



# PACELINE

**Alta Alpina  
Cycling Club**

**Volume 15 Issue 6  
July 2017**

## **AACC Weekend Ride Schedule—July/August**

David Scarborough, Weekend Ride Coordinator

We have a full schedule for the months of July and August but we are still seeking volunteers to lead more rides in the 20-30 mile range.

### **Sunday, July 16, 2017 — Sonora Pass**

Meet to carpool from the Gardnerville Grocery Outlet parking lot at 7:45am. We'll meet outside the Caltrans station on US395 at CA108 (park near but outside the gate) and be ready to roll at 9:15am. This ride has spectacular scenery and about 7,100 feet of climbing, some of it quite steep. Ride CA108 from US35, up and over Sonora Pass at 9600 ft elevation, down to Dardanelles Resort at about 5000 feet, and return. Dardanelles Resort has a convenience store for Gatorade and Fritos and running water. Bring a bike with good brakes, low gears and plenty of water. Note that riding from the meeting place to the top of Sonora and turning around, roughly 25 miles total, is a very respectable, tough, steep ride, so consider joining us for an east-side-only ride if the whole thing sounds like too much. Last year about half the group turned around at the top, ideally that would happen again so everyone's got someone to ride back with. We'll have cold drinks and snacks at the end. The group usually stops at Walker Burger on the way back home.

### **Saturday, July 22, 2017 — I-580 Opening Celebration**

The new segment of I-580 that completes the bypass of Carson City will open in early August. NDOT is inviting the community to celebrate the new segment with a preview ride/run/walk event on July 22. We'll meet at the NDOT-designated parking area on the new segment of freeway just south of Fairview. Be there ready to ride at 9:00am. After riding the new stretch of Freeway we'll ride out-and-back on Deer Run for a total of 20-26 miles of easy riding. Watch the Alta Alpina rideboard ([www.altaalpina.org/rideboard/](http://www.altaalpina.org/rideboard/)) and the NDOT project page ([www.nevadadot.com/projects-programs/road-projects/carson-city-freeway](http://www.nevadadot.com/projects-programs/road-projects/carson-city-freeway)) for more details.

### **Sunday, July 23, 2017 — Adopt-A-Highway Cleanup**

Meet at Turtle Rock Park at 7:30am for our annual July highway cleanup. Trash has been spotted in the area so we'll have some work to do but it doesn't take much time as we fan out to cover our stretch of adopted highway. We'll have snacks and ride Ebbetts afterwards. You should have long pants, solid footwear, and workgloves for picking up trash.

### **Saturday, July 29, 2017 — Mormon Emigrant Loop**

There are three carpool spots: 8:00am at the base of Old Meyers Grade, 8:00am at the south end of Douglas High School parking lot in Minden, and 8:30am at Burnside Lake parking lot in Hope Valley. The ride starts from the Mormon Emigrant rest area parking off Mormon Emigrant Trail near the intersection with CA88 (See map: [www.altaalpina.org/challenge/images/MormonEmigrantSnoPark.png](http://www.altaalpina.org/challenge/images/MormonEmigrantSnoPark.png)). This is a scenic loop with about 7000 ft of climbing, mainly through remote, narrow, shady, and poorly marked forest service roads. There's a campground half-way that should have water, but please bring plenty of food and water and a bike that's in good working order, as there are no other services along the way. The first half is a rolling descent, the 2nd half is a rolling climb, so pace yourself accordingly. There's one section of dirt road/broken pavement for a couple miles, so we recommend 25mm or 28mm tires. The roads really are not marked, so it's important on this ride that we regroup and wait for everyone fairly regularly.

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## **AACC Weekend Ride Schedule—July/August (cont.)**

### **Sunday, August 6, 2017 — Star Lake MTB**

Meet at Heavenly Valley Stagecoach Parking Lot and be ready to ride by 8:30am. This is an out-and-back mountain bike ride on the Tahoe Rim Trail. The route is all single track with some technical granite steps, some smooth swooshy sections, and fabulous views. Our destination and turn-around is a beautiful, remote alpine lake. The total mileage is about 16 miles.

