



# PACELINE

**Alta Alpina  
Cycling Club**

**Volume 13 Issue 4  
May 2015**

## **Pinenut Cracker—May 16**

Robert Braun, Pine Nut Cracker Coordinator

The 23rd Pine Nut Cracker mountain bike race is on Saturday May 16.

Our famed event brings mountain bike racers from near and far to enjoy a challenging course that offers something for everyone. The race offers racing for Expert (3 laps), Sport (2 laps), Beginners (1 lap), and Juniors (1 lap) with separate male and female categories.

Registration starts at 8:00am at the Douglas County Fairgrounds and the racing starts about a mile away out at "The Tree".

Help is needed at various times and locations. Tasks include rider check-in, marking the course, clearing the course, Please contact Robert Braun ([robertingville@yahoo.com](mailto:robertingville@yahoo.com)) if you can volunteer.

We're looking for a great turnout this year so please recruit your friends.. See the event poster on Page 2.

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## **Ray Rickard Spring Century—May 24**

David Scarborough, Spring Century Coordinator

### **Free for club members!**

The Ray Rickard Spring Century takes place on Sunday May 24<sup>th</sup>—the Sunday of memorial day weekend. For 2015, you can choose from 30, 70, 86, and 98 mile ride options.

Tina Keegan has graciously volunteered to host the event at her home. She is located close to the start of last year's spring century between Foothill and Hwy. 88 off Centerville Rd. The address is 1008 Georgia Ln which is at the corner of Centerville Rd and Georgia Ln.

Riders on the 70, 86, and 98 mile options will meet as a group at 8:00am for a photo before the ride gets underway. Riders opting for the 30 mile option will ride out Foothill and around Diamond Valley starting at 10:30am. We will have rest stops at the East side bottom of Monitor ("Topaz"), the top of Monitor, near Woodfords, and at the top of Luther Pass. There will be a post ride BBQ for all at the finish.

See the full map on Page 3.

There is plenty of lawn at the finish, but if you would prefer a chair, you need to bring one. A big thanks to those who have volunteered to help on the ride and to Tina for hosting it. Please RSVP as soon as possible so we have enough food for everyone.

### **Inside this issue:**

<i>Pinenut Cracker</i>	<b>2</b>
<i>Spring Century Map</i>	<b>3</b>
<i>Upcoming Rides</i>	<b>4</b>
<i>Mileage Contest Winners</i>	<b>5</b>
<i>Suggestion Box</i>	<b>5</b>
<i>Presidential Posting</i>	<b>6</b>
<i>Board Meeting Minutes</i>	<b>6</b>

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## **A BIG THANK YOU TO PRIZE DONORS!**

Attendees of our Spring Party on April 20 enjoyed great food and fun including a raffle for a variety of great prizes donated by local organizations.

We're particularly grateful for the significant donation of prizes from Sports LTD which contributed items ranging from lights and tires to service appointments. More prizes were donated by Bike Habitat, TGFT, and Alpine County Behavioral Health.

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## **VOLUNTEERS NEEDED**

The club is looking for some key volunteers for the Wild Sierra on June 27. If you haven't already signed up please do so today!

Membership fees remain unchanged again this year because we rely on members to volunteer at this annual fundraising event.



# Pine Nut Cracker May 16, 2015

**Douglas County Fairgrounds**  
Registration 8:00am - Racing 11:00am



The annual Pine Nut Cracker Mountain Bike Race presented by the Alta Alpina Cycling Club is a highlight of the regional MTB schedule.

The course features long epic loops with plenty of climbing, exciting single track, exhilarating descents, and some of the best dirt Nevada has to offer.

### Location

Parking and registration at Douglas County Fairgrounds Pavilion. Take Hwy 395 south through Minden/Gardnerville, turn left at the stop light for Muller Parkway, and take Pine Nut Road at roundabout. Fairgrounds are 2 miles on the right. Race starts at "The Tree" parking lot, 1 mile east of fairgrounds.

### Race Fees

Pre-Register	\$30.00
Day of Race Fee	\$40.00
USA Cycling	
One-Day License	\$10.00

All racers must have annual or one-day USA Cycling license.

