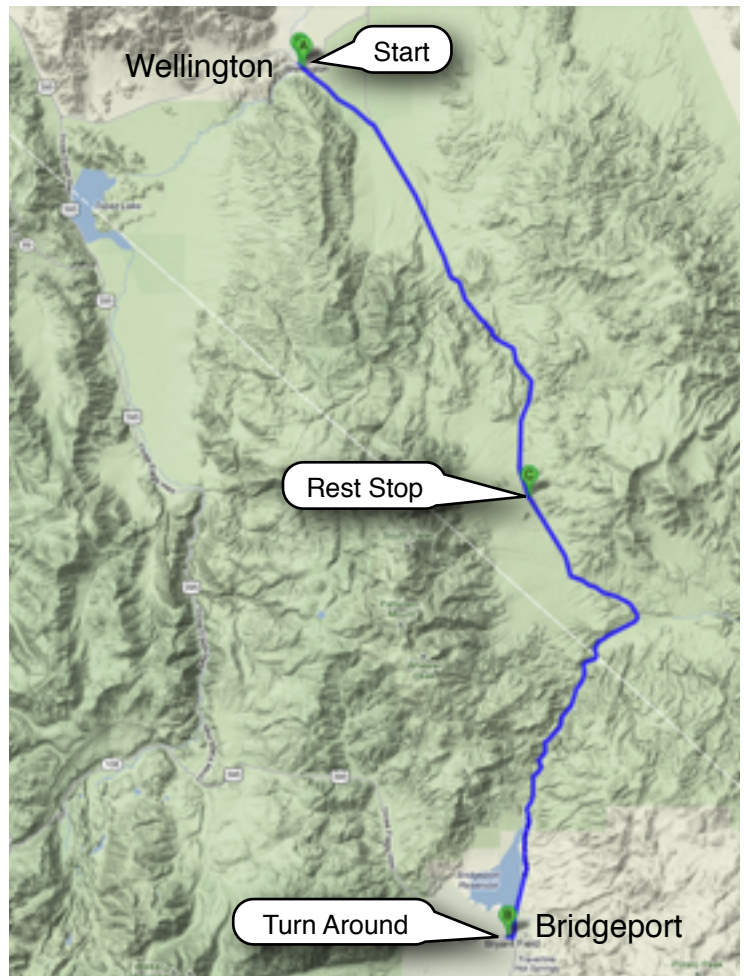
The annual Tim Rowe Memorial Sweetwater Fall Ride marks the end of our weekend ride program for the season. We depart from the parking lot of CG Bar's in Wellington at 9:15am. To carpool to the start meet before 8:30 am in Lampe Park in Gardnerville. We ride from Wellington to Bridgeport over Sweetwater Pass and back. There will be a rest stop with snacks and drinks at the top of Sweetwater Pass in both directions but we recommend bring money for food in Bridgeport. At the end of the ride we'll celebrate the end of the season with pizza for everyone. The full distance is about 84 miles.

### Saturday, October 13, 2018 — Highway Cleanup

Meet at Turtle Rock Park at 8:00am for the club's Adopt-A-Highway clean up of Highway 89. Refreshments/snacks to be provided pre and post clean up. We'll ride Ebbetts or Monitor after the clean-up. Choice of route will be left to the participants in the highway cleanup.

### Sunday, October 14, 2018 — Iowa Hill Loop

Meet for carpooling at the Park-and-Ride at Summit Mall in South Reno at 8:00am. The ride will depart/finish at the Raley's parking lot at Forest Hill Rd and Lincoln Way in the Auburn area at 10:00am. This is a hilly ride with over 7,000 feet of climbing including the Iowa Hill grade (13% over 1.7 miles). We'll enjoy miles of quiet fall scenery and low traffic and heat but need to be prepared for technical descents and challenging surfaces. There are a few spots to pick up water and snacks. If the weather is good we will go east on Forest Hill up to China Wall. The downhill on Forest Hill Rd. is a great reward for hours of climbing. The ride concludes with crossing the Forest Hill Bridge, many hundred feet above the American River and the kicker back to the finish. Post ride meal at Burrito's Jalisco is highly likely!





Every AACC member is encouraged to post their rides to the club  
Ride Board during the off-season:

[www.altaalpina.org/rideboard/](http://www.altaalpina.org/rideboard/)

We're looking for photos from club and local rides!

Please send ride photos to:

[photos@altaalpina.org](mailto:photos@altaalpina.org)

## Call for Officer Nominations

After 5 years, 2018 is Chris' last year as president. So we're now actively seeking a nominee for:

**Club President.**

Do you know someone who would make a great president?

The job of President requires attendance at the monthly board meetings, keeping the membership informed with emails and monthly newsletter articles, selection of board meeting locations, recruiting and coordinating board members, and keeping members engaged. Download a complete job description from our website at:

<http://www.altaalpina.org/membership/JobDescriptions2015.pdf>

While the election of club officers takes place at the annual general meeting in November, the nominee(s) will likely wish to become involved in club decision making right away.

