



PACELINE

**Alta Alpina
Cycling Club**

**Volume 6 Issue 2
March 2008**

Spring Membership Party

CVIC Hall, Minden NV – Mon April 14

6:00pm Food, Clothing Sales, Mingling

7:00pm Club News and Announcements

The annual Alta Alpina Spring Membership Party is the official kick-off for the cycling season in the Tahoe-Carson-Gardnerville area.

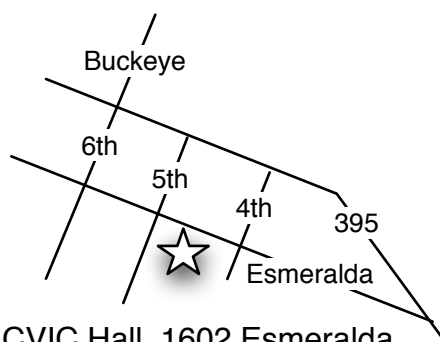
Highlights of the evening include:

- Free Pizza and Other Great Food
- Ides of March Mileage Winners
- 2008 AACC Clothing (Featuring brand new club jersey design!)
- Information about the new evening CVIC Hall, 1602 Esmeralda race series for 2008: Tuesday Night Mountain Bike Races and Thursday Night Road Races
- Updates on the 2008 Weekend Ride Program, the Ride Board, the Gardnerville 100, the Death Ride, Carson Valley Road Race and Criterium, and the Pinenut Cracker

The annual spring membership party is a fun social event that is one of the many benefits of club membership.

To avoid spending time in line outside the party, please renew your membership if you haven't already done so. Print, sign, initial, and return the form that was emailed to you by April 10 or go online for a form. Know any friends or neighbors just getting into cycling? Bring them along and we'll sign them up at the door! Please try to carpool (or ride your bike) to the CVIC Hall.

Things will get started at 6:00pm with plenty of food and great people to meet. The presentations will start at 7:00 and conclude with the winners of the Ides of March contest. We'll send everyone home after 9:00 pm. See you there!



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Let's Draft!

This year we'd like to see newsletter articles written by **you**.

Writing "previews" of the rides or races you love is an easy way to contribute to the Paceline. Just send in a few sentences describing your favorite ride or race, and entice a few more club members to participate in it. Get your article in about six weeks before the ride/race date to ensure they get printed in time.

Or after a notable ride or race, send us a write-up on how it went.

Send your submissions to Paceline@AltaAlpina.org.

Have you Renewed Your Membership Yet?

Michael Bayer, Membership Coordinator

You must renew your membership by April 17 in order to continue receiving the club newsletter.

If you received a 2008 membership form by email and everything is correct, just print it,

sign and initial where indicated, and mail with your payment.

If you need to update something on the form, just head to www.altaalpina.org and click on the Membership link.



AACC Weekend Ride Schedule—April

Twain Berg, Weekend Ride Coordinator

Saturday, April 5, 2008 — Saturday Morning Ride

The Saturday Morning Ride has become a well attended fast paced training ride for strong riders. The route is the same each week. Starting at Big Daddy's Bike Shop in Gardnerville, it is a loop ride within the Carson Valley without any long sustained climbs but the pace and many sprint points make up for it. The actual pace is determined by the riders who show up on any given Saturday. Slower riders may get dropped but there are many shorter ways back to the start if you do not wish to continue alone. Riding and staying with the SMR group is a rewarding goal to achieve. Lead by Robert Braun and Simeon Dзамov.

Saturday, April 5, 2008 — Party Pardee Ione, CA

While registration is now closed for Party Pardee this ride is well attended by Alta Alpina riders. It is held in the foothills of the western Sierras with many moderate climbs totaling about 4,500 feet of climbing. Support, food and entertainment are excellent. Camping is available at Pardee Lake Recreation Area. See www.bikehikers.com for more details.

Saturday, April 12, 2008 — Saturday Morning Ride

See details above.

