



PACELINE

**Alta Alpina
Cycling Club**

**Volume 16 Issue 5
June 2018**



Inside this issue:

<i>Weekend Ride Schedule</i>	2
<i>Presidential Posting</i>	3
<i>Spring Century</i>	3, 4
<i>Thursday Night Races</i>	5
<i>Mountain Bike Riding</i>	5
<i>Board Meeting Minutes</i>	7

Alta Alpina Challenge June 30: What are Your Favorite Passes?

Michael Bayer, Alta Alpina Challenge Director

Wild Sierra Century and Metric Century, 5 and 8 Pass Challenges

Alta Alpina's reputation for producing world-class cycling events has spread far and wide. This year's Alta Alpina Challenge is now just days away. Our event features up to two hundred miles of riding, 11 rest stops, 1 water stop, and a great menu for post ride meals at Turtle Rock Park.

The "Build-Your-Own-Challenge" option is very popular with many participants choosing to ride their favorite combination of passes as part of a fully supported ride. Endurance cyclists from far and wide are traveling here to pit themselves against the 8 Pass Challenge—the Toughest Double Century in the World and to earn the fabled 8 Pass Finisher Jersey. Regardless of the challenge each rider chooses for themselves, they'll collect stickers on their personalized souvenir rider bib to commemorate their achievement.

Thanks to everyone who has volunteered to help before, during, and after the event. We still need a few more volunteers, particularly anyone with a Ham Radio license. We need people at all hours of the day so even if you have plans for June 30 there's still an opportunity to help out really early in the morning or in the evening. If you haven't signed up yet, please contact me at challenge@altaalpina.org.

We're also looking for ice chests, water coolers, and 10x10 shade tents, to borrow for the weekend. If you can loan us equipment, label it with your name and phone number using indelible marker and either bring it to Turtle Rock Park on the afternoon of Thursday June 28 or bring it to the Fredericksburg race that day (or contact me at challenge@altaalpina.org so we can discuss another option).

Encourage Your Friends to Register!

Another way you can help to make the Alta Alpina Challenge a success is to encourage your friends to register to ride with us. We keep the ride small but we're not sold out yet and we're anxious to get as many riders registered as we can over the next few days. The range of ride options we have available makes the Alta Alpine Challenge quite unique. Online registration closes Monday June 25 and onsite registration will be limited. Please do what you can to recruit some new participants!



AACC Weekend Ride Schedule—June/July

Rick Miyashiro, Weekend Ride Coordinator

Our rides accommodate participants with a wide variety of riding speeds and we plan on regular regroup points. The average net speed (including regroup/rest times) is typically 10mph. For example, we'll typically be back at the start after 4 hours for a 40 mile ride. Faster riders are encouraged to circle back at regroup points or to take some time to socialize.

Please contact ridecoordinator@altaalpina.org if you can lead a weekend ride.

Saturday, June 23, 2018 — Bowers to Bridge Street

Meet at the Bowers Mansion Park main lot and be ready to ride at 9:00am. We'll ride north through rolling terrain into Pleasant Valley, southwest Reno, to Verdi and then return to the start. We'll pass through the river corridor with a coffee shop stop. This 70 mile ride will feature some climbing on mostly familiar cycling roads. There will be snacks.

Sunday, July 8, 2018 — Blue Lakes

There will be 24 and 50 mile versions of this ride. For the 50 mile ride meet at 9:00am at the bottom of Old Myers Grade and South Upper Truckee. For the 24 mile ride be ready to pedal at 10:45am at the left-side parking lot at the start of Blue Lakes Rd.. From Old Myers Grade we'll ride South Upper Truckee and the campground road, over Luther Pass to Blue Lakes Rd, pick up the rest of the group, and ride to end of the road and back. If you haven't ridden Blue Lakes Road, it's a very scenic, smooth, rolling climb, and usually has just light traffic. Water is available at the campgrounds on Blue Lakes Road. There's about 3600 ft of climbing total for the 50 miles. (If you know you want to just ride Blue Lakes, we'd like to coordinate getting a 2nd set of snacks and drinks to the start of Blue Lakes road so that we'll have them at both start/finish locations. If you're willing to do that, please contact [Jennie Hamiter](#).)

Sunday, July 15, 2018 — Project Hero Ride

The starting location is Bently Science Park (1751 Orbit Way, Minden NV 89423). Arrive between 8:00am and 8:45am to check-in. We'll take pictures and the roll at 9:00am. There will be a number of different loops over relatively easy terrain through Carson Valley. After the ride food will be available for purchase.

