



PACELINE

**Alta Alpina
Cycling Club**

**Volume 19 Issue 2
March 2021**

Presidential Posting

Nigel Leigh, President

As the snow line recedes rapidly up the hillsides, it's time to see what Alta Alpina is going to turn on for us this year. Hey, what do you mean "going to turn on"?

It's already on.

Leon has already planned out a series of weekend rides stretching from mid march until hell freezes over. Check out the Ride Board to see the first few. And Brian has fired off the March Milage contest to get the high-milers rev'd up.

Then, looking ahead, Saturday April 10 is a date to focus on. In lieu of an indoor Spring Membership Party, we're holding a Spring Rider Roundup. A veritable smorgasbord of riding options, all starting around mid morning in Genoa. Multiple lengths and grades of road rides, and a couple of mountain bike options. Something for everyone!

Yes, Allen will be there, ready to sign on the flood of new members that you bring along. To renew yourself, have a go at it online first, either via the email you should have been sent, or at:

https://www.altaalpina.org/membership/join_renew.php

For the Spring Rider Roundup, lets all bring along food for a post-ride picnic in the park afterwards. Weather permitting, that should make a nice beginning-of-season catch-up.

Then, hot on the heels of that roundup, Joseph is planning to fire up the new season of weekly time-trial road races. Watch the rideboard, read the newsletter & monitor emails for all the details. See you out there!



Inside this issue:

<i>Rides of March 2021 Contest Log</i>	2
<i>Spring Rider Roundup</i>	3
<i>Upcoming Rides</i>	3
<i>Racing</i>	4
<i>Bicycle Advocacy</i>	5
<i>Member Profile</i>	6
<i>Board Meeting Minutes</i>	6

Time to Renew Your Membership

If you haven't already done so, please renew your membership today!

You should have received your personalized waiver by email. If you haven't, please double check your junk mail folder or any filtered email. If you need us to send another copy of your waiver, please contact Allen Forbes at:

membership@altaalpina.org Sign your personal waiver and mail it back to us (to PO Box 2032, Minden NV 89423) or just email a max resolution image of the signed waiver to: membership@altaalpina.org Members under the age of 18 must have a parent or guardian sign their waiver.

You can pay your 2021 membership fees by mailing us a check (write your email address on the check and send it with or without your waiver to PO Box 2032, Minden NV 89423) or online with a credit card using our website at:

http://altaalpina.org/membership/join_renew.php

Have you moved, changed your phone number, or switched email addresses recently? Would you like to upgrade to a family membership? Or do you have any other questions or membership issues? Contact membership coordinator Allen Forbes at: membership@altaalpina.org



Alta Alpina Cycling Club 2021 Rides of March Mileage Contest Log

Email an image of completed form to bdemps44@gmail.com.

Name: Gender: /

The Rides of March Mileage Contest is Back!

Here's how to participate:

1. Print and use this official mileage log.
2. Ride as many miles as you can over 4 weeks starting on March 14.
3. Record the number of miles you ride each day and where you rode.

If you ride dirt, those miles count for double.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3/14	3/15	3/16	3/17	3/18	3/19	3/20
Where?							
Mileage							
Week Total							

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3/21	3/22	3/23	3/24	3/25	3/26	3/27
Where?							
Mileage							
Week Total							

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3/28	3/29	3/30	3/31	4/1	4/2	4/3
Where?							
Mileage							
Week Total							

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4/4	4/5	4/6	4/7	4/8	4/9	4/10
Where?							
Mileage							
Week Total							

Note: Miles on dirt count for double. If you rode dirt miles, write down twice the mileage ridden.

Grand Total



Join Us For the **SPRING RIDER ROUNDUP** on **Saturday April 10**

Instead of a spring membership party this year, we're holding a Spring Rider Roundup on April 10 to kick off the riding season for 2021. Social distancing will be observed, but this event provides a great opportunity to see friends and join in a shared riding experience. In the event of bad weather on April 10, we'll postpone to Sunday April 11.

