



PACELINE

**Alta Alpina
Cycling Club**

**Volume 4 Issue 9
October 2006**

Annual Meeting and Dinner

October 23, 2006, 5:30pm

The Ridge Tahoe

Mark your calendars and RSVP today! The Alta Alpina Cycling Club annual meeting and dinner for 2006 will be held on Monday October 23:

- 5:30 Reception**
- 6:30 Election of Officers for 2006**
- 7:00 Buffet Dinner and Cake**
- 8:00 Awards**
- Door Prizes**

The event is free to all 2006 members in good standing. Non-members will be charged \$25, which includes a membership. Please RSVP as soon as possible and no later than October 18. To confirm your attendance:

send email to membership@AltaAlpina.org

or call **877-845-2453**

If you have a family membership please list the names of those attending and the ages of all children in your RSVP.

Door Prizes

- **Death Ride Gear**
- **Restaurant Gift Certificates**
- **A Year's Supply of Cytomax**



2006 Genoa Cyclocross—November 12th

Mel Maalouf, Junior Race Coach

The Genoa Cyclocross is on again! The club volunteers made it such a pleasure to run last year, I did not hesitate to sign up again.

Racers liked the course, and the local businesses liked the people in their town. Everyone liked it (save one) so it is a sure bet this

year. The date is November 12th, and the preparation work will be done on November 5th. Your help on both days would be great. Help us put on another excellent AACC event. See you out there with shovels and rakes. The days will be posted on the ride board.

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Death Ride Facts

In addition to supporting our club, Death Ride proceeds help to support over 20 non-profit organizations including:

- Alpine County EMS
- Alpine County Friends for Glaucoma Research
- Alpine County Friends of the Library
- Alpine County Search and Rescue
- Alpine Early Learning Center
- Alpine Kids
- Alpine Watershed Group
- Bear Valley EMS
- Choices for Children
- China Spring Youth Camp
- El Dorado County Search and Rescue
- Kirkwood Ski Education Foundation
- Lake Tahoe Wildlife Care
- Markleeville Volunteer Fire Department
- Over 50 Club
- Rite of Passage
- Sierra Sagebrush Flyers
- Tahoe Amateur Radio Association
- Tahoe Parents Nursery School
- Tahoe Special Olympics
- UNR Cycling Team

As always, the community effort from these groups and all the volunteers makes the Death Ride successful year after year.



2006 King of the King

Mel Maalouf, Junior Race Coach

The nth annual King of the King went off without a hitch (nth because I don't know how long we have been doing it). Conditions were almost identical to last year, with the weather being very cool at 44° F at the bottom. It was ideal for pouring your guts out on the "Nicest Climb in the West." 29 people showed up for the grind to the top, which was a 50% increase from last year.

I am continually impressed by the efforts people put out to climb the King. Most people I know of, broke their personal records from last year and took another couple of minutes from their records the year before. I do not know why the times are so much better for the King of the King, maybe the sublime weather, or the tailwind at the top, but everyone puts on the "show of the year" for the ride.

I joined the club ride at the summit for a coffee stop at my favorite coffee shop, Alpen Sierra. We then rode the rest of the Tour de Jobs. The weather was great for the rest of the ride, and I wish I could have rode up the climb just to make the full loop on a such a beautiful day. I look forward to next year's ride...maybe someone will break the record and get even more people breaking their personal records.