Sunday July 21, 2018 — Highway Clean Up

Meet at Turtle Rock Park at 8:00am. We'll pick up trash on our adopted stretch of highway 89 and then ride Ebbetts or Monitor. Refreshments/snacks will be provided pre and post clean up and after the ride.

Sunday July 28, 2018 — Emigrant Mountain Bike Trail

This ride is a cross country single track and fire road to Stampede Reservoir at Dog Valley Rd. and back. Starting from Alder Creek at Schussing Way off of Highway 89 near Truckee at 10:00am. This out and back route is about 20 miles or so. Those who want to ride less can turn around at their comfort. This route can be ridden with some speed. There are a few climbs but they are not long. There is minimal technical skills required for the ride, but there are more "features" than in the past. There will be regroups at the top of climbs and the turn around. As the road to Stampede is off limits there may not be water available at the boat ramp turn around, so bring enough for 2.5+ hours. <https://www.singletracks.com/bike-trails/emigrant-trail.html>

Saturday August 4, 2018 — Markleeville-Lake Alpine

Markleeville Courthouse parking lot ready to roll at 8AM. We'll ride over-Ebbetts and Pacific Grade to the Lake Alpine lodge/store and return. This ride features lots of climbing. Lunch or snacks available at lodge/store. Snacks/drinks provided at end of ride in Markleeville.

Saturday August 11, 2018 — Sonora Pass to Dardanelle

Steep and challenging with over 8,900 feet of climbing to 9,650 feet in elevation. Bring your lowest gearing for the 20% plus sections. Extended grades over 12%, but oh so beautiful. One of the most scenic climbs in the Sierra. We will meet to (carpool) from the Starbucks at Waterloo and Highway 395 in Gardnerville at 7:40am. We'll meet on CA108 (new location!) 0.85 miles west of US395 and roll at 9:30am. There is water stops at Kennedy Meadows and the general store at Dardanelle, the turn around point. There will be regroups on both climbs and at the Summit and Resort lunch stop. We are riding both east and west passes, (it's OK to ride just the east side and call it a day).



Presidential Posting

Chris Rhiner, President

We need your help! If you don't have a volunteer spot for the Challenge on June 30th send a quick message to our fearless Challenge Ride Director, Michael at: Challenge@altaalpina.org.

Our signature ride is days away. The weather is fabulous for both the riders and volunteers. If you are short on time there are a few jobs at Turtle Rock Park that could be fun for a few hours and you will see what a fantastic ride we are offering. If you would like to ride and volunteer we could use your help at the top of one of our passes! Be a part of the toughest one day ride in the world and one of the most scenic supported rides in the Sierras. Help support our amazing riders to achieve their goals.



Ray Rickard Memorial Spring Century—May 27

We had a great turn out for the 2018 Ray Rickard Memorial Spring Century. The skies were clear and the air was warm for the start and aside from a little rain on the west side of Monitor late in the day the weather was fabulous.

We were delighted to be joined by so many veterans for this memorial day weekend event.

A big thanks to all the volunteers that made this year's spring century possible!

Tina Keegan hosted the start/finish at her wonderful home. Becky Kemp organized the rest stops and managed event sign-ups. Leslie and Rowland Tuggle ran the Topaz rest stop, Curtis Fong hosted the Monitor rest stop, and Rick Miyashiro took care of the Woodfords rest stop. Dave Scarborough, Michael Bayer, Jennie Hamiter, and Frank Dixon helped with logistics. Thanks also to everyone who jumped in after the ride to pack all the supplies and clean up.

Local Merchant Discount Program

For discounts please visit www.kethewest.com from these website at

www.AtaAlpina.org



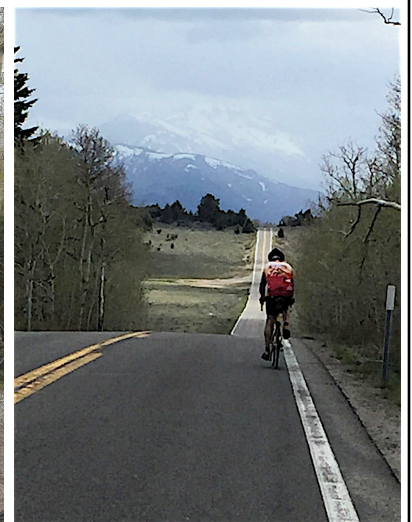
local merchants, **BlueZone @ Sports** the AACC





Ray Rickard Memorial Spring Century—May 27

Curtis Fong, Monitor Pass Rest Stop and Century Photographer





Thursday Evening Race Series — 2018 Season

Michael Bayer, Race Administration

Alta Alpina races are open to everyone in the cycling community. The race categories make it easy for anyone from racing veterans to first-timers to have a great race experience. Racing is one of the best ways to get some excellent cycling exercise and with post-race social time to enjoy snacks with fellow cyclists.

