

PACELINE

Alta Alpina Cycling Club

Volume 22 Issue 4 May 2024



Annual Memorial Cyclorama Saturday, May 18th (Alternate date May 19th)

Chris Cherrix, Coordinator

Free for club members!

Hey everyone! Just over a week to go until the club's official kick-off to this year's riding season, and the weather forecast is looking very good for our ride! So come on out and join your fellow club members for some great Spring road riding, followed by a free BBQ!

We are holding the event at a **new location** this year! Nigel, our club vice president, and his wife, Desiree, have graciously offered to host the BBQ on the lawn at their beautiful home at **406 Corie Ct.** just off Foothill Road near Centerville. Parking is only available on the shoulders of Foothill (see parking map) so please consider carpooling or riding to the start. We'll be starting and finishing the rides from their place, followed by the BBQ.

This year we'll have four different self-paced ride options of various lengths and group start times for riders of all abilities (see maps, next page, for details and links to .gpx files for your navigation devices). Both the traditional century and the Monitor Pass West rides start at 8:00am, with our annual group photo beforehand, so please arrive early and be ready to roll at 8:00am. The shorter rides will leave the start at 9:00am and 11:30am. All riders will need to sign-in before their ride so we know who is participating.

There will be two well stocked rest stops with bathrooms:

- at the East side base of Monitor ("Topaz") from 9:30am-12:00pm,
- near the West side bottom of Monitor (new location) from 9:30am-2:00pm

The post-ride BBQ will feature burgers, hot dogs, sodas, and various treats. There is plenty of lawn to kick back on, but if you'd prefer a chair, please bring one. Even if you can't ride, please come for the BBQ after 2:30pm.

RSVP to <u>springcentury@altaalpina.org</u> as soon as possible so we have enough food for everyone. Please indicate which **ride option** you're planning to do (**Century, Top of Monitor West, Bottom of Monitor West, or Diamond Valley Loop**) and your **burger preference** (Beef, Poultry, or Veggie).

We're still looking for volunteers to help set up and clean up on the day of the BBQ, as well as lend a hand at the rest stops. If you'd like to help out, please call or text Chris at 928–600–1097.

This event is a great benefit of Alta Alpina membership. We'll have new member forms at the start so invite your friends to come and participate!

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Time for Membership Renewal!!

If you haven't yet submitted your 2024 renewal, please do so right away! If you have any questions, please contact Allen at membership@altalpina.org



Annual Memorial Cyclorama Ride Options

Diamond Valley Loop (no rest stop)

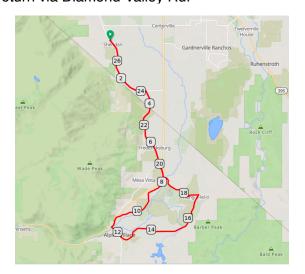
Start Time: 11:30am (self start from Nigel's)

27.1 miles and 1331' climbing

Map:www.altaalpina.org/rides/SCDV.pdf

GPX: www.altaalpina.org/rides/SCDV.gpx

To Woodfords via Fredricksburg and Carson River Rd. and return via Diamond Valley Rd.



Top of Monitor West (via Markleeville)

Start Time: 8:00am

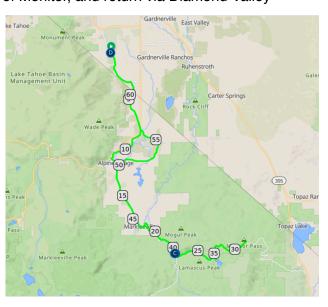
64.6 miles and 5700' climbing

Map: www.altaalpina.org/rides/SCMWT.pdf

GPX: www.altaalpina.org/rides/SCMWT.gpx

To Woodfords via Foothill and Carson River Rd, to the

top of Monitor, and return via Diamond Valley



Bottom of Monitor West (via Markleeville)

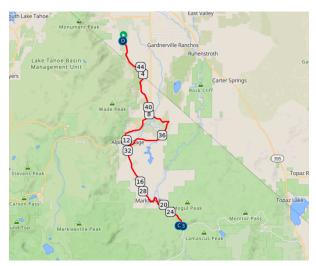
Start Time: 9:00am

47.3 miles and 3071' climbing

Map: www.altaalpina.org/rides/SCMWB.pdf

GPX: www.altaalpina.org/rides/SCMWB.gpx

To Woodfords via Foothill and Carson River Rd, to the rest stop via Markleeville, and return via Diamond Valley.



