



PACELINE

**Alta Alpina
Cycling Club**

Volume 21 Issue 2
March 2023

Alta Alpina Spring Membership Party



Thursday, April 13 — CVIC Hall, Minden NV — 6:00PM

The annual Alta Alpina Spring Membership Party is the official kick-off of the cycling season in the Tahoe—Alpine—Carson City—Carson Valley region. This year the party will once again be at the historic CVIC Hall in downtown Minden. This is a central location with lots of nearby parking.

There will be free food, friendly people, and lots to see and learn. Again this year we're holding the big Bike Swap: Bring any bike-related items to give away or sell. Bike stuff left behind at the end of the night will go to the junior team or ROP.

If you ordered club clothing in February, it will be available for pickup at the party.

You can join or renew your membership at the party, but to avoid spending time in line, you can renew your membership now by signing and returning the waiver that was emailed to you and by sending us an online payment or check.

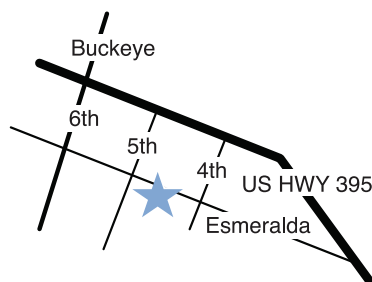
Know any friends or neighbors just getting into cycling? Bring them along and we'll sign them up at the door! For any questions contact Allen on the club hotline at 877-845-2453.

Doors open at 6:00 pm. See you there!

Bike & Stuff Swap • Trade

Bring your bike related stuff for sale, or give away to other AACC members. You will have the opportunity to sell, buy, give away, or pick up bike related items.

**CVIC Hall
1602 Esmeralda, Minden**



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Time to Renew Your Membership: Don't forget to sign a new 2023 Waiver

You should have received your personalized waiver by email. If you haven't, please double check your junk mail folder or any filtered email. If you need us to send another copy of your waiver, please contact Allen Forbes at:

membership@altaalpina.org

Spring Rider Roundup, April 15

The Spring Rider Roundup consists of a number of different rides chosen to meet the needs of our diverse membership ranging from easy to hard and with options for road and mountain bikes all starting from Genoa Town Park on Nixon Street in Genoa. Watch the rideboard on the website and your email inbox for the latest ride details and start times.



Ray Richard Memorial Spring Century And BBQ Saturday May 20th

Chris Cherrix, Spring Century Coordinator

Free for all members!

I'm happy to report the post-ride BBQ will be returning this year to after a 3 year hiatus!

In addition, the start/ finish and BBQ will take place at a **new venue**—the beautiful **Ranchos Aspen Park** in the Gardnerville Ranchos. You'll find it on maps at 1377 Muir Drive. There will be plenty of parking, as well as a pavilion and picnic benches to relax at and socialize after the ride. As always, we'll have multiple route options to choose from for all riding abilities, supported by well-stocked rest stops. Our backup date is May 21st in case of foul weather on the 20th.

For anyone who would like to help out at the rest stops or BBQ, please contact Chris at (928)600-1097.

Watch for more details in future newsletters, and we encourage everyone to invite their friends to join the club and participate in this event.



New Alta Alpina Ride Series: Serious and Friendly

Brenda Giese

Can't Ride Like You Used To? Join Others in the Same Situation!

This series is oriented towards formerly strong riders who may have had a hiatus from cycling due to illness, injuries, surgery, work, or other life circumstances. Come on out and ride in a supportive group! Do what you love! Series will be for serious riders but at a friendly pace. We will start with shorter routes, and work up to longer routes with more intensity and more climbing.

The series will start in April and continue into May and June, possibly on a different day of the week. Recognition will be given to cyclists who attend the most rides in the series. Most rides will be road rides, but may include easy dirt or gravel rides later in the season.

