



# PACELINE

**Alta Alpina  
Cycling Club**

**Volume 5 Issue 4  
May 2007**

## **AACC Weekend Ride Schedule—May/June**

Tammy Lundquist, Weekend Ride Coordinator

### **Saturday, May 19, 2007 — Davis Double Century, Davis, CA**

This one is a standard for AACC distance riders. Great support from the Davis Bike Club on this relatively easy double, though no double century is easy. Let's hope it's not too hot.

### **Saturday, May 19, 2007 — Mt. Bike Poker Run at Nates House**

RSVP required to Nate ([nate.littrell@bently.com](mailto:nate.littrell@bently.com), 775-265-9936). Bring \$5 or \$10 for the poker run and BYOB/BYOM(meat) for party after the ride. The poker run starts at 11:00am and will be on a new more challenging 10 mile course with an extra card long option for those looking for a gnarly ride. See the rideboard for more details.

### **Sunday, May 20, 2007 — Gardnerville 100**

Open to club members only, RSVP required (see article on page 2). This year the start/finish will be at Keith's house on Fredricksburg road with a post-ride barbecue. The route is the same as in past years with a bailout option. The 100 mile riders should be rolling by 8:00am.

### **Saturday, June 2, 2007 — Sierra Century**

This is a really great century ride in the Sierra Foothills, and is well attended by AACC riders. This year the ride has moved to Calaveras county and will start at Ironstone Vineyards in Murphys. If anyone has designs on doing the Death Ride or the Summer Solstice long route, this event is good training. See you there in your club jersey! To register see:  
<http://www.sacwheelmen.org>.

### **Sunday, June 10, 2007 — Markleeville to Mt. Reba**

Climb beautiful Ebbetts Pass and Pacific Grade to Lake Alpine. Lunch at the Lake Alpine Lodge. Continue to Mt. Reba for a scenic view of the Mokelumne River canyon. Bring plenty of water and snacks for the ride. Enjoy a tall glass of restaurant grade iced tea at the lodge if you missed it on John Axtell's May ride. Wear your 2005 Death Ride jersey (or any other Death Ride jersey if you don't have the 2005 model). Meet in Markleeville at 8:30 am, ready to roll by 9:00 am. We will have a mixed pace of fast and slow riders.

### **Sunday, June 17, 2007 — Monitor East to West**

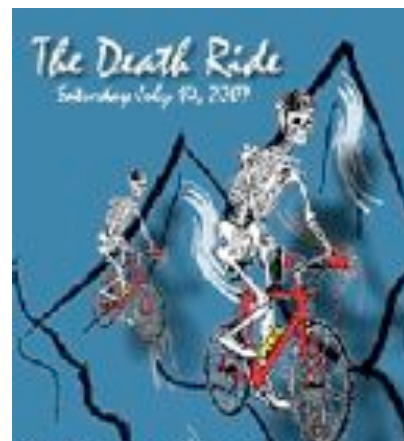
Ride up the East Side of Monitor and down the west side and back to the start at a moderate to slow pace. Estimated distance for both sides is 38 miles. The starting point will be the dirt lot adjacent to the US Forestry station at the intersection of U.S. 395 and HWY 89; rolling at 9:00 am (sharp).

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## **Congratulations Ides of March Winners!**

Micah Herman	1,432 miles
Twain Berg	1,226
Heath Madeiros	1,129
Kevin Willits	1,055
Brenda Geise	763



**Volunteers Needed!**

Contact: [Volunteer@AltaAlpina.org](mailto:Volunteer@AltaAlpina.org)





## The Gardnerville 100, Sunday May 20

Keith Hart, Big Daddy's Bicycles

One of our club's most popular events, is coming up quick. The start and finish will be at Keith's house, 769 Fredricksburg Road in Gardnerville and there will be a post-ride barbecue.

The group will ride from Gardnerville to Topaz Lake, then up the east side of Monitor Pass and descend to Markleeville and over the hump to Woodfords. Here the 100 mile riders turn left and head up Woodfords canyon to Pickett's Junction, then over Luther Pass to South Lake Tahoe and eastward over Daggett Pass and back to Gardnerville. The rest can do a shorter 65 mile loop by making a right turn at Woodfords and

heading for early burgers. Riders doing the full distance must be rolling by 8:00am.