### **Saturday, August 12, 2017 — Project HERO/GE Ride**

Project HERO sponsor GE and Alta Alpina Cycling Club are co-hosting a family friendly ride and celebration for Minden GE employees, Alta Alpina Club members, Project HERO Veteran riders, and local community members/supporters! For more details, or to RSVP, visit [www.facebook.com/groups/ProjectHEROCityofReno/](http://www.facebook.com/groups/ProjectHEROCityofReno/). All rides will start and end at the Bently Science Park (off Buckeye and Orchard outside Minden). The event starts at 9:00am there will be a variety of ride distance options ranging from 5 miles to 41 miles. Following the ride, local food trucks will be available for lunch as well as family games and activities! Come support this great Veterans Cycling Program!

### **Sunday, August 13, 2017 — Ride around Lake Tahoe & BBQ**

Meet at Dave Scarborough's house, ready to ride, at 8:30am (see address posted on website rideboard). We'll ride clockwise around the lake at a medium casual pace—a distance of about 72 miles. We will have snacks and BBQ leftovers from the Spring Century afterwards. Please let us know if you are coming so we know how much food to defrost ([davescar30@gmail.com](mailto:davescar30@gmail.com) or call (530)318-7878).

### **Saturday, August 18 to 20, 2017 — Gold Lake Weekend**

We plan to camp at the [Gold Lakes Campground](#) about 10 miles up Gold Lake Highway from CA89 at Graeagle. (We can't make reservations but we plan to have a group get there on Friday afternoon to get campsites.) On Saturday we'll ride the 60 mile Gold Lake Loop (the loop formed by CA89, CA49, and Gold Lake Highway). On Sunday we'll do a mountain bike ride and/or road ride to Lake Davis. Watch the club website for more details. Contact Dave Scarborough ([davescar30@gmail.com](mailto:davescar30@gmail.com) or call (530)318-7878) if you're interested in coming.

### **Saturday, August 26, 2017 — Markleeville to Lake Alpine**

Meet behind the courthouse in Markleeville ready to ride at 8:00am. We'll ride to the top of Ebbetts Pass, down to Hermit Valley, up Pacific Grade, and out to the Lodge at Lake Alpine. Bring money for lunch/snacks at the Lodge. The total distance is about 70 miles with about 8000 feet of climbing.

### **Saturday, September 16, 2017 — Pack Saddle Pass**

Meet at the bottom of Old Meyers Grade (at South Upper Truckee Rd.). Be ready to roll at 8:00am. This ride will cover 70 miles and 8,300 feet of climbing. We go over Meyers Grade, east on US50, south over Packsaddle Pass to Mormon Emigrant, then out to CA88, and back via Luther Pass. There are long distances with no services available. We'll have snacks at the end, but be sure to bring at least two water bottles and some money for the store at Kit Carson.

### **Saturday, September 23, 2017 — Tahoe City to Cisco Grove**

Meet in Tahoe City in the parking area next to the river adjacent to Transit Center. Be ready to ride at 8:00am. We'll ride out to Truckee and have our first stop at The Outlets/Paco's on Donner Pass Road. Those who want a shorter ride can meet us there at 9:15am. We'll then ride up and over the summit on Highway 40 (Old Donner Pass Rd.) and then join the I-80 frontage road down to Cisco Grove and return to Tahoe City by the same route for a total of 70 miles (50 miles for those starting from Paco's).

### **Saturday, October 7, 2017 — Tim Rowe Memorial Fall Century**

To carpool to the start, meet at 8:30am in the parking lot for Lampe Park in Gardnerville. We start from CG Bar in Wellington at 9:15am. The ride goes up and over Sweetwater Pass to Bridgeport and returns by the same route. There will be a rest stop with snacks and drinks at the top of Sweetwater but we recommend bring money for food in Bridgeport. There will be pizza for everyone at the end of the ride. The full distance is about 84 miles.



## Presidential Posting

Chris Rhiner, President

Its a busy time of year to be reading a cycling newsletter!

The Thursday night races are in full swing, our race stewards have mastered the new technology! Snow is melting and the dirt trails have opened for mountain biking. Ebbetts Pass, Highway 4 is open and hosted 2500+ riders on new pavement for the Deathride! Cycling is alive and well in our communities.

Our very own Leon Malmel is literally paving the way to better roads in Tahoe—South Lake Tahoe residents checkout measure C on the ballot this fall. Our Tahoe roads are in need of repair for continued safe cycling—an apparent oversight that doesn't match the industry upgrades in downtown areas.

Don't forget to drop in to the local bike shops for repairs and resupply, you can even do that while on your bike ride.