Monday April 17 1:00 pm - Location TBA depending on snow and road conditions

Monday April 24 1:00 pm - Location TBA depending on snow and road conditions

For questions and more information contact Brenda at (925-998-8013) or email to BrendaGiese@yahoo.com



2023 Alta Alpina Events and Activities

Spring Membership Party Thursday April 13

Join us for the annual spring membership party where we kick off the riding season. Enjoy great food, make new friends, and learn more about all the events and activities planned for 2019.



Spring Rider Roundup Saturday April 15

Weekend Club Rides Starting in April

There's a club ride or activity virtually every weekend from April to October. Club rides vary in distance and terrain but always feature post ride snacks. Check the rideboard on the website or newsletter for details.



Thursday Night Races Starting Thursday April 20

Everyone is welcome and encouraged to enter these races - you don't have to consider yourself a racer to participate. The races have four categories, A through D, where A's are the fastest.



Ray Rickard Memorial Spring Century Sunday May 20

This event is free to club members and this year will feature a number of different route options including the full loop over Monitor, the Monitor West option, Ebbetts, and Diamond Valley.



Alta Alpina Challenge Saturday June 24

The Alta Alpina Challenge—Riding the Wild Sierra is the club's annual fund raising event. We host riders from around our neighborhood and around the world to challenge themselves on our local roads and mountain passes.



Annual End of Season Party November, Date TBD

At our annual general membership meeting, awards dinner and end of the year party we celebrate the year with great food and presentations of race series awards.



Tim Rowe Memorial Fall Century October, Date TBD

Another free event for members, the Alta Alpina Fall Century is the last big ride of the year. The out-and-back ride from Wellington to Bridgeport features a rest stop coming and going and a Pizza Dinner at the finish.



Alta Alpina Rideboard All-Year

The Alta Alpina rideboard is a fantastic way to link up with people to ride with. Use the rideboard on the club's website to post a ride you're planning to do so that other club members can join you.





AACC Member Profile:
Lyn Willoughby

AACC Member since: 2019

Current Residence:
Minden, NV

Arrived here by way of:
Riverside, CA

Started riding:
Removed the training wheels when I was 3

Proudest moments/ achievements riding:
Doing the first California Triple Crown, First finisher at the inaugural Ride the Bear, finished Hemet Double century within 6 months of ACL replacement, rode Tour of Two Forests with a broken wrist and finished in daylight (double century, 12000 ft of climbing, on a Specialized Stumpjumper)

Race Category:
I do not race

Bikes I ride:
Fuji Grand Fondo 1.1,
Litespeed titanium,
Specialized Aethos, and a
Specialized Crosstrail (to work and back)



How I support my Bike Habit:
Currently work part time at the Carson Valley Swim Center

In one word, my cycling style is...:
"Climb"

Favorite Rides/Races:
Love Monitor and Ebbetts passes.

Favorite Post-Ride Food:
Beer and whatever

Other Sports & Pastimes:
Walking our two dogs

Ambitions/Aspirations:
Making a decent recovery from knee replacement surgery

My Motto or Inspired Quote:
"Rubber side down"

Grab Bag:
I hope to get a broad spectrum of riders involved by offering a large variety of rides. I will have coffee cruise rides on Thursdays and offer (if I can get enough leaders) easy ride Saturdays and more difficult rides on Sundays. If we can work out the logistics, overnight destination rides and perhaps a three day remote bike rally are in the works.



Work is underway on the new "Cascade to Meeks" bike trail for the west side of Lake Tahoe. The TRPA is managing the project in cooperation with California State Parks, Caltrans, the USFS, El Dorado County, and the Washoe Tribe.

The project is at the Feasibility Study stage and the TRPA has held public meetings and is inviting feedback. Details, including with maps of the proposed trail alignments and meeting recordings are on their website at: <https://www.westshoretahoetrail.com>



Alpine County
California

June 24
2023



Choose up to 8 of our famous passes
or pick one of these options:

CLASSIC 5 PASS CHALLENGE

AUDRY'S 7 PASS CHALLENGE

ALTA ALPINA 8 PASS CHALLENGE

BRUSH WITH DEATH

WILD SIERRA CENTURY

WILD SIERRA METRIC



www.AltaAlpina.org/challenge

877.845.2453



Club Clothing

Bruce Eisner, Clothing Coordinator

Get Suited Up for 2023

The online store is now open again for orders of jerseys, shorts, and vests:

<http://teamstore.ascendsportswear.com/store/alta-alpina-cycling-club/>

New for 2023, we now have race-cut jerseys (for \$75), shorts (for \$84), bib shorts (for \$89), and for the first time, vests (for \$75). If you ordered by the February deadline for pick-up, your items will be available at the Spring Party. Orders placed between now and April 13 will be shipped to your home.