We'll have food and water stops on Monitor and Luther passes, so bring some money for convenience store rest stops. What other bike club has a weekend ride like this?

Club members ride free, but the ride is only open to club members. If you have friends that want to ride it, have them join online at [www.AltaAlpina.org](http://www.AltaAlpina.org), Membership page.

Please RSVP to Keith, either at his shop at 775-782-7077 or [barthart99@aol.com](mailto:barthart99@aol.com).

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## Death Ride - Tour of the California Alps - Sat July 14, 2007

Brenda Giese, Volunteer Coordinator

### Now Seeking Volunteers

Volunteer now for the Death Ride 2007! You have the opportunity to help out with one of the country's premiere cycling events. Join Alta Alpina's "Skeleton Squad" of top-notch volunteers. You will earn a cool "Skeleton Squad" T-shirt and a meal during your shift, and the reward of knowing that you are helping out local charitable organizations. You will also qualify for the club's ride reimbursement program.

How do you volunteer? Choose a date or dates that best fit your schedule, select some job preferences, and contact the Death Ride Volunteer Coordinator Brenda Giese.

Dates that volunteers are needed are Tue July 10, Wed July 11, Thurs July 12, Fri July 13, Sat July 14, and Sun July 15. Volunteer positions include warehouse assistants, delivery drivers, parking crew, registration clerks, and Sunday cleanup crew. Contact Brenda at: [volunteer@altaAlpina.org](mailto:volunteer@altaAlpina.org) or (530) 583-1232



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## Rides of Silence - May 16 - 7pm to 8pm

Join cyclists worldwide in a silent slow paced (10-12 mph) 1 hour ride in honor of those who have been injured or killed while cycling on public roadways. Ride To HONOR those who have been injured or killed. Ride To RAISE AWARENESS. Ride To ask that we all SHARE THE ROAD.

**Carson City:** 7:00 pm in the Capital Complex Park (Stewart Street side) north of the Legislative Building.

**South Lake Tahoe:** 6:45 pm at the parking area on the NE corner at the Y.



## Presidential Pedal Pushing

Jennie Hamiter, President

If you have never tried riding to work, try it this week. You'll get out in the cool morning hours, get your heart rate up a little so you feel better when you arrive at work, and you'll have burned a few more calories than if you'd sat in a car for those same miles.

Think of all the benefits of cycling to work:

- "Save a dinosaur" (OK, save gas, and these days, that saves big bucks!)
- Guarantee yourself a bike ride every day
- Start the day with a cool ride into work in the morning
- Release some stress on your way home
- Reduce traffic congestion
- Improve air quality and reduce CO2 emissions
- Save on automobile maintenance costs
- Just generally put your commute time to better use

I realize I'm lucky; I live a flat 4 miles from work, and March through November I ride to work almost every day. Or is it luck? Consider it the next time you're in the market for either a new home or a new job. Being within an easy bike ride to work improves your quality of life, so it's worth planning for!



But if work and home are too far apart to allow easy bike commuting, get creative. Try driving half way and then riding. Or, drive to work with your bike and then ride home one day, then ride to work the next day and drive home.

And don't forget your kids. Encourage them to ride to school, or ride to school with them. Talk with their friends' parents to make sure your kids have bike buddies to ride to school with.

National Bike-to-Work Week (B2WW): May 14-18

National Bike-to-Work Day: Friday, May 18th

### Local Activities around Tahoe

In celebration of B2WW in Tahoe, TRPA is sponsoring a Bike-to-Work Challenge, where businesses compete against each other to see who can collectively commute the most miles and get the highest percentage of their employees on bikes. Similar challenges are available for individuals, and anybody and any business can enter. You'll find more info on their website, [www.trpa.org](http://www.trpa.org).

### Local Activities in Reno and Carson City

In Reno and Carson City, participating coffee houses are giving free coffee and have raffle tickets for commuting cyclists. See [www.BikeNevada.org](http://www.BikeNevada.org) for more details on the raffle, and a list of coffee houses.



