



PACELINE

**Alta Alpina
Cycling Club**

**Volume 8 Issue 2
March 2010**

Spring Membership Party

CVIC Hall, Minden NV – Monday April 12

6:00pm Food, Clothing Sales, Mingling

7:00pm Club News and Announcements

The annual Alta Alpina Spring Membership Party is the official kick-off for the cycling season in the Tahoe-Carson-Gardnerville area.

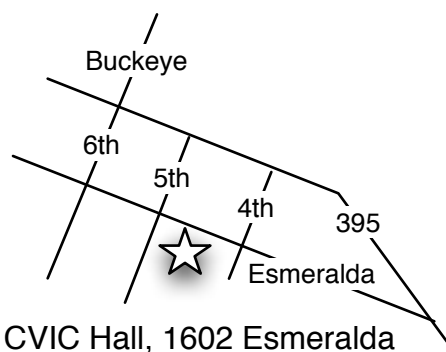
Highlights of the evening include:

- Free Pizza and Other Great Food
- Ride Leader Prizes
- 2010 AACC Clothing (Get your size before we sell out for the year!)
- Information about the new evening race series for 2010:
- Updates on the 2010 Weekend Ride Program, the Ride Board, the Gardnerville 100, the Death Ride, Carson Valley Road Race and Criterium, and the Pinenut Cracker

The annual spring membership party is a fun social event that is one of the many benefits of club membership.

To avoid spending time in line outside the party, please renew your membership if you haven't already done so. Print, sign, initial, and return the form that was emailed to you by April 8 or go online for a form. Know any friends or neighbors just getting into cycling? Bring them along and we'll sign them up at the door! Please try to carpool (or ride your bike) to the CVIC Hall.

Things will get started at 6:00pm with plenty of food and great people to meet. The presentations will start at 7:00 and conclude with prize winners. We'll send everyone home after 9:00 pm. See you there!



Have you Renewed Your Membership Yet?

Robert Braun, Membership Coordinator

You must renew your membership by April 17 in order to continue receiving the club newsletter.

If you received a 2008 membership form by email and everything is correct, just print it,

sign and initial where indicated, and mail with your payment.

If you need to update something on the form, just head to www.altaalpina.org and click on the Membership link.

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Let's Draft!

We'd like to see newsletter articles written by **you**.

Writing previews of the rides or races you love is an easy way to contribute to the Paceline. Just send in a few sentences describing your favorite ride or race, and entice a few more club members to participate in it. Get your article in about six weeks before the ride/race date to ensure they get printed in time. Or after a notable ride or race, send us a write-up on how it went. See Kevin Willitt's great Sea Otter article on page 4.

Send your submissions to Paceline@AltaAlpina.org.





Presidential Posting

Mel Maalouf, President

It has been a cold winter, but it seems short so far. I can't tell you how much I enjoy the weather where we live. It is always a refreshing delight to have some 50-60 degree days in January and February. I can say we had some nice riding days but we have had some great miracle powder days, too. When the snow is flying, I like to get in some aerobic work hiking up a mountain for a powder ski down. When the weather is warmer a nice spin feels like a hint of spring and keeps the spirits up.

This most recent weekend, my sister and I skied powder on Saturday, and on Sunday the first junior ride (with another senior) of the year went off with a ride in glorious 50 degree weather up to Virginia City, leaving from Bicycle Habitat. When my sister and I were driving up Kingsbury to ski, we were reminded that Kingsbury was her first climb of any significant size. She thought she could never do something like that, but with the right gearing and the right encouragement she made it up to the top and couldn't believe it. That is one of my favorite parts of cycling: encouraging riders to do things they thought they could never do and helping them technically, physically and mentally get to the top. So as we look to get more riding in as the weather warms so do the club activities ramp up and we see other riders on the road.

I again ask myself when I see others out there, why aren't they part of the club? I often say to myself that if someone is on a bike, has a bike rack on the car: they should be part of the club. Anyone who likes to ride bikes somewhat avidly should be part of a club that works to put on events and promote bike safety, bike routes and other bike advocacy agendas. So if you know others that are on the fence about joining a club and especially our club, if you live in our area you should encourage them to become part of an entity that is bigger than just riding a bike.