Club jerseys, shorts, and other accessories are still available in a variety of sizes in our club inventory. Visit our website at: <https://www.altaalpina.org/clubkit/> to see what is available. In addition to jerseys, there are great deals on shorts, bibs, and arm warmers.



Board Meeting Minutes—March 6, 2023

Secretary: Michael Bayer; Other Board Members: Paul Amato (NICA Team Coach); Jordan Brooks (Highway Cleanup); Michelle Brooks (Social Media); Frank Dixon (Deputy Treasurer); Allen Forbes (Membership); Nigel Leigh (Vice-President, Meeting Chair); Bill Magladry (Treasurer); Jim Sadilek (Website); DGregg Westerbeck (Social Media); Joseph Whitely (Race Director); Lyn Willoughby (Weekend Rides); Other Attendees: Greg Phillips

Meeting held by Zoom

Meeting called to order at 6:04 pm

Minutes of the February meeting approved as presented. [Bill | Joseph | Unanimous]

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$18348.80. The Paypal balance is \$18618.41. Revenue from renewals and registrations is flowing in. Frank and Bill will work on a budget framework and getting templates out to all the coordinators. All coordinators should plan on submitting 2023 budget estimates prior to the April board meeting.
- **Membership:** Renewals are rolling in. Michael and Bill and Allen will work on the workflow. We need to

continue to remind members of the need to send in 2023 waivers. The board voted to set the 2023 Grace Period to end on April 30. [Michael, Bill, Unanimous].

- **Weekend Rides:** Lyn is organizing a second ride leaders meeting on March 14 as the first one was snowed out. Lyn is looking for ride leaders for a diversity of different styles of rides.
- **Weekly MTB Rides:** The weekly ride season may be delayed due to all the snow on the trails.
- **Social Media:** Greg has been traveling but should be back this week to coordinate with Michelle. He has started posting for the 2023 Challenge.