Hope to see a few of you at the highway clean up next Sunday. Tammy DeGiovanni is serving up some good coffee that might even wake me up on July 23, 7:30am yikes! Ride safe, predictable and visible.

See you on the bike.



## Rumble Strips

Michael Bayer, Newsletter Editor

Rumble strips may be coming to the highways we love to ride. For much of the year, the great folks in the Alpine County Community Development Department have been working to persuade Caltrans not to add Rumble Strips to CA88, CA89, and CA4 as they are dangerous to the thousands of cyclists that come to Alpine County. The club has also made a number of submissions to argue against adding rumble strips. Unfortunately, we've just been advised that the Federal Highway Administration (FHWA) has issued new guidelines which, according to our Caltrans contact, conclude that **rumble strips have "no impact on bicyclists"**. He went on to indicate that this conclusion was reached "because there was no outreach to the bicycling community and that bicycle crashes from rumble strips are not reported to police". In other words they didn't actually seek to determine if rumble strips impacted cyclists, they just didn't have any data that they did.

CalTrans has advised us that **every cyclist needs to report every safety incident involving a rumble strip** so that entries are generated in the Statewide Integrated Traffic Records System (SWITRS). If you experience or witness any incident involving a rumble strip in California, make a point of reporting it to CHP by calling 1-800-TELL-CHP (1-800-835-5247). Make sure that CHP documents the incident you're reporting using **CHP form 555** which means it will get recorded into the SWITRS database.



### Thursday Evening Race Series – 2017 Season

Michael Bayer, Race Administration

We're a little more than half-way through the race season. I hope everyone who has been racing has been enjoying the races so far, but for those who haven't joined us yet, it's not too late to join in the fun! Racing is one of the best ways to get some excellent cycling exercise and our weekly evening races also offer a great social time to hang out with other cyclists. Alta Alpina races are open to everyone and our race categories make it easy for anyone from racing veterans to first-timers to have a great race experience.

Our co-Race Stewards Desiree Aarts and Kiley Reid have been doing a fabulous job and we've been getting results posted quickly after each race thanks to the new race timing system. The system also provides more precise times and even lap times for you to analyze.

#### Race Schedule

There are 7 races left in the 2017 schedule:

|      |                          |      |                           |      |                          |
|------|--------------------------|------|---------------------------|------|--------------------------|
| 7/20 | Pinenut Road Race        | 8/10 | Blue Lakes Time Trial     | 8/31 | Diamond Valley Road Race |
| 7/27 | Starbucks Criterium      | 8/17 | Starbucks Criterium       |      | Short Course and         |
| 8/3  | Diamond Valley Road Race | 8/24 | Fredericksburg Time Trial |      | Post-Race Pizza Party    |

Races will take place rain or shine. However, the Race Steward reserves the right to adjust the course, format, timing, or number of laps to reflect local conditions. If a race must be terminated early all racers will receive 5 points.

#### Race Registration

Register for each race between 5:30pm and 6:00pm. If you already have a season pass you just go to the front of the line and check-in. If not, and it's your first race, allow time to register and get your RFID chip.

#### Rule for Crashes

Crashes are rare, but we had two at the Diamond Valley Double Back. Our rule is that if a crash occurs, everyone in the vicinity should to stop to help. The race for everyone in the affected category will be neutralized and everyone will receive 10 points. When it is appropriate, racers may resume but they will be racing "for fun". In the even more unlikely event that more than one category stopped to assist at the scene of the crash, the different categories should resume separately.

#### Race Venues, Maps, Directions, Safety Rules, Race Formats, and Race Results

Visit the racing page on the club website for all the details:

<http://www.altaalpina.org/clubracesroad/>

You'll find results from each completed race, maps and venue details for upcoming races, information about categories, race formats, and rules on the website.

### Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at [www.AлтаAlpina.org](http://www.AлтаAlpina.org)









## South Lake Tahoe Measure C

Leon Malmed, Residents for Better Roads

### Fix Our Roads

As cyclists in South Lake Tahoe, we are painfully aware of the dangerous state of roads in our city. Our aging streets are failing. Dangerous potholes and cracks must be repaired immediately to improve road safety and protect cyclists, motorists, pedestrians and children.

This is why our city needs Measure C, which will be on the November ballot this year. Measure C will fix potholes, and pave, maintain and repair our streets and roads in South