



PACELINE

**Alta Alpina
Cycling Club**

**Volume 17 Issue 6
July 2019**

AACC Weekend Ride Schedule—August

Rick Miyashiro, Weekend Ride Coordinator

There will be both fast and social pace versions of our weekend rides—just show up and join the group of your choice. Social pace riders should carry extra food and be prepared to help as a ride leader.

Saturday, August 3, 2019 — Mormon Emigrant Loop

Carpool from Old Meyers Grade at 8:00am, or Douglas High parking lot at 8:00am, or Burnside Lake parking lot at 8:30am. The ride starts from the Mormon Emigrant rest area near the intersection with CA88 (see map: <https://goo.gl/maps/QEm4ugjkYzS2>). This is a scenic 70 mile loop with about 8000 ft of climbing, mainly through remote, narrow, shady, and poorly marked forest service roads. Carry plenty of food and water and bring a bike that's in good working order, as there are no services along the way. There's one section of dirt road/broken pavement for a couple miles, so 25 or 28 mm tires are recommended. The first half is a rolling descent, the second half is a rolling climb, so pace yourself accordingly. The roads really are not marked, so it's important on this ride that we regroup and wait for everyone fairly regularly. Tony Parenti has graciously volunteered to drive sag for this ride! He'll have snacks, drinks and water in his car and meet us at a few different points along the route.

Saturday, August 10, 2019 — Boca to Cisco Grove

Be ready to ride at 9:00am at the dirt parking area just north of the train tracks on Stampede Meadows Rd. Use Exit 194 (Hirschdale Rd.) from I-80. This classic ride will travel out and back to Cisco Grove, using Glenshire Dr., the Truckee Bike Path, Donner Pass Rd. to the State Park, South Shore Dr., up Donner Pass, then left at Soda Springs for a loop of Serene Lakes and down old 40 to Cisco Grove. The ride returns direct down Donner Pass Rd. to the bike Path and the start for 72 miles. Those who want a shorter or medium ride can return after Donner Pass (for 41 miles), or Serene Lakes (52 miles). A nice scenic route with limited exposure to traffic in the heart of the summer season. Tony will again provide full SAG, so feel free to bring along any extra food, drinks, or clothing for access along the route. There are water & comfort stops at Donner State Park, Serene lakes, and Cisco Camp Ground. There will be snacks and drinks at the end.

Sunday August 18, 2019 — Schatts to Pleasant Valley

Be ready to ride at 9:00am at Schatts Bakery (Stewart St. in Carson City). This is a late summer edition of a ride we did earlier in the season—a loop ride that Heads up King St. Longview-V&T Trail to Coombs Canyon, Through Lakeview, East Lake, down a-395 north with a loop around Andrews lane, Rhodes Rd then back up Washoe Hill, Franktown, then up Hobart-Numaga-Pass, down Coombs Canyon and back to Schatts. Snacks and Drinks afterwards.

August 24/25, 2019 — Lake Davis/Gold Lake Weekend

We go out to Davis Lake on Friday and camp Friday and Saturday nights. If you don't want to camp, just drive up for the ride(s). On Saturday, we will ride the Gold Lakes loop which will be a 75-80 mile ride starting from the campground or roughly 60 miles starting from Graeagle. On Sunday, will do a mountain bike ride.

Sunday August 31, 2019 — Mixed Terrain

Be ready to ride at 8:00am at Stodick Park, Gardnerville. We'll tackle some rough pave and dirt in Gardnerville, the Pine Nuts and points east. Cross/gravel bike, MTB or road bike with 28s recommended.

Inside this issue:

<i>2019 Wild Sierra</i>	2
<i>Mixed Terrain Update</i>	2
<i>California License Plates</i>	2
<i>Presidential Posting</i>	3
<i>Thursday Racing</i>	5
<i>Club Clothing</i>	6
<i>Board Meeting Minutes</i>	7



2019 Alta Alpina Challenge: Riding the Wild Sierra

Michael Bayer, Ride Director

Awesome Volunteers Produce Another Awesome Event

We are able to host this event because we have such resourceful, talented, committed people to keep riders safe and ensure that they can achieve their personal challenge on the day of the event.

We were once again flooded with incredible feedback:

"Thanks for putting on a great event. Greatly appreciate all the volunteers; everything was executed perfectly. Great day - it was a challenge completing the five passes...I'm working on locking in accommodations for next year..."

"The volunteers at all the rest stops were friendly, very helpful and energetic. Some of that energy transferred itself to me, I think. The rest stops were well-stocked with a wide variety of goodies. And, I appreciated having a porta-potty at each rest stop (not all rides do that). I also liked that I could ride whichever route I wanted to. I had never ridden Blue Lakes Rd before, and gosh, that's so beautiful. Thank you very much for all the work you put into making this such a great ride. I know you have been spending months on the preparations. If we're in the U.S. late next June, we will be there again."

