



PACELINE

**Alta Alpina
Cycling Club**

**Volume 16 Issue 4
May 2018**



Ray Rickard Memorial Spring Century—May 27

Rebecca Kemp & Tina Keegan, Century Coordinators

Free for club members!

The main ride starts at 8:00am with our annual photo so please arrive early and be ready to roll at 8:00am. You'll need to sign-in before the ride so we know who is on the course. (If you don't check in no one will be waiting for you.)

There will be three well stocked rest stops:

- at the East side bottom of Monitor ("Topaz") from 9:00-11:30,
- the top of Monitor 11:00-2:00, and
- opposite Woodfords Inn 12:00-3:30.

There will be a BBQ at the finish with burgers, salads, and various treats. There is plenty of lawn at the finish, but if you would prefer a chair, you need to bring one.

Please RSVP to springcentury@altaalpina.org as soon as possible so we have enough food for everyone. Please indicate which ride option you're planning to do (Main, West Side, or Diamond Valley) and your burger preference (Beef, Turkey, or Veggie).

This event is a great benefit of Alta Alpina membership. We encourage everyone to invite their friends to join the club and participate in this event.

The start this year is at 1008 Georgia Lane which is at the corner of Centerville and Georgia Lane. Parking is limited so riding to the start and car pooling are encouraged. If you'll be driving, please park on the east (right) side of Georgia Lane or on Centerville Rd. See the route maps on pages 2.

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Critical Vacancies:

**Volunteer Coordinator
Marketing Coordinator**

We organize many events and activities throughout the year— all made possible by our amazing club volunteers but we desperately need someone to take over the role of volunteer coordinator.

We also need a club marketing coordinator so that we can better promote everything that the club does.

Please contact Chris Rhiner at president@altaalpina.org about volunteering.

Join or Renew your Membership!

If you haven't already done, so, please activate your 2018 membership today:

[http://altaalpina.org/
membership/join_renew.php](http://altaalpina.org/membership/join_renew.php)



Ray Rickard Memorial Spring Century — May 27

You can choose from 3 ride options: the Main Ride which is a loop of 70 miles which climbs the east side of Monitor, a 68 mile ride that climbs the West side of Monitor, and a casual loop around Diamond Valley.

The Main Ride will start at 8:00am with a group picture and mass start.

The 68 mile West Side ride can be started any time after 9:00am. It's an out-and-back so if you're running late or need to cut your ride short you can turn around at any time.

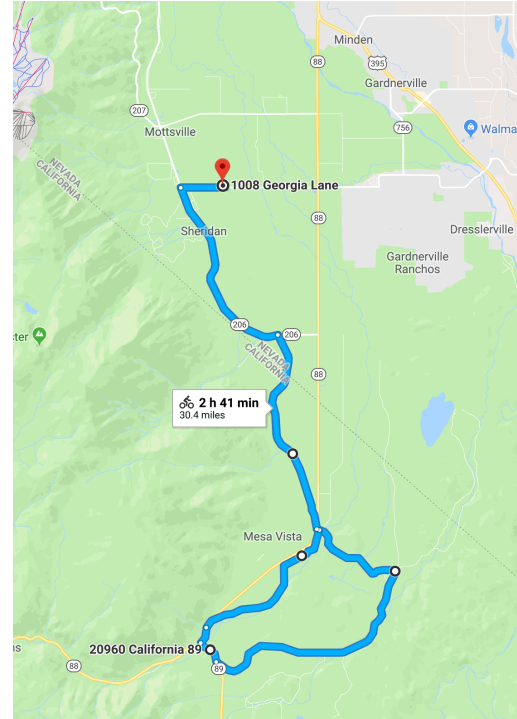
The 30 mile Diamond Valley ride, with ride leader, will be at 11:30am.

Please RSVP to springcentury@altaalpina.org as soon as possible so we have enough food for everyone. Please indicate your route and choice of beef, turkey, or veggie burger.

We're still looking for volunteers to help with setup on Saturday and Clean-up after the event.