Sunday, April 13, 2008 — Carson City/Virginia City/Lousetown Loop

This will be a medium paced road ride of about 50 miles and 2,500 feet of climbing including one big climb and some smaller climbs. We'll make a figure eight by taking Hwy. 50 out past Dayton to 6 Mile Canyon, up to Virginia City, over Geiger Grade to Lousetown, back up to Virginia City, and down the truck route back to Carson. Be prepared for possibly chilly temperatures, since it stays high once you get to Virginia City.

Saturday, April 19, 2008 — Saturday Morning Ride

See details above.

Sunday, April 20, 2008 — Alta Alpina Earth Day Hwy 89

Cleanup and Club Ride

Join your friends of the Alta Alpina Cycling Club at 9:30 AM in cleaning up OUR section of Highway 89. Clean up and ride time varies with the season and is scheduled 3-4 times a year. Meet At Turtle Rock Park (on Hwy. 89 between Woodfords and Markleeville). Bring gloves and wear appropriate clothing for walking and possible foraging through weeds and brush. We will supply Starbucks coffee, muffins, danishes, "A Pat On The Back" and, oh yeah, helmets, bags, pick up sticks, and safety vests. Ride to follow with destination and length being decided by those who volunteer.

Saturday, April 26, 2008 — Saturday Morning Ride

See details above.

Sunday April 27, 2008 — Wildflower Century Rides

The Wildflower offers a full Century and shorter/easier routes through the foothills of the western Sierras with 3 moderate to hard climbs—about 4,500 feet of climbing. Registration is currently open and it is well attended by Alta Alpina riders. Support, food and entertainment are excellent. Camping is available at the fairgrounds start site. See www.chicovelo.org.

Ides of March

This year we have decided to try some new ideas for the annual Alta Alpina Mileage Contest. There is nothing better than knowing how others are doing to spur competition. So participants are encouraged to email or call in their miles once a week. The Ride Coordinator will make a table showing participants and their accumulated miles and place a link on the Alta Alpina Website for all to see. The final tally will be made at the Alta Alpina Membership Meeting April 14 and posted on the website. Members who have no internet access can request to be updated at the end of each week by phone.

No prizes this year with the current budget considerations, just the undying admiration of your peers. Winner need not be at the Membership Meeting but we would love to see you there!

Enter simply by emailing the Ride Coordinator (me) at ridedirector@altaalpina.org or if you do not have internet access call Twain at 775 265-4373. All that is needed is your name, email address and phone number. All outside miles count with no difference between road, mountain or racing. Miles count from Monday March 15 through Sunday April 13. Mileage Report Dates:

March 23 By email or phone

March 30 By email or phone

April 6 By email or phone

April 13 By email, phone or at Membership Meeting on April 14

Participants will receive a reminder to send in miles on each report date. Ride, Report, Ride!



Presidential Polling, Picked aPart

Jennie Hamiter, President

Club Survey

Remember the club survey that you took a couple months ago? We haven't forgotten about it. In fact, I'd like to use this space over the next few months to address the issues that were brought up in your responses.

Thanks to all 85 people who did respond. I had asked you to answer questions honestly at the expense of being nice, and some of you came through with flying colors! My experience is that most of you don't want to complain about something even when you should, so the survey seemed like a good way to find what people are really thinking. But MOST of your responses were still pretty nice anyway.

The Paceline Online

Let's start RIGHT HERE - with the newsletter. The number one comment we had on the newsletter is that it should be available online, and not be mailed out. In fact, it's been an option for the last couple years to receive an email with a link instead of the paper copy, but clearly this hadn't been communicated. So it's being communicated now. You can go onto AltaAlpina.org, the Membership page, Join/Renew/Update, follow the buttons to "Update Profile", then at the bottom of the page you should see button choices for how to receive your newsletter. Save the club the cost of printing and postage, and save a tree.

Ride/Race Previews/Reviews

Another comment was that Paceline articles written by the same people each month get "boring." GREAT. So let's have more Paceline articles written by different club members. In particular, I'd love for you guys to generate ride or race previews or bike event reviews. Ride/race previews are fun to write, and can be just a few sentences that sell people on your favorite upcoming cycling events. Easy, huh? You can write

them early in the year, and we'll put them into the appropriate newsletter - do send them in at least 6 weeks early to ensure they're printed in time. Or after an event, why not send us a couple high-resolution pictures, with captions, to capture the fun. Such simple ways to share the love. Send all submissions to: paceline@AltaAlpina.org.