Metric Century (Full Loop)

Start Time: 8:00am

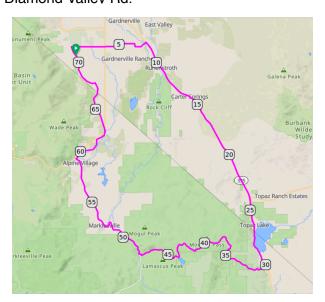
70.3 miles and 6135' climbing

Map: www.altaalpina.org/rides/SCLOOP.pdf

GPX: www.altaalpina.org/rides/SCLOOP.gpx

To east side of Monitor via US395, return via Markleeville

and Diamond Valley Rd.





Annual Memorial Cyclorama Parking

Event start and post-ride BBQ are at 406 Corie Court in Gardnerville.

Note that parking is prohibited on Corie Ct. and we need to keep the driveway clear of cars.

Please park on the shoulders of Foothill Road. Carpool or ride to the start if you can. Bring chairs if you're coming by car



Presidential Posting

Bruce Eisner, President

Spring has blown in with gusto again this year. Our intrepid Thursday racers know full well the unpredictable winds- with the certainty they'll be present on Thursdays! In between the strong winds are those beautiful days when our mountain roads are clear of snow, but not yet busy with cars. Luther Pass, Kingsbury Grade, Monitor pass, a portion of Blue Lakes road, and Ebbetts pass... these are all so beautiful, with snow on the peaks, and without the threat of holiday traffic. I hope you've been enjoying them!



If you have not yet ridden our local passes this season, an opportunity is coming May 18 with the Club's Annual Memorial Cyclorama. I hope to see you out there around our universal rest stop on the west side of Monitor pass.

The club's road riding schedule is in full swing, with at least one ride scheduled each weekend; check them out on https://www.altaalpina.org/rideboard/ This year we again have the Death Ride Training Series - 4 rides covering different mountain passes to help with your training for either (or both) the Wild Sierra Alta Alpina Challenge (June 29th) or The Death Ride (July 13th). The first training ride was this past weekend where 15 riders braved cold and windy weather on Sunday (the day after our recent snow storm); the next three rides are May 18 (both sides of Monitor Pass- part of our Cyclorama), June 1st (Woodfords-Carson-Blue Lakes), and June 15th (Markleeville- Lake Alpine/Bear Valley). These rides are supported with food and water during and after each ride. We have over 45 paying riders for the next 3 training series rides so we hope to see you join these to pace riders of different abilities and share your cycling wisdom.

Last Saturday's rain/snow has created excellent mountain bike conditions, with the valley trails a "goto" before it gets too hot, and the mountain trails are quickly opening up. If you've "always wanted to do more mountain biking, but never quite got regular with it", how about joining our series of weekly afterwork mountain rides? We've been doing these each Tuesday evening throughout summer for the last 7 years or so. We meet at typically 5pm each Tuesday, at a different location each week. There are so many world class trails around here that we get through to about Sep/Oct without needing to repeat a ride. They're posted each week on the ride board: https:// www.altaalpina.org/rideboard/ Most rides have an out-and-return format, so there's no pressure to keep up. Go at a pace which suits you. And yes, most rides are followed by snacks & drinks, usually b.y.o. at the trailhead, or occasionally at a nearby establishment.



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PACELINE

Volunteers Needed

Volunteering for events, and the Challenge in particular, is an opportunity to meet and collaborate with other club members. Volunteers make new friends and have a great time. This is a wonderful opportunity to be part of something really big. We need volunteers for the following upcoming events:

Annual Memorial Cyclorama - May 18

• We're still looking for volunteers to help set up and clean up on the day of the BBQ, as well as lend a hand at the rest stops. Please call or text Chris at 928-600-1097.