	Women	Time	Time	Starter
1	Jennie Hamiter	0:51:27	1	0:39:05 Garth Jackson
2	Suzy Stockdale	0:57:23	2	0:39:30 Cody Deane
3	Lizzie Blauvelt	1:00:03	3	0:40:07 Nate Drozda
4	Kelly Monsen	1:01:15	4	0:40:44 Jake Maestre
	Junior		5	0:41:34 Dave Gaskin
1	Heath Medeiros	0:53:13	6	0:43:33 Allen Biaggi
	Clydesdale		7	0:43:46 Ed Lix
1	Corey Bolton	0:59:43	8	0:44:19 Mark Hotchkin
	19-39		9	0:45:16 Brian Greenless
1	Garth Jackson	0:39:05	10	0:45:33 Mark Pupich
2	Cody Deane	0:39:30	11	0:46:15 Jim Sacherman
3	Nate Drozda	0:40:07	12	0:46:31 Chris Lucas
4	Jake Maestre	0:40:44	13	0:47:16 Michael Bayer
5	Mark Hotchkin	0:44:19	14	0:49:36 Pike Reardon
6	Chris Lucas	0:46:31	15	0:50:03 Andrew Huntington
7	Michael Bayer	0:47:16	16	0:50:36 Jim Wire
8	Jacob Anderson	0:54:03	17	0:50:37 John Seher
9	Mart Monsen	1:02:37	18	0:51:27 Jennie Hamiter
10	Robin Bernhard	1:04:28	19	0:53:13 Heath Medeiros
	40+		20	0:53:39 Stan Knight
1	Dave Gaskin	0:41:34	21	0:54:03 Jacob Anderson
2	Allen Biaggi	0:43:33	22	0:55:03 Joel Fleishman
3	Ed Lix	0:43:46	23	0:57:23 Suzy Stockdale
4	Brian Greenless	0:45:16	24	0:59:43 Corey Bolton
5	Mark Pupich	0:45:33	25	1:00:03 Lizzie Blauvelt
6	Jim Sacherman	0:46:15	26	1:01:15 Kelly Monsen
7	Pike Reardon	0:49:36	27	1:02:37 Mart Monsen
8	Andrew Huntington	0:50:03	28	1:04:28 Robin Bernhard
9	Jim Wire	0:50:36	29	1:11:00 Dan Miller
10	John Seher	0:50:37		
11	Stan Knight	0:53:39		
12	Joel Fleishman	0:55:03		
13	Dan Miller	1:11:00		



Jennie and Suzy



Cody, Garth, and Nate



Dave, Ed, and Allen



Presidential Pedaling Proponents

Jennie Hamiter, President

SLT has Bike Friendly Community Status!

On September 22, 2006, the League of American Bicyclists announced that it had awarded the City of South Lake Tahoe the designation as a Bicycle Friendly Community (BFC). Kudos and congratulations to the Lake Tahoe Bicycle Coalition (LTBC), which has been working with the SLT city council over the last year to make this happen. This designation is great news for the community, the economy, and the environment, but there is still a lot of work to be done. Every two years, the city must reapply to the League to demonstrate its continual commitment and progress. The League will provide an evaluation report of the areas where the city needs to direct its efforts, and that will become a task list for the city and the Coalition. For now, LTBC's major goal for 2007 is the Bicycle Friendly Business Campaign, a summer-long promotion engaging the business community to encourage bicycle use and storage for employees and customers.

Bike Advocacy Right Here, Right Now

The Alta Alpina Cycling Club represents members all around the Lake Tahoe basin, Alpine county, Carson City, Washoe Valley, Carson Valley, and Smith Valley. Please do your part to help make our area more bike-aware by being an everyday bicycle advocate:

- With local elections approaching, vote for bike advocacy: initiate dialogue with the candidates running for all levels of government regarding bike lanes and bike safety.
- Set an example in your neighborhood by using bikes as transportation. Ride with your kids to school, commute to work by bike, and use your bike to run errands. Always stop at stop signs, share the road, and observe all traffic rules.

- Encourage your neighbors and coworkers to ride their bikes and to join the club
- When new or re-routed roadways are being designed in your area, study the plans and let the planning commission know when they need to improve bike access and that you want bike lanes.
- Let those businesses that lack bike racks know that you'd rather shop bike friendly businesses.
- If your employer doesn't yet have facilities for cyclists, discuss the need to encourage bike use to and from work.
- If you think there is something that the club can do to promote cycling in your neighborhood, let me know!