Local Ride Maps

One neat idea from the responses was to have one page of the newsletter printed with a mountain bike ride map on one side, and a road ride map on the other. This echoes something I hear from time to time, that we should have profiles and cue sheets of favorite local rides available—usually it's in regards to having them available on the website. Thing is, we need someone to take this on. If any of you are inspired to share your knowledge of local rides as well as gather suggestions from others, especially if you know of good mapping software, contact me and we'll discuss how to get it done. Mapping the mountain bike trails in the Pinenuts will be quite a bit more challenging than mapping road rides, but whichever you're interested in, give me a shout.

The [survey results](#) are on the website now, in case anyone would like to see. The club board has been referring to these results now to set the agenda and the budget for the 2008. I've been on the board now for 7 years (yikes!), so I know that we've always just had to guess, based on hearsay, what club members want, and that view can be quite skewed. Having survey results makes our jobs a lot easier, and hopefully we'll become a better cycling club for it.

More Thank-Yous

Tammy Lundquist left the club board after her 2007 term. Thanks to Tammy for designing the club sweatshirts and making them a reality, and for her work as 2007 Weekend Ride Coordinator.

Reno Regional Transportation Commission Meeting

The RTC 2040 Plan Steering Committee will be discussing the Bicycle and Pedestrian Element of the Long Term Plan on April 10th at 6:30pm on the 4th floor of the National Bowling Stadium. THIS IS WHERE AREA BIKE LANES AND PATHS ARE BORN. If lots of bicyclists come to this meeting it will send a clear message to the RTC and the Committee that good bicycling facilities are an important part of the Truckee Meadows transportation system and should be adequately funded. So please come. You need not speak. Having a room full of passionate bicyclists will say all the Committee needs to hear. If you ride a bicycle to the event, bring it with you to the meeting.



News From the Thursday Night Race Director

Di Bolton, Thursday Night Road Race Director

Hi and welcome to the 2008 race season. I am looking forward to the upcoming season and am hoping to see all the regular faces and a lot of new ones at the races! Rufus is ready to see everyone too. He has his jersey ready and has been working out on the treadmill. It is

hoped that we will have a lot of beginners show up this year. Please don't be intimidated come out and give it a try. I have tried to have courses that will challenge every level of racer.

2008 Race Schedule (Subject to Change)

4/24	Foothill Time Trial (no points)	6/19	Kingsbury Time Trial	7/24	Diamond Valley Road Race
5/1	Diamond Valley Road Race	6/24-26	Tri-Valley Stage Race	7/31	Blue Lakes Time Trial
5/8	East Valley Criterium	6/24	Jacks Valley Time Trial	8/7	East Valley Criterium
5/15	East Valley Time Trial	6/25	Diamond Valley Road Race	8/14	Club Challenge - AACC: Diamond Valley Road Race
5/22	Diamond Valley Double Back	6/26	East Valley Criterium		
5/27	Club Challenge in Reno (TBD)	7/3	Diamond Valley Road Race	8/21	Foothill Time Trial
6/5	East Valley Criterium	7/8	Club Challenge in Reno (TBD)	8/28	Diamond Valley Short Race and Pizza Party
6/12	Club Challenge - AACC: Eagle Ridge Criterium	7/17	Starbucks Criterium		

Please make sure to check the Alta Alpina website for the latest updates on the Road Race Series.

Race Fees—\$5 for club members; \$10 non-club members. Club Challenges \$5 for AACC and RW Club Members. Punch cards will be available, they will be 6 races @ \$30.00. I will keep the cards filed and will punch them when you ride. This will eliminate your having to carry cash/checks every week. (Cards are not valid for the Tri-Valley Stage Race, see below).

Numbers and Finishes—You will get a number at the start of the season/your first race. You will need to keep this number all season. I will have the sign in sheets set up after the first race with your name and number on it and will use them thru out the rest of the season. This should speed up registration. If you lose your number you will be charged \$ 1.00 for a new one. We will not use the "tags" this year. We will have a camera at the finish as well as spotters (volunteers needed for this). It will be your responsibility to be aware of where you finish and to check in at the end of your race to make sure you are placed correctly.