The Spring Rider Roundup consists of a number of different rides chosen to meet the needs of our diversity of members ranging from easy to hard and with options for road and mountain bikes all starting from Genoa Town Park on Nixon Street in Genoa. Planned rides include:

Mountain Bike Loop on Genoa Trail System

Diamond Valley

Carson Valley Loop

Spooner-Kingsbury via Clear Creek

Watch the rideboard on the website and your email inbox for more information about ride details and start times. We can't provide snacks due to Covid restrictions but we suggest that you bring your own to enjoy in the park after your ride.

You'll need to have renewed your membership before April 10 or you can bring your signed waiver and membership fee to our membership coordinator, Allen Forbes, who will be stationed at the park in Genoa.

AACC Weekend Ride Schedule—March/April

Leon Malmed, Weekend Ride Coordinator

Check the rideboard on the website for additional rides and updates as we're planning for rides every weekend.

Saturday, April 17, 2021 — Kingsbury-Luther Loop

Meeting at Genoa Town Park on Nixon Street ready to ride at 10:00am. We'll ride up Kingsbury to Lake Tahoe, to Pioneer Trail to old South Upper Truckee Road, and over Luther Pass, down Woodfords Canyon and back along Foothill to the start for about 65 miles. Or just join us for the Kingsbury portion if you want, which is still about 2600 ft of climbing.

Saturday, May 8, 2021 — Blue Lakes to Kirkwood

We'll meet in the Blue Lakes parking area on the left (east) side of the road and depart at 10:30am. We'll climb CA88 up to Carson Pass, descend to Caples Lake, and continue to Kirkwood before returning by the same route.

Saturday, May 22, 2021 — Ray Rickard Memorial Spring Century - Covid Edition

The Ray Rickard Memorial Spring Century has traditionally been a social event centered around a variety of fine rides. Regrettably we're forced to minimize the social aspect of the ride this year. There is no group starting time, nor starting/ending location, which is intended to keep riders spread out, and appropriately distanced. In the event of bad weather alternative dates will be May 23 or May 29. There will once again be a variety of routes to choose from and a virus-safe rest stop. Watch the rideboard and the next newsletter for more details.

Sunday, May 30, 2021 — Blue Lakes to Kirkwood

We'll meet in the Blue Lakes parking area on the right (west) side of the road and depart at 10:00am. We'll climb CA88 up to Carson Pass, descend to Caples Lake, and continue to Kirkwood before returning by the same route, regrouping if needed.

Sunday, June 19, 2021 — Spooner-Kingsbury Loop

Meeting at Genoa Town Park on Nixon Street ready to ride at 8:30am. We'll climb Clear Creek Rd to Hiway 50 and up and around. Lots of climbing and beautiful views with about 45 miles.



AACC 2021 Social Distancing Road Race Series

Joseph Whiteley, Thursday Road Race Director

The 2021 Thursday evening Road Race season is upon us. Unfortunately, COVID-19 is still with us. So we still can't return to our normal racing format we are accustomed to, we have come up with a social distancing twist for the first few races until the local health officials give us the green light to resume our normal racing.

Here is how it will work:

Step 1 – Renew your Alta Alpina club membership for 2021 if you have not done so already. (If you haven't received your 2021 waiver contact Allen at membership@altaalpina.org.)

Step 2 – Create an account on Strava (www.strava.com) if you have not already got one. Install the Strava app on your phone or use your compatible GPS enabled cycling head unit to record your rides. If you have never used Strava, do some practice rides so you get some experience with how Strava works. While logged into Strava, request to join the Strava club called [AACC2020SocialDistancingRoadRaceSeries](https://www.strava.com/clubs/AACC2020SocialDistancingRoadRaceSeries). You can do this in the app or on the web:

<https://www.strava.com/clubs/AACC-2020-SDRRS>

Step 3 – Watch for an email from me announcing details for the upcoming week's Strava challenge.

Step 4 – Plan your ride day and time. You will have one week, more specifically, one Strava week (Monday – Sunday) to go out and complete the ride.

