



PACELINE

**Alta Alpina
Cycling Club**

**Volume 22 Issue 5
June 2024**



Inside this issue:

<i>Presidential Posting</i>	2
<i>Weekend Ride Schedule</i>	2
<i>Cyclorama</i>	3
<i>Kingsbury Time Trial</i>	4
<i>Thursday Races</i>	5
<i>Board Meeting Minutes</i>	7

Alta Alpina Challenge: Riding the Wild Sierra June 29, 2024

Michael Bayer, Challenge Director

Alta Alpina’s reputation for producing world-class cycling events has spread far and wide. We continue to build back after the set-backs of Covid, the big fires, and last year’s temporary venue. We’re delighted to finally put all the Covid mitigation protocols behind us and return to a pre-Covid format.

Endurance cyclists from far and wide are traveling here to pit themselves against the 8 Pass Challenge—the Toughest Double Century in the World. However the “Brush with Death” option (a training option for the Death Ride) is very popular this year as an extension of our popular Training Ride Series. The option to build a personalized ride from our menu of passes is also quite popular this year.

VOLUNTEERS NEEDED

Thank you to everyone who has already volunteered to help.

We still need volunteers at all hours of the day on June 29 from the wee hours of the morning to late in the evening. We’re also looking for volunteers to help with registration and setup on June 28 as well as other days leading up to the ride and we’d really appreciate all the help we can get on the morning of Sunday June 30.

We are in particular need of people with trucks and cars with trailer hitches to move gear and supplies before, during, and after June 29.

We need people with medical backgrounds, HAM radio license, and motorcycles. We even need people who can volunteer time working from home.

Please contact me at challenge@altaalpina.org and let me know when you’re available to help out with this annual fund raiser for the club.

Encourage Your Friends to Register and/or Volunteer!

Another way you can help to make the Alta Alpina Challenge a success is to encourage your friends to register to ride with us. We keep the ride small but we’re not sold out yet. With so many new cyclists in our area and a \$5 discount for locals, we really want to get a good community turnout. The range of ride options we have available makes the Alta Alpine Challenge quite unique. Registration closes when we sell out of spaces. Please do what you can to recruit some new participants!



Presidential Posting

Bruce Eisner, President

The Season is in Full Swing

Summer weather is here and the big passes are open and full of cyclists. Hope you're out and about on your bike as well.

The Death Ride Training Series is in its 3rd year and interest has spiked this year with the help of co-marketing through the Death Ride Website and Registration platform. The next ride in the series takes place this weekend on June 15. It's an awesome route from Markleeville to Lake Alpine and is open to all club members to ride as club ambassadors. We'll have about 40 registered participants, so come ride and share your knowledge and don't be put off by the "Training Series" bit in the name, we're hosting people across the spectrum of riding experience. The series helps riders building up to completing endurance rides in the mountains and familiarize themselves with the local passes. They'd love to have more club members to ride and chat with. And we'd love to grow the series - it could become a useful source of revenue for the club.

The "Brush with Death" is a ride option within the Challenge itself, on June 29. Unfortunately you'll miss that one, as you'll be busy with volunteering for the Challenge- won't you? If not (yet), please contact challenge@AltaAlpina.org to pick your spot. Your club needs you!

Have you been joining any of the other club rides recently? We're working hard to ensure there are always plenty to choose from. Lyn Willoughby is our Weekend Ride Director and he has a number of club members organizing rides throughout the season. But don't fall into that "Oh I'm not fit enough at the moment" trap. Just how do you plan to climb out of it? The only way, of course, is to climb out of it! So check the rideboard, join some rides, pace yourself to enjoy a sociable chat, turn back when your legs or lungs really insist, and watch that fitness improve week by week.



AACC Weekend Ride Schedule—June

Lyn Willoughby, Weekend Ride Coordinator.