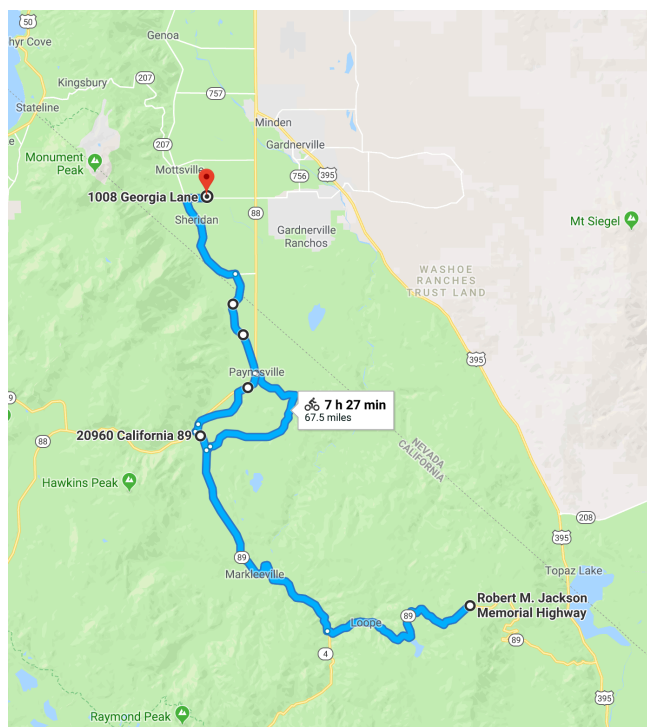
Diamond Valley Option (11:30am)

www.altaalpina.org/attachments/RRMSC2018-30.pdf



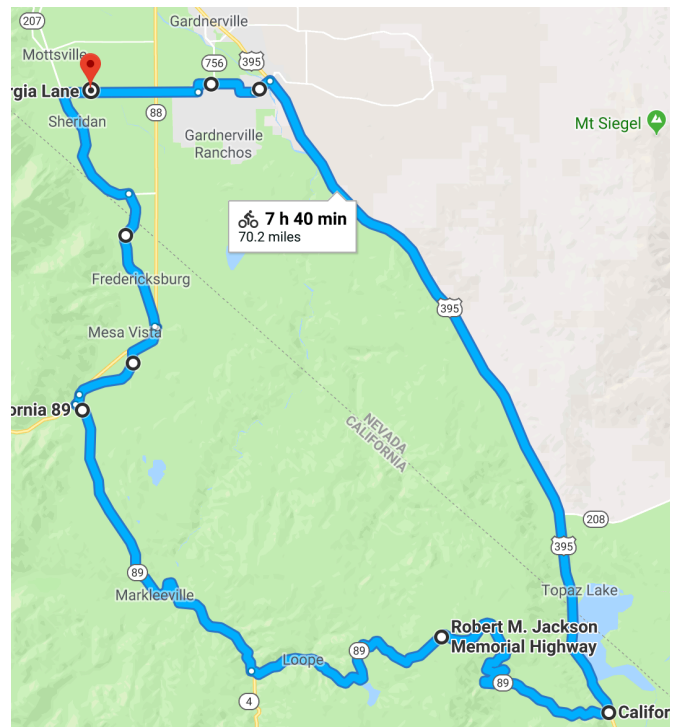
West Side Option (after 9:00am)

www.altaalpina.org/attachments/RRMSC2018-68.pdf



Main Ride Option (8:00am)

www.altaalpina.org/attachments/RRMSC2018-70.pdf





Presidential Posting

Chris Rhiner, President

Well the cycling season is in full swing and the calendar year is almost half over. We are getting ready for our best member attended group ride of 2018 and the our big fund raising ride.

I bring up the year passing quickly as I believe this to be my 5th year as President. If you would like to have a stronger voice in the decisions and direction of Alta Alpina Cycling Club the position of President will be available next January. Voting is held at the End of Season Dinner Party. The job of President requires attendance at the monthly board meetings, writing these monthly “postings,” selection of board meeting locations, recruiting and coordinating board members, and keeping members engaged. Download a complete job description from our website at: <http://www.altaalpina.org/membership/JobDescriptions2015.pdf>. Anyway, it has been a fun position (very social for me) but it is time to pass the responsibilities on to another with a fresh perspective.

I look forward to seeing you all this next Sunday, May 27th for the Spring Century Memorial Ride in honor of Ray Rickard our dearly beloved longtime club member who passed in 2015 doing what he loved, cycling across the United States.

We need photos to help promote our rides, races, and events.
Please send photos that we can use to photos@altaalpina.org

Alta Alpina Challenge 2018 - June 30

Michael Bayer, Challenge Director

If you haven't already signed up for your volunteer job for the Alta Alpina Challenge on June 30, please contact me as soon as possible—bring your whole family if you can. Contact me at challenge@altaalpina.org.