Step 5 – Get out and ride! Enjoy the beauty all around us and be grateful that we can still get out and ride solo. Record your ride as you cover the Strava segment for the challenge segment of the week and upload your results to Strava.

Repeat steps 3 – 5 each week!

Each weekend we will send out preliminary results from the previous week and specific instructions for the next week's ride.

Race Schedule

The race schedule for 2021 will start with these Socially Distanced Time Trials.

4/12 - 4/18	Fredericksburg Prologue	5/24 - 5/30	Kingsbury
4/19 - 4/25	Diamond Valley Short Course	5/31 - 6/6	Markleeville
4/26 - 5/2	Starbucks	6/7 - 6/13	Jack's Valley
5/3 - 5/9	East Valley	6/14 - 6/20	Diamond Valley Double Back
5/10 - 5/16	Pinenut	6/21 - 6/27	Fredericksburg Two-Up
5/17 - 5/23	Foothill		

Note that there will be no race the week of 6/28 - 7/5.

For returning racers I am going to place you in the same category that you were in last year, or the most recent results I can find for you from previous race seasons. Let me know if you want to be in some other category. For newcomers, please let me know which category you want to be tracked in after completing your first two or three of these rides. To help you decide, you can compare your ride(s) standings against others in the club for the same segment on Strava at the end of each week. Additionally, check the official race times for these segments or laps with the times of other racers on the same course from the actual race results from previous years:

<https://www.altaalpina.org/clubracesroad/2020Results.html>

We will use the same point system as the regular race format but your accumulated points will not roll into the regular seasons race series points due to that added variability (mainly weather and Strava/GPS receiver inconsistencies). We will start points over again when we are able to resume the normal group races with our Webscorer chip timing system and RFID tags.



How good intentions can lead to bad outcomes.

Carlo Luri, Bicycle Advocacy Coordinator

For those of you who would rather ride a bike than follow state politics, here is a round-up of cyclist related bills the 2021 Nevada Legislature is contemplating.

SB183 – Well intentioned Senator Hardy from Las Vegas introduced this bill out of concern for the welfare of cyclists following a tragic accident where 5 perished at the hands of an impaired motorist last year. His proposal included protecting cyclists by keeping them off 4,500 miles of Nevada's roads (the bill would have made it illegal to cycle on roads with a posted speed limit of 65 mph or greater). The bill was heard in committee on March 17th where it was met with overwhelming public opposition. Rumor has it this bill won't go far.

SB285 – Senator Harris (also from Las Vegas) dropped this bill on March 22nd. It has not yet been discussed in committee but is the perfect counterpoint to SB183. It requires driving schools to teach motorists bike and

ped safety. It would also require motorists to move over when passing cyclists and spell out that a collision with a cyclist under certain circumstances is evidence of a violation.

SB383 – This is a bill dealing with e-Bikes (we don't ride those, do we?). There is some clean-up language on the different e-Bike classes but what seems like the most significant proposal is to allow e-Bikes anywhere regular bikes are allowed unless closed by local ordinance. Non-motorized "soft surface" trails are excluded unless specifically allowed by the land agency.

For those who want to learn more or participate in our legislative process, start by going to:

<https://www.leg.state.nv.us/>

and searching by bill number or keyword. Make sure you are searching in the current (81st) Session.

Making US 50 Safer for Bicycles

Caltrans is working to make riding in South Lake Tahoe safer. They have proposed making a number of changes in the US50 corridor between "the Y" at CA89 and Pioneer Trail in South Lake Tahoe.

Proposed improvements include upgraded roadway lighting, a painted green bike lane, enhanced visibility crosswalks, improved bicycle signage, and two-stage turn queue boxes.

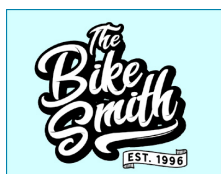
For all the details, download the Caltrans project documentation at:

<https://dot.ca.gov/-/media/dot-media/district-3/documents/environmental/south-lake-tahoe-mike.pdf>

Local Merchant Discount Program

Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.

