



PACELINE

**Alta Alpina
Cycling Club**

**Volume 10 Issue 3
May 2012**

2012 Spring Century - May 27

David Scarborough, Spring Century Coordinator

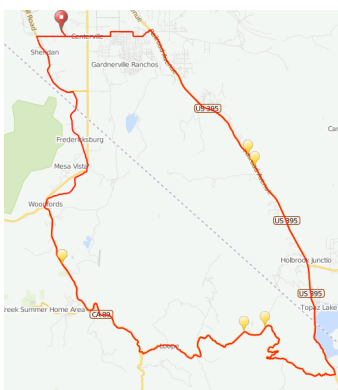
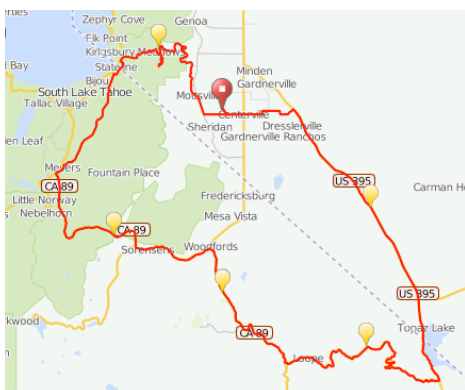
Free for club members!



The Alta Alpina Cycling Club will be hosting its annual Spring Century (the Ride Formally Known as the Gardnerville 100) Sunday May 27th.

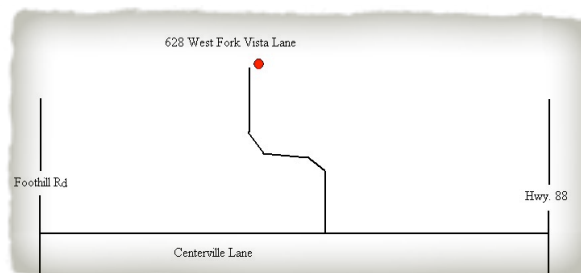
This year we will be starting and finishing the ride at Mike and Maggie's house located at 628 West Fork Vista (end of the road, off of Centerville Rd, between Foothill and Hwy. 88).

The ride departs at 8:00am and will wind its way down Hwy. 395 to Topaz and up the back side of Monitor Pass. Once at the top we continue down to Markleeville and on to Woodfords. From there you can either turn right and head back to the finish via Foothill Rd. or turn left and proceed up Luther Canyon, then over the hill to Meyers, down Pioneer Trail to Stateline, up and over Kingsbury Grade and back to Mike and Maggie's where there will be a post ride meal for all. We will have rest stops at the East side bottom of Monitor, the top of Monitor, near Woodfords, and the top of Luther Pass. You can find an exact route posted on the Wild Hillacious Series link or on the club's web page.



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There is plenty of lawn at the finish, but if you would prefer a chair, you need to bring one. A big thanks to those who have volunteered to help on the ride and to Mike and Maggie for hosting it.

Please RSVP as soon as possible to dave_scar@hotmail.com.

And remember, this ride is open to Alta Alpina members only so if you haven't renewed your membership, now is the time to do so. Hope to see you there.



More Big Rides Coming Up

Saturday, May 12, 2012 — Ride for Mom

On the day before Mother's Day, have fun cycling with your family while raising awareness about living better. The inaugural Ride for Mom™ will take place Saturday, May 12, 2012. This family event will be staged at Johansen High School located at Johansen High School, 641 Norseman Drive, Modesto, CA.

Saturday, May 19, 2012 — Pinenut Cracker

Our big annual Mountain Bike Race. Come out and race in the Pine Nuts! Volunteers needed for registration and course marshal positions. Contact Robert Braun at robertingville@yahoo.com.

Sunday, May 20, 2012 — Starbucks/Diamond Valley Ride

Join Michael Fertitta at the Starbucks in Minden at 10:00am on Sunday morning. Ride out to Woodfords for a loop around Diamond Valley, return to Starbucks for more post-ride java.

Saturday, June 9, 2012 — 28th Annual Ride Around the Bear

Orange County Wheelmen organize this ride which starts and finishes at Sylvan Park in Redlands. Climb up to Snow Valley Ski Resort, around Big Bear Lake, over Onyx summit and then enjoy a 40 mile decent to the start. More information at <http://www.ocwheelmen.org/>

Saturday, June 16, 2012 — The Slug is Back!

