



PACELINE

**Alta Alpina
Cycling Club**

Volume 21 Issue 4
May 2023



Ray Rickard Memorial Spring Century Saturday, May 20th (Alternate date May 21st)

Chris Cherrix, Coordinator

Free for club members!

Hey everyone! Less than two weeks to go until the club's official kick-off to this year's riding season! So come on out and join your fellow club members for some great Spring road riding, followed by a free BBQ!

This year's event will be held at a **new venue**: the **Ranchos Aspen Park** (on Muir Drive in the Gardnerville Ranchos). We'll be starting and finishing the rides at the park, followed by the BBQ.

This year we'll have four different self-paced ride options of various lengths and group start times for riders of all abilities (see maps, next page, for details and links to .gpx files for your navigation devices). Both the traditional century and the Monitor Pass West rides start at 8:00am, with our annual group photo beforehand, so please arrive early and be ready to roll at 8:00am. The shorter rides will leave the park at 9:00am and 11:30am. All riders will need to sign-in before their ride so we know who is participating.

There will be two well stocked rest stops with bathrooms:

- at the East side bottom of Monitor ("Topaz") from 9am-12pm,
- near the West side bottom of Monitor (new location) from 10am-2pm

The post-ride BBQ will feature burgers, hot dogs, sodas and various treats. There is plenty of lawn to kick back on at the park, but if you'd prefer a chair, please bring one.

RSVP to springcentury@altalpina.org as soon as possible so we have enough food for everyone. Please indicate which **ride option** you're planning to do (**Century, Top of Monitor West, Bottom of Monitor West, or Diamond Valley Loop**) and your **burger preference** (Beef, Poultry, or Veggie).

We're still looking for volunteers to help set up and clean up on the day of the BBQ, as well as lend a hand at the rest stops. If you'd like to help out, please call or text Chris at 928-600-1097.

This event is a great benefit of Alta Alpina membership. We'll have new member forms at the start so invite your friends to come and participate!

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Time for Membership Renewal!!

If you haven't yet sent us your 2023 waiver, please do so right away! If you haven't received your form, please contact Allen at membership@altalpina.org



Ray Rickard Memorial Spring Century Ride Options

Diamond Valley Loop (no rest stop)

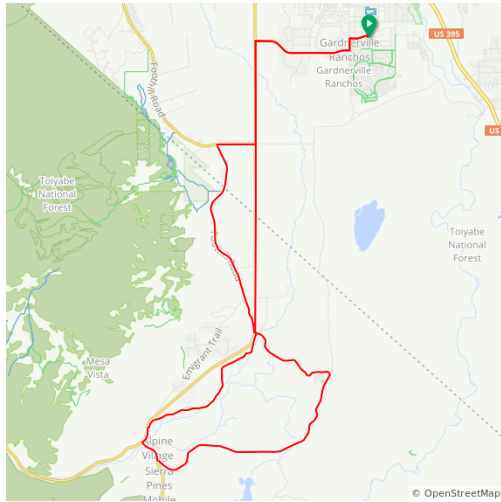
Start Time: 11:30am

30.7 miles and 1218' climbing

Map: www.altaalpina.org/rides/SCDV.pdf

GPX: www.altaalpina.org/rides/SCDV.gpx

To Woodfords via Fredricksburg and Carson River Rd. and return via Diamond Valley Rd.



Bottom of Monitor West (via Markleeville)

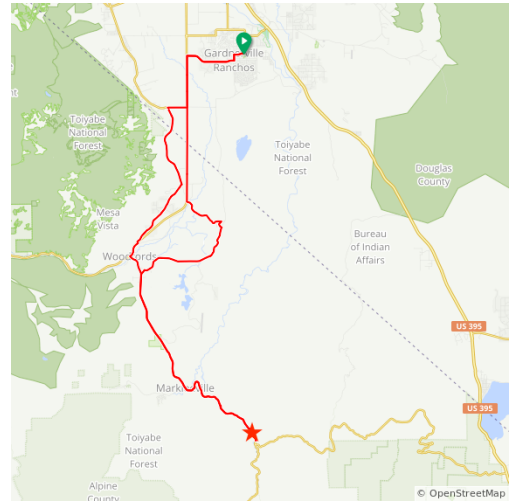
Start Time: 9:00am

54.1 miles and 3304' climbing

Map: www.altaalpina.org/rides/SCMWB.pdf

GPX: www.altaalpina.org/rides/SCMWB.gpx

To Woodfords via Foothill and Emigrant, to the rest stop via Markleeville, and return via Diamond Valley Rd.