The Year to Come

We just finished the board meeting and 2010 looks to be exciting. The Challenge on 12 June is gaining momentum and looks to be going off smoother and be better attended this year. It will be an event to remember as we grow in rider numbers and accommodation to meet the rider's needs in only a way

Anyone who likes to ride bikes somewhat avidly should be part of a club that works to put on events and promote bike safety, bike routes and other bike advocacy agendas.

that fellow riders can serve. The Pinenut Cracker on 22 May looks to be growing as part of the Nevada State Mountain Bike Championship Race series and will have Nevada's first MTB Short Track event on the same day. Tentatively it looks like the Gardnerville 100 will be 30 May over Memorial Day weekend. I usually dread long rides, but I am super jazzed to get out for it this year. With the Tour of California going off in Nevada City on the 16th, the month of May could be our biggest month of the year -- if not, a great month to get the legs going for the summer.

Opportunities to Give Back

There are a few club events and activities that need someone to step up and take the lead. New faces are always welcome:

The King of the King (Kingsbury Time Trial):

Tentatively on 8 May, this first race of the Sierra Nevada Hill Climb Time Trial needs a director. The old director feels that a new face may be needed to keep the race fresh and exciting. If you know of anyone who is interested or you are interested, I am willing to work alongside the new person to get this event running this year. This is probably the easiest event to run: Get a permit, sign people up, and time them up the hill.

Road Clean up Coordinator: This is simply coordinating dates three time a year for litter pickup on our coveted stretch of Highway 89 by Turtle Rock Park, and possibly doing a ride afterward.

MTB Race Series Director: Organize 4-8 races at courses of the director's Choice: Pinenuts, Carson City, Lake Tahoe, even Kirkwood would like to have some races.

Junior Bike Team Assistant: Attend rides with the junior team and be available to lead rides when the lead coach can't make them. The kids are a great group of young people and it is always great to keep in touch with the youth.

Carson Valley Classic: We're looking to spread out some of the work from last year's race director. Positions available are: Volunteer Coordinator, Registration, Promotions/Prizes. If you think you might have some inclination, please contact Garth Jackson at gjacksonbsee@gmail.com.



Ride Leader Rewards 2010 and AACC Weekend Ride Schedule

Ellen Sherrill, Weekend Ride Coordinator

The Spring Membership Party on Monday, April 12th, kicks off our ride leader rewards program for the year 2010. As in 2009, the club is offering \$20 gift certificates to select local bike shops and stores to the first 10 individuals who can commit to leading a weekend ride sometime between April and November this year. In addition, anyone who leads a weekend ride during that time frame (having notified the Ride Director at least 2 weeks in advance so it can be posted in a timely fashion for the planning enjoyment of other club members) will be entered into a drawing at the End of the Year Party for two \$50 gift certificates. Additionally, the club member leading the most weekend rides will also receive a \$50 card for great free stuff to applaud their efforts.

So start looking at your calendars and think about what you'd like to head up, and when. We would love to see a large variety of folks leading rides, in varied terrain, at all sorts of paces and distances. Please don't be intimidated; whatever ride you'd like is the ride we'd like. Any sort of road or mountain bike rides are welcome. To schedule a weekend ride, please email me, Ellen, at ridedirector@altaalpina.org.

Regular Weekly Rides

The Ride Director is also looking for somebody willing to lead a regularly scheduled ride on a monthly basis (for instance, the 2nd Saturday morning each month). The nature of the ride (distance, pace, etc) will depend on the ride leader. If you have any interest in lending your time in such a manner, please email the above address. Remember, this individual would have a very good chance of winning the \$50 gift certificate for most rides led!

First 2010 Weekend Ride

Saturday, April 3, 2010 — Foothill Road to Woodfords and Beyond

Time: Wheels roll at 10:30

Ride Leader: Jennie Hamiter

Meeting Place: Bottom of Kingsbury, Carson Valley side

Mileage: 20 - 40

This will be an early-season, easy-paced ride with gentle climbs. Some riders will turn around at Woodfords (about 12 miles in) others will turn around at Markleeville (about 20 miles in). Rain or snow cancels ride. Contact Jennie at jenniehamiter@mac.com, or 775-782-4848.

Local Merchant Discount Program

We're excited to announce that local merchants who support AACC will be offering discounts to club members.

Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AaltaAlpina.org.