The Sacramento Wheelmen's annual century is returning to Amador county. Slug Gulch, a well-known climb for the century and double metric riders, will once again be a feature of this event. Registration is limited to 1500 riders. Early Registration is \$55, Regular Registration is \$60, Day Of, if available \$70. Includes continental breakfast, rest & water stops, SAG, post-ride meal. For registration, jerseys, and more information, visit www.sierracentury.org Fairgrounds reserved Friday, June 15, 2012 for tent camping and RV parking.

Saturday June 23, 2012 — Tour de Nez

On June 23rd the Tour de Nez is running the second annual "Gran Fun-do." Rides from 25 miles to a metric century will take place, all with the serious quirkiness you have come to expect of the Tour de Nez. [Register online](#).

Saturday July 21, 2012 — Eastern Sierra Land Trust Fund Raiser Fun Ride

Join ESLT riders as they pedal along one of the most incredible and scenic roadways in America - the 23 mile June Lake Loop. The ride will include a gourmet "feed" station, a chair-lift ride to a casual lunch at June Mountain Ski Area, a limited edition ESLT Fun Ride t-shirt, and many photo opportunities. [Register online](#).

Promoting the Wild Sierra

Laura Caimi, Alta Alpina Challenge Marketing Director

June 30 is right around the corner and the Marketing effort could use your help to make 2012 the best year yet! Assistance is needed in the following areas:

1. Promote Wild Sierra at bicycle events by wearing an "Ask Me" sticker. If other riders ask about the sticker you have an opportunity to let them know about our terrific ride. Upcoming events include Ride for Mom, Pamper Pedal, Gold Country Century and Davis Double. More rides can be found at altaalpina.org under "Rides, Popular Organized Rides" as well as on the Ride Board. Please let me know if you would like some stickers. Don't forget to wear your Wild Sierra or Alta Alpina club jersey on your rides.

2. Great Western Bicycle Rally is coming up May 25 - 28. If anyone is attending and would consider handing out Wild Sierra pamphlets at the Expo, please contact me.

3. We could use help distributing posters and pamphlets to businesses in S. Lake Tahoe/Tahoe, Gardnerville, Carson City and Reno.
4. Contact local lodging establishments and restaurants to try to negotiate special packages for our riders. A good deal on lodging can get prospective riders who are on the fence to commit to registering.

Look forward to hearing from you and some great new ideas! Reach me at wildsierralaura@yahoo.com



Alta Alpina Challenge: Wild Sierra Century and Metric Century, Family Fun Ride, and 8 Pass Challenge

Michael Bayer, Wild Sierra Director

Ride, Volunteer, or Ride AND Volunteer

This year's Wild Sierra gives you the opportunity to bring your family for a 15 or 20 mile supported ride, ride a couple of your favorite passes with rest stops and lunch, tackle the toughest 200 mile ride in the world, hang out for a fun day with Alta Alpina members, help our guests succeed in their challenge for the day, or engage in a combination of these activities!

Volunteer Opportunities

For club members, the Wild Sierra is an opportunity to meet and collaborate with other club members as we all pull together to volunteer for the big day. Volunteers make new friends and have a great time. This is a wonderful opportunity to be part of something really big.

Here are some of the jobs that we need help with:

Japanese Speakers Needed

We have a big contingent of Japanese participants this year and we want to make them feel at home. If you, a family member, or a friend have Japanese language skills please let us know and get involved!

Equipment Needed

We still need to track down the following. Please let us know if you can loan or donate any of the following

- 10x10 EZ up Tents (with side walls if possible)
- Tarp/Shade Structures
- Large Vehicles
- Cargo Trailers
- Folding Tables
- Ice Chests
- 5 Gallon Water Coolers
- 10 Gallon Water Coolers
- Camp Stoves
- Paper Grocery Bags
- Old Blankets
- Old Sweatshirts/ Sweatpants

Now to June 29	June 29	June 30	July 1
Ride Promotion Equipment Cookie Baking Food Prep Sign Making Volunteer Coordination	Shopping Logistics Weed Whacking Goody Bag Stuffing Equipment Sorting Rider Check-in	Rider Check-in Jersey Sales Rest Stops SAG Course Marshals Signage Crew HAM Radio Operators	Clean -up Equipment return

Staff Ride

We're planning a staff ride for volunteers who work all day on June 30 but would still like to ride 4 or more passes. If you're interested in riding the staff ride or supporting it with SAG, please let us know!

Volunteer Now!

Please call (877)845-2453 or send email to volunteers@altaalpina.org and sign up for one or more of these jobs. Family and friends are welcome to join us. Most jobs allow you to participate in the ride as well! If you volunteer 8 or more hours, you can take advantage of the volunteer discount.