Show your AACC Membership Card at time of purchase. (You'll receive your 2021 membership card by email after renewing your membership.)



BlueZone Sports





AACC Member Profile:

Bruce Eisner

AACC Member since:

Late 1980s (with 25 year gap)

Current Residence:

South Lake Tahoe, CA

Immigrant from:

Los Angeles, CA (moved in 1985)

When did you start riding?:

"Seriously" in 1974

Proudest Moments:

Riding/walking a Schwinn Varsity up the west side of Sonora Pass in 1971- took 3 hours.

Race Category:

Did 1 AA race in late 1980's and was dropped off the D train

Bikes I ride:

- 1972 Colnago
- 2014 Focus
- 2009 Ibis MTB



How I support my Bike Habit:

My cycling style is for exercise and enjoyment. I support my bike habit sparingly.

Favorite Ride:

East side of Ebbett's Pass

Go-To Ride:

SLT to Hope Valley and back

Favorite Post-Ride Food:

Something salty

Other Sports & Pastimes:

Cross country skiing, backcountry telemark skiing, hiking/backpacking, and trail running (sparingly these days); love to watch Formula 1 auto racing and cross country ski racing

Ambitions/Aspirations:

Stay healthy, active, and mostly pain free

Board Meeting Minutes—March 1, 2021

Secretary: Michael Bayer; Other Board Members: Drew Bray (NICA Team Coach); Chris Cherrix (Spring Century); Brian Dempsey (Pinenut Cracker); Frank Dixon (Deputy Treasurer); Allen Forbes (Membership); Jennie Hamiter (Acting Treasurer); Nigel Leigh (President); Carlo Luri (Advocacy); Leon Malmel (Weekend Rides); Jim Sadilek (Website); Gregg Westerbeck (Membership Growth and Social Media); Joseph Whitely (Race Director); Other Attendees: Patricia Stewart

Meeting held by Zoom Call

Meeting called to order at 6:04 pm

Minutes of the February meeting approved. [Leon Allen|Unanimous]

1. Monthly Status Reports:

- **Treasurer:** Board appoints Jennie Hamiter as Acting Treasurer [NigellMichael|Unanimous]. The current checking account balance is: \$16,894.07. The PayPal account balance is \$16,098.08. Reportedly some people are having issues

paying membership fees by Paypal. Jennie would like more information on who is having problems and what problems they were having. Frank reported that he has updated the NV Secretary of State corporate listing and is now starting on the process for California.

- **Membership:** Allen reported that he is getting up to speed with the new system. He and Jennie are processing waivers and payments to get members renewed. Michael reported on efforts through February to update the membership



database and send out waivers. The board decided that in lieu of a membership party, the club will hold a socially distanced "Spring Rider Roundup" on April 10 with an alternate date of April 11.