Tri-Valley Stage Race—I have plans for a Tri-Valley Stage Race June 24, 25, and 26: Three days, Three valleys, Three courses. This will be a separate series and will not count toward the overall points. Pre-registration required. Sign up at the Thursday Night Races prior to June 12th or call Di @ 782-4729. \$20.00 for the three days. The fee will cover snacks, prizes for 1st place, etc. If there is not enough interest and pre-registration we will cancel the Stage Race and have a regular Criterium race on Thursday.

Diamond Valley Double Back—We will start in the parking lot, heading out to the right towards Hwy 89 and down to 88 (the same as in the past). C's and D's will make one lap around Carson River Road to Diamond Valley Road (just before the "regular" finish). There will be a left onto "little" Diamond Valley Road. Next, we will head up to Hwy 89 make a right onto hwy 89 for about a 1/4 mile, and turn right back down Diamond Valley Road heading in the opposite direction from the start and looping back around to make the left back onto Carson River Road to the finish. The A's and B's will do two regular laps, then take the same left at Diamond Valley Rd to do a reverse lap same finish as the C's and D's.

East Valley Time Trial—We will start on East Valley just north of Tolar and end at Johnson Lane.

Club Challenge - AACC: Eagle Ridge Criterium—We will start at Adams Ranch Rd and Eagle Ridge in Genoa. The road is almost brand new.

Donations Needed—Last year you all were awesome and brought some great items for the preems. Let's do it again this year! If you have any new clothing, socks, bottles, fresh energy foods/ juices, gift certificates or know anybody that does or can think of anything else that would be fun to give out bring them to the Spring Party.



AACC Member Profile:

Di Bolton

AACC Member since: 2005

Current Residence:
Gardnerville, NV

Immigrant from: Redondo Beach, CA

Résumé:
10 years in the bicycle industry - buyer, manager. Currently Customer Support, Sales and Marketing.

Bikes I ride: Cannondale R1000 and Cannondale tandem w/ my husband Corey

My cycling style is...: Let's have fun and see the country



Favorite Rides/Races:

Solvang Century and Prelude, Rosarito Ensenada, Cool Breeze Century, Tour de Tahoe, earlier years.....MTB at Big Bear, Mammoth Mtn, Utah, Canada.

Favorite Post-Ride Food:

Pasta and more pasta, big juicy hamburger

Other Sports & Pastimes:

Snow and Water Skiing, hiking, camping

Ambitions/Aspirations:

Help and encourage others to achieve cycling goals

My Motto or Inspired Quote:

"Can't, never did anything!"

Grab Bag:

Love the outdoors !

2008 Nevada Cup

Northern Nevada State Championship Series

If you would like to participate in the NORBA Nevada state championship mountain bike race series check out the Reno Wheelman website at:

www.renowheelman.org,

Some of our members will be participating in all of them, so carpooling is an option. The 2008 Nevada Cup is an opportunity for local racers to be recognized for their achievements at the various ability levels, to have fun and stay fit through mountain biking and to determine the Nevada State Mountain Bike Champions in their various categories and classes.

The event is sponsored by Alta Alpina, Churchill County Parks and Recreation, Reno Wheelmen, Nevada Cycling (University of Nevada, Reno).

The dates for the series are set for:

- May 4 Jetway Chevrolet Rainbow Ridge Challenge - Fallon
- May 24 Pine Nut Cracker - Gardnerville
- May 31 Peavine Challenge - Reno
- August 17 Sky Tavern Classic - Reno

TRPA Public Participation Plan

Karen Fink, Transportation Planner

The Tahoe Metropolitan Planning Organization has posted its second draft Public Participation Plan on its website at <<http://www.trpa.org/transportation/ppp.pdf>>. The comment period is open until May 7, 2008.

