



PACELINE

**Alta Alpina
Cycling Club**

**Volume 10 Issue 4
June 2012**

Alta Alpina Challenge June 30: Wild Sierra Century and Metric Century, Family Fun Ride, 5 and 8 Pass Challenges

Michael Bayer, Wild Sierra Director

Ride, Volunteer, or Ride AND Volunteer

This year's Wild Sierra is now just a couple of weeks away. Alta Alpina's reputation for producing world-class cycling events has spread far and wide. Riders are coming from as far away as Japan and we'll have our biggest group of participants yet!

With two hundred miles of course, 10 rest stops, and a great menu for post ride meals at Turtle Rock Park, participants have lots of options. We have lots of people registered for this year's family fun ride (a 15 or 20 mile supported ride through Diamond Valley), the 8 Pass Challenge (the toughest 200 mile one day ride in the world), along with the century, metric, and custom options that fall in between. Regardless of the challenge each rider chooses for themselves, they'll collect stickers on their personalized souvenir rider bib to commemorate their achievement.



Hosting an epic event like this requires an awesome team of volunteers. We need every club member to contribute at least a little bit of time to this effort. Please plan to come out to support the Wild Sierra on the afternoon of June 29, the day of June 30, and/or the morning of July 1. This event is a great opportunity to hang out for a fun day with fellow Alta Alpina members and enjoy the satisfaction of helping our guests succeed in their challenge for the day.

Volunteer Now!

Please call (877)845-2453 or send email to volunteers@altaalpina.org and sign up for one or more of the available volunteer jobs. Family and friends are welcome to join us. Most jobs allow you to participate in the ride as well! We also need equipment for the weekend if you can bring one or more of the items listed here please let us know.

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Volunteers Needed

Now to June 29	June 29
Ride Promotion Equipment Cookie Baking Food Prep Sign Making Volunteer Coordination	Shopping Logistics Weed Whacking Goody Bag Stuffing Equipment Sorting Rider Check-in
June 30	July 1
Rider Check-in Jersey Sales Rest Stops SAG Course Marshals Signage Crew HAM Radio Operators	Clean -up Equipment return

Equipment Needed

- 10x10 EZ Up Tents
- Large Vehicles
- Cargo Trailers
- Folding Tables
- Ice Chests
- 5 Gallon Water Coolers
- 10 Gallon Water Coolers
- Camp Stoves



More Big Rides Coming Up

Saturday, June 16, 2012 – The Slug is Back!

The Sacramento Wheelmen’s annual century is returning to Amador county. Slug Gulch, a well-known climb for the century and double metric riders, will once again be a feature of this event. Registration is limited to 1500 riders. Early Registration is \$55, Regular Registration is \$60, Day Of, if available \$70. Includes continental breakfast, rest & water stops, SAG, post-ride meal. For registration, jerseys, and more information, visit www.sierracentury.org Fairgrounds reserved Friday, June 15, 2012 for tent camping and RV parking.

Saturday June 23, 2012 – Tour de Nez

On June 23rd the Tour de Nez is running the second annual “Gran Fun-do.” Rides from 25 miles to a metric century will take place, all with the serious quirkiness you have come to expect of the Tour de Nez. [Register online](#).

Saturday June 23, 2012 – Mormon Emigrant loop

Jim and Chris Rhiner will lead the classic Mormon Emigrant loop. This starts at the snow park just off Mormon Emigrant trail at Hwy 88. We’ll ride down Mormon Emigrant, then follow small scenic forest service roads back to Hwy 88 and close the loop climbing back on Hwy 88. Roll out at 10:00am.

Sunday June 24, 2012 – Mt. Rose Backside - Part Two of the Sierra Nevada Hill Climb Series

8.05 miles, 2520’ elevation gain, 5.9% average grade. Course record: 33:45 (Max Jenkins). Race Weighting: 6. Course map: <http://www.gmap-pedometer.com/?r=3574723>. Registration opens at 7:30 a.m. and closes at 8:45 a.m. First rider off at 9:00 a.m. Parking and registration at Diamond Peak Ski Resort, 1210 Ski Way, Incline Village.