A letter from one of our friends:

I remember in one of the early years of your Alta Alpina Challenge, possibly the first or second, when I was riding alone up the backside of Ebbett's Pass from Hermit Valley heading to Markleeville and the left arm of my chainring came completely off with no ability to connect it back up. Being stranded miles from anywhere I wasn't quite sure what I was going to do. There was little traffic. A car stopped though and a man who had bike mechanic knowledge helped me get it back on and running enough for me to get back to Markleeville. He was an older fellow, I believe possibly retired from Southshore who may have once had a bike shop who I think was living in the Gardenerville area. Anyway, he was a member of your club and he was providing SAG to the brave souls on your ride. He would take no money for his efforts. He was a godsend. I will always remember his kind act. — Bob Fores

Glad we could help, Bob. And Thanks to Rowland Tuggle, one awesome SAG volunteer!



Wild Hillacious Century Series

Twain Berg, Wild Hillacious Century Series Coordinator

A few years back a “King of the Mountain” century series in SoCal caught my eye. Complete 3 big century rides and earn a Finisher’s jersey. Oh...wait a minute.....do the rides,.....drive 2400 miles, 3 weekends of motels, meals.....Woah. It didn’t make much sense with all the great mountains and roads we have right here in the Tahoe Sierra.

So, out of that was born the Alta Alpina/Bike Habitat Wild Hillacious Century Series. It is not a race but it is a series of scheduled monthly club rides from May to October. A rider can earn the Finisher’s Certificate and rights to the Finisher’s Jersey by completing three 100mile/10,000 ft routes or 5 Metric Century/6000+ft routes in one season. I’ll likely do metric routes only this year.

The May Wild Hill ride is the Alta Alpina Spring Metric/Century on the 27th and includes the party at the end and rolling sag support. The June ride is the Alta Alpina Challenge/Wild Sierra club event on the 30th and is fully supported. The July through October rides are semi supported rides led by club members.

Club members who volunteer to lead one of the

scheduled monthly rides earn a \$20 gift certificate from Bike Habitat. September is the Sonora Pass Metric/Century on the 15th. July, August, and October are available and the leader chooses the date and route.

In addition to the 6 schedule rides, club members can select from the approved Wild Hill Routes and post/lead a ride for jersey credit anytime. Last year, there were over 20 posted opportunities to earn the jersey. You can choose to lead the century or metric route and those who choose to join you can ride either route.

Interested in a challenge this summer? This could be it. All the info is on the club website on the right side of the page. All the routes are listed in the “Rides” section of the website. Email me: hillacious@charter.net if you have any questions.

This may possibly be the last year of the series and the last chance to earn the jersey. Thanks to Denis at Bike Habitat for his generous sponsorship of the series and to Michael Bayer of the Alta Alpina Challenge and Lauren Lindley of Pearl Izumi So. Tahoe for their SAG supply support.

Mt. Bike Poker Run at Nate’s House – Saturday June 2

Nate Littrell

Poker run leaves around 9 am (hopefully, we’ll beat the heat). The real party starts when you get back!

Party details

- Snack Food & beverages provided (Chips, soda, beer, snacks)
- The Barbecue will be going strong
- Kid friendly -there’s lots of stuff for kids in the backyard – sandbox, trucks, etc. There will also be water play if it’s warm enough You don’t have to ride the poker run. Hanging out is cool...
- Adult friendly

Poker Run Details

- \$5 Ante (Seven card stud, High/Low split)
 - Easy course
 - Approx 10 mile loop
 - Not a race
- Special Extra 8th card (High hand only, separate pot & additional \$5 Ante) This card will be significantly farther out than the other seven. And the course will be poorly marked. You’d better know your way around the pine nuts if you want that 8th card.
- Afterwards we will have do some races in the back for fun and prizes.

Directions:

In Ruhenstroth area
 South on 395 past G’ville 7-11
 LEFT on PALOMINO
 LEFT on PINTO
 RIGHT on COLT
 Drive straight and you will go up my driveway
 the house # is 1914
 ph# 265-9936

The street we live on is narrow - Please park well off the road so as not to impede traffic We’ll also be parking cars in back of the house - just drive around back.