Top of Monitor West (via Markleeville)

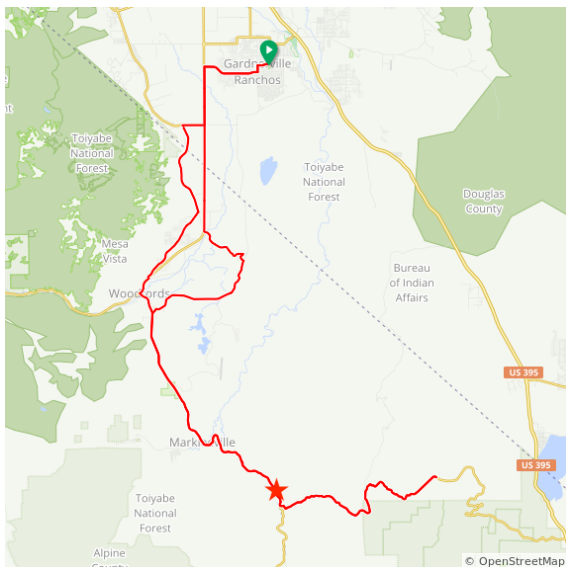
Start Time: 8:00am

67.5 miles and 5871' climbing

Map: www.altaalpina.org/rides/SCMWT.pdf

GPX: www.altaalpina.org/rides/SCMWT.gpx

To Woodfords via Foothill and Emigrant, to the top of Monitor via Markleeville, and return via Diamond Valley



Metric Century (Full Loop)

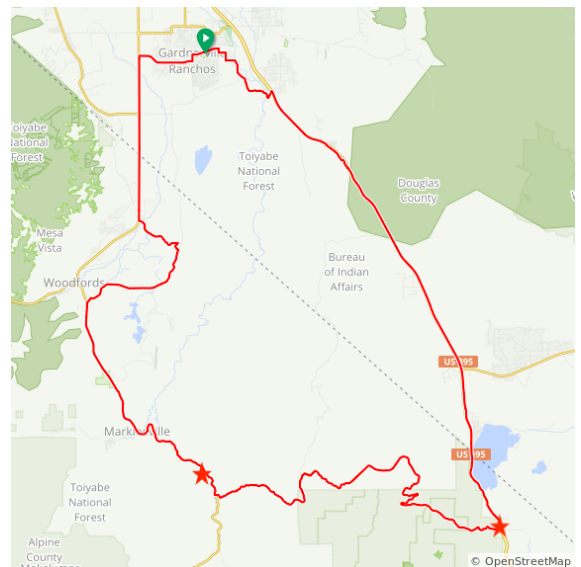
Start Time: 8:00am

67.6 miles and 5930' climbing

Map: www.altaalpina.org/rides/SCLLOOP.pdf

GPX: www.altaalpina.org/rides/SCLLOOP.gpx

To east side of Monitor via US395, return via Markleeville and Diamond Valley Rd.





Presidential Posting

Bruce Eisner, President

I am just back from 2 weeks in our “new” 1995 camper van searching for great hiking and spring wildflowers in the desert. We were fortunate to spend 3 days with a former club president (5 years), Chris Riner, and her husband Jim in Sedona. Many of you know them well. They are well and own a house adjoining one of Sedona’s popular hiking/riding trailheads, where they most often are mountain biking.



Our cycling season is in full swing with organized club rides on weekends and some weekdays, and with the 4th Thursday race this week. Still the typical spring weather with wind and occasional cold/snow to plan around, but we love it.

Lots of club activities coming in the next 2 months, including our Spring Century on Saturday, May 20th (the 21st if bad weather) and the Club’s signature event the Alta Alpina Challenge on June 24th. Hope you are marking your calendars for participating in, and volunteering for, these major club events.