Saturday July 21, 2012 – Eastern Sierra Land Trust Fund Raiser Fun Ride

Join ESLT riders as they pedal along one of the most incredible and scenic roadways in America - the 23 mile June Lake Loop. The ride will include a gourmet “feed” station, a chair-lift ride to a casual lunch at June Mountain Ski Area, a limited edition ESLT Fun Ride t-shirt, and many photo opportunities. [Register online](#).

Sunday Sept 16, 2012 – The Edible Pedal is coming, The Edible Pedal is coming!

The Edible Pedal 100 is a recreational yet challenging bike ride that showcases Nevada and features outstanding locally sourced food at the rest stops and post-ride barbecue. There is something for every rider. Families with young children and cyclists seeking a taste of an organized ride will relish the leisurely 10-mile route through picturesque Washoe Valley. Those interested in a respectable ride will like the 50-mile loop, which includes a trek along bucolic country drives and through rustic towns. Serious roadies ready for a solid challenge will be thrilled with the 100-mile ride, which features a lung-searing, thigh-burning, climb up Kingsbury Grade from Carson Valley to Lake Tahoe. Participants will savor mouthwatering local food and drink sourced by partner edible Reno-Tahoe magazine, which celebrates and supports the local food community. Local farmers, ranchers, vintners, brewers, bakers and other food artisans will contribute to the event.

Kingsbury Time Trial Results, Sierra Nevada Hill Climb Series, May 6 2012

Elite Men 1,2,3	Masters Men 1,2,3	Masters Men 4,5	Steve Miller 47:28	Open Women
Kass Feuerhelm 37:51	Carl Nielson 37:27	Chris Meldner 41:03	Stefan Weber 48:06	Amanda Mattiol 45:27
Elite Men 4,5	Mike Buckley 38:01	Jason Schoonover	Dan Dugan 49:40	Ellen Sherrill 46:53
Nick Blades 35:51	Jason Walker 38:19	42:07	Bryan Price 49:41	Masters Women
Garth Jackson 39:35	Robert Braun 40:31	Allen Biaggi 43:16	Steve Collie 52:07	Mischel Twining 49:27
Chris Dugan 45:14	Johnathan Pettengill	Al Chambers 44:56	Tom Maper 54:43	Heather Johnson
Tilio Lagatta 45:59	45:26	Matt Koval 46:34:6	Arturo Oti 57:31	52:15
Chris Bosco 50:48	Dan Warren 49:49	Joe Herrick 46:34:7	Bill Levin 57:41	Linda Biaggi 59:58
	Mel Maalouf 51:30	Steve Swan 46:50	Jim Sadiley 1:10:38	Juniors
		Gary Beck 46:53	Jeff Milligan 1:10:44	Trevor Ellsworth 36:46



Presidential Posting

Mel Maalouf, President

I am going to take a moment to just talk about riding. May is a big month for the club with some of our events being the King of the King Kingsbury Hill Climb time trial, the Pinenut Cracker and the Spring Century (FKAG100). I made it to two of the three, and the mountain bike race lost out to coaching my daughter's volleyball team (they won their only game of the whole season that day so it was worth missing the race). The weather was about the same for both the time trial and the century. It was roughly in the upper 60s in the valleys and a bit cooler on the summits. If you have been reading my postings, you likely have come to know that I don't really like to spend long hours on a bike. The Spring Century is always my only century and by far the longest ride of the year. Let me take a weather moment: We have the same events on the same weekends every year. It seems like the weather is identical to almost the day year by year. The King of the King saw exact weather to last year and this year for the Spring Century we were off by one day. If you remember, last year we had to push out the day by one day because it was snowing and blustery that day. This year it snowed the day before our regularly schedule ride. The exact weather almost to the day! Back to our regularly scheduled posting. So I started the day riding with Jim Sadilek and we had a great time talking while we rode towards Topaz. There was some road construction on the California side of 395 between Topaz and the base of Monitor Pass. Caltrans, in their infinite wisdom, did not allow bicycles to ride on the dirt section. It seemed like they didn't think bikes could handle a little dirt so they shuttled the bikes in pickups which added about 30 mins to our ride. They did a good job in getting a bunch of pickups to shuttle us, but it still was a bit annoying. As I started up Monitor, I got my first flat of the day. It wasn't a bad spot to get a flat