We also need to fill these positions:

**Deputy Treasurer**

**Marketing Coordinator**

**Volunteer Coordinator**

If there's someone you think would be a great AACC president, or a great fit for any other board position, please submit their name to [president@altaalpina.org](mailto:president@altaalpina.org)



## Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at [www.AltaAlpina.org](http://www.AltaAlpina.org)



**BlueZone @Sports**



**ALTA ALPINA**  
Bicycles & Fitness



Bicycles & Fitness  
1346 Highway 309  
Gardnerville, Nevada

**BIKE HABITAT**  
SALES SERVICE RENTALS



### Alta Alpina 2018 Camping Weekend at Davis Lake







### Alta Alpina Composite NICA Team News

Kimberly Bodenstein, Nevada League Race Reporter & Carlo Luir, Team Director

September 30th, 2018 may have been a typical windy, chilly Sunday for the vast majority of the Mammoth residents, but for the Nevada Interscholastic Cycling League and the Alta Alpina Composite squad on nearby Mammoth Mountain, it was anything but ordinary. Walking up the short dusty incline to the race start, it was difficult to ignore the sheer majesty of the towering trees and dignified mountain. This race was truly special in every single way.

The day was full of heart-pounding finishes as Alta Alpina teammates in the Advanced Middle School Boys category Matteus Sokulsky and Lachlan Bray broke away from the 7-man pack that started the race in to finish 1st and 2nd. Lachlan's older brother Jack also took home a very respectable 2nd place medal in a competitive Sophomore Boys category. Joshua Bodenstein competed in the Middle School Boys category and took 2nd place in a nail-biting finish that separated him and his competitor by just 7 thousandths of a second. Notably, Middle School teammate Simon Maalouf improved from a 15th place finish in his previous race to a 4th place finish! In the last race of the day, Justin Kinser's determination, control and final lap push allowed him to make up a notable amount of time to finish in 3rd in the Varsity Boys race.

Not to be outdone by the boys, Middle School competitor Sawyer Villanueva started strong and raced fiercely through the single track, emerging with a strong 1st place win. Douglas HS junior Audry Keasling rode a smooth and confident race to secure 2nd place in the JV girls competition.

Matteus, Joshua, and Sawyer retained their overall series points lead and will continue to wear the league Leader jerseys going into the last race of the season.

A teams' record is a collective effort of each individual, and Alta Alpina Composite-Nevada Interscholastic Cycling Team continues to progress as they took their first podium as a team with a 3rd place overall standing. Racing champion Greg LeMond stated "It never gets easier, you just go faster," and these riders continue to push their limits to find greater levels of success!

In the upcoming weeks, riders will prep for their final race, the [Championships, to be held on October 14th at the Tahoe Donner Alder Creek Adventure Center in Truckee.](#)



League points leader Sawyer Villanueva took first in the Middle School Girls race



Matteus Sokulsky and Lachlan Bray finish 1st & 2nd



Varsity rider Justin Kinser took home third for his first podium finish this season



Middle School competitor and League points leader Joshua Bodenstein narrowly missed the top spot at the Mammoth race



## Board Meeting Minutes—October 1, 2018

Acting Secretary: Michael Bayer; Other Board Members: Tod Conover (Membership); Frank Dixon (Treasurer); Tammy Lundquist (Vice-president); Carlo Luri (Advocacy); Rick Miyashiro (Weekend Rides); Jim Sadilek (Website); Other Attendees: Ray Kauffmann

Meeting called to order at 6:16 pm  
September Minutes Approved [Tod/Tammy/  
Unanimous]

### 1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$11480.81. The Paypal balance is \$8495.98. There are a number of large outstanding checks for the Challenge and expenses for the annual meeting.
- **Membership:** No change in membership during September. Tod was at Interbike and thinks we should have membership forms there next time. He also suggests having a presence at other community events like Candy Dance.
- **Weekend Rides:** Thank you to Bruce Eisner who drove SAG for the Packsaddle ride. Next weekend is the Tim Rowe Memorial ride and the following weekend is the last marks the end of the 2018 weekend ride season.
- **Social Media:** Ray pointed out that 230 people on Strava indicate that they are Alta Alpina members—outnumbering actual membership for this year. Carlo volunteered to start posting to Facebook and Instagram. We'll use the Alta Alpina Photos mailbox to accumulate content.
- **Newsletter:** Michael will get the next newsletter out as quickly as possible in order to remind everyone of the Time Rowe Memorial ride. October content will also include Annual Meeting information, camping weekend, weekend ride photos, and meeting minutes. Michael will contact Chris for a presidential posting and Carlo will try to get a NICA article. There will be a November newsletter right after the November board meeting to promote the annual meeting and that issue will have the final Thursday race results and NICA results. It will also be a voters guide for the election. A January newsletter will kick-off the membership renewal season.
- **Website:** Jim also needs access to the Photos mailbox for the website. Tod reported an issue with ordering fashion kits on the website and
- **Weekly Road Races:** The priority right now is getting back all the outstanding chips so that they can be refurbished for next year.
- **Junior Team:** NICA team is doing an awesome job with many members holding first place in their category and the team stands in third place. Carlo will pull together and submit expenses for the season and we will budget for the 2019 NICA season. The club needs to buy up to 3 10x10 tents to replace the old broken tent that we have. The NICA team will make good use of them and they are needed for our other events.
- **Fall Century:** Dave Scarborough has confirmed everything with CG and everything is set to go for this coming weekend.
- **Insurance:** We need to check with our insurance company on coverage related to e-bikes. We need to know if people can participate in club rides with an e-bike.
- **Bike Advocacy:** Carlo is tracking a number of trail building initiatives and debates over bike lanes. There are upcoming meetings that club members are encouraged to attend to support decisions in favor of funding bicycle infrastructure initiatives.
- **Adopt A Highway:** The third and final highway cleanup for 2018 is set for October 13. Frank will be organizing. The post-cleanup ride route will be determined by those who participate.
- **Clothing:** While Voler jerseys are built-to-order all year round, the fashion kits were made and shipped on one date and are no longer available. Tod will ask Lori to set a new date for another round of fashion kit production. Michael reported that Voler will now do shorts and MTB jerseys and will be adding them.
- **Challenge:** Michael reported that we are bumping up against deadlines for marketing and sponsorship for 2019. The board decided to move ahead with the 2019 Alta Alpina Challenge [Frank/Tod/1 absention].