Saturday, June 15, 2024 — Training Series: Markleeville to Lake Alpine

Meet behind the Markleeville General Store (99 Water St, Markleeville), ready to ride at 9:00am. All club members are welcome as Alta Alpina hosts this 4th ride in the training series for non-club members, training for both our Alta Alpina Challenge and the Death Ride. This ride is a club favorite and features a whole lotta climbing: Ebbetts Pass and Pacific Grade outbound, and Ebbetts West on the way back. Since it's out and back you can join us for just part of the ride if you'd like. There will be snacks and drinks mid-ride at a rest stops as well as at the end. Club members will serve as ambassadors: you're not expected to be an expert coach, just be friendly and helpful, ride with or wait for the participants that are closest to you in speed, and preferably you've ridden all parts of the route before. We need club members of ALL speeds on these No-Drop rides, so please join us! Please wear a club jersey if have one. We also need people to staff the rest stops. Please contact Jennie (jenniehamiter@mac.com) if you're able to help with a rest stop, or if you have any questions about the ride.

Saturday, June 22, 2024 — First Highway Clean-Up

Meet at the Turtle Rock Park Community Center at 8:00am. This is first highway cleanup for the season. It's an easy way to help the club, the environment, and your community! We'll meet at Turtle Rock Park community building at 0800 and spend an hour cleaning the highway roadside of litter.. At the building department there are picnic tables and a restroom, to relax a little and socialize after the ride. Please wear long pants and long sleeves for this. At roughly 0900 we'll regroup and set off to ride either Monitor or Ebbetts, whichever the group prefers. The more folks who show up, the easier, faster and more fun this goes, so if you're on the fence, c'mon out!



Cyclorama 2024





Kingsbury Time Trial

Allan Crawford, Photographer / Videographer

A big thanks to Allan Crawford for covering the race. To download copies of all these photos and more, visit this web page: <https://acgallery.smugmug.com/BikeRacing/Alta-alpina-Kingsbury-Grade-2024> (Please ignore the purchase button unless you want to order prints—these photos are free to download.)





AACC Thursday Night Race Series

Joseph Whiteley, Thursday Night Race Director

We had great turnout at the last few races with the most participants since Covid showing up for the Kingsbury Time Trial. Whether you're a veteran or you're gearing up for your first race, it's not too late to start!

Race Chips

We are out or low on C (300 series) and D (400 series) chips. If you still have your chip from a previous race season and you'll be racing in 2024, keep it on your bike and we'll re-register it to you. If you still have a race chip but you won't be racing this year, PLEASE RETURN your chip! Bring it to a race or other club event or contact Joseph at racedirector@altaalpina.org.

Full Race Schedule

We're just part way through the season with lots of great races left:

6/13	Jack's Valley Time Trial	7/11	Eagle Ridge Circuit Race	8/15	Blue Lakes Time Trial
6/20	Diamond Valley Double Back Road Race	7/18	Blue Lakes Time Trial	8/22	Grandview Criterium
6/27	Fredericksburg Two Up Time Trial	7/25	Pinenut Road Race	8/29	Fredericksburg Time Trial
		8/1	Kingsbury Time Trial	9/5	Diamond Valley Road Race Short Course
		8/8	Diamond Valley Road Race		

Time Trial Series Schedule

Never raced before? Not sure if you're ready for a road race or criterium? Plan on doing the Time Trial Series!

Check the club website at <https://www.altaalpina.org/clubracesroad/> for details of all race venues, formats, other rules, and updates.

6/13	Jack's Valley Time Trial	7/18	Blue Lakes Time Trial	8/29	Fredericksburg Time Trial
6/27	Fredericksburg Two Up Time Trial	8/1	Kingsbury Time Trial	9/5	Diamond Valley Road Race Short Course
		8/15	Blue Lakes Time Trial		

Race Categories

Racers are grouped into 5 categories and compete within their category for points through the season. In road race, criterium, and circuit format races all racers of the same category start together and may draft one another but may not draft racers in a different race category. Use the following **guidelines** for choosing your category:

Category A: Advanced/Very Fit/Race Experience/Train for Racing.