Category	Distance	Start Time	Awards
Cat 1 (Expert)	29 miles	11:00 am	Cash or Prize
Cat 2 (Sport)	21 miles	11:02 am	Prize
Cat 3 (Beginner)	11 miles	11:04 am	Prize
Juniors (18 & younger)	11 miles	11:06 am	Prize



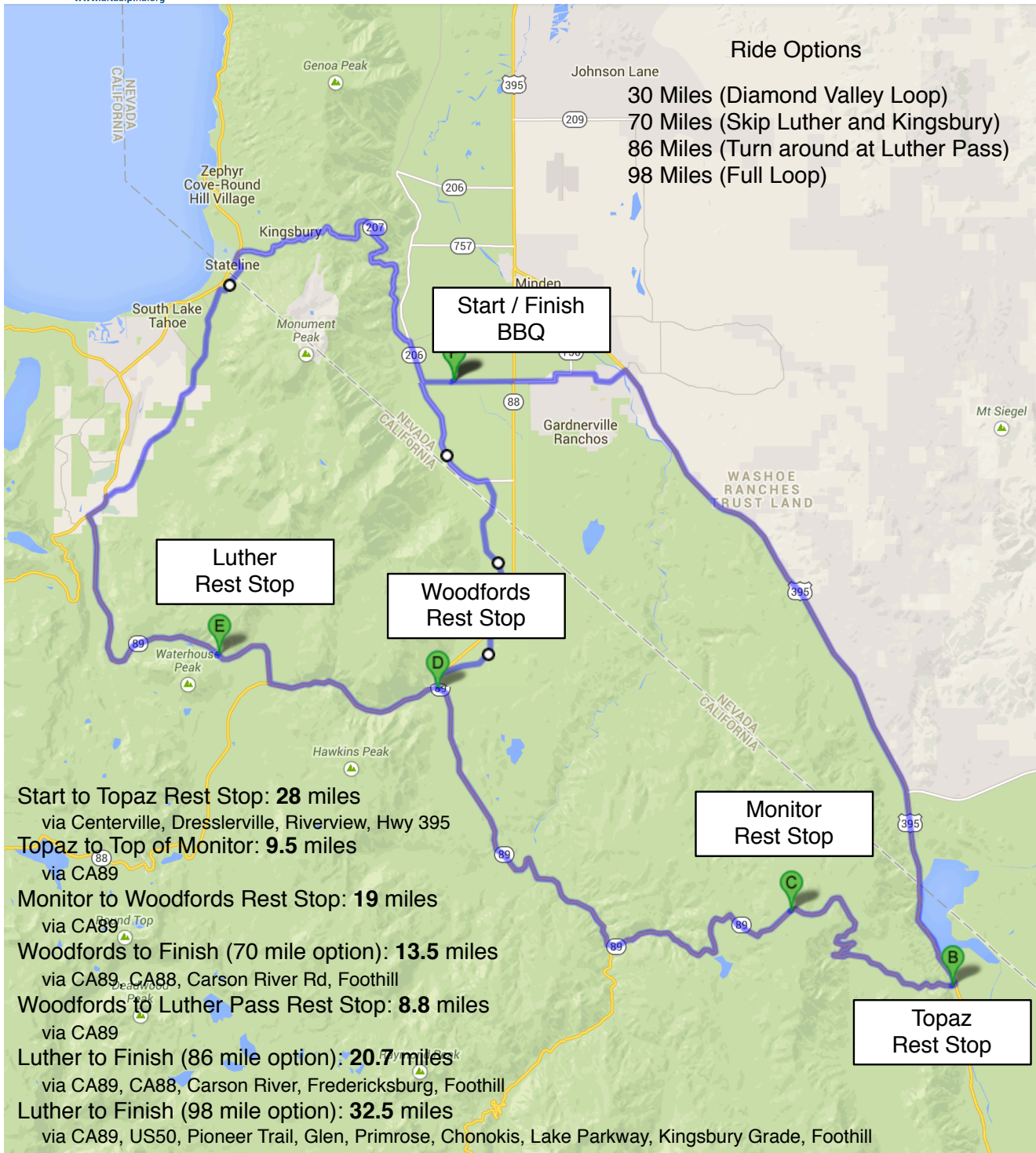


# Ray Rickard Memorial Spring Century May 24, 2015

Start/Finish: Centerville Lane and Georgia Lane

### Ride Options

- 30 Miles (Diamond Valley Loop)
- 70 Miles (Skip Luther and Kingsbury)
- 86 Miles (Turn around at Luther Pass)
- 98 Miles (Full Loop)