- **Weekend Rides:** Leon has recruited ride leaders for spring riders starting on March 13 with some rides scheduled out as far as September. Leon has a few weekend slots open and is also looking for ride leaders for rides starting the Carson City area.
 - **MTB Rides:** Will start in April with the Spring Rider Roundup.
 - **Social Media:** Gregg will send out renewal reminders through social media channels. Michael and Gregg will work on getting Challenge messaging out once we're ready.
 - **Newsletter:** Michael will prepare the log for the March mileage contest to go into the newsletter. However Brian will manage and launch the "Rides of March" contest for March 14 while the newsletter will come out later in the month.
 - **Website:** Jim updated the "About Us" page on the website. Everything for the website has already been paid through 2022. He flagged the fact that we need to track down the club Bike Boxes as they are mentioned on the "Membership" page.
 - **Insurance:** Bruce raised a concern about the D&O coverage with his personal insurance.
 - **Spring Century:** \$400 should cover expenses for this year's Spring Century. May 22 Saturday..
 - **Clothing:** Bruce is picking up the inventory from Lori Kroboth. We sold \$445 last year and \$759 the year before that. We have \$3350 in inventory of which \$1180 is the current club jersey design. The rest is a mix of fashion jersey design, orange-and-red and some older pieces. Jim will work with Bruce to update the inventory numbers on the website page and advertise the existing discounts. With respect to NICA team clothing, please send input to Drew on what pieces are desired for 2021.
 - **Weekly Road Races:** Joseph has updated the website for 2021 racing and posted the weeks and routes for each week. The racing season will kick off immediately after the Spring Rider Roundup.
 - **Junior Team:** The NICA league is starting to come to life as restrictions are easing in NV. Registration is now open for becoming a new coach. A coaching clinic will be held April 25 in Carson City. There are scholarships available to NICA team participants so financial assistance may now be available to further reduce barriers to access the NICA program.
 - **Adopt A Highway:** Thomas set dates for the clean up dates and they are on the calendar.
 - **Pinenut Cracker:** Brian has created an account on the new BLM permitting system. New date for PNC will be in May 21, 2022. Brian will schedule a weekend MTB ride—possibly a small one in May and a larger one with Gravel option later in 2021.
 - **King of Kingsbury Time Trial:** Has been added to the calendar for September.
 - **Challenge:** Michael is working on a revised virus-safety plan for the 2021 Covid-Edition. All of the other permits will follow from this. The waiting list registration process has been established.
 - **Mixed Terrain:** The plan for 2021 calls for a build-on-demand jersey but Voler appears to be stepping away from that offering so we need to find an alternative.
 - **Bike Advocacy:** Carlo reported that the Nevada legislature is in session and he will be monitoring for bicycle related bills. At the federal level, the next transportation bill may include tax credits for e-bikes.
2. **2021 Budget:** Jennie reviewed the budget template and the projected expenses and revenue based on numbers submitted by board members and book keeping from the last two years. Leon proposed an appeal to members for legacy donations. He will work on the text and details.
 3. **2021 Event Calendar:** Michael reviewed the current preliminary draft of the club activity calendar for 2021. Leon will recruit ride leaders for the open weekends and Michael will update and distribute another version of the calendar to reflect the plans for the Spring Rider Roundup.
 4. **Next Meeting:** Monday, April 5, 2021, 6 pm, 6 pm, by Zoom Call. Nigel will circulate the details.
Meeting adjourned at 8:41 pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

Spring Rider RoundupSat, Apr 10
 Rides of March EndsSat, Apr 10
 Race Season BeginsMon, Apr 12
 Spring CenturySat, May 22
 Alta Alpina ChallengeSat, June 26

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Nigel Leigh	President	president@AltaAlpina.org	775-267-7089
Bruce Eisner	Vice President	clothing@altaalpina.org	877-845-2453
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Lori Kroboth	Treasurer	treasurer@AltaAlpina.org	877-845-2453
Allen Forbes	Membership Coordinator	membership@AltaAlpina.org	877-845-2454
Leon Malmed	Weekend Ride Coordinator	ridecoordinator@AltaAlpina.org	408-205-2800
Joseph Whiteley	Thursday Road Race Director	racedirector@AltaAlpina.org	775-265-1905
Thomas Walker	Road Cleanup Coordinator	trun@aol.com	210-392-2175
Bruce Eisner	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Carlo Luri	Bicycle Advocacy Coordinator	altaalpinaNICA@gmail.com	775-720-0754
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Brian Dempsey	Pinenut Cracker Coordinator	pnc@AltaAlpina.org	
Chris Cherrix	Spring Century Coordinator	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Frank Dixon	Death Ride Training Ride Series Coordinator	bikeboygo@yahoo.com	530-318-1574
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Andrew Bray	NICA Team Head Coach	mtnwallaby@gmail.com	
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Gregg Westerbeck	Social Media Coordinator	social@AltaAlpina.org	650-276-6951
TBD	Volunteer Coordinator	volunteer@AltaAlpina.org	

Newsletter Publisher: Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month at 6:00 pm..** Join us on **April 5 by Zoom Call.**