as there was the sound of a running stream right next to me. I patched my tube (I patch for a few reasons: 1. It helps me find the hole in the tube so I can check where the flat originated in my tire. 2. If I don't find the reason for the flat, there is a 50/50 chance the patch will give me extra protection against what gave me the flat in the first place. 3. I am cheap). Halfway up Monitor, my front tire got mushy. I stopped at a nice viewpoint spot and decided to use my valuable tube. The view was rewarding in that the prior day's snow had capped the mountains across the expanse of the valley. I was surprised to find that my spare tube was a 26" x 1" size. This worked just fine as I stretched it to fit. I thought, this is a cheap way to get light tubes instead of the fancy expensive ones. The rest stops were stocked with lots of great food, fresh water and delightful smiles from our wonderful rest stop volunteers. My ride continued and I felt pretty good most of the way except I completely fell apart going up Woodfords Canyon and Luther Pass. I had a Coke on top of Luther and this seemed to perk me up for the rest of the ride. Riding through South Lake Tahoe, I came across a Latina Lady riding a bike with her small child on the bike with her. It put my riding in perspective: I ride for fun, she rides to provide for her family... It made my suffering seem less important. My favorite part of this ride every year is the climb up Kingsbury. I don't know what it is, but I really like to climb the King even on both sides. The west side always has a tailwind it seems and it wisks me up the hill. The BBQ was supremely put together by our ride organizer: Dave Scarborough who did a great job his first year. The team included Curtis Fong, The Haakenson's, the Boltos and Mr Oxborrow who were all welcomed sights for my weary body.



For discounts from these local merchants, please visit the AACC website at www.AltaAlpina.org



The 2012 Spring Century

Twain Berg, Hillacious Century Series Coordinator

Perfect temperatures, mostly sunny skies, and little in the way of wind greeted over 50 club members who rode and volunteered in the first ride of the Alta Alpina/Bike Habitat Wild Wild Hillacious Century Series. The Spring Century is the traditional kick-off ride of the season and is one of the big benefits of club membership.....a free supported ride and party at the end!

Metric riders rode 64 miles and climbed over 5000 including Monitor Pass while century riders added Luther and Daggett Passes for 105 miles and over 9000 feet of climbing and a nice little tailwind to the finish.

The only hitch.....the construction crew on 395 along Topaz Lake would not allow riding across the dirt and gravel. Some very expensive bikes got tossed into the back of pick-ups for transport....Ouch!

Hamburgers, Turkey Burgers, Veggie Burgers, salad, chips, drinks and desert all served up with a smile by Dave and Maggie.

Time to thank a lot of club members for their work on this ride.....

Dave Scarborough for coordinating the entire affair and manning the BBQ at the Party.
Michael Bayer for ordering the goods. Mike and Maggie Hakkanson for providing the perfect location for the start, finish and party. Curtis Fong, Trevor Oxborrow, Di and Cory Bolton, and Mike Hakkanson for SAG and Di and Cory for the ever popular Porta Potti. My apology if I left anyone out.....thanks all.

The Wild Hill Series ride for June is the club's Alta Alpina Challenge/Wild Sierra Century. This is the big event and money maker for Alta Alpina. Proceeds from this event support many other club activities.....like The Spring Century and Party.

Volunteers are still needed with opportunities to ride too including the staff ride on June 16th. Just contact Michael Bayer : challenge@altaalpina.org to volunteer.





Nate Littrell's Pine Nut Mountain Bike Poker Run



Riders pursuing the 8th card in their poker hand reach the rocky ridge.