**Start / Finish  
BBQ**

**Luther  
Rest Stop**

**Woodfords  
Rest Stop**

**Monitor  
Rest Stop**

**Topaz  
Rest Stop**

**Start to Topaz Rest Stop: 28 miles**  
via Centerville, Dresslerville, Riverview, Hwy 395

**Topaz to Top of Monitor: 9.5 miles**  
via CA89

**Monitor to Woodfords Rest Stop: 19 miles**  
via CA89

**Woodfords to Finish (70 mile option): 13.5 miles**  
via CA89, CA88, Carson River Rd, Foothill

**Woodfords to Luther Pass Rest Stop: 8.8 miles**  
via CA89

**Luther to Finish (86 mile option): 20.7 miles**  
via CA89, CA88, Carson River, Fredericksburg, Foothill

**Luther to Finish (98 mile option): 32.5 miles**  
via CA89, US50, Pioneer Trail, Glen, Primrose, Chonokis, Lake Parkway, Kingsbury Grade, Foothill

## **AACC Weekend Ride Schedule—May/June**

Garth Jackson, Weekend Ride Coordinator and Laura Caimi, Marketing Coordinator

Check the [rideboard on the club website](#) for any last minute changes.

### **Saturday, May 16, 2015 — Alta Alpina's Pine Nut Cracker MTB Race**

Douglas County Fairgrounds for parking/registration. Race starts at the Tree parking area about 1.3 miles on Pine Nut Road #2. This years PNC is the second race in the Sierra Cup Mountain Bike Series, and is also a Northern California/Nevada qualifier for USA Cycling Mountain Bike Nationals being held in Mammoth California.

### **Saturday, May 23, 2015 — Heartbreak Century and Double**

Planet Ultra is handing out Alta Alpina challenge postcards at their rides so we're spreading the word about some of their challenging rides. For a change of pace, ride in Southern California's best-kept secret. Enjoy incredible scenery in Los Padres National Forest with no traffic lights and only four stop signs. 100 or 200 miles.

[www.planetultra.com](http://www.planetultra.com).

### **Sunday, May 24, 2015 — Alta Alpina Ray Rickard Memorial Spring Century**

Put this must-do ride on your schedule! Remember your membership must be current to participate in this ride. We will once again have the Diamond Valley Loop, Metric Century, and Full Century rides.

### **Saturday, May 30, 2015 — WEEKEND RIDE: Ride Around Tahoe**

Meet at 2963 Oakland Avenue South Lake Tahoe depart at 9:30am. Ride around the lake. Refreshments and beverages will be provided after the ride. Also there will be a bring your own bbq. If there are left overs from the Spring Century they will be brought to this ride so check the website a few days before the ride.

### **Saturday, May 30, 2015 — Eastern Sierra Double**

Planet Ultra's Eastern Sierra Double starts and finishes in the most amazing area for cycling, Bishop, CA. Climb Sherwin Grade, June Lake and get the majority of climbing done in the first half. Ride 200 miles with 10,200 feet of climbing. The ride starts at 5 a.m. For all the details, go to [www.planetultra.com](http://www.planetultra.com).

### **Sunday, May 31, 2015 — Sequoia Century**

The Western Wheelers Bicycle Club presents the 2015 Sequoia Century, a beautiful and challenging ride in the Bay Area passing through various and differing terrains. Distances range from 70 - 120 miles. Climbing ranges from 6700 - 10,000 feet. See [westernwheelersbicycleclub.memberlodge.com/event-1828127](http://westernwheelersbicycleclub.memberlodge.com/event-1828127) for more.

### **Thursday, June 4- Sunday June 7, 2015 — Near Death Experience Cycling Camp**

We are partnering with "Near Death" camp to spread the word about Alta Alpina Challenge. Let's show our support for their camp by telling friends, cyclists about it. Campers will be able to train on some of the climbs of the Challenge over three days. Camp includes professional coaching, bike fit, evening clinics, all meals. For more info go to [ccsd.com](http://ccsd.com).

### **Sunday, June 7, 2015 — America's Most Beautiful Bike Ride**

Bike the West presents the 24th annual AMBBR with options 35, 72, and 100 miles starting at the new Hard Rock Hotel & Casino in Stateline. Ride around Lake Tahoe and enjoy great scenery and well stocked rest stops with an after ride party. For all the details, go to [www.bikethewest.com](http://www.bikethewest.com).