Show your AACC Membership Card at time of purchase. [If are an active AACC member, the mailing label on the first Paceline you received upon renewal has the club logo and note indicating that it is your membership card.]



For discounts from these local merchants, please visit the AACC website at www.AaltaAlpina.org



Sea Otter Classic 2010

Kevin Willitts

This year is the 20th for the Sea Otter Classic held in and around the Laguna Seca Raceway in Monterey. According to the literature, almost 10,000 participants and 50,000 spectators attended the four-day festival in 2008. This year the classic is being held April 15-19th (Wednesday through Sunday).

The Sea Otter Classic is one of, if not the biggest, cycling event for amateur enthusiasts in the western US. The neat thing about the event is that there is something for everyone. For road racers one unforgettable event is the circuit race which occurs right on the Laguna Seca Raceway. Crowds line the start/finish, with other spectators around the track, and it can feel like big time racing. Pretty much every discipline of cycling is represented. Racing is offered in crit, circuit and road for road racers (all on closed courses) and downhill, dual slalom, super D, short track and cross country for mountain bikers. Non-racers can enjoy a Gran Fondo or a mountain bike tour.

The Bike expo at ground zero (Laguna Seca) can keep any bike aficionado occupied for hours. Most of the new and exciting equipment is on display. Many of the booths offer show specials and raffles. Demo bikes and tech support are available from many of the bike and component companies that attend.

With the event being in mid-April be prepared for some weather changes. Often at least one day will be rainy. Ask Mel Maalouf about his rainy Cat 3 race from a couple years ago.

Camping is available at the raceway. Talk to Mel - he has taken a junior contingent most of the past few years. Lodging in Monterey can be a little pricey and most of the cheaper places (can you say Motel 6) will fill up early. Less expensive accommodations can be found in Salinas.

I have had a lot of fun and success in the 8 years that I have raced at Sea Otter. If you have never been it is definitely worth experiencing at least once.

For more information, go to:

www.seaotterclassic.com.



Steve Thomson, Russ Petrosky, and Jeff Ham work together in the Sea Otter road race



Traffic Skills 101 Smart Cycling Course

Tim Rowe, Bicycle Advocacy

Nevada Office of Traffic Safety sponsors Bicycle and Pedestrian Safety Education Program.

Traffic Skills 101 provides instruction and guidance in the basic principles of riding safely on the road and in traffic. Bicyclists have more fun, and are safer, when they ride with skill and confidence. The course combines classroom discussion (four hours) and parking lot activities with on- road practice of the principles of vehicular bicycling (five hours). The on-road experiences include quiet residential streets, minor arterials, multi-lane low- and moderate-speed arterials.

Topics will include: The Bicycle • Maintenance Basics • Clothing and Equipment Basics • Bicycle Handling Basics • Your Role in Traffic • Avoiding Crashes • Hazard Avoidance Maneuvers • Riding Enjoyment • Ride Etiquette • Helping Motorists Share the Road

Schedule: Friday, May 7, 6:00 – 9:00PM
Saturday, May 8, 9:00AM – 4:00PM

Location: Nevada Office of Traffic Safety,
107 Jacobsen Way, and streets of Carson City

Registration: \$25 (\$80 value)
Space is limited, so register early

The instructors for this course are certified by the League of American Bicyclists.

Future offerings may include a TS101 course tailored for law enforcement personnel, and a League Cycling Instructor seminar for those who wish to teach bicycle education.

For more information contact Dan Allison, srts.carson@gmail.com, 775-997-4937

More information is available at: http://allisondan.raincloudpub.com/bike_ed/ts101.shtml

Board Meeting Minutes— February 1, 2010

Secretary: Lauren Lindley; Other Board Members: Michael Bayer, Robert Braun, Pete Costa, Jennie Hamiter, Garth Jackson, Mel Maalouf, Joe Marzocco, Tim Rowe, Ellen Sherrill; Other Attendees: Christopher Rowe

1. Monthly Status Reports:

- **Treasurer's Report:** As of 1/17 \$40,856. Paypal balance: \$5,216 Essentially the same balance in January this year as last year. CD rates are not high, so it might be more beneficial to just put the money into a savings account that would yield better returns. Pete motions that we get a debit business card to link to our paypal account with a purchase limit of \$250 cash withdrawal and \$500 purchase. Motion passes.
- **Memberships:** 6 membership applications in. Robert is in charge of Spring Membership Party. Genoa Town Hall not available. Tentatively planning on CVIC Hall again on April 12, 2010.
- **Weekend Rides:** Discussion of a \$300-\$350 budget for the weekend ride series promotional gift certificates.
- **Newsletter:** Probably will not be a Feb newsletter. We will push it to a March newsletter.
- **Website:** Officers are updated. Blog supposedly works but needs to be tested. Discussion continues regarding the ability to have news titles scrolling on the main website. Password has changed and minimal people have the new one in order to minimize security breach problems. Mel would like to add an analytical statistic.