Training Series Ride: Monitor - May 18

• We need members of varying abilities to ride with participants as club ambassadors. Please contact Jennie at jenniehamiter@mac.com

Training Series Ride: Carson & Blue Lakes - June 1

• We need members of varying abilities to ride with participants as club ambassadors and someone to host a rest stop. Please contact Jennie at jenniehamiter@mac.com

Alpine County Elementary School BikeAThon - June 13 and 14

• On June 13 we'll be helping with safety checks. On June 14 we'll be riding support for the kids. Please contact Michael at challenge@altaalpina.org

Training Series Ride: Ebbetts & Lake Alpine - June 15

• We need members of varying abilities to ride with participants as club ambassadors and someone to host a rest stop. Please contact Jennie at jenniehamiter@mac.com

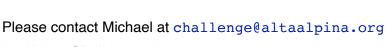
Alta Alpina Challenge Pre-Event - June 4-June 28

- We need help moving and sorting gear and supplies, preparing food, and other tasks. We also need to track down the following gear:
- o 10x10 Awnings
- Cargo Trailer
- o 10 Gallon Water

- o Folding Tables
- o Ice Chests

Coolers

- o Pickup Trucks
- o 5 Gallon Water Coolers
- o Cow Bells



Alta Alpina Challenge - June 29

• If you haven't already signed up for your volunteer job for the Alta Alpina Challenge on June 24, please do so as soon as possible—bring your whole family if you can! Contact Michael at challenge@altaalpina.org. We still need volunteers for all times of the day for setup, check-in, food prep, rest stops, signage, SAG, motorcycle, radio, and tear down.

Alta Alpina Challenge Wrap-Up - June 30-July 1

• After the event we need help getting all our gear and leftover sorted and back into storage. Contact Michael at challenge@altaalpina.org

Death Ride Setup - July 8-11

• We're looking for members interested in getting involved with the Death Ride next year to help. Contact Michael at challenge@altaalpina.org

Death Ride - July 12-14

• We need club members to help out in a few key locations on then weekend of Death Ride. Contact Michael at challenge@altaalpina.org





AACC Thursday Night Race Series

Joseph Whiteley, Thursday Night Race Director

We are off to a good start with the race season. There are a few that have signed race wavers that have yet to show up to race. I hope that you are able to join us soon. A number of members still have RFID tags from previous years. Please come out and put those chips to use! Whether you're a veteran or you're gearing up for your first race, please read on so you're up to speed!

Race Season Passes and Race Chip Deposits

We have race season passes (\$120)—a great way to save on weekly race fees. All racers need to mount a race chip (\$20 deposit) on the front right fork of their bicycle for each race. Please download, print, and sign the RACE WAIVER (distinct from the membership waiver) and bring it with you to your first race and come early enough to allow time to attach your chip.

If you still have your chip from a previous race season and you'll be racing in 2024, keep it on your bike and we'll re-register it to you. If you still have a race chip but you won't be racing this year, PLEASE RETURN your chip! Bring it to a race or other club event or contact Joseph at racedirector@altaalpina.org.

Full Race Schedule

The race schedule for 2024 once again features a full set of twenty races with something for everyone.

5/16	Pinenut Road Race	6/27	Fredericksburg Two Up	8/15	Blue Lakes Time Trial
5/23	Grandview Criterium		Time Trial	8/22	Grandview Criterium
5/30	Kingsbury Time Trial	7/11	Eagle Ridge Circuit Race	8/29	Fredericksburg Time Trial
6/6	Diamond Valley Road Race	7/18	Blue Lakes Time Trial	9/5	Diamond Valley Road Race
6/13	Jack's Valley Time Trial	7/25	Pinenut Road Race		Short Course
6/20	Diamond Valley Double	8/1	Kingsbury Time Trial		
	Back Road Race	8/8	Diamond Valley Road Race		

Time Trial Series Schedule

Never raced before? Not sure if you're ready for a road race or criterium? Plan on doing the Time Trial Series!

5/30	Kingsbury Time Trial	7/18	Blue Lakes Time Trial	8/29	Fredericksburg Time Trial
6/13	Jack's Valley Time Trial	8/1	Kingsbury Time Trial	9/5	Diamond Valley Road Race
6/27	Fredericksburg Two Up	8/15	Blue Lakes Time Trial		Short Course

Check the club website at https://www.altaalpina.org/clubracesroad/ for details of all race venues, formats, other rules, and updates.

Race Categories

Racers continue to be grouped into 5 categories. Racers compete within their category for points through the season. In road race, criterium, and circuit format races all racers of the same category start together and may draft one another but may not draft racers in a different race category.

Use the following guidelines for choosing your category initially:

Category A: Advanced/Very Fit/Race Experience/Train for Racing.