### **Saturday, June 13, 2015 — WEEKEND RIDE: Gold Lakes Loop**

Meet at the USFS Ranger Station in Sierraville ready to start at 10am. This loop around Gold Lake climbs Yuba Pass, Gold Lakes Summit and Calpine Summit for about 69 miles and 4000 ft of climbing. For details of the route, [see the club website](#). Refreshments and beverages will be provided after the ride. We'll also be organizing camping after the ride to facilitate riding from Truckee on Sunday.

### **Sunday, June 14, 2015 — WEEKEND RIDE: Truckee to Cisco Grove and Back**

Meet at Paco's Bike Shop in Truckee ready to start at 10am. Ride out Donner Pass Rd to the Old Highway(40) and up and over the summit (passing Sugar Bowl) down the other side to the Sisco Grove Campground and Store. Return by the same route for a total of about 50 miles and 3000 ft of moderate climbing. Bring money for the store at the turn-around. Refreshments and beverages will be provided after the ride. [See the club website](#) for route details.





## Ides of March Mileage Context Winners

Michael Bayer, Membership Coordinator

It was great to see so many club members taking advantage of great spring weather to get lots of miles on their legs early in the season. The club challenge was to log your miles for the 5 weeks leading up to the spring party with dirt miles counting for double. This year's top results were:

Men		Women	
Steve Cooke	907 miles	Jennie Hamiter	874.4 miles
Rick Miyashiro	889.7 miles	Tammy Lundquist	570 miles
Kevin Willitts	753 miles	Chris Rhiner	354.5 miles

Steve and Jennie each won a \$25 gift certificate. A third gift certificate winner was chosen at random from everyone who participated and Chris Rhiner won this drawing.

## Suggestion Box

Michael Bayer, Membership Coordinator

Thanks to everyone who submitted to our suggestion box during the Spring Party. All of the submitted suggestions were reviewed by the board and this discussion is summarized here:

### "More rides under 30 miles"

The club is committed to riding opportunities for members with a wide range of riding experience, skills, and proficiency. Shorter rides are frequently posted to the club's rideboard but are not well attended. So the club's board and team of ride leaders are anxious to learn more about what kinds of shorter rides our members desire. If you're one of our members looking for rides under 30 miles, please tell us more about the kinds of rides you'd like to see ([president@altaalpina.org](mailto:president@altaalpina.org)) and please post rides to our rideboard so you can meet up with others with similar interests on any day of the week.

### "More events for young kids to get them interested in cycling"

We think that getting younger members interested in cycling is a really great idea. The club invests in our Junior race team and we're always looking for young people to join that group. We offer fun races for younger participants at

our annual mountain bike and cyclocross races. Every year the student's at Diamond Valley school celebrate the end of the school year with a cycling event. The club supports this event with volunteers to both help prep bicycles and provide role models. We'll look into other ways we can support cycling for children. If you have any suggestions please submit them to [president@altaalpina.org](mailto:president@altaalpina.org).

### "First Aid Kit @ Every Race"

The club maintains a number of first aid kits to bring to our events. Our race director for Thursday night races brings a first aid kit to every race. We've been fortunate that few accidents have happened, but when they do we've been prepared.

### "New Race Venues"

We think adding to the variety of race venues sounds like a great idea. We've had to abandon some of our older race venues because of new housing developments and opposition from some residents. If you have an idea for a new race

venue we'd love to hear about it. Please ride your proposed new course, take pictures if appropriate, and submit your idea to our race director at: [racedirector@AltaAlpina.org](mailto:racedirector@AltaAlpina.org)

### "Sign up for weekly MTB rides"

The Alta Alpina Cycling Club is as much about off-road riding as it is about road riding. While the annual Pine Nut Cracker may be the high point of our mountain biking activities, we have regular weekend MTB rides with snacks at the end and there are lots of rideboard postings of mountain bike rides on weekday evenings. We'd like to host weekly mountain bike rides but we need someone to step forward to coordinate these. If you could organize MTB races for the club, please email [president@altaalpina.org](mailto:president@altaalpina.org).

### "Bigger Club Clothing"

We still have inventory in a wide range of sizes (check the website at [www.altaalpina.org/clubkit](http://www.altaalpina.org/clubkit)). We will soon have another option for ordering clothing in any size



## Presidential Posting

Chris Rhiner, President

It was great to see so many new faces at the Spring Party this year. I wish I could have had more time to talk with each of you. We did gather some valuable feed back and will try to incorporate these ideas into our club this year. The "Bingo" format worked well for getting our information out thanks for joining us and we hope you get lots of inspiration to ride and actual miles on your bike this year.