### Local Activities around Minden Gardnerville

GE employees who ride to work on Bike to Work Day can receive a free lunch at the company cafeteria.

Let's make 2007 Bike-to-Work Year, and let's make CARS the alternative form of transportation!

### Spring Party

Thanks to all those who helped out with the Spring Party last month. I got some good feedback on the venue - glad everyone could actually understand the announcements this time. And big thanks to Big Daddy's Bikes, B'Sghetti's Restaurant, and the Death Ride for the raffle prizes for ride leaders!



### And the Racing Has Begun

Di Bolton, Thursday Night Road Race Director

Hopefully, you made it to the first road race of the year, and I hope you remembered it was on Thursday. I have caught myself still saying Wednesday; old habits are hard to break. Mike Beam and I really appreciate your understanding on the night change.

If you haven't already raced yet this season, please come a little earlier than usual just to get the beginning of the season paper work out of the way. I will need to get every ones Event Release Forms for 2007. If you can go to the USA Cycling link (on the Road Race Page) or check this [http://www.usacycling.org/forms/waiver.php?url=rider\\_release.pdf](http://www.usacycling.org/forms/waiver.php?url=rider_release.pdf), download the form, and have it filled out before you arrive that will really speed things up.

The Event Name is: Twilight Road Race Series

The Event Dates are: 4/26-8/30.

Please make sure you have all the emergency info filled in too. If you cannot download the form I will have them with me. You will be getting your number for the season too. Remember you are keeping the same number all season, so hang onto it. Race fees are \$5.00 for AACC members and \$10.00 for non-members.

I am looking forward to the season and seeing all the regulars and a lot of new faces. If you don't want to race please come to watch and cheer everyone on. See you Thursday!!!

### Wednesday Mountain Bike Race Series

Mike Beam, Wednesday Mountain Bike Race Director

Races continue through June 20th. Registration starts at 5:30 and ends at 6. Racing promptly begins at 6:15. The classes are men's A, B, and C and women's. The

course start will be at the big tree in the Pine Nuts. The length will range in distance from 8-15 miles.

### Race Results

#### Genoa Time Trial 4/26 Results

##### A Group

- Chad Tinnerman 29:09:00 1
- Norman Zeller 29:34:00 2
- Kevin Willitis 31:14:00 3
- Paul Tindel 31:26:00 4
- Heath Medieros 31:35:00 5
- David Gaskin 31:39:00 6
- Randy Volkmar 31:55:00 7
- Mark Hotchkin 32:18:00 8
- John Wagnon 32:32:00 9
- Tom Regan 32:41:00 10
- Steve Thomsen 32:54:00 11
- Garth Jackson 33:00:00 12
- Pike Reardon 33:03:00 13
- Nathan Drozd 33:48:00 14
- Tom Sullivan 33:51:00 15
- Dave Bryant 34:54:00 16

##### B Group

- Justin Clipperton 31:32:00 1
- Bob Gagen 33:01:00 2
- Jim Rhiner 34:03:00 3
- Mark Pupich 34:26:00 4
- Jeff Bryan 34:34:00 5
- Allan King 34:36:00 6
- Mark Trieber 35:23:00 7
- Andrew Huntington 35:23:00 8
- Carl Myhill 36:11:00 9
- Mike Pate 37:04:00 10
- Jim Wire 37:05:00 11
- John Axtell 37:40:00 12

##### C Group

- Scott Herman 34:49:00 1
- Boris Sheikman 36:35:00 2
- Dana Lookadoo 36:46:00 3
- Steve Kreider 37:18:00 4
- David VanWagenen 37:29:00 5
- Jennie Hamiter 38:42:00 6
- Stan Knight 38:51:00 7
- Paul Taylor 38:53:00 8
- Tom Tittle 39:23:00 9
- Chris Brown 40:01:00 10
- Russ Probert 40:04:00 11
- Tracy Sells 40:54:00 12
- Martin Momsen 41:15:00 13