The Public Participation Plan is a document that defines a process for providing citizens, affected public agencies, and other interested parties with opportunities to be involved in the regional transportation planning process. The document was developed based on input gathered during the March 2008 Transportation Roundtables, on-line and written surveys collected in early 2008, and comment on an initial draft circulated in August, 2007. Most importantly, the document should reflect the many suggestions made by different members of the public and public stakeholders as to the best ways to communicate public participation opportunities.

Tahoe residents, please read the plan, and send comments to Karen Fink at kfink@trpa.org, or write to Tahoe Regional Planning Agency
PO Box 5310, Stateline, NV 89449



Alta Alpina Ride Postings

Twain Berg, Weekend Ride Coordinator

Club Rides do not happen by magic!

A diversity of Clubs Rides become available when members with different levels of ability create, lead, and post them to the Ride Board or email me, the Ride Coordinator. If you are looking for rides of a certain kind and don't see them on the calendar, email me at ridecordinator@altaalpina.org or call me at (775)901-6043 and I will help you create and post a ride. You are likely to find many other like minded riders to join you. Also contact me with ideas for the website.

Ride Board

The Ride Board is where all upcoming riding opportunities and club events can be found. Go here to find everything from weekend rides to spur of the moment local rides. You can sign up to lead a weekend ride by contacting me or just post an invitation for others to join you on a ride of your choice anytime by posting directly to the ride board. As Ride Leader, you choose the time, place, route, terrain and pace.

Ride Series

Club members have established long standing rides that occur on a weekly, monthly, or yearly basis. Many members have come to depend on these rides for training, socializing, or both! A new page on the website will list ride series with maps and route slips. Interested in leading a series? Please let me know!

Route Descriptions, Maps, and Route Slips

I'm also compiling a collection of local routes with maps and route slips for the website. If you have created any of these, please submit them to me. They might be routes created with Google Earth Maps, Map My Ride, Bikely, TOPO or another web based route program.

Ride Leader Guidelines and Non Member Liability Release Form

Please review these guidelines. Nonmembers may ride club rides but they need to sign a club waiver. If you're leading a ride, please download and print the liability waiver and bring it with you.

AACC Member Profile:

Chris Rhiner

AACC Member since:
2007

Current Residence:
Gardnerville, NV

Immigrant from:
Mammoth Lakes, CA

Résumé:
20 years in the Eastern Sierras, hiking, biking, snowboarding, skiing, backpacking, waterskiing, wakeboarding.

Bikes I ride: Lemond

Cycling style is...: Let's go, but I am not terribly fast

Favorite Rides/Races:

Any ride with other women! As for organized rides, Cycle Oregon was tops!.



Favorite Post-Ride Food:

Chocolate milk, but not that picky after a long ride, just don't deny me my meal. You don't want to see what happens, it's embarrassing.

Other Sports & Pastimes:

Yoga and the above mentioned.

Ambitions/Aspirations:

Maintain fitness, experience all life has to offer.

My Motto or Inspired Quote:

" When you come to a fork in the road, take it!"

Grab Bag:

Never did I think I would learn to love my road bike in just one season. The right seat helped, along with proper fitting shoes, and a good pair of shorts- women specific items.

Favorite reason to keep cycling : Animal sightings and of course the fitness. Best sighting was a herd of wild pigs (javalina) in the Grand Canyon area. The scariest, a coiled sidewinder rattlesnake in Big Pine (pre-run over by another cyclist).



Board Meeting Minutes—March 3, 2008

Acting Secretary: Darla Mazzoni; Other Board Members: Michael Bayer, Mike Beam, Corey Bolton, Diane Bolton, Robert Braun, Pete Costa, David Gaskin, Jennie Hamiter, Mel Maalouf, Dennis Pederson, Steve Thomsen, Christine Zombro