Fly the Flag

Well, it's not a flag, but the club now has AACC window stickers! Place them on your car windows or anywhere that will let the world know that as a member of the local bike club you support bike safety, bike access, and bike friendly communities. The stickers will be available at the Annual Meeting and other club events. You can also get them from me whenever you want.

To Name a Few Bike Advocacy Champions...

Thanks to John Seher and Suzy Stockdale for creating the club stickers. Thanks to Dennis Delange for organizing another highway cleanup on our adopted stretch of highway 89. Thanks to Mel Maalouf for working with the Genoa Town Council to get permission to hold our annual Genoa cyclocross event and for organizing the King of the King time trial. And thanks to Tim Rowe, the club's Advocacy Coordinator, for all his work with the LTBC and the Nevada Bicycle Advisory Board.



AACC Member Profile:

Nick Ruana

AACC Member since: 2004

Current Residence: Sparks, NV

Immigrant from: Los Angeles, CA

Résumé:

1st Carson Valley Classic Minden Crit: 3/4/5

1st overall A's Alta Alpina Wed. series

1st overall Golden Nugget Junior Stage Race

Race Category: Cat. 4

Bikes I ride: LeMond
Chambery
Gary Fisher
HooKooEKoo (hard to spell!)

How I support my Bike Habit:

Scholarship and saved money



In one word, my cycling style is...:
Erratic

Favorite Rides/Races:
Sea Otter Festival

Favorite Post-Ride Food:
In N' Out Burger

Other Sports & Pastimes: Skiing, long walks on the beach, and enjoying a good sunrise with a cup of Jo' (that's usually while heading to a race with Mel)

Ambitions/Aspirations:
Become a dentist, upgrade to a cat. 3

My Motto or Inspired Quote:
"You win in the preparation, not the game!"

Grab Bag:
iPod, camera, frisbee.

BikeSPOKESman — Get Out & Get Involved!

Tim Rowe, AACC and Nevada Bicycle Advisory Board Member

ProWalk/Pro Bike 2006 - Making Connections, The 14th International Symposium on Walking and Bicycling

Held in Madison, Wisconsin on September 5-8, 2006, this biannual conference was organized by the National Center for Bicycling and Walking, a program of the Bicycle Federation of America. Tim Rowe (NBAB & AACC), Eric Glick and Bill Story (Bicycle guys from NDOT), and Sue Newberry (Consultant and Muscle Powered) represented Nevada. An additional 650 representatives from all over the US, Canada, UK, Japan, and Australia participated. Attendees included all the National and State Bicycle, Pedestrian, and Safe Routes to School Coordinators, and many Bicycle/Pedestrian Advocacy groups. Tim attended sessions on Safe Routes to School, Share the Road Campaigns, How to move Bicycle agendas forward at the local level, Bicycle Advocacy, along with tours of local bicycle facilities in the progressive Madison area. For more see: <http://www.bikewalk.org/conference/>

Lake Tahoe Bicycle Coalition: Imagine Friendly Bicycling in Tahoe

Please Join LTBC! Regular membership is only \$30 and we need numbers to increase our presence. LTBC helped with the application for South Lake Tahoe's status as Bicycle Friendly Community with the League of American Bicyclists with great success.

LTBC received a \$500 donation from TGFT productions for sponsoring the Tour de Tahoe rest stop at Spooner Summit on Sept 10th and raised additional funds by sponsoring the the Tahoe Reno Film Festival in August.

The Bicycle Map for the Lake Tahoe Basin and near by Truckee will be developed with assistance of the Daily Tribune and will be out in April. AACC donated \$250 toward sponsorship of the map. LTBC is developing a Bicycle Friendly Business Program for the Lake Tahoe Basin.

For further information check the LTBC web page: www.tahoebike.org or write LTBC P.O. Box 1147 Zephyr Cove, NV 89448. The next LTBC Meeting will be held at 5:30pm on October 10, 2006 at Design Concepts on Kingsbury Grade in Stateline.