##### D Group

- Suzy Stockdale 38:36:00 1
- Scott Shick 39:35:00 2
- Kelly Momsen 39:54:00 3
- Debbie Treiber 40:53:00 4
- Robin Bernard 40:55:00 5
- Jeremiah Simpson 42:28:00 6
- Josiah Simpson 43:10:00 7



**Dimaond Valley Road Race 5/3 Results**

**A Group**

Micah Herman 1  
 Jim Barkley (RW) 2  
 Steve Cooke (RW) 3  
 Kevin Willits 4  
 Dave Gaskin 5  
 Garth Jackson 6  
 Heath Medieros 7  
 Paul Tindel 8  
 Randy Volkmar 9  
 Dave Bryant 10  
 Steve Cooke 11  
 Tom Sullivan 12  
 Nathan Drozd 13

**B Group**

Jim Rhiner 1  
 Bob Gagen 2  
 Andrew Huntington 3  
 Mark Pupich 4

**C Group**

David Vanwagenen 1  
 Steve Kreider 2  
 Peter Niday 3  
 Rick Miyashiro 4  
 Dana Lookadoo 5  
 Frank Dixon 6  
 Tom Tittle 7  
 Paul Taylor 8  
 Dave Norvell 9  
 Stan Knight 10  
 Brooks Hill 11  
 Robert Lefebvre 12

**D Group**

Josiah Simpson 1  
 Suzy Stockdale 2  
 Scott Shick 3  
 Robin Bernard 4  
 Tracy Sell 5  
 Jeremiah Simpson 6  
 Michael Kinale 7  
 Frank Serrano 8  
 Frank Garcia 9  
 Torn Saechao 10

**First Mountain Bike Race 5/2 Results**

**A Group**

1. Brown, Robert  
 2. Tindal, Paul  
 3. Kelley, John

**B Group**

1. Pupich, Mark  
 2. McMillen, Chris  
 3. Shearer, Scott  
 4. Bolton, Corey  
 5. Tittle, Tom  
 6. Nereska, Chris  
 7. Taylor, Paul  
 8. Littrell, Nate

**C Group**

9. Miyashiro, Rick  
 10. Thompson, Chaverick  
 11. Lane, Roy  
 12. Granados, Bryan  
 13. Porter, Anthony  
 14. Odell, Doug  
 15. Sanchez, Alex

**Women**

1. Brown, Kira  
 2. Hamiter, Jennie  
 3. Alexander, Valerie  
 4. DeGiovanni, Tammy  
 5. Wisma, Shawndrea

**Second Mountain Bike Race 5/7 Results**

**A Group**

1. Drozd, Nate  
 2. Braun, Robert  
 3. Tindal, Paul  
 Taylor, Paul DNF

**B Group**

1. Chung, Jay  
 2. Kreider, Steve  
 3. Shearer, Scott  
 4. Miyashiro, Rick  
 5. Bolton, Corey  
 6. Thorpe, Mark  
 7. Tittle, Tom  
 8. Pupich, Mark  
 9. Littrell, Nate

**C Group**

10. Collins, Dale  
 11. Shick, Austin  
 12. Norvell, Dave  
 13. Thompson, Chaverick  
 14. Sanchez, Alex  
 15. Porter, Anthony  
 16. Granados, Bryan  
 17. Lane, Roy

**Women**

1. Brown, Kira  
 2. Hamiter, Jennie  
 3. Dobrowolski, C.  
 4. Thomsen, Teri



### Bike SPOKESman

Tim Rowe, Nevada Bicycle Advisory Board, Alta Alpina Cycling Club, and Lake Tahoe Bicycle Coalition

The 2007 Nevada Bicycle and Pedestrian Conference and the Lake Tahoe Bicycle Symposium were held April 12th and 13th at Mont Bleu Resort in Stateline. It was a huge success, with over 160 in attendance. The focus this year was on safe routes to school. There were many good talks, including our own by Michael Bayer and Ty Polastri. Tim Rowe opened the session as NBAB Chairman. The Death Ride donated items for the Raffle, which helps support activities all year long, including the mini-grant program.