1. **Press Release:** A suggestion was made that AACC release a statement to Cycle California stating that the AACC is no longer involved with the Death Ride. This was approved by the board.
 2. **Review of Organizational Members:** Added to the list is Bike Habitat. Removed is Alpine Chamber of Commerce. List approved by board.
 3. **Mountain Bike Race Series:** Six events planned between 5/21 and 6/25. Looking for a different place to hold races that is not BLM land. BLM charges \$4 per rider. BLM is giving us 1 free year (2007). Mt races will be held on Tuesday evenings. The flyer will be ready by Spring party. A member asked if Mike could ask the BLM to waive the \$250 fee because AACC donated \$600 for railroad ties and made improvements to the area we use to race.
 4. **Mileage Reimbursement Policy:** Amended to include conference calls to board meetings. The board did not adopt the proposed policy of reimbursing board members for gasoline to and from board meetings.
 5. **New Club Event:** Mel discussed expanding the Pine Nut Cracker and CVC, possibly making them an endurance race. Mel will look into this.
 6. **Budget 2008:** Clothing was changed to \$4,000. 2008 budget approved by the board.
 7. **Spring Party:** The party will be Monday, April 14 2008. Pizza, homemade cookies and soft drinks will be served
 8. **Monthly Status Reports:**
 - **Treasurer's Report:** We have \$27,176.20 in the bank, with \$30,000 placed in a CD at El Dorado Savings Bank at 3.54% interest.
 9. **Next Meeting:** Monday, April 7, 2008, 6 pm, Lake Tahoe Pizza Hut (3599 Lake Tahoe Blvd.).
- **Newsletter:** The newsletter deadline is Friday before the board meeting.
 - **Memberships:** Registrations are arriving.
 - **Website:** Rideboard is spam filtering msn.com and hotmail.com address. This will be fixed shortly.
 - **Weekend Rides:** Twain absent.
 - **Weekly Night Races:** The schedule is done. Possible crit at Starbucks factory. Insurance paperwork done. There will be a 6-series punch card this year. Possible stage race planned on 6/24/25/26.
 - **Bike Advocacy:** Tim absent.
 - **Junior Team:** No report-Mel left early.
 - **Carson Valley Classic:** The CVC is scheduled for July 26 and 27. Registration is set up. Permits are being worked on. Discussed selling t-shirts. Steve will look into this.
 - **Adopt-a-Hwy:** No date as yet, Will have date by Spring party. Will continue to maintain same stretch of HWY in Markleeville.
 - **Pine Nut Cracker:** In the process of filling out paperwork for NORBA
 - **Clothing:** Garth absent. Board looked at proof from Voler. The clothing will arrive at Bike Habitat on 3/24/25. Dennis of Bike Habitat, would like to have an AACC clothing party, for the debut and sales o distribute the clothing.

Local Merchant Discount Program



For discounts from these local merchants, please visit the AACC website at www.AtaAlpina.org



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

- Virginia City Loop Sun. April 13
- Spring Party Mon. April 14
- Earth Day Cleanup+Ride Mon. April 20
- 1st Thursday Night Race Thu. April 24
- Gardnerville 100 Sun. May 18
- Pine Nut Cracker Sat. May 24
- Save the Date Sat. June 14

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Jennie Hamiter	President	president@AltaAlpina.org	775-782-4848
Darla Mazzoni	Vice President	tdmazzoni@att.net	530-577-0122
Darlene Wisma	Secretary	dwisma@yahoo.com	
David Gaskin	Treasurer	dlgaskin@earthlink.net	530-541-6472
Michael Bayer	Membership Coordinator	membership@AltaAlpina.org	
Twain Berg	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-901-6043
Mike Beam	Wednesday Mountain Bike Race Director	mikebeam8183@yahoo.com	775-267-6812
Di Bolton	Thursday Road Race Director	di.bolton@charter.net	775 782-4729
Robert Braun	Pinenut Cracker Mountain Bike Race	robertingville@yahoo.com	
Pete Costa	Road Cleanup Coordinator	intandempc@aol.com	
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Dennis Pederson	Website Coordinator	webmaster@altaalpina.org	775-883-2390
Christine Rhiner	Paceline Editor	paceline@AltaAlpina.org	760-914-0105
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Steve Thomsen	Carson Valley Classic	steve@ryderhomes.com	775-267-3538

Newsletter Editor:
 Christine Rhiner
 Newsletter Publisher:
 Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Gardnerville Ranchos and Lake Tahoe.. Join us on **April 7** at the **Lake Tahoe Pizza Hut** (3599 Lake Tahoe Blvd.)