Presidential Posting

Mel Maalouf, President

With this time of year, I am writing about the weather, all the great rides we host and rides we can attend. But not this time, at least not completely. There were two different occurrences while riding that seemed to knit themselves together into or onto a soapbox. When riding with the junior team (the last ride we had 9 riders of completely differing ability levels) on Fish Springs Rd, going west, the driver of an oncoming Chevy Suburban gave us the bird innocuously through his windshield. I only caught him in the instant of a glimpse. I was wondering to myself, why would an oncoming car give us the bird? People who live in Carson Valley and especially Fish Springs area value the slower pace of life without traffic and the relaxed style of living we all enjoy. We were on the opposite side of the road riding somewhat spread out, not in a pack, not two abreast, just riding along and how could we have impeded his driving. I attributed it to just an angry man with nothing better to do with his finger. Personally I find many better things to do with my finger while driving: changing the radio station, adjusting the heater temperature, checking my gas mileage on my trip computer and picking my nose rather than flip someone the bird, let alone kids in the outdoors, getting exercise. Next came a wonderful ride doing the Kingsbury-Luther Loop after doing the King of the King Kingsbury Hill Climb Time Trial (note the lack of my time for the race here) with Marc Evans. Marc runs the Honor the Stop bike advocacy group that encourages riders to honor traffic laws, especially stop signs and stop lights. We all have violated many traffic laws out there and I am thankful that I am not ticketed every time I violate the law (I call this bike grace). In our area, we are always tempted to blow through intersections, ride more than two abreast and the like when we think we are all alone on the roads. During our ride I made extra efforts to respect stopping (or at least slowing to almost a complete stop) at the stop signs. It all came together for me on how the two seemingly independent actions might be related.

One of the major complaints from drivers is that bike riders often don't respect traffic laws despite drivers propensity to speed, roll through stop signs et al. I am guilty of often blowing through stop signs when no cars are present, and sometimes cars appear and I realize that I am not alone on the road and my error in judgement could be interpreted as wanton disregard for the law, public order and respect for others on the road. While most of riders might think this discontent with riders is not justified, it doesn't change the perception that drivers have of us two wheeled human powered vehicles on our public roadways.

So I am taking this month, as we all start to ride more because of the longer days and superb weather, to take time to Honor the Stop and our co-transportation voyagers on the roads. Although stopping at stop signs and stop lights may not change the view of many drivers of cyclists, running through stopping opportunities will definitely tarnish the view of cyclists of all who observe us. While rolling through the stopping opportunities saves us energy and absolves us of slowing and re-accelerating, take it as a training opportunity. Stopping and re-accelerating will help us all train that explosiveness that will no doubt give us the acceleration on hill climbs that will drop Gilbert on La Roche aux Faucons (Liege-Bastogne-Liege) or outspurt Mark Cavendish on the Camps Elysees (Tour de France).



Nate Briefs Poker Run Participants



Out in the Pine Nuts



AACC Member Profile:

James (Jim) Sadilek

AACC Member since: 2003

Current Residence: Carson City, NV

Immigrant from: Born in Sacramento, went to high school in Reno. Also lived in Eureka Calif., Burbank Calif., 13 years in Hawai'i and four years in Las Vegas before coming to Carson City

Bikes I ride: Mostly I ride a steel bike made (frame and fork) in 2002 with the help of my friend, David Gissen. Components are mostly Campy Record. Occasionally I ride a 1976 Austro-Daimler, also Campy, mostly Super Record.

In one word, my cycling style is...: Half-fast

Favorite Rides/Races: Old 395 from Carson to the end and back--27 miles. Carson to Fredricksberg and back--50 miles. Carson to Virginia City and back--about 35 miles with a bit of climbing.

Favorite Post-Ride Food: Eat? Who eats, I need to lose 10 pounds



Other Sports & Pastimes:

Motorcycling on a 1972 BMW. Nordic skied until a knee injury from a motorcycle crash. Downhill skied up until two years ago when my skiing partner started spending winters in Mexico on his sailboat.

My Motto or Inspired Quote:

"Always do right. This will gratify some people and astonish the rest"- Mark Twain.

Grab Bag:

At the 2011 Nevada State Senior Games, won four silver medals.

Looking forward to the USA Cycling Masters Championships in Bend Oregon, September 2012. In my age group, 75-79, there is no qualifier--just show up and ride

2012 Alta Alpina Road Race Season

Di Bolton, Road Race Director

See our website at www.AлтаAlpina.org for directions to race venues. Schedule is subject to change, so check the website before each race. Races start promptly at 6:15 pm. Be there ready to race!