We still need volunteers for rest stops, signage, SAG, motorcycle, radio, and rider check-in.

If you simply can't be here on June 30, please volunteer for other pre-event and post-event projects—contact me at challenge@altaalpina.org and let me know when you're available.

We're also looking for 10x10 pop-up tents. If you have a 10x10 we can borrow, or know a group or business we can borrow one from please contact me at challenge@altaalpina.org.

We still have a few posters left. Do you know a good spot? Please let me know.





AACC Weekend Ride Schedule—June

Rick Miyashiro, Weekend Ride Coordinator

We have a great schedule of weekend rides planned for 2018 and we're off to a great start with some fun well attended rides.

Our rides accommodate participants with a wide variety of riding speeds and we plan on regular regroup points. The average net speed (including regroup/rest times) is typically 10mph. For example, we'll typically be back at the start after 4 hours for a 40 mile ride. Faster riders are encouraged to circle back at regroup points or to take some time to socialize.



Please contact ridecoordinator@altaalpina.org if you can lead a weekend ride.

Saturday June 2, 2018 — 3F to Grover Hot Springs

Meet at the junction of Foothill and Fredericksburg, under the trees (same place as the Fredericksburg TT starts.) We'll roll at 9:00am and head south, climb Emigrant, then take 89 to Markleeville, then ride up the hill to Grover Hot Springs. We will return via Diamond Valley. This is an out and back so those wanting a shorter ride can turn around earlier. This is an official AACC weekend ride so the club will provide snacks post-ride.

Sunday, June 3, 2015 — America's Most Beautiful Bike Ride

Bike the West presents the 27th annual AMBBR with options 35, 72, and 100 miles starting at the Hard Rock Hotel & Casino in Stateline. Ride around Lake Tahoe and enjoy great scenery and well stocked rest stops with an after ride party. For all the details, go to www.bikethewest.com.

Saturday June 9, 2018 — Mountain Bike Mystery Tour

Jennie Hamiter is leading a mountain bike ride in the South Lake Tahoe area starting at 10:00am. It will be a 15 mile single track loop but the exact location won't be revealed until a week before the ride. Watch the website rideboard and your email inbox for the details. This is a club weekend ride, so we'll have drinks and snacks afterwards.

Sunday June 10, 2018 — Ride around Lake Tahoe & BBQ

Meet at Dave Scarborough's house, ready to ride, at 8:30am (see address posted on the website rideboard). We'll ride clockwise around the lake at a medium casual pace—a distance of about 72 miles—with frequent regroupings. We will have snacks and BBQ leftovers from the Spring Century afterwards. (Also feel free to bring your own meat to BBQ.) Please let us know if you are coming so we know how much food to defrost (davescar30@gmail.com or call 530-318-7878).

Saturday June 16, 2018 — Highway Cleanup and Ride

Meet at Turtle Rock Park at 8am. We'll have coffee and snacks and then pick up trash along our adopted stretch of highway. Twelve people should be able to cover it in about an hour. After the cleanup we'll ride Ebbetts.

Saturday June 23, 2018 — Bowers to Bridge Street

Meet in the main parking lot at Bowers Mansion. We'll roll at 9:00am and head north. This 70-mile out-and-back ride takes rolling terrain through Pleasant Valley and south west Reno on the way to Verdi. The route features some climbing on popular cycling roads. There will be coffee shop options for refueling and this is a club weekend ride, so we'll have drinks and snacks afterwards.

Sunday July 15, 2018 — Annual Project Hero Ride

The annual Project Hero ride will once again be starting from Bently Science Park (1751 Orbit Way, Minden) at 9:00am. Multiple distance options will be available and there will be rest stops. Final routes will be announced soon. Save this date on your calendar.



Thursday Evening Race Series — 2018 Season

Michael Bayer, Race Administration

Alta Alpina races are open to everyone in the cycling community. The race categories make it easy for anyone from racing veterans to first-timers to have a great race experience. Racing is one of the best ways to get some excellent cycling exercise and social time for cyclists of any age.

Race Schedule

The race schedule for 2018 features a full set of twenty races with something for everyone. By popular demand we've increased the number of time trials. For those who are a little nervous about getting started with racing we suggest participating in the **Time Trial Series**—the subset of the overall series consisting of just the time trials. Please encourage your friends who might be uncertain about racing to consider participating in the time trials!