- **Weekly Road Races:** Di not in attendance.
 - **Weekly MTB Races:** Still need a race series leader.
 - **Junior Team:** Mel is looking for an assistant coach.
 - **Gardnerville 100:** Chris Rhiner is willing to run the event again. May not want to hold the event on May 16th due to the beginning of the Amgen Tour of California. We held the event on Memorial Day weekend last year.
 - **Pinenut Cracker:** May 22nd.
 - **Carson Valley Classic:** All paperwork is in to USA Cycling for the event. We put in a request to do the Master's Road Race Championships but currently do not have the hosting of the crate championships.
 - **Kingsbury Time Trial:** Reno Wheelman have proposed May 16th as the day, but that is the same weekend as the start of Tour of California in Nevada City. Will try to renegotiate the date.
 - **Genoa Cyclocross:** Corey Bolton was talking about continuing with the Kirkwood series in the fall.
 - **Bike Advocacy:** Reno Tahoe Region Bike Summit on Wednesday organized by Tim Helion.
- Tim Rowe is trying to go to the National Bike Summit in Washington DC through NDOT.
- **Adopt A Highway:** Highway 89 is adopted. No date for first clean-up. Pete would like to have someone else take over the clean-up organization.
 - **Clothing:** Two weeks until we order. We will base the order on our stock levels at the beginning of two years ago.
2. **Vote on Organizational Members:** Pete motions that we carry over the list from last year and make changes as needed in the future. Motion passes.
 3. **Yahoo Groups as a Discussion Forum for the Club and Those Interested in the Club:** Mel will send out an email to the database regarding our new social network ventures. Check us out on Facebook!
 4. **Request for Budgets:** All those without a budget submitted by the next board meeting will have the budget reduced by 10%.
 5. **Comments about Direction of Club for 2010:** No comments yet received from club members.
 6. **Alta Alpina Challenge:** 25 riders registered.
 7. **Next Meeting:** Monday, March 1st, 2010 in the Gardnerville Ranchos, 6:00 PM at Pizza Factory.

Board Meeting Minutes—March 1, 2010

Acting Secretary: Jennie Hamiter; Other Board Members: Michael Bayer, Diane Bolton, Robert Braun, Pete Costa, Garth Jackson, Mel Maalouf, Ellen Sherrill

1. Monthly Status Reports:

- **Treasurer's Report:** Pete reported \$42768.88 in the club checking account, at 0.2% interest rate, as of last bank statement. \$6005.52 still in PayPal account. Pete has obtained a club debit card so that we can get the Wild Sierra money from PayPal. Signature card for writing checks still needs to be signed by Curtis Fong. After signature cards are signed, a certificate of deposit will be considered for funds we don't need access to in the near future.
- **Memberships:** Robert reported that 14 members have renewed for 2010, plus about 10 more were received tonight from the post office box. Robert will send renewal reminders about once a month to the membership. Membership form will now be multi-year, non-expiring. In 2011 we will have Paypal payment ability.
- **Weekend Rides:** Ellen reported that this year's budget includes gift certificates for ride leaders: two gift certificates for an end of year raffle for all weekend ride leaders.
- **Newsletter:** Jennie reported that we did not have a February newsletter, but the March



newsletter will come out by the end of this week.