5/3	East Valley Criterium	6/14	Diamond Valley Double Back Road Race	7/19	Diamond Valley Road Race
5/10	East Valley Time Trial			7/26	Blue Lakes Time Trial
5/15	Tuesday Club Challenge: Reno Air Center Criterium	6/21	Pinenut Road Race	8/2	East Valley Criterium
		6/28	East Valley Criterium	8/9	Club Challenge: Pinenut Road Race
5/24	East Valley Criterium	7/5	Eagle Ridge Criterium		
5/31	Kingsbury Time Trial	7/10	Tuesday Club Challenge: Fernley Circuit Race	8/16	Foothill Time Trial
6/7	Club Challenge: Eagle Ridge Criterium			8/23	Diamond Valley RR (short course, season finale)

Please bring a filled out a race waiver to your first race, this will give me the emergency contact info on site for the season and will save time at registration. I will need this even if you are an AACC member. There is a link to the USACycling site on the [Road Race page on the AACC website](#) to [download the waiver form](#)



Board Meeting Minutes—May , 2012

Acting Secretary: Michael Bayer; Other Board Members: Diane Bolton, Robert Braun, Pete Costa, Curtis Fong, Mel Maalouf, Joe Marzocco, Tim Rowe, Ellen Sherrill; Other Attendees: Christopher Rowe

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$45645. The Paypal balance is \$15076. \$745 in membership fees collected at Spring Party and \$3200 in clothing sales.
- **Membership:** Membership renewals are coming in at a good rate. Party was a big success. Next year we'll stagger delivery of food and get a PA system. We'll use the Elks lodge again next year.
- **Weekend Rides:** Ellen is working to fill up the ride schedule. Still need to get Hillacious ride leaders.
- **Newsletter:** Scott is ramping up. May newsletter will be on schedule.
- **Website:** Serious problem with website forms. Joe and Dennis will investigate.
- **Weekly Road Races:** First race of the season had great turnout. Averaging 37 people each week. Good feedback on Junior race option.
- **Mountain Bike Races:** No report.
- **Wild Hillacious Century Series:** Twain and Ellen are looking for ride leaders .
- **Junior Team:** 9 kids showing up for training.
- **Spring Century:** Thanks to Curtis, Ted and Trevor, Corey and Di, Todd Degiovanni for volunteering to SAG. 22 people signed up so far. More promotion to come. .
- **Pinenut Cracker:** Super Burito will cater. Robert will mark the course the night before. Robert will look into putting up advanced notice that the area will be in use. It was agreed that the director will be paid a fixed fee (TBD).
- **King of Kingsbury Time Trial:** 37 racers participated. Fastest overall time was 35:51. Fastest Junior was 36:46.
- **Cyclocross Race:** No report.
- **Bike Advocacy:** Tim organized events for Nevada Moves Day April 25. This is bicycle month so various events are being organized. Bike Habitat is hosting clinics.
- **Adopt A Highway:** May 12th is the next cleanup Meet at Turtle Rock Park.
- **Clothing:** Approximately \$3200 of clothing was sold at the spring party. Various sizes sold out so we're re-ordering. Some feedback suggest that they are race cut rather than club cut. We will see if we can change the cut.
- **Alta Alpina Challenge:** Michael reported status on all aspects of ride planning. Board authorized spending more on water bottles if a cheaper quality alternative to Specialized isn't found.

2. **Advertising in Local Bike Maps:** Board voted to create a new "Advertising" line item in the club budget and allocate \$750.
3. **Sponsorship Request:** Ellen requested a sponsorship to Mountain Bike Nationals.
4. **America's Most Beautiful Ride:** Curtis is offering a special for club members. Contact him by email.
5. **Next Meeting:** Monday, June 4, 2012, 6 pm, Pizza Factory in Gardnerville.

Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at www.AtaAlpina.org





Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

- Highway Cleanup & RideMay 12
- Pinenut CrackerMay 19
- Starbucks RideMay 20
- Spring CenturyMay 27
- Mountain Bike Poker RunJune 2
- Alta Alpina ChallengeJune 30
- Thursday Night Races ..every Thu @6:15

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Mel Maalouf	President	president@AltaAlpina.org	775-782-9652
Curtis Fong	Vice President	tgft@bikethewest.com	775-588-9658
Lauren Lindley	Secretary	llindley@pearlizumi.com	
Pete Costa	Treasurer	intandempc2@aol.com	775-782-8493
Robert Braun	Membership Coordinator	robertingville@yahoo.com	
Ellen Sherrill	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Di Bolton	Thursday Road Race Director	di.bolton@frontier.com	775-781-4660
Robert Braun	Pinenut Cracker Mountain Bike Race	robertingville@yahoo.com	
Casey Willitts	Road Cleanup Coordinator		530-577-9530
Scott Herman	Paceline Editor	paceline@AltaAlpina.org	
TBD	Carson Valley Classic		
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Joe Marzocco	Website Coordinator	j_marzocco@yahoo.com	
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

Newsletter Editor:
 Scott Herman
 Newsletter Publisher:
 Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **June 4** at the **Pizza Factory** in the **Gardnerville Ranchos.**