- **Newsletter:** Michael plans to get the newsletter out at the end of the week. All contributors are asked to submit material by Friday
 - **Website:** Jim reported he has corrected a reported error and everyone is asked monitor the website and let Jim know if anything needs to be updated.
 - **Insurance:** Michael has requested quotes for racing, Challenge, and non-owned auto insurance.
 - **Clothing:** Michael reported that the first order for club clothing to be available at the Spring Party is now in production and the store will re-open for orders through to the Spring Party..
 - **Weekly Road Races:** Joseph will work with Michael on insurance. Quote for porta potties were \$175 to \$205 per month. The Grandview HOA is OK with holding our crits but they are requesting that we park on Stockyard instead of on the loop. They will be resealing the course later this year which should improve things in the long term but could impact our fall race. Michael will update the poster (all dates) and get it to Joseph.
 - **Junior Team:** Greg Phillips is the new NICA team director. He introduced himself to the board. Michael will work with Greg to get him into our directory. March 1 was the start of the coaching year and the team will start registering students starting April 1. Greg flagged that TAMBA has rescheduled the 2023 Tahoe MTB festival to conflict with the Alta Alpina Challenge.
 - **Spring Century:** Chris reported via email that he has reserved a park in the Ranchos for \$105 plus \$100 deposit (balance to be paid in May). Group starts will be staged from the park with ride start times still TBD.
 - **Fall Century:** No report.
 - **Adopt A Highway:** Jordan needs to coordinate with Caltrans but they're a little busy right now..
 - **Pinenut Cracker:** Wen need a new Pinenut Cracker coordinator. If someone steps forward in the next couple of months, we could stage a fall event.
 - **Challenge:** Registration has been opened, email/social media marketing kicked off, and a dozen riders have already registered. Gregg will work with Michael to communicate on pass openings and assure riders that the ride will take place regardless. The board approved \$150 for Facebook marketing (Michael INigellUnanimous).
 - **DRTS:** Ten riders have registered. We will work with the Chamber to boost marketing. We still need a coordinator for this project.
 - **Death Ride:** The Death Ride now has a full team and Michael has been working with them as we work towards partnering in 2024 and helping to ensure a successful event in 2023.
 - **Bicycle Advocacy:** We need to find someone to replace Carlo. Nigel reported he received information about progress on expanding the bike trail on the west side of Lake Tahoe.
2. **NOA Insurance:** Michael to reach out to Hank and Frank to Chico Velo for any insights on the cost benefit of this. Decision to be made at the next board meeting.
 3. **Retired Cyclists:** Brenda Giese has volunteered to lead a new ride series for accomplished riders who are no longer or not currently riding at their peak. Brenda will coordinate with Lyn.
 4. **Spring Party Plans:** Michael will not be at the party so he will work with Allen to get him up to speed on everything and organize gear for the party.
 5. **Spring Rider Roundup Plans:** April 15 will be the primary date, April 16 will be the backup date. Lyn will organize ride leaders for a number of ride options.
 6. **Reno Wheelmen:** Joseph is reaching out to the Reno Wheelmen to see if we can restore our cross-promotion of racing programs.
 7. **Memorializing Carlo:** Bill reported that CVTA is looking into something to memorialize Carlo. Carlo's family is looking to schedule a memorial for June. It was proposed that we should look into a trail or trailhead bench. Bill will reach out to Jeremy.
- Next Meeting:** Monday, April 3, 2023, 6 pm, by Zoom.
Meeting adjourned at 7:59 pm

Local Merchant Discount Program





Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
Minden, NV 89423 877-845-BIKE
www.AлтаAlpina.org

MARK YOUR CALENDARS

Spring Membership Party Thu, April 13
 Spring Rider Roundup Sat, April 15
 First Thursday Race Thu, April 20
 Spring Century Sat, May 20

MOVED? GOT NEW CONTACT INFO?
Have you moved? Has your e-mail address changed?
Don't miss out on the latest AACC happenings!
Send your new contact information to :
membership@altaalpina.org

Alta Alpina Cycling Club Board Members

Bruce Eisner	President	president@AltaAlpina.org	877-845-2453
Nigel Leigh	Vice President		775-267-7089
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Bill Magladry	Treasurer	treasurer@AltaAlpina.org	877-845-2453
Allen Forbes	Membership Coordinator	membership@AltaAlpina.org	
Lyn Willoughby	Weekend Ride Coordinator	ridecoordinator@AltaAlpina.org	951-642-1611
Joseph Whiteley	Thursday Road Race Director	racedirector@AltaAlpina.org	775-265-1905
Jordan Brooks	Highway Cleanup Coordinator	jordan.brooks84@att.net	916-833-7445
Bruce Eisner	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
TBD	Bicycle Advocacy Coordinator		775-720-0754
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
TBD	Pinenut Cracker Coordinator	pnc@AltaAlpina.org	
Chris Cherrix	Spring Century Coordinator	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Frank Dixon	Deputy Treasurer	bikeboygo@yahoo.com	530-318-1574
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Greg Phillips	NICA Team Director	AANICADirector@AltaAlpina.org	
Paul Amato	NICA Team Head Coach	AANICACoach@AltaAlpina.org	
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Gregg Westerbeck	Social Media Coordinator	social@AltaAlpina.org	650-276-6951
Michelle Brooks	Social Media Coordinator	brooksmi840@gmail.com	916-833-7446
TBD	Volunteer Coordinator	volunteer@AltaAlpina.org	

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month at 6:00 pm.** In-person meetings alternate between the Carson Valley and South Lake Tahoe.. Join us on **Zoom at 6pm on April 3.**

Newsletter Publisher:
Michael Bayer