Planning to ride the Challenge or the Death Ride? Our Death Ride Training Series can help you with your training. The first ride was May 7th and 3 more are scheduled for May 20th (both sides of Monitor Pass- an option on our Spring Century day), June 3rd (Blue Lakes Rd. and Carson Pass from Woodfords), and June 17th (Markleeville to Lake Alpine via Ebbetts Pass and Pacific Grade). Hopefully these mountain passes will be open and free of snow for us to enjoy.

See you at our Spring Century on May 20th.

AACC Weekend Ride Schedule— May/June

Lyn Willoughby, Weekend Ride Coordinator

Sunday, May 14, 2023 — Bower's to Hidden Valley

Meet at Bower's Mansion (parking by the pool), off of Alternate Highway 395 ready to ride at 10am. We will ride through Pleasant Valley, Andrew Lane-Rhodes Rd. to Toll Rd. We will work North to the Veteran's Parkway bike path to Mira Loma and up to Hidden Valley Regional Park for a break in the park. There is water available there. The return route will be a few miles more-direct but the same main route. If the weather is tough we can make a game time decision on how far to ride. Snacks at the pavilion at Bower's on the lawn afterwards. 3 hr. ride time.

Saturday, May 20, 2023 — Ray Rickard Memorial Spring Century and BBQ

See ride details on Page 1 and 2. Rides start from new venue: Aspen Ranchos Park Gardnerville Ranchos,

Saturday, May 20, 2023 — Training Series: Both Sides of Monitor

Another ride option for the Spring Century—be a club ambassador and guide for the club’s training series. All club members are welcome as Alta Alpina hosts a training series for non-club members for both our Alta Alpina Challenge and the Death Ride. We’ll meet at the Topaz rest stop at 8:30am for an out-and-back ride over both sides of Monitor. A fast group will turn around at TRP or Woodfords and a slower group will turn around at Markleeville or the rest stop. We’ll use the spring century rest stop, have snacks at the finish and then head back to the BBQ.

Saturday, June 3, 2023 — Training Series: Carson and Blue Lakes

We’ll meet at the Alpine County Community Development parking lot in Woodfords (50 Diamond Valley Rd.) at 9:30am. All club members are welcome as Alta Alpina hosts a training series for non-club members for both our Alta Alpina Challenge and the Death Ride. We’ll ride up Woodfords Canyon to Carson Pass, then out to Blue Lakes and return to Woodfords. This ride is 55 miles with 4900 of climbing. We’ll have two rest stops and snacks at the finish.

Sunday, June 11, 2023 — Boca to Cisco Grove

Meet at the Historic Boca Townsite (dirt parking lot right after the railroad tracks off of Stampede Meadows Rd, about 1/3 of a mile north of I80 at the Hirschdale Rd. exit). We’ll start at 9:30am. This ride is an out and back over Donner Summit to Cisco Grove for about 70 miles with 5000 feet of climbing. There will be stops at Donner Lake park and Serene Lakes for Water.



Volunteers Needed

Volunteering for events, and the Challenge in particular, is an opportunity to meet and collaborate with other club members. Volunteers make new friends and have a great time. This is a wonderful opportunity to be part of something really big. We need volunteers for the following upcoming events:

Ray Rickard Memorial Spring Century - May 20

- We're still looking for volunteers to help set up and clean up on the day of the BBQ, as well as lend a hand at the rest stops. Please call or text Chris at 928-600-1097.

Training Series Ride: Monitor - May 20

- We need members of varying abilities to ride with participants as club ambassadors. Please contact Jennie at jenniehamiter@mac.com

Training Series Ride: Carson & Blue Lakes - June 3

- We need members of varying abilities to ride with participants as club ambassadors and someone to host a rest stop. Please contact Jennie at jenniehamiter@mac.com

Alpine County Elementary School BikeATHon - June 13 and 14

- On June 13 we'll be helping with safety checks. On June 14 we'll be riding support for the kids. Please contact Michael at challenge@altaalpina.org

Training Series Ride: Ebbetts & Lake Alpine - June 17

- We need members of varying abilities to ride with participants as club ambassadors and someone to host a rest stop. Please contact Jennie at jenniehamiter@mac.com

Alta Alpina Challenge Pre-Event - June 4-June 23

- We need help moving and sorting gear and supplies, preparing food, and other tasks. We also need to track down the following gear:

- | | | |
|--|--------------------------------|---------------------------|
| ○ Electrical Distribution Panel and Cables | ○ Small Refrigerator | ○ Cargo Trailer |
| ○ Camp Hot Water Heater/Pump | ○ 10x10 Pop-up Tent with Walls | ○ Ice Chests |
| ○ Space Heater | ○ Folding Tables | ○ 5 Gallon Water Coolers |
| | ○ Pickup Trucks | ○ 10 Gallon Water Coolers |

Please contact Michael at challenge@altaalpina.org

Alta Alpina Challenge - June 24

- If you haven't already signed up for your volunteer job for the Alta Alpina Challenge on June 24, please do so as soon as possible—bring your whole family if you can! Contact Michael at challenge@altaalpina.org. We still need volunteers for all times of the day for setup, check-in, food prep, rest stops, signage, SAG, motorcycle, radio, and tear down.

Alta Alpina Challenge Wrap-Up - June 25-June 31

- After the event we need help getting all our gear and leftover sorted and back into storage. Contact Michael at challenge@altaalpina.org

Death Ride Transition Team - July 11-13

- We're looking for members interested in getting involved with the Death Ride next year to help. Contact Michael at challenge@altaalpina.org

Death Ride - July 14-16

- We need club members to help out in a few key locations on then weekend of Death Ride. Contact Michael at challenge@altaalpina.org



AACC Thursday Night Race Series

Joseph Whiteley, Thursday Night Race Director

We are off to a good start with the race season. There are a few that have signed race waivers that have yet to show up to race. I hope that you are able to join us soon. A number of members still have RFID tags from previous years. Please come out and put those chips to use! Whether you're a veteran or you're gearing up for your first race, please read on so you're up to speed!

Race Season Passes and Race Chip Deposits

We have race season passes (\$110) again this year—a great way to save on weekly race fees. All racers need to mount a race chip (\$20 deposit) on the front right fork of their bicycle for each race. Please download, print, and sign the RACE WAIVER (distinct from the membership waiver) and bring it with you to your first race and come early enough to allow time to attach your chip.

If you still have your chip from a previous race season and you'll be racing in 2023, keep it on your bike and we'll re-register it to you. If you still have a race chip but you won't be racing this year, PLEASE RETURN your chip! Bring it to a race or other club event or contact Joseph at racedirector@altaalpina.org.

Full Race Schedule

The race schedule for 2023 once again features a full set of twenty races with something for everyone.

5/11	East Valley Time Trial	6/22	Fredericksburg Two Up Time Trial	7/27	Kingsbury Time Trial
5/18	Pinenut Road Race			8/3	Diamond Valley Road Race
5/25	Grandview Criterium	6/29	Diamond Valley Double Back Road Race	8/10	Blue Lakes Time Trial
6/1	Kingsbury Time Trial			8/17	Grandview Criterium
6/8	Diamond Valley Road Race	7/6	Eagle Ridge Circuit Race	8/24	Fredericksburg Time Trial
6/15	Jack's Valley Time Trial	7/13	Blue Lakes Time Trial	8/31	Diamond Valley Road Race Short Course
		7/20	Pinenut Road Race		

Time Trial Series Schedule

Never raced before? Not sure if you're ready for a road race or criterium? Plan on doing the Time Trial Series!

5/11	East Valley Time Trial	6/22	Fredericksburg Two Up Time Trial	8/10	Blue Lakes Time Trial
6/1	Kingsbury Time Trial			8/24	Fredericksburg Time Trial
6/15	Jack's Valley Time Trial	7/13	Blue Lakes Time Trial	8/31	Diamond Valley Road Race Short Course
		7/27	Kingsbury Time Trial		

Check the club website at <https://www.altaalpina.org/clubracesroad/> for details of all race venues, formats, other rules, and updates.

Race Categories

Racers continue to be grouped into 5 categories. Racers compete within their category for points through the season. In road race, criterium, and circuit format races all racers of the same category start together and may draft one another but may not draft racers in a different race category.

Use the following **guidelines** for choosing your category initially:

Category A: Advanced/Very Fit/Race Experience/Train for Racing.