5/24	Starbucks Criterium	6/28	Fredericksburg Two-Up	8/2	Diamond Valley Road Race
5/31	Kingsbury Time Trial		Time Trial	8/9	Blue Lakes Time Trial
6/7	Diamond Valley Road Race	7/5	Eagle Ridge Circuit Race	8/16	Starbucks Criterium
6/14	Jack's Valley Time Trial	7/12	Blue Lakes Time Trial	8/23	Fredericksburg Time Trial
6/21	Diamond Valley Double Back Road Race	7/19	Pinenut Road Race	8/30	Diamond Valley Road Race Short Course
		7/26	Kingsbury Time Trial		

Rain or Shine

Races will take place rain or shine, hot or cold, still or windy or smokey. We won't cancel a race. However, the Race Steward reserves the right to adjust the course, timing, or number of laps to reflect conditions. If access to a race start location is blocked for some reason we'll simply move the start to the closest possible location and adjust the course. If conditions change after the start of a race and the Race Steward determines that it must be terminated early for safety reasons all racers will receive 5 points for the series.

Race Registration

Register for each race between 5:30pm and 6:00pm. If you already have a season pass you just go to the front of the line and sign in on the sheet of colored check-in. If not, and it's your first race, allow time to register and get your RFID chip mounted.

Race Venues, Maps, Directions, Safety Rules, Race Formats, and Race Results

Visit the racing page on the club website for all the details:

<http://www.altaalpina.org/clubracesroad/>

Fast and Accurate Race Results

Our digital race timing system incorporates both RFID chips and photo finish software has been working well to ensure accurate race results in a timely fashion. The software automatically compute everyone's finish times and time trial times. The photo finish software will allow race officials to determine finishing sequences when the RFID system indicates a tie or is unable to detect an RFID chip. Race results are generally available on the website within a few hours and the new software presents additional information that you'll find fun and interesting.

However, results can be significantly delayed (and lap timing information may be unavailable) if chips are not mounted correctly or if racers pass through the finish line zone when they are not racing.

Each chip must be mounted on the right fork with its surface parallel to the front wheel. It must be held in place so that it doesn't move around AND so that the number on the chip remains visible. If a chip is loose or isn't positioned correctly, it won't get detected and the number may not be readable in the photo finish. If we can't identify you through RFID or by number we have to fall back on other information and this can greatly extend the time to get everyone's results published. The zip ties we provide will hold the chip in the right position on many forks as long as they're tight. However, the shape of many newer forks require the use of o-rings to hold the chip in the right position and we recommend using o-rings if in doubt. On some forks you have to tie the pair of o-rings together and on some forks you might need 3 or 4 o-rings. Ask if you need help. O-rings are available at the start for \$1/pair.



Amgen Tour of California Comes to Alta Alpina Country

Both the men’s and the women’s Amgen Tour rode some of our favorite roads on Friday May 18. The men came over Carson Pass and the Women, who started in South Lake Tahoe, came over Luther pass. Both descended Woodfords Canyon but the women’s course included took two laps of Diamond Valley before heading north and back up Kingsbury Grade.

Some club members volunteered as course marshals while others rode out to various spots on the course to cheer the riders on and witness the spectacle of the tour close up.

It was great to see some international visibility for so many of our own popular club race courses: Diamond Valley, Fredericksburg, and Kingsbury.



Jim Sadilek volunteered as a course marshal. Here’s his swag.



Jim Rhiner was at Heavenly to witness the finish and capture this photo of the women on the podium.

Local Merchant Discount Program

Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under “Merchant Discounts” on our website at www.AaltaAlpina.org.

Show your AACC Membership Card at time of purchase. If are an active AACC member, you will have received a 2018 membership card by email.