Race Schedule

Our race season features something for everyone.

6/21	Diamond Valley Double Back Road Race	7/12	Blue Lakes Time Trial	8/9	Blue Lakes Time Trial
		7/19	Pinenut Road Race	8/16	Starbucks Criterium
6/28	Fredericksburg Two-Up Time Trial	7/26	Kingsbury Time Trial	8/23	Fredericksburg Time Trial
7/5	Eagle Ridge Circuit Race	8/2	Diamond Valley Road Race	8/30	Diamond Valley Road Race Short Course

For those who are a little nervous about getting started with racing, we suggest participating in the **Time Trial Series** —the subset of the overall series consisting of just the time trials. Please encourage your friends who might be uncertain about racing to consider showing up and experiencing one of our time trials!

Rain or Shine

Races will take place rain or shine, hot or cold, still or windy or smokey. We won't cancel a race. However, the Race Steward reserves the right to adjust the course, timing, or number of laps to reflect conditions. If access to a race start location is blocked for some reason we'll simply move the start to the closest possible location and adjust the course. If conditions change after the start of a race and the Race Steward determines that it must be terminated early for safety reasons all racers will receive 5 points for the series.

Race Venues, Maps, Directions, Safety Rules, Race Formats, and Race Results

Visit the racing page on the club website for all the details:

<http://www.altaalpina.org/clubracesroad/>

A few things everyone needs to know:

- Ride as far to the right as possible and do not cross the yellow line (unless you're making a U-Turn)
- Never draft another rider on a standard time trial, only draft your partner on a two-up time trial, and only draft others in your category for other races.
- Roll over the green finish line to have your time recorded. Do not return to the finish line area after you finish.
- If you can't finish the race, let the race steward know as soon as possible.

Race Registration

Register for each race between 5:30pm and 6:00pm. If you already have a season pass you just go to the front of the line and sign in on the sheet of colored check-in. If not, and it's your first race, allow time to register and get your RFID chip mounted.

Mounting and Using your Race Chip

Our digital race timing system incorporates both RFID chips and photo finish software has been working well to ensure accurate race results in a timely fashion. However results can be significantly delayed (and lap timing information may be unavailable) if chips are not mounted correctly or if racers pass through the finish line zone when they are not racing.

Each chip must be mounted on the right fork with its surface parallel to the front wheel. It must be held in place so that it doesn't move around AND so that the number on the chip remains visible. The zip ties we provide will hold the chip in the right position on many forks as long as they're tight. However, the shape of many newer forks require the use of o-rings to hold the chip in the right position and we recommend using o-rings if in doubt. On some forks you have to loop the pair of o-rings together and on some you might need 3 or 4 o-rings. Please ask if you need help.



Alta Alpina NICA Team

Carlo Luri, NICA Coach

The Alta Alpina NICA coaching team enjoyed a fun pre-season ride on the Angora Ridge trail in early June.

The NICA league is a student cross country mountain bike program for both boys and girls who are entering 6th through 12th grade next fall.

The Alta Alpina Club is the principal sponsor of the South Lake and Carson Valley team. This season's training rides will start after July 1st.

The league's four races will take place at various venues around northern Nevada and California starting the last weekend of August.

There is still time to sign up students or to volunteer as a coach. For details, Contact Carlo Luri at:

AltaAlpinaNICA@gmail.com



L to R: Mel Maalouf, Pete Fink, Lori Kroboth, Merick Rickman, Drew Bray, Carlo Luri

Tuesday Mountain Bike Ride: June 20 at Tahoe Mountain

Join us every Tuesday evening for a different trail and a diverse group to ride with.





Board Meeting Minutes—June 4, 2018

Acting Secretary: Michael Bayer; Other Board Members: Tod Conover (Membership); Frank Dixon (Treasurer); Tammy Lundquist (Vice-president); Carlo Luri (Advocacy); Rick Miyashiro (Weekend Rides); Lori Piccini (Clothing); Chris Rhiner (President)

Meeting called to order at 6:17 pm

Venue: Jethros, Gardnerville NV

Minutes of the June meeting approved as printed.