Category B: Competitive/Very Fit/Race Experience

Category C: Competitive/Fit/Masters 50+/Strong Endurance

Category D: New Racers/Masters 60+

Juniors: 18 years and younger who don't want to race with adults



Here are the current standings after 3 races. Please verify your results and if you see any issues send me a note at: racedirector@altaalpina.org

2023 AACC Thursday Evening Twilight Race Series

- Fredericksburg Prologue- (20 Apr)
DV Short Course- (27 Apr)
Grandview Criterium - (4 May)
East Valley Time Trial- (11 May)
Pinenut Road Race- (18 May)
Grandview Criterium - (25 May)
Kingsbury Time Trial- (1 Jun)
Diamond Valley Road Race- (8 Jun)
Jacks Valley Time Trial- (15 Jun)
Fredericksburg 2 UP Time Trial- (22 Jun)
DV Double Back - (29 Jun)
Eagle Ridge Circuit Race (6 Jul)
Blue Lakes Time Trial - (13 Jul)
Pinenut Road Race - (20 Jul)
Kingsbury Time Trial - (27 Jul)
Diamond Valley Road Race - (3 Aug)
Blue Lakes Time Trial - (10 Aug)
Grandview Criterium - (17 Aug)
Fredericksburg Time Trial - (24 Aug)
DV Road Race (Short Course) - (31 Aug)
Season Total Points

A

Table with 10 columns (Rank, Name, Gender, Race 1, Race 2, Race 3, Race 4, Race 5, Race 6, Race 7, Race 8, Race 9, Race 10, Total Points) for group A.

B

Table with 10 columns (Rank, Name, Gender, Race 1, Race 2, Race 3, Race 4, Race 5, Race 6, Race 7, Race 8, Race 9, Race 10, Total Points) for group B.

C

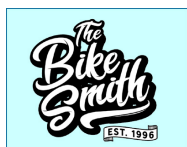
Table with 10 columns (Rank, Name, Gender, Race 1, Race 2, Race 3, Race 4, Race 5, Race 6, Race 7, Race 8, Race 9, Race 10, Total Points) for group C.

D

Table with 10 columns (Rank, Name, Gender, Race 1, Race 2, Race 3, Race 4, Race 5, Race 6, Race 7, Race 8, Race 9, Race 10, Total Points) for group D.

Local Merchant Discount Program

Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AaltaAlpina.org.





Board Meeting Minutes—May 8, 2023

Secretary: Michael Bayer; Other Board Members: Paul Amato (NICA Team Coach); Chris Cherrix (Spring Century); Bruce Eisner (President); Allen Forbes (Membership); Nigel Leigh (Vice-President); Bill Magladry (Treasurer); Jim Sadilek (Website); Gregg Westerbeck (Social Media); Joseph Whitely (Race Director); Lyn Willoughby (Weekend Rides)

Meeting held by Zoom Call

Meeting called to order at 6:05 pm

Minutes of the April meeting approved as presented. [Bruce | Bill | Unanimous]