The Littrell's hosted a fabulous Mountain Bike ride/Poker Run for all levels with a post ride party that topped any club ride I have ever seen. The weather was great and the combining of several bike organizations, i.e. Trails Association, G.E. made for excellent attendance. Garth Jackson was the recipient of the pot, with a hand of 4 "Jacks". Not bad for being nearly the last guy in. Garth kindly led in the last few stragglers, AKA trail sweeper.

The ride board is your source for connecting with others to discover new roads and trails. Please feel free to post a ride regardless of your level! Last minute posting is fine but generally doesn't get as great a turn out. The races also will help you to meet our club members. Races are held on Thursday nights at various locations with directions on our website. The races are a great place to change up your riding style and get a great workout in in a short amount of time.

Welcome to the club if you are new. I look forward to meeting you!

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## Board Meeting Minutes—May 4, 2015

Secretary: Jim Sadilek; Other Board Members: Chris Rhiner, President; Tammy Lundquist , Vice President; Frank Dixon, Treasurer; Michael Bayer, Alta Alpina Challenge Ride Director/ Newsletter Publisher/Membership Coordinator; Garth Jackson, Weekend Ride Coordinator; Dave Scarborough, Spring Century Coordinator

Meeting called to order at 6:10 pm at Lakeside Inn & Casino, Stateline, NV.

Minutes of the April board meeting are approved as circulated.

### 1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$29,051.56. The PayPal account balance is \$25,173.02.
- **Membership:** Michael reported 147 paid members as of the Spring Party. There were at least 12 new members as the result of the Party. The expectation is that through the course of the year, those who have not yet renewed, will renew and bring the number of members back above 200.
- **Weekend Rides:** A suggestion from the Spring Party was to have more rides under 30 miles. Garth suggested possibly adding shorter rides to the end of longer rides. There was agreement from the Board that the lack of shorter weekend rides is a valid concern.
- **Newsletter:** A map of the course for the Ray

Rickard Memorial Spring Century will be in the newsletter for those who may not be familiar with the route.

- **Website:** No report.
- **Weekly Road Races:** There was a great turn out at the Starbucks Crit. From the Spring Party suggestion box was the suggestion that we develop one or two new race venues. There was discussion of possible venues, but no decisions. Suggestions from the membership are always welcome. The agreement from the directors was to put information in the newsletter with an email address for suggestions.
- **Mountain Bike Races:** The position of Mountain Bike Coordinator is open. The Board of Directors would be most grateful for a volunteer to step forward and fill the position. Contact President Chris Rhiner.
- **Junior Team:** Motion 05/01: Appoint Randy Jacobs as Deputy Junior Team Coach. Randy is to be provided with the benefits of a board member effective retroactively to the Spring



Party. Michael Bayer/Garth Jackson—Carried unanimously.

- **Spring Century:** Volunteers for the Ray Rickard Memorial Spring Century rest stops are Garth Jackson for the bottom of Monitor, Rick Miyashiro for the top of Monitor, Pam Poco for Woodfords and Bruce Ziegler for the top of Luther.
- **Spring Party:** The party was well attended. While there was no accurate count, there were more than 70 attending. The consensus of the Board was that the concept of using the Bingo cards was a success. Based on feedback from those attending, the Bingo card plan will be refined for next year.
- **Pinenut Cracker:** Saturday May 16, 2015. Registration opens at 0800. There is always the need for volunteers. Contact Robert Braun.
- **King of Kingsbury Time Trial:** No report.
- **Cyclocross Race:** No report.
- **Bike Advocacy:** No report.
- **Adopt A Highway:** Next clean up day is currently scheduled for Sunday June 7, 0800. Meet at Turtle Rock Park.
- **Clothing:** Sales at the Spring Party were approximately \$300 from existing inventory. Motion 05/01: Provide the two newly joined Juniors with club kits up to a maximum amount of \$120 to come from the Juniors budget. Chris Rhiner/Michael Bayer—Carried unanimously.
- **PR:** No report.
- **Challenge:** The event insurance is complete. Permitting is either completed or in process. Number of registrations: 211. There is a need for volunteers. The new jersey design is anticipated to be completed next week. The magnetic signs design is approved and Michael will place the

order.