Board Meeting Minutes—June 4, 2012

Secretary: Lauren Lindley; Other Board Members: Michael Bayer, Diane Bolton, Robert Braun, Pete Costa, Scott Herman, Mel Maalouf (by Telephone), Tim Rowe, Ellen Sherrill; Other Attendees: Christopher Rowe

Meeting called to order at 6:14 pm

1. Monthly Status Reports:

- **Treasurer:** As of May 15, 2012 we have \$44,715 in the bank. Paypal balance as of June 3, 2012 was \$18,552. The bulk of the Challenge's expenses are still outstanding.
 - **Membership:** About 160 people renewed so far.
 - **Weekend Rides:** Ellen sent out an email and is signing up new weekend ride leaders. Twain needs help with the Hellacious Ride Series rides.
 - **Newsletter:** Scott reports primary challenge is getting material. He is interested in starting to interview members for more in depth member profiles. Other options for newsletters: letters to the editors, "from the mailbox."
 - **Website:** Joe not in attendance. Review of IT structure: Joe is responsible for main website and IT addresses. Any issues with interactive components on main website such as ride board, ride calculator, Wild Sierra Registration should be brought to Dennis Pederson's attention. Michael manages Wild Sierra database and registration. Frontier Communications provides the internet service for the last few items and has been intermittent in the last week. We all need to collectively do a better job of making sure that events on the website are kept updated by emailing changes to Joe.
 - **Weekly Road Races:** Good turn-out, Juniors love their own group!
 - **Mountain Bike Races:** Ellen is working with Nate to get this started.
 - **Wild Hillacious Century Series:** No update.
 - **Junior Team:** Ellen lead mountain bike ride with a few of the JRs today for about an hour.
 - **Spring Century:** Dave not in attendance but reportedly it was the "best Spring Century ever". There were a number of awesome volunteers, great SAG stops, perfect hosting site, well received BBQ at the end.
 - **Pinenut Cracker:** A little over 100 racers but still waiting on Kevin Joell for income and expense details. Course was well received.
 - **King of Kingsbury Time Trial:** No update.
 - **Cyclocross Race:** Scott is proposing that we hold multiple cross races: Indian Hills (10/28/12) and Genoa (11/17/12) and possibly Virginia City.
 - **Bike Advocacy:** The Ride to Washoe for the freeway will be held Saturday, July 28, 2012. Rest stop for Lake Tahoe Bicycle Coalition was at Spooner and both Tim and Twain volunteered.
 - **Adopt A Highway:** No update.
 - **Clothing:** New clothing order should be here in two weeks. Pre-sales have been strong.
 - **Alta Alpina Challenge:** No better price was found for something of equivalent quality to Specialized bottles so bottles will cost \$1000 more than budgeted. Board was asked to revisit decision on purchases of T-shirts and water bottles given the significant increase in cost. water bottles = \$1600. T-shirts = \$3000. Board decides that we purchase 500 water bottles and T-Shirts for volunteers working the day of the event, but forego T-shirts for participants. Lauren suggests that we come up with a volunteer incentive program that grants AACC club members who volunteer a certain amount of hours for the challenge (24-30) be granted a free entry to the event. Tahoe Orthopedic Sports Medicine Group is going to make it a requirement that their fellowship doctors participate at Turtle Rock Park and it will become part of their training every year. There are 9 people signed up for the staff ride on June 16th.
2. **Stage Race:** Board previously approved that we can use our name to be the permit holder for the stage race. Discussion regarding requirements for permitting and whether or not CalTrans ever requires you to be for profit or non profit and chain of events regarding vote of permitting. Discussion regarding question of liability and risk assessment. After much discussion, Pete motions that we cancel the CalTrans permit that is in our name. Motion passes.
3. **Next Meeting:** Monday, July 2, 2012, 6 pm, TRPA in Stateline.



Alta Alpina Cycling Club

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MARK YOUR CALENDARS

Tour de NezJune 23
 Wild Sierra SetupJune 29
 Wild Sierra Event DayJune 30
 Wild Sierra CleanupJuly 1
 Thursday Night Races ..every Thu @6:15

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Mel Maalouf	President	president@AltaAlpina.org	775-782-9652
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Newsletter Editor:
 Scott Herman

Newsletter Publisher:
 Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **July 2** at the **TRPA Offices in Stateline.**