Category B: Competitive/Very Fit/Race Experience

Category C: Competitive/Fit/Masters 50+/Strong Endurance

Category D: New Racers/Masters 60+

Juniors: 18 years and younger who don't want to race with adults

Here are the current standings after 4 races. Please verify your results and if you see any issues send me a note at: racedirector@altaalpina.org

<u>2024</u> AACC Thursday Evening Twiligh Race Series	y ıt	Fredricksburg Prologue- (18 Apr)	DV Short Course- (25 Apr)	Grandview Criterium - (2 May)	East Valley Time Trial- (9 May)	Pinenut Road Race- (16 May)	Grandview Criterium - (23 May)	Kingsbury Time Trial- (30 May)	Diamond Valley Road Race- (6 Jun)	Jacks Valley Time Trial- (13 Jun)	DV Double Back - (20 Jun)	Fredricksburg 2 UP TT- (27 Jun)	Eagle Ridge Circuit Race (11 Jul)	Blue Lakes Time Trial - (18 Jul)	Pinenut Road Race - (25 Jul)	Kingsbury Time Trial - (1 Augl)	Diamond Valley Road Race - (8 Aug)	Blue Lakes Time Trial - (15 Aug)	Grandview Criterium - (22 Aug)	Fredricksburg Time Trial - (29 Aug)	DV Road Race (Short Course) - (5 Sep)	
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Greg Kogut	M	10	-	10	17																	
Dennis Healy	M	10	-	-	20																	
Robert Braun	M	10	12	-	-																	
Joshua Fox	M	-	-	10	12																	
Kevin Willitts	M	-	10	10	-																	
Connor Zabrocki	M	-	20	-	-																	Т
Dustin Hess	M	10	-	10	-																	
Matthew Hayto	М		17	-							\Box											Ţ.
Luke Amato	М	-	14	-	-						\Box											
Blake Herrmann	М	-	-	-	14						\Box											t
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James Close	M	10	17	14	17				П													Τ
Michael Bayer	M	10	14	10	12						\Box											t
Ron Shaw	М	-	20	17	-				_													t
Jeremy Fox	M	-	DNF	20	14				\vdash													t
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Jim Wire	M	10	-	8	10	-		-	-	-										-	-	
Max Fish	M	10	-	-	-																	L
Matt Mackay	M	10	-	-	-																	L
Joshua Seligsohn	M																					
Bill Magladry	M	10	14	17	17																	
Nigel Leigh	M	10	12	20	12																	
Chris Cherrix	M	10	20	-	14																	Т
Kirt Willard	M	-	10	8	20																	Т
Jennie Hamiter	F	10	8	-	8																	Τ
Mel Maalouf	M	10	-	14	-																	Т
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Local Merchant Discount Program

Details about local merchant offers is listed under "Merchant Discounts" on our website: www.AltaAlpina.org.





















Board Meeting Minutes—May 6, 2024

Secretary: Michael Bayer; Other Board Members: Paul Amato (NICA Team Coach); Chris Cherrix (Spring Century); Frank Dixon (Deputy Treasurer); Bruce Eisner (President); Nigel Leigh (Vice-President); Bill Magladry (Treasurer); Joseph Whitely (Race Director); Lyn Willoughby (Weekend Rides)

Meeting held at Grill Next Door in Gardnerville Meeting called to order at 6:18 pm Minutes of the April meeting approved as presented. [ChrislJosephlUnanimous]

1. Monthly Status Reports:

- Treasurer: The current checking account balance is \$11,875.38. The Paypal balance is \$19,866.04. CDs are currently at \$10,143.30 and \$10,477.75. Of this, the NICA team portion is \$5600. Frank reports that state filings were completed.
- Membership: There are 122 fully paid memberships. Michael will take care of membership processing while Allen is traveling. There are a number of people who have not yet renewed their membership. Michael will assign a list to each board member to make phone calls and Joseph will handle racers.
- Weekend Rides: Lyn has recruited a team of ride leaders and rides are posted covering weekends for the next few months. Lyn will contact ride leaders to ensure the rides are posted to the rideboard as soon as possible.
- Weekly MTB Rides: Attendance has been great and is growing group of participants. Nigel is reaching out to the community of riders at work to recruit more members.
- Social Media: Bill reports that Michelle has been delivering a steady stream of content.
- Newsletter: Michael aims to get the newsletter out on Friday night or Saturday morning with the primary content being the Cyclorama. A presidential posting and race results are needed for Friday.
- Website: Continuing updates are being applied to the website with the big project being dynamic formatting.
- Insurance: All insurance work is done except the addition of coverage for any new race venues.
- Clothing: Seven items were sold at the Spring Party. Two more purchases are pending. The build-to-order jerseys are in production and will be shipped directly to each member's home.