Board Meeting Minutes—October 2, 2006

Secretary: Kris Brown; Other Board Members: Michael Bayer, Jennie Hamiter, Jeff Ham, Mel Maalouf, Joe Marzocco, Libby Oakden, Tim Rowe, John Seher; Other Attendees: Corey Bolton, Di Boton, Christopher Rowe

1. Monthly Status Reports:

- **Treasurer's Report:** The current account Balance is \$32,720.22. That does not include the Death Ride check of \$35,000 that was received at the meeting.
- **Weekend Rides:** The weekend rides are wrapping up. The weather makes advance planning difficult.
- **Junior Team:** No new report. 29 people showed up for the King of Kingsbury ride. Lots of personal bests. Thanks to Mel for a good job.
- **Website:** No report.
- **Clothing:** Keith submitted an inventory of the clothing that is left. Mel will work on the new order, with possibly a new design.
- **Bike Advocacy:** There was discussion of a mandatory helmet law for people under 18 years of age.
- **Newsletter:** Libby is looking for winter articles. The November/December issues will be combined in December.
- **Wednesday Night Races:** There will be a committee handling the Wednesday night races next year. Some new courses are being checked out. There was discussion about having premiums for some races.

2. **Death Ride:** The Death Ride Committee will be working on a new contract towards the end of April. A question was raised at the last committee meeting about how much Alta Alpina contributes to the death ride vs. how much the club receives. There was

some discussion on how to make club participation more visible. An effort may be made to compile information on how many volunteer hours Alta Alpina contributed this year. There was more discussion concerning changing the Death Ride course to eliminate Carson Pass. A route to Bear Valley would increase mileage but reduce elevation. Joe said there was also discussion of having a "qualifying" ride in September from Bear Valley to the east side of Monitor and back. Those who complete the ride would have a guaranteed "in" at the next Death Ride. There will be future discussion about if this ride occurs, how much club involvement there will be..

3. **GCX on Nov. 14th:** The race has been approved by the Genoa Town Board.
4. **End of Season Party:** The end of the season party will be October 23rd at the Ridge Tahoe. Club members will be admitted at no charge. The price for guests will be \$25 for an individual membership. There will be raffle prizes. The agenda will include election of officers, officer recognition and race results.
5. **Family Memberships:** It was decided that family memberships will only be available for two or more individuals that reside at the same address.
6. **Local Merchant's Program:** B'Sghetti's will be a local merchant member. Veltac Sport will be opening in Carson and will be contacted about a merchant membership.
7. **Next Meeting:** Monday, November 7, 2006, 6 pm, Pizza Factory in Gardnerville.

Local Merchant Discount Program



For discounts from these local merchants, please visit the AACC website at www.AtaAlpina.org



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

Annual Meeting & Dinner ... Monday, Oct. 23
 Genoa Cyclocross ... Sunday, Nov. 12

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Jennie Hamiter	President	president@AltaAlpina.org	775-782-4848
Darla Mazzoni	Vice President	mazzoni@etahoe.com	530-577-0122
Kris Brown	Secretary	klbrown@douglas.nv.gov	
Jeff Ham	Treasurer	jeffham@wt.net	775-267-2089
Michael Bayer	Membership Coordinator	membership@AltaAlpina.org	
John Seher	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-849-1876
Christine Anderson	Wednesday Race Director	christine.anderson@yahoo.com	775-781-0606
Mike Beam	Thursday Mountain Bike Race Director	lemondarmstrong@charter.net	775-267-6812
Dennis Delange	Road Cleanup Coordinator	dennis.delange@bently.com	
Joe Marzocco	Death Ride Manager	info@deathride.com	530-694-2475
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Libby Oakden	Paceline Editor	paceline@AltaAlpina.org	607-346-3933
Dennis Pederson	Website Coordinator	pedersondd@charter.net	775-883-239
Jim Rhiner	Carson Valley Classic	jim.rhiner@bently.com	775-783-9834
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

Newsletter Editor:
 Libby Oakden
 Newsletter Publisher:
 Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Gardnerville Ranchos and Stateline.. Join us on **November 6** at the **Pizza Factory** in the **Gardnerville Ranchos.**