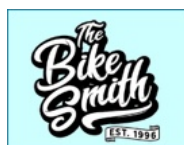
Category B: Competitive/Very Fit/Race Experience

Category C: Competitive/Fit/Masters 50+/Strong Endurance

Category D: New Racers/Masters 60+

Juniors: 18 years and younger who don't want to race with adults

Local Merchant Program





Here are the current standings. Please verify your results and if you see any issues send me a note at: racedirector@altaalpina.org

2024 AACC Thursday Evening Twilight Race Series

- Fredericksburg Prologue - (18 Apr)
DV Short Course - (25 Apr)
Grandview Criterium - (2 May)
East Valley Time Trial - (9 May)
Pinenut Road Race - (16 May)
Grandview Criterium - (23 May)
Kingsbury Time Trial - (30 May)
Diamond Valley Road Race - (6 Jun)
Jacks Valley Time Trial - (13 Jun)
DV Double Back - (20 Jun)
Fredericksburg 2 UP TT - (27 Jun)
Eagle Ridge Circuit Race (11 Jul)
Blue Lakes Time Trial - (18 Jul)
Pinenut Road Race - (25 Jul)
Kingsbury Time Trial - (1 Aug)
Diamond Valley Road Race - (8 Aug)
Blue Lakes Time Trial - (15 Aug)
Grandview Criterium - (22 Aug)
Fredericksburg Time Trial - (29 Aug)
DV Road Race (Short Course) - (5 Sep)
Season Total Points

Table A: Standings for riders A. Columns include rider name, gender, and race results for various events, ending with a total points column.

Table B: Standings for riders B. Columns include rider name, gender, and race results for various events, ending with a total points column.

Table C: Standings for riders C. Columns include rider name, gender, and race results for various events, ending with a total points column.

Table D: Standings for riders D. Columns include rider name, gender, and race results for various events, ending with a total points column.



Board Meeting Minutes—June 3, 2024

Secretary: Michael Bayer; Other Board Members: Paul Amato (NICA Team Coach); Jordan Brooks (Highway Cleanup); Michelle Brooks (Social Media); Chris Cherrix (Cyclorama); Frank Dixon (Deputy Treasurer); Bruce Eisner (President); Nigel Leigh (Vice-President); Bill Magladry (Treasurer); Lyn Willoughby (Weekend Rides)

Meeting held at Carson Valley Swim Center

Meeting called to order at 5:44 pm

Minutes of the May meeting approved.

[Bill | Chris | Unanimous]

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$13,306.78. The Paypal balance is \$23,334.77. CDs are currently at \$10,156.10 and \$10,521.14.
- **Membership:** There are 140 fully paid members. Michael is handling membership renewals while Allen is traveling. The board discussed feedback that some renewing members are having problems paying using the Paypal interface.
- **Weekend Rides:** Attendance at weekend rides continues to improve as the weather improves. Trading Series participation has also increased over last year Dave Scarborough is working on having a rest stop for the “Monitor and Ebbetts” ride coming up this weekend.
- **Weekly MTB Rides:** Nigel reports that the MTB ride series is going well with a dozen people attending on average. The snow is receding so more trails are now accessible.
- **Social Media:** Michelle has been pushing out regular postings with race results and club news and most recently the photos from the Kingsbury time trial. We’re using social media to promote the Challenge and we’ll be doing a big push to get people registered in June.
- **Newsletter:** Michael is aiming to get the newsletter out in a week and content should be submitted by Saturday.
- **Website:** Greg has been doing a great job keeping the website updated.
- **Insurance:** No activity.
- **Clothing:** Bruce reported that he sold another three pieces of clothing (plus received a \$13 donation). Bill suggested we investigate buying club hats. Chris suggested updating the Training Series rideboard postings to ask members to wear their jerseys.
- **Weekly Road Races:** James Canyon HOA turned down the club’s request to use their loop as a venue. Joseph will try again for next year. Joseph is looking for recommendations for good Criterium training videos. There was a great turnout at Kingsbury—the

best post-covid attendance so far with at 35. Joseph also reported that we’re out of racing chips for the C and D categories so he’s issuing Junior category chips as needed. He’s requesting that anyone who has a chip that isn’t being used return it to him and we’re looking for an affordable source of new chips