2. **Donations:** It is proposed that a consistent year-to-year policy be developed with regard to club contributions to cycling related organizations and causes. The club has annual memberships to certain organizations such as League of American Bicyclists (LAB) International Mountain Bicycling Association (IMBA), Alpine County Chamber of Commerce, etc., which will be funded annually. Those organizations for whom the club makes donations will be placed in one of three funding tiers. Tier one organizations will receive a \$100 annual donation. Tier two organizations will receive a \$250 annual donation and tier three organizations a \$500 donation. For example, both TAMBA and Tahoe Rim Trail are designated tier three, Pyramid Bikeway, Alpine County Trails, Map Project and Muscle Powered are designated as tier two. These donation levels are based on donating 10% of the club's annual income, making the total amount available \$3000, with the expectation that this amount will stay reasonably stable into the future. Since few donations were made in 2014, it was decided to make the donations within the next thirty days and then begin in January of 2016 to continue regular annual donations.
3. **Mileage Reimbursement:** The possibility of reducing the amount of mileage reimbursement for Challenge volunteers, based on substantially lower gasoline prices this year than in 2014, was discussed at length, with no conclusion reached. The subject will be on the agenda for the next meeting. The rationale, at least in part for no decision, is the fact that the current oil market is unstable.
4. **Next Meeting:** Monday June 1, 2015 -- 6 pm at Jethro's in the Gardnerville Ranchos.  
Meeting adjourned at 8:15 pm

## Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at [www.AltaAlpina.org](http://www.AltaAlpina.org)







# Alta Alpina Cycling Club

P.O. Box 2032                    877-845-2453  
 Minden, NV 89423            877-845-BIKE  
    www.AltaAlpina.org

## MARK YOUR CALENDARS

Pine Nut Cracker .....Sat. May, 16  
 Ray Rickard Memorial .....Sun. May 24  
     Spring Century  
 Alta Alpina Challenge .....Sat. June 27  
 Challenge Staff Ride .....Sat. July 18  
 Thursday Night Races ..every Thu @6:15

**MOVED? GOT NEW CONTACT INFO?**  
 Have you moved? Has your e-mail address changed?  
 Don't miss out on the latest AACC happenings!  
 Update your info at [www.AltaAlpina.org](http://www.AltaAlpina.org); click on "Membership"

## Alta Alpina Cycling Club Board Members

Chris Rhiner	President	<a href="mailto:president@AltaAlpina.org">president@AltaAlpina.org</a>	775-790-6373
Tammy Lundquist	Vice President	<a href="mailto:tahoe.tammy@gmail.com">tahoe.tammy@gmail.com</a>	530-545-3155
Jim Sadilek	Secretary	<a href="mailto:ccwatchmaker@gmail.com">ccwatchmaker@gmail.com</a>	775-220-2713
Frank Dixon	Treasurer	<a href="mailto:ozatlake@gmail.com">ozatlake@gmail.com</a>	530-318-1574
Michael Bayer	Membership Coordinator	<a href="mailto:membership@AltaAlpina.org">membership@AltaAlpina.org</a>	
Garth Jackson	Weekend Ride Coordinator	<a href="mailto:ridedirector@AltaAlpina.org">ridedirector@AltaAlpina.org</a>	
Michael Bayer	Alta Alpina Challenge Ride Director	<a href="mailto:challenge@AltaAlpina.org">challenge@AltaAlpina.org</a>	877-845-2453
Di Bolton	Thursday Road Race Director	<a href="mailto:dibolton@frontier.com">dibolton@frontier.com</a>	775-781-4660
Robert Braun	Pinenut Cracker Mountain Bike Race	<a href="mailto:robertingville@yahoo.com">robertingville@yahoo.com</a>	
Tammy DeGiovanni	Road Cleanup Coordinator	<a href="mailto:ttdeg@frontier.com">ttdeg@frontier.com</a>	775-901-1652
Laura Caimi	Marketing Coordinator	<a href="mailto:wildsierralaura@yahoo.com">wildsierralaura@yahoo.com</a>	
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David Scarborough	Spring Century Coordinator	<a href="mailto:dave_scar@hotmail.com">dave_scar@hotmail.com</a>	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	<a href="mailto:alpinajr@gmail.com">alpinajr@gmail.com</a>	775-782-9652
Joe Marzocco	Website Coordinator	<a href="mailto:j_marzocco@yahoo.com">j_marzocco@yahoo.com</a>	
Tim Rowe	Bicycle Advocacy Coordinator	<a href="mailto:Trowebikes@aol.com">Trowebikes@aol.com</a>	775-267-9531

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **Monday June 1** at **Jethros** in the **Gardnerville Ranchos.**

Newsletter Publisher:  
 Michael Bayer