2. **Mixed Terrain Project:** Michael presented an update on efforts on Mixed Terrain events.
3. **Next Meeting:** Monday, November 12, 2018, 6 pm, Lakeside Inn in Stateline.  
Meeting adjourned at 8:30 pm



# Alta Alpina Cycling Club

P.O. Box 2032                      877-845-2453  
 Minden, NV 89423                877-845-BIKE  
    www.AltaAlpina.org

## MARK YOUR CALENDARS

- Tim Rowe Memorial Ride    .....Sunday, Oct 7
- Highway Cleanup    ...Saturday, Oct 13
- NICA Championships    .....Sunday, Oct 14
- End of Daylight Savings    .....Sunday, Nov 4
- Annual General Meeting    ...Tuesday, Nov 27  
    and Fall Party

**MOVED? GOT NEW CONTACT INFO?**  
 Have you moved? Has your e-mail address changed?  
 Don't miss out on the latest AACC happenings!  
 Update your info at [www.AltaAlpina.org](http://www.AltaAlpina.org); click on "Membership"

## Alta Alpina Cycling Club Board Members

Chris Rhiner	President	<a href="mailto:president@AltaAlpina.org">president@AltaAlpina.org</a>	775-790-6373
Tammy Lundquist	Vice President	<a href="mailto:tahoe.tammy@gmail.com">tahoe.tammy@gmail.com</a>	530-545-3155
TBD	Secretary	<a href="mailto:secretary@AltaAlpina.org">secretary@AltaAlpina.org</a>	877-845-2453
Frank Dixon	Treasurer	<a href="mailto:bikeboygo@yahoo.com">bikeboygo@yahoo.com</a>	530-318-1574
Tod Conover	Membership Coordinator	<a href="mailto:membership@AltaAlpina.org">membership@AltaAlpina.org</a>	877-845-2453
Rick Miyashiro	Weekend Ride Coordinator	<a href="mailto:ridedirector@AltaAlpina.org">ridedirector@AltaAlpina.org</a>	775-450-6457
Michael Bayer	Alta Alpina Challenge Ride Director	<a href="mailto:challenge@AltaAlpina.org">challenge@AltaAlpina.org</a>	877-845-2453
Desiree Aarts Kiley Reid	Thursday Road Race Stewards		877-845-2453
TBD	Road Cleanup Coordinator		877-845-2453
TBD	Volunteer Coordinator		
Corby Cobb	Social Media Coordinator		
Lori Piccini	Clothing Coordinator	<a href="mailto:clothing@altaalpina.org">clothing@altaalpina.org</a>	877-845-2453
Michael Bayer	Paceline Editor	<a href="mailto:paceline@AltaAlpina.org">paceline@AltaAlpina.org</a>	
Tina Keegan Becky Kemp	Spring Century Coordinators	<a href="mailto:springcentury@AltaAlpina.org">springcentury@AltaAlpina.org</a>	
David Scarborough	Fall Century Coordinator	<a href="mailto:dave_scar@hotmail.com">dave_scar@hotmail.com</a>	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	<a href="mailto:alpinajr@gmail.com">alpinajr@gmail.com</a>	775-782-9652
Jim Sadilek	Website Coordinator	<a href="mailto:ccwatchmaker@gmail.com">ccwatchmaker@gmail.com</a>	
Carlo Luri	Bicycle Advocacy Coordinator	<a href="mailto:altaalpinaNICA@gmail.com">altaalpinaNICA@gmail.com</a>	775-720-0754

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **November 12** at the **Lakeside Inn** in **Stateline.**

Newsletter Publisher:  
 Michael Bayer