"I tremendously enjoyed the ride last weekend, the weather was perfect, the support crew at all the rest stops was excellent and the scenery sublime. I hope to do one of your rides again next year."



I'd like to thank everyone who contributed to the 2019 Alta Alpina Challenge before, during, and afterwards. I don't have room here to recognize the significant contributions of each and every individual but I want to acknowledge the huge contributions of Lee Griffith, Lori Piccini, and Frank Dixon. I particularly want to call out the huge contribution made by Jennie Hamiter who organized the ham radio team, did everything that might otherwise have fallen between the cracks, and generally tolerates 10 weeks of household disruption.

While the event is now over, work on the Wild Sierra continues day and night with many post-event activities keeping me very busy. Planning for next year starts right away as we study what we can improve through our postmortem process.

Carson Valley Adventure Ride Series

Michael Bayer, Ride Director

For those who like a little more dirt with their two-wheeled fun, we've been working on a new mixed terrain ride series that celebrates the amazing riding opportunities surrounding the Carson Valley. Mixed terrain (and gravel) cycling events are the fastest growing and working with other local organizations we're going to establish the Carson Valley as one of the best places in the world to ride awesome and inspiring mixed terrain cycling courses.

Interested in getting involved? Contact me at challenge@altaalpina.org.



California Cycling License Plate

The California DMV has released a new California Bicycle Theme Specialty License Plate. The license plate will fund cycling programs in CA including: cycling skills for 4th and 5th graders, middle school and high school youth cycling programs, biking as transportation, and safety education/share-the-road skills for drivers and bike riders.



Presidential Posting

Nigel Leigh, President

If anyone knows of a size large carbon framed road bike for sale in good condition, please let me know. Or a frame-only could work too. Don't ask why.

Of course the real news this month centers around the successful completion of another Alta Alpina Challenge ride. I'm continually amazed by the capabilities of this club. The fantastic volunteers running all aspects of this expansive and complex event. And cheerfully.

What a pleasure to be involved with. A big shout out to Michael Bayer, who's meticulous organization and superhuman effort make this event possible at all.

Its really unfortunate that one of our dedicated motorcycle support crew got tangled in an accident near Monitor Pass. I hear that Kyle Brown is now out of hospital and back at home. But with 2 broken scapulas and numerous other injuries its bound to be a long and uncomfortable recovery. Still, he came out of it a lot better than the Airstream trailer...

Last meeting we held a debrief meeting covering the Challenge. Lots of good constructive ideas came out of

it to fine-tune the event. But of course the real issue is: how do we boost the number of riders? There were around 200 this year, which continues the gradual downward trend. So put your mind to it! How can we improve the ride's appeal? How do we rev up its website? (Go take a look) How do we advertise it better? Let us know. If we don't turn this around next year, it'll be time to make a tough decision...

In other news, our new "Alta Alpina" branded tent is on its way, so expect to see it at future events. And the first of the new junior-team inspired club kit is starting to appear. It looks great! Another ordering window is being planned for early August, so don't miss out.

And one last point, which is completely unrelated to nearly all items in this posting, is a gentle reminder for fellow users of roof-mounted bike racks. Do remember that the correct order of events is: 1. remove bike, 2. drive into garage.

Cheers, Nigel.





Club Clothing

The club's colors, yellow and blue, are featured in the club's primary jersey. These jerseys can be ordered at any time and are made-to-order and shipped directly to you. Order these jerseys at the Voler store at:

www.voler.com/browse/collections/details/li/AltaAlpinaChallenge

If you're looking for a deal on a secondary jersey, check out our inventory of older jerseys and returns at:

www.altaalpina.org/clubkit



Alta Alpina NICA Clothing—Second Order Period

Coach Drew, Alta Alpina NICA Unified Team

NOTE: The store closes on Thursday August 8!

Our NICA Team uniforms are now available to purchase by all Alta Alpina members.

Please use this link to access the team store:

hyperthreads.com/team-stores/alta-alpina/

You can go to the store anytime between August 1 and August 8 and purchase as many or as few items as you wish. There is a sizing link (hyperthreads.com/size-charts/) on the web page to reference (they run small). Check sizing carefully as items cannot be returned if incorrect as they are all custom. Purchase the items and have them shipped directly to the address of your choice. The team store will only be open until **August 8**.

Contact Coach Drew at mtnwallaby@gmail.com if you have any questions.



Sale!



Sale!



Sale!

Local Merchant Discount Program

Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.

Show your AACC Membership Card at time of purchase.