- **Website:** Mel reported that there have been glitches sending out emails to the club. Mel and Michael will discuss later.
- **Weekly Road Races:** Di passed out schedule of this year's races. Insurance last year was good for all our races from April until August. The board discussed that insurance should extend into December to cover all other club races. Insurance rates are per overall rider count base on estimated number of racers.
- **Weekly MTB Races:** Still looking for a race director. Discussed the value of having a MTB race series - it appeals to a wider range of riders than the typical AACC (road) rider.
- **Junior Team:** First junior team ride was yesterday (Sunday).
- **Gardnerville 100:** Chris Rhiner has said that she and Jim could host this ride again this year. We need to see if Memorial Day weekend works for her. Mel will talk to Curtis Fong to see if he can SAG.
- **Pinenut Cracker MTB Race:** Scheduled for Saturday, May 22, roughly the same course as last year, first start time 11 am. PNC will be part of the Nevada Cup, Nevada State Championship Series, which will cost us \$250 which gets us advertising at a bunch of races in Nevada and California. PNC will include a short track race this year, at 5pm. The only added expense for us is for prizes. Discussed charging less for the short track race, discount more for racing both. Short track prizes will be modest.
- **Carson Valley Classic:** Road Race will be the Master's District Championship, but the crit will not. There is a crit scheduled for that same day in Auburn. Garth feels that better prizes, local support like CVI discount to racers, would attract more racers. If the crit is held on Sunday, it will conflict with a new crit in Auburn. Mel will talk to the Auburn group to see if they could change their date. Discussed problems with sportsbaseonline.com for online registration -

Garth is looking for a new website for signups.

- **Kingsbury Time Trial:** Will be part of the Sierra Nevada Hill Climb Time Trial Series, tentative date in the series schedule is 16 May, but that's the same weekend as Amgen Tour of California. Still looking for a race director.
 - **Cyclocross:** Club members have shown enthusiasm for holding races at Kirkwood and Indian Hills. These would be held in the fall.
 - **Bike Advocacy:** The Reno Bike Summit was well attended, but the club did not have a presence due to last minute schedule changes. Tim Rowe is in Washington DC for League of American Bicyclists' National Bike Summit.
 - **Clothing:** New clothing (same design) will be available at Spring Party.
2. **Spring Party:** CVIC Hall in Minden, Monday, April 12. Pete Costa will look into printing flyers.
 3. **Silicon Valley Community Foundation Grant:** Mel has applied for a grant on behalf of the club, for community development: junior team, road cleanup, and general support.
 4. **2010 Budget:** Membership dues are staying the same. Tahoe Fracture Clinic will provide another \$500 sponsorship this year. We discussed issues for all budget line items. The majority of the budget was passed, with budget for road race series finalized at the April board meeting, and budget for Wild Sierra to be discussed as its own topic. The finalized budget will appear in next month's newsletter.
 5. **Alta Alpina Challenge/Wild Sierra:** Michael presented the budget. We need 315 riders to break even; 450 riders would provide the club \$7200 profit. Michael presented expense/revenue charts for both. 40 riders have signed up as of today. Pete suggested adding \$1500 remuneration, which the board approved. Board approved of expenses for maximum of 450 riders.
 6. **Next Meeting:** Monday, April 5, 2010, 6 pm, Pizza Factory in Gardnerville.



Alta Alpina Cycling Club

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 www.AлтаAlpina.org

MARK YOUR CALENDARS

- Daylight Savings Starts .Sunday, March 14
- First Club Ride ...Saturday, April 3
- Spring Party ...Monday, April 12
- First Evening Race .Thursday, April 22
- Pinenut Cracker ..Saturday, May 22
- Wild Sierra .Saturday, June 12

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AлтаAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Mei Maalouf	President	president@AltaAlpina.org	775-782-9652
Curtis Fong	Vice President	tgft@bikethewest.com	775-588-9658
Lauren Lindley	Secretary	llindley@pearlizumi.com	
Pete Costa	Treasurer	dlgaskin@earthlink.net	775-782-8493
Robert Braun	Membership Coordinator	robertingville@yahoo.com	
Ellen Sherrill	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Di Bolton	Thursday Road Race Director	di.bolton@charter.net	775 782-4729
Robert Braun	Pinenut Cracker Mountain Bike Race	robertingville@yahoo.com	
Pete Costa	Road Cleanup Coordinator	intandempc@aol.com	
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Garth Jackson	Carson Valley Classic	gjacksonbsee@yahoo.co	206-459-9075
Mei Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Dennis Pederson	Website Coordinator	webmaster@altaalpina.org	775-883-2390
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

Newsletter Editor:
 Jennie Hamiter
 Newsletter Publisher:
 Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **April 5** at the **Pizza Factory** in the **Gardnerville Ranchos.**