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$8083.56. The PayPal account balance is \$19,508.32. We'll transfer \$10k to checking and Frank needs report breaking down portion of paypal balance that is membership.
- **Membership:** Current membership is 165 and climbing as people continue to renew at races and by mail.
- **Weekend Rides:** Rick needs to meet with Jennie and Tony to set the schedule.
- **Social Media:** Corby has been working on a FaceBook marketing campaign.
- **Newsletter:** Newsletter will go out as soon as all the content is in. Need presidential posting.
- **Website:** No Report.
- **Weekly Road Races:** Races are going well with good attendance. Joseph Whitely is working on a modified chip carrier design.
- **Junior Team:** There 6 Juniors on the road race team. NICA Races start September but training starts July 1. Disappointing Carson Valley participation so far with just 1 student but South Lake Tahoe has a good turnout with 20.
- **Spring Century:** A big thanks to Tina for hosting and to Becky for coordinating. The event went really well and feedback was very positive.
- **Fall Century:** No Update.
- **Insurance:** No Update.
- **Pinenut Cracker:** No Update.
- **Cyclocross Race:** No Update.
- **Bike Advocacy:** Carlo reported that Centerville will be repaved this summer through the Ranchos and bike lanes will be added between Foothill and 88. The relatively new Stinger Trail has been vandalized with fake signs. Carson Valley Trails is extending Clear Creek trail to the top of Spooner. The next big trail project to watch is a plan to

utilize the V&T right-of-way to connect Minden to the Truckee Pyramid Bikeway in Reno.

- **Adopt A Highway:** Frank Dixon volunteered to take on coordination of highway cleanups. The next one is scheduled for June 16 at 8am. The other two for the year will be July 21 and October 13.
 - **Clothing:** Lori reported that we paid the balance owing for the fashion kit order. Spring party orders were all ordered and delivered. We'll hang on to the stained jerseys so that we have size samples for people to try on.
 - **Challenge:** Permits are done and all key services including the ambulance are contracted. Registration is below where it normally is at this point. We lost a lot of momentum with the cancellations and people are holding off. The increased ride fees also appear to be hurting registration numbers. Curtis has generously agreed to loan us gear again this year but we're short on 10x10 shade tents.
2. **Challenge Discussion:** It was agreed to cut back on porta-potties at certain locations. The board agreed to authorize Corby to begin a Facebook advertising campaign for \$50 [Michael/Frank/Unanimous]. If it goes well, the board will discuss extending the experiment. The high visibility volunteer t-shirts were really effective and we can't improve on them. Members don't want yet another t-shirt in their closet so we won't do a new volunteer t-shirts design. Front-line volunteers will be asked to bring their 2016 t-shirts and receive a water bottle instead of a new t-shirt. Frank volunteered to captain both Kingsbury and Monitor and transfer gear and supplies between the two. This will reduce the gear required. Michael is working to incorporate volunteer feedback from 2016 however we will not scale back on the variety of food/beverages for riders. We'll reach to groups and organizations to help staff rest stop. Tammy is working with Heavenly.
3. **Next Meeting:** Monday, July 9, 2018, 6 pm, at the Lakeside Inn in Stateline.
Meeting adjourned at 8:30 pm.



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

Alta Alpina Challenge .Saturday, June 30
 Project Hero Ride Sunday, July 15
 Fall Century Sunday, Oct 7
 Thursday Night Races ..every Thu @6:00

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Chris Rhiner	President	president@AltaAlpina.org	775-790-6373
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	530-545-3155
Alisa Ashbaugh	Secretary	secretary@AltaAlpina.org	877-845-2453
Frank Dixon	Treasurer	bikeboygo@yahoo.com	530-318-1574
Tod Conover	Membership Coordinator	membership@AltaAlpina.org	877-845-2453
Rick Miyashiro	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-450-6457
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Desiree Aarts Kiley Reid	Thursday Road Race Stewards		877-845-2453
Frank Dixon	Road Cleanup Coordinator	bikeboygo@yahoo.com	877-845-2453
TBD	Volunteer Coordinator		
Corby Cobb	Social Media Coordinator		
Lori Piccini	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Tina Keegan Becky Kemp	Spring Century Coordinators	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Carlo Luri	Bicycle Advocacy Coordinator	altaalpinaNICA@gmail.com	775-720-0754

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **July 9** at the **Lakeside Inn** in **Stateline.**

Newsletter Publisher:
Michael Bayer