1. Monthly Status Reports:

- **Treasurer:** As of the end of April, the checking account balance is \$41,017.27 and the Paypal balance is \$1,392.03. Bill suggested putting roughly half this amount into a CD. Nigel proposed splitting this into two CDs. Motion to put \$10K into a 12 month CD and \$10K into a 3 month CD provisional on no early withdrawal penalties other than loss of interest for the period. [Bill | Nigel | Unanimous]
- **Membership:** There are only 79 up to date memberships. Allen will double check the list of grace period members. Michael will generate a list with phone numbers of the remaining grace period members and divide them among board members to call. We'll also send out another round of reminders. The board agreed to renew Curtis' honorary membership and Michael will contact Curtis.
- **Weekend Rides:** Lyn has been posting rides on both Saturdays and Sundays and there have been 10-12 participants for these rides. Thursday rides haven't been as popular yet. Lyn is looking for more ride leaders. It was noted that someone should start posting the Saturday morning Big Daddy rides.
- **Weekly MTB Rides:** The snow is melting quickly on the lower trails. The MTB weekly rides are now taking place regularly.
- **Social Media:** Gregg is posting race news, general club news, and Challenge news. We are looking at spending more of the budget allocated for Challenge promotion. Michelle is active on the Facebook site and Gregg will connect with Mel to make sure that he had admin privileges too.
- **Newsletter:** Once Michael has completed the membership renewal tasks, the next priority will be getting the newsletter out. Chris has already submitted all the material for the Spring Century. Everyone else with content should submit it ASAP.
- **Website:** Jim updated the website with a poster for the Spring Century and information about the Carson City Muscle Powered bike gear swap.
- **Insurance:** Insurance for racing, for the Challenge, and for training series has been secured.
- **Clothing:** There is one pending order from inventory. The online store for new jerseys is being held open until we meet the minimum order.
- **Weekly Road Races:** Joseph reported that things are going well with 28 season passes. There are no students yet but Joseph thinks we'll start to get students once the high school cross country season is over. Two warm races but the criterium was very cold and we had just 11 racers.
- **NICA Team:** Paul needs reimbursement for \$175 for the team fee and Drew needs reimbursement \$150 for the team communications platform. 12 coaches are signed up along with 7 students from Douglas and 10 students from South Lake. Another 30 students are pending. Paul has secured a donation from the Optimists club to cover uniforms.
- **Spring Century:** Everything is set for May 20. If Monitor Pass doesn't open we'll use Kingsbury-Luther as the backup loop.
- **Adopt A Highway:** Jordan is lining up the 2023 permits and will post the rideboard soon.
- **Training Series:** The first ride had to be postponed one day due to snow at the lake. A big thanks to Curt and Cindy for helping out with SAG. Michael is working with the Chamber to promote the training series.
- **Death Ride:** Michael and Dave Scarborough are attending regular Death Ride team meetings. Volunteers will be needed leading up to the Death Ride and on Death Ride weekend.
- **Challenge:** Michael's top priority is confirming an alternate start-finish location. Volunteers and special gear are still needed.
- **Bike Advocacy:** A ride is planned in memory of Carlo. Details to be announced soon.

2. **Next Meeting:** Monday, June 5, 2023, 6 pm, Jethros in Gardnerville.

Meeting adjourned at 8:19 pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
Minden, NV 89423 877-845-BIKE
www.AлтаAlpina.org

MARK YOUR CALENDARS

Ray Rickard Memorial Sat, May 20
 Spring Century
 Training Series Ride Sat, June 3
Alta Alpina Challenge Sat, June 24
Thursday Night Races every Thu @6:00

MOVED? GOT NEW CONTACT INFO?
Have you moved? Has your e-mail address changed?
Don't miss out on the latest AACC happenings!
Send your new contact information to :
membership@altaalpina.org

Alta Alpina Cycling Club Board Members

Bruce Eisner	President	president@AltaAlpina.org	877-845-2453
Nigel Leigh	Vice President		775-267-7089
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Bill Magladry	Treasurer	treasurer@AltaAlpina.org	877-845-2453
Allen Forbes	Membership Coordinator	membership@AltaAlpina.org	
Lyn Willoughby	Weekend Ride Coordinator	ridecoordinator@AltaAlpina.org	951-642-1611
Joseph Whiteley	Thursday Road Race Director	racedirector@AltaAlpina.org	775-265-1905
Jordan Brooks	Highway Cleanup Coordinator	jordan.brooks84@att.net	916-833-7445
Bruce Eisner	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
TBD	Bicycle Advocacy Coordinator		775-720-0754
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
TBD	Pinenut Cracker Coordinator	pnc@AltaAlpina.org	
Chris Cherrix	Spring Century Coordinator	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Frank Dixon	Deputy Treasurer	bikeboygo@yahoo.com	530-318-1574
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Greg Phillips	NICA Team Director	AANICADirector@AltaAlpina.org	
Paul Amato	NICA Team Head Coach	AANICACoach@AltaAlpina.org	
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Gregg Westerbeck	Social Media Coordinator	social@AltaAlpina.org	650-276-6951
Michelle Brooks	Social Media Coordinator	brooksmi840@gmail.com	916-833-7446
TBD	Volunteer Coordinator	volunteer@AltaAlpina.org	

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month at 6:00 pm.** In-person meetings alternate between the Carson Valley and South Lake Tahoe.. Join us on **June 5** at **Jethro's** in the **Gardnerville Ranchos.**

Newsletter Publisher:
Michael Bayer