- **Junior Team:** Paul reported that 9 coaches are “practice ready” and he has one new level top level coach on the team. There are already 29 students signed up with 3 more pending and he thinks the team will be as large as 40. Regular practice rides (up to three per week) will start with the regular season on July 1. Paul has also been working on a series of special events for the team including bike maintenance, skills training, and a cross country ride in conjunction with the TAMBA festival.
- **Spring Cyclorama:** A big ThankYou to Nigel and Desiree for providing a wonderful BBQ venue and to all the volunteers who helped staff the two rest stops. We had great weather this year but a disappointing turnout. We need to promote the ride better via Facebook, the rideboard, and other publicity. Michael wrote to the organizers of then Stetina requesting that we coordinator our dates to avoid the direct conflict. Denis Coyne suggested promoting the shorter ride options to the local community to attract new members.
- **Adopt A Highway:** New signs are up and the dates are posted on the rideboard.
- **Training Series:** The rides continue to grow with both registered riders and club volunteers.
- **Bike Advocacy:** Michael is working to connect with Zach. Bruce suggested that we circulate Calbike notices. Bruce noted that Calbike is urging Californias to contact their elected representatives to push back on the proposal in Sacramento to cut funding for “Active Transportation”. Bruce noted that a portion of this funding had been planned for a much needed cycling bridges in South Lake Tahoe..

2. **2024 Challenge:** Michael presented a status reported and reviewed the budget. It was decided that fees for last minute and on-site registration should be raised in \$20 steps. Chris volunteered to develop a hand wash station and the board agreed on the plan to use trailer-mounted porta potties as well as to do some last minute social media ads.

Meeting adjourned at 7:25 pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
Minden, NV 89423 877-845-BIKE
www.AltaAlpina.org

MARK YOUR CALENDARS

Lake Alpine Training Sat, June 15
Series Ride
Alta Alpina Challenge Sat, June 29
Death Ride Sat, July 13
Thursday Night Races every Thu @6:00

MOVED? GOT NEW CONTACT INFO?
Have you moved? Has your e-mail address changed?
Don't miss out on the latest AACC happenings!
Send your new contact information to :
membership@altaalpina.org

Alta Alpina Cycling Club Board Members

Bruce Eisner	President	president@AltaAlpina.org	877-845-2453
Nigel Leigh	Vice President		775-267-7089
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Bill Magladry	Treasurer	treasurer@AltaAlpina.org	877-845-2453
Allen Forbes	Membership Coordinator	membership@AltaAlpina.org	
Lyn Willoughby	Weekend Ride Coordinator	ridecoordinator@AltaAlpina.org	951-642-1611
Joseph Whiteley	Thursday Road Race Director	racedirector@AltaAlpina.org	775-265-1905
Jordan Brooks	Highway Cleanup Coordinator	jordan.brooks84@att.net	916-833-7445
Bruce Eisner	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Zach Wood	Bicycle Advocacy Coordinator	advocacy@altaalpina.org	877-845-2453
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
TBD	Pinenut Cracker Coordinator	pnc@AltaAlpina.org	
Chris Cherrix	Memorial Cyclorama Coordinator	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Frank Dixon	Deputy Treasurer	bikeboygo@yahoo.com	530-318-1574
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Greg Phillips	NICA Team Director	AANICADirector@AltaAlpina.org	
Paul Amato	NICA Team Head Coach	AANICACoach@AltaAlpina.org	
Greg Kogut	Website Coordinator	webmaster@altaalpina.org	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Michelle Brooks	Social Media Coordinator	brooksmi840@gmail.com	916-833-7446
TBD	Volunteer Coordinator	volunteer@AltaAlpina.org	

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month**. In-person meetings alternate between the Carson Valley and South Lake Tahoe.. Join us on **July 1 at 5:30pm** at the **Carson Valley Swim Center** in **Minden**.

Newsletter Publisher:
Michael Bayer