- Weekly Road Races: Joseph reported there are 21 Season Pass racers, 16 Complimentary (Board & Students), and 12 on the Weekly plan. There was a good turn-out for the first three races but there was a crash at the criterium. We'll develop a protocol for documenting crashes. Joseph is concerned that Eagle Ridge may no longer be a good venue based on the development of cracks on the lower portion, new construction which obscures sight lines in the descending corner, construction debris is accumulating on the roadway, and there have been some crashes at this location in the past. For this reason Joseph is proposing a move to James Canyon and is working to get permission from the HOA there.
- Junior Team: The pre-season has begun and 8 coaches have completed their training and students are signing up. Paul is organizing a "Rider Roundup", a bike maintenance/safety check meeting, and short ride option for the Tahoe MTB festival on June 22. Weekly practice sessions on Monday, Tuesday, and Wednesday start July 1. The team will be volunteering for AMBBR and Death Ride. For Death Ride the team should be able to handle Bike Valet and unloading Gear Trucks however more racks and volunteers are desirable.
- Cyclorama: Chris and Michael will handle logistics on Friday May 17. Chris is coordinating volunteers. Big Thanks to Nigel & Desiree.
- Adopt A Highway: Michael will ask Jordan to post the cleanups.
- **Training Series**: 45 registered, 31 expected for May 18. Volunteers needed to escort.
- Challenge: We need to boost our marketing efforts and Volunteers for the event are needed.
- Bike Advocacy: Mary Beth from Tahoe-Pyramid Trail has invited us to participate in their May 19 Cookie Ride.
- 2. **Bod Meeting Venues:** Lynn will check on using conference rooms at the senior center..
- Next Meeting: Monday, June 3, 2024, 6 pm, Venue TBD Minden or Gardnerville.
 Meeting adjourned at 8:20 pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453 Minden, NV 89423 877-845-BIKE www.AltaAlpina.org

MARK YOUR CALENDARS

Annual Memorial Sat, May 18

Cyclorama and BBQ

Tahoe-Pyramid Trail Sun, May 19

Cookie Ride

Alta Alpina Challenge Sat, June 29

Thursday Night Races every Thu @6:00

MOVEP? GOT NEW CONTACT INFO? Have you moved? Has your e-mail address changed? Pon't miss out on the latest AACC happenings! Send your new contact information to : membership@altaalpina.org

Alta Alpina Cycling Club Board Members

Bruce Eisner	President	president@AltaAlpina.org	877-845-2453
Nigel Leigh	Vice President		775-267-7089
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Bill Magladry	Treasurer	treasurer@AltaAlpina.org	877-845-2453
Allen Forbes	Membership Coordinator	membership@AltaAlpina.org	
Lyn Willoughby	Weekend Ride Coordinator	ridecoordinator@AltaAlpina.org	951-642-1611
Joseph Whiteley	Thursday Road Race Director	racedirector@AltaAlpina.org	775-265-1905
Jordan Brooks	Highway Cleanup Coordinator	jordan.brooks84@att.net	916-833-7445
Bruce Eisner	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Zach Wood	Bicycle Advocacy Coordinator	advocacy@altaalpina.org	877-845-2453
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
TBD	Pinenut Cracker Coordinator	pnc@AltaAlpina.org	
Chris Cherrix	Memorial Cyclorama Coordinator	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave scar@hotmail.com	530-318-7878
Frank Dixon	Deputy Treasurer	bikeboygo@yahoo.com	530-318-1574
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Greg Phillips	NICA Team Director	AANICADirector@AltaAlpina.org	
Paul Amato	NICA Team Head Coach	AANICACoach@AltaAlpina.org	
Greg Kogut	Website Coordinator	webmaster@altaalpina.org	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Michelle Brooks	Social Media Coordinator	brooksmi840@gmail.com	916-833-7446
TBD	Volunteer Coordinator	volunteer@AltaAlpina.org	

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month.** In-person meetings alternate between the Carson Valley and South Lake Tahoe.. Join us on **June 3 at 5:30pm** at the **Carson Valley Swim Center** in **Minden.**

Newsletter Publisher: Michael Bayer