Board Meeting Minutes—July 8, 2019

Secretary: Michael Bayer; Other Board Members: Desiree Aarts (Race Steward); Kimberly Bodenstein (Social Media); Tod Conover (Membership); Frank Dixon (Treasurer); Lori Kroboth (Deputy Treasurer); Nigel Leigh (President); Tammy Lundquist (Vice-president); Rick Miyashiro (Weekend Rides); Jim Sadilek (Website); Gregg Westerbeck (Membership Growth); Other Attendees: Andrew Bray, Sheri Coleman, Pam Dellea-Giltner, Matthew Dellea-Giltner, Lee Griffith, Bill Magladry, Peter Woods

Meeting called to order at 6:19pm

Minutes of the June meeting approved as printed
[Tammy/Nigel/Unanimous]

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$10,106.37. The PayPal account balance is \$16,987.12. Frank will do a year-over-year analysis once we finish paying bills for the Challenge. All but refund reserve to be transferred from Paypal to checking.
- **Membership:** New memberships and membership renewals continue to trickle in.
- **Weekend Rides:** The weekend ride leaders meeting Thursday to plan the rest of the season. July is scheduled already. Club ride have been averaging a dozen people. Thirteen turned out for the July 6 ride. Rick reports he talked to Keith to arrange a Saturday weekly ride from his newly refurbished shop.
- **Newsletter:** Michael requested that all submissions be submitted by July 12 and will get the newsletter out as soon as possible after all the required items are received. It was pointed out that the last newsletter contacts list had errors.
- **Website:** Jim is keeping the home page up to date with new information and current events. He is slowly updating all the other pages with the new banner.
- **Clothing:** Drew reports that the first order for team store went OK with over 20 orders placed. There will be a second order period that will open around the start of the NICA season.
- **Weekly Road Races:** Weekly road races are being well attended. The next race is the Eagle Ridge Circuit Race and we have received formal permission from the HOA.
- **Junior Team:** Drew reported that the composite team has 21 kids registered so far and the number may go as high as 30. There are 14 coaches. Training in earnest has begun with two sessions per week. The first race will be on August 25.

• **Fall Century:** No Report.

• **Adopt A Highway:** The next highway cleanup is scheduled for July 20.

• **Social Media:** Social media has been a big area of improvement in Wild Sierra marketing this year. Kimberly repeated her observation that the rescheduling of the Carson City Off Road had a significant impact on our registration numbers.

• **King of Kingsbury Time Trial:** Alan Biaggi is taking this on again this year and it's scheduled for September 28.

• **Mixed Terrain:** The club was awarded a \$9200 matching grant to launch the new Carson Valley Adventure Ride Series. Work will switch to focus on this event as the Challenge wraps up.

• **Challenge:** Aside from Kyle being struck by a vehicle, the event went very smoothly. We had great volunteer coverage and feedback from participants was once again off the charts.

2. **Wrapping up the Challenge:** Several riders who missed the cut-off at Monitor pass appealed to the board. The decision was taken that these riders would get credit for completing 6 passes on June 29 but would be invited to ride the staff ride for a second attempt at 8 passes. Those asking for credit to 2020 will also be invited to the staff ride. A postmortem meeting was scheduled for Monday July 15 at 6pm at Frank Dixon's house.

3. **Carson Valley Adventure Ride Series:** The board reviewed the grant contract and authorized Michael to sign it. [Nigel/Frank/Unanimous].

4. **Suicide Prevention Ride:** Gregg is working with the organizers of Andy's Ride which takes place on September 14.

5. **Next Meeting:** Monday, August 5, 2019, 6 pm, Jethros in Gardnerville.
Meeting adjourned at 8:30 pm



Alta Alpina Cycling Club

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 www.AltaAlpina.org

MARK YOUR CALENDARS

Mormon Emigrant RideSat, Aug 3
 Club Camping Weekend Fri-Sun, Aug 23-25
 Time-is-Right Special TTSat, Aug 31
 King-of-the-King TTSat, Sep 28
 Thursday Night Races ..every Thu @6:00

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Nigel Leigh	President	president@AltaAlpina.org	877-845-2453
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	530-545-3155
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Frank Dixon	Treasurer	bikeboygo@yahoo.com	530-318-1574
Tod Conover	Membership Coordinator	membership@AltaAlpina.org	877-845-2453
Rick Miyashiro	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-450-6457
Lori Kroboth	Deputy Treasurer		
Gregg Westerbeck	Membership Growth Coordinator	growth@altaalpina.org	650-276-6951
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Desiree Aarts	Thursday Road Race Stewards		877-845-2453
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Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
TBD	Volunteer Coordinator		
TBD	Marketing Coordinator		

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **August 5** at **Jethros** in the **Gardnerville Ranchos.**

Newsletter Publisher:
 Michael Bayer