Board Meeting Minutes—May 21, 2018

Acting Secretary: Michael Bayer; Other Board Members: Corby Cobb (Social Media); Frank Dixon (Treasurer); Tammy Lundquist (Vice-president); Rick Miyashiro (Weekend Rides); Chris Rhiner (President); Jim Sadilek (Website); Board Members Participating by Telephone: Tod Conover (Membership); Rebecca Kemp (Spring Century)

Meeting called to order at 6:14 pm
Venue: Lakeside Inn, Stateline, NV

Minutes of the April 2018 meeting approved

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$8,083.56. The PayPal account balance is \$16,821.83.
- **Membership:** Current membership is 147. Tod has sent reminder emails to everyone whose membership has lapsed. Board members will review the list of expired members and identify people to reach out to. The spring century is a big benefit of membership so time is of the essence to pull in renewals.
- **Weekend Rides:** Rick says the schedule is planned and is being posted through July. He will be meeting with Tony and Jennie to nail down the rest of the weekend ride season. Participation at weekend rides has been great so far. New members have been showing up and there have been options for riders of all abilities.
- **Newsletter:** Michael will be incorporating the minutes into the newsletter and getting it out as soon as possible. There was a placeholder for junior team news that needs to be filled with an Amgen story. Board members will supply Michael with Amgen photos.
- **Social Media:** Corby has been taking photos at races and weekend rides and has been generating other content for Facebook. He recommends that we explore paid Facebook placements.
- **Website:** Jim has been working to keep the home page up to date. The page currently features a large promotion of the spring century which will be replaced with the Challenge next week.
- **Weekly Road Races:** Participation has been good but we still need more participants to make our goals. Encouraging first time racers to participate in the time trials appears to be quite promising and all racers are encourage to recruit their friends. Our new arrangements with the ROP have been working really well and the ROP group has been on time for every race. The hardware has been working well but we've run into some software bugs that have cost a lot of time to get resolved. A significant number of chips have broken and must be replaced. Joseph

Whitely has volunteered to help and is working with Michael on this.

- **Junior Team:** No Report.
 - **Spring Century:** Becky is collecting RSVPs, Rick has delivered the BBQ to Tina's house. Frank will bring propane.
 - **Insurance:** All insurance policies are now in place. Michael and Frank need to get together to work on property insurance.
 - **Bike Advocacy:** No Report.
 - **Adopt A Highway:** This position is now vacant. The gear is still at the DeGiovanni's home and Tammy Lundquist will coordinate getting it to the next person to hold this position.
 - **Clothing:** A number of jerseys were slightly stained while in storage over the winter. The board will have to determine what discount will be applied to the jerseys.
 - **Challenge:** Michael reported that permits are coming along well and all key vendors are on track. Insurance is in place but required an extra week of unexpected effort. Registration is at 105--we didn't see the typical bump on May 1 when the fees went up. Michael reported that our higher ride fees may be resulting in lower participation levels along with the fact that we were passed over for the Triple Crown Stage Race.
2. **Racing Budget:** Michael reported that the race stewards need a cash box with clips for cash as they are making change more frequently given the new fees. Motion by Michael to spend up to \$30 on a new cash box. 2nd by Frank, Unanimous approval. Michael will seek approval for a production run of new chip holders as soon as a cost has been determined.
 3. **Spring Century Planning:** All the details of logistics and volunteers for Sunday's big event were nailed down.
 4. **Challenge Planning:** The club needs to do a full court press on promoting the event. Corby will investigate and recommend a Facebook campaign. Board members will explore cross-promotions. We will continue the practice of giving credits to injured registered riders.
 5. **Next Meeting:** Monday, June 4, 2018, 6 pm, Jethros, Gardnerville NV
Meeting adjourned at 8:37 pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

Spring Century Sunday, May 28
 Alta Alpina Challenge .Saturday, June 30
 Project Hero Ride Sunday, July 15
 Fall Century Sunday, Oct 7
 Thursday Night Races ..every Thu @6:00

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Chris Rhiner	President	president@AltaAlpina.org	775-790-6373
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	530-545-3155
TBD	Secretary	secretary@AltaAlpina.org	877-845-2453
Frank Dixon	Treasurer	bikeboygo@yahoo.com	530-318-1574
Tod Conover	Membership Coordinator	membership@AltaAlpina.org	877-845-2453
Rick Miyashiro	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-450-6457
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Desiree Aarts Kiley Reid	Thursday Road Race Stewards		877-845-2453
TBD	Road Cleanup Coordinator	ridedirector@AltaAlpina.org	877-845-2453
TBD	Volunteer Coordinator		
Corby Cobb	Social Media Coordinator		
Lori Piccini	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	
Tina Keegan Becky Kemp	Spring Century Coordinators	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Carlo Luri	Bicycle Advocacy Coordinator	altaalpinaNICA@gmail.com	775-720-0754

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **June 4** at the **Jethros** in **Gardnerville.**

Newsletter Publisher:
Michael Bayer