#### SHARE THE ROAD – SHARE THE RESPONSIBILITY!

The campaign starts in Reno on Monday April 30th! This hits us all. Look for ads on buses, TV, and newspaper.

#### Coffee Commuter Day – May 18th.

Ride to work and stop into either Comma Coffee or Joe Mango's on May 18th and get a free cup of coffee and enter to win prizes in a free raffle.

The next NBAB meeting will be Thursday May 17, 2007 at 0930 at NDEP offices at the Senator Bryan Building in Carson City. Public is invited.

### Race Team Results

#### Copperopolis Road Race

Micah Herman, 7th, Cat 3s

#### Sea Otter Classic

Micah Herman, 6th Road Race, Junior 17-18

Scott Herman, 36th Circuit Race, 40+

Garth Jackson, 20th Circuit Race, Cat 4

Mel Maalouf, 11th Circuit Race, Sr 3

10th Expert Short Track, 30-39

Kevin Willitts, 9th Road Race, Cat 50+

10th Circuit, Cat 45+ 4/5

Randy Volkmar, 11th Road, Cat 40+ 5

14th Circuit, Cat 45+ 4/5

Marcus McKinnon, 6th Road, Cat 4

7th Circuit, Cat 4

#### Santa Cruz Crit

Micah Herman, 11th, Cat 3

#### Wente Road Race

Micah Herman, 7th, Cat 3

Kevin Willitts, 1st, Cat 45+ 4/5

#### Wente Crit

Micah Herman, 2nd, Junior 17-18

Scott Herman, 10th, 55+

#### Madera Stage

Kevin Willitts, 32nd, Cat 35+ 4/5 (flat)

Randy Volkmar, 3rd, Cat 35+ ½

#### Jetway Chevrolet XC Nevada Cup

Mel Maalouf, 2nd, Expert 30-39





## Board Meeting Minutes—May 7, 2007

Secretary: John Seher; Other Board Members: Michael Bayer, Michael Beam, Di Bolton, Dave Gaskin, Jennie Hamiter, Tammy Lundquist, Darla Mazzoni, Libby Oakden, Steve Thomsen

### 1. Monthly Status Reports:

- **Treasurer's Report:** Dave Gaskin reports a bank balance of \$24,569.50.
- **Memberships:** Michael reports a total of 165 members have renewed so far this year, and urges everyone to remind their AACC friends to be sure to renew their club membership. Michael distributed a list of all expired memberships and requested the BOD members contact anyone they know on the list.
- **Newsletter:** Editor Libby Oakden reports that the May newsletter is ready. Cycling related articles and weekend ride postings are always needed.
- **Weekend Rides:** Director Tammy Lundquist reminded everyone about their ride leading commitments made at the Spring meeting. Tammy still needs more ride leaders to fill out the weekend ride schedule.
- **Thursday Night Races:** Director Di Bolton reports a good turnout for the first two events despite the inclement weather. The ROP students participated at the Diamond Valley Race and were mentored to AACC rider Mark Hotchkin.
- **Twilight Mountain Bike Race Series:** Director Michael Beam reports the first race went well with 25 participants riding in some chilly weather.
- **Bike Advocacy:** The AACC BOD voted to appropriate \$125 for an advertisement to support another printing of the Carson City bicycle map. This map is published by the Muscle Powered group in Carson City to promote self-propelled transportation. Libby Oakden informed us that her employer, Bently-Nevada, will provide a free lunch to all their employees who ride to work on Ride Your Bike to Work Day.
- **Junior Team and Race Team:** Mel was not present, so no Report.
- **Carson Valley Classic:** Steve Thomsen reported that everything is ready. All we need is for the date and the racers to arrive. Steve has designed the T-shirt and believes it will be a hit

with the racers. He has also ordered women's tank tops with the same picture and logo.

- **Pine Nut Cracker:** Michael Beam reported for PNC director Jeff Ham that the race was a success, with 81 participants including 9 beginner boys.
  - **Gardnerville 100:** Keith Hart will be hosting the ride start/finish at his house off Fredricksberg Road near the California border. There will be a post-ride barbecue, and a poker run and prizes. John Seher volunteered to drive SAG.
  - **Clothing:** AACC gear is stocked at Big Daddy's Cycle and Fitness in Gardnerville. The Board approved a re-order of three dozen more AACC hooded sweatshirts, as these were popular at the Spring meeting.
2. **Death Ride:** Reports from Jennie, Michael, and John informed the rest of the Board about the upcoming event. Due to personal commitments, one key person has had to drop out, however another was recruited and some tasks re-assigned, so we are capable of executing all of the tasks assigned to AACC..
  3. **AACC Internet Links:** The virtualtahoe.com web site has offered to put a link to the AACC web site in exchange for putting a link to their site on our home page. The Board agreed that the club, a non-profit organization, should not have links to commercial web sites on its home page. Links to appropriate commercial sites may appear on our "links" page. The board agreed to have Darla provide information about AACC activities to tahoe360.com, which would list our events in the Carson Valley Entertainer and Tahoe Entertainer publications.
  4. **Spring Party:** Comments from the BOD members were largely positive, with everyone agreeing that the CVIC hall worked well. Any comments from club members should be directed to [membership@AltaAlpina.org](mailto:membership@AltaAlpina.org).
  5. **Next Meeting:** Monday, June 4, 2007, 6 pm, Pizza Factory in Gardnerville.

### Local Merchant Discount Program

For more information, please visit  
[www.AltaAlpina.org](http://www.AltaAlpina.org)





# Alta Alpina Cycling Club

P.O. Box 2032                    877-845-2453  
 Minden, NV 89423            877-845-BIKE  
    www.AltaAlpina.org

## MARK YOUR CALENDARS

- Bike to Work Week .....May 14-18
- Rides of Silence    Wednesday, May 16
- Nate's MTB Poker Run ..Saturday, May 19
- Gardnerville 100    ....Sunday, May 20
- Markleeville to Mt. Reba ...Sunday, June 10
- Wednesday MTB Races .every Wed @6:15
- Thursday Night Races .. every Thu @6:15

**MOVED? GOT NEW CONTACT INFO?**  
 Have you moved? Has your e-mail address changed?  
 Don't miss out on the latest AACC happenings!  
 Update your info at [www.AltaAlpina.org](http://www.AltaAlpina.org); click on "Membership"

## Alta Alpina Cycling Club Board Members

Jennie Hamiter	President	<a href="mailto:president@AltaAlpina.org">president@AltaAlpina.org</a>	775-782-4848
Darla Mazzoni	Vice President	<a href="mailto:mazzoni@etahoe.com">mazzoni@etahoe.com</a>	530-577-0122
John Seher	Secretary	<a href="mailto:JSeherNV@aol.com">JSeherNV@aol.com</a>	775-849-1876
David Gaskin	Treasurer	<a href="mailto:jdlgaskin@earthlink.net">jdlgaskin@earthlink.net</a>	530-541-6472
Michael Bayer	Membership Coordinator	<a href="mailto:membership@AltaAlpina.org">membership@AltaAlpina.org</a>	
Tammy Lundquist	Weekend Ride Coordinator	<a href="mailto:ridedirector@AltaAlpina.org">ridedirector@AltaAlpina.org</a>	530-545-3155
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Di Bolton	Thursday Road Race Director	<a href="mailto:di.bolton@charter.net">di.bolton@charter.net</a>	775 782-4729
Mike Beam	Wednesday Mountain Bike Race Director	<a href="mailto:lemondarmstrong@charter.net">lemondarmstrong@charter.net</a>	775-267-6812
Pete Costa	Road Cleanup Coordinator	<a href="mailto:intandempc@aol.com">intandempc@aol.com</a>	
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Tim Rowe	Bicycle Advocacy Coordinator	<a href="mailto:Trowebikes@aol.com">Trowebikes@aol.com</a>	775-267-9531
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Newsletter Editor:  
 Libby Oakden  
 Newsletter Publisher:  
 Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Gardnerville Ranchos and Stateline.. Join us on **June 4** at the **Pizza Factory** in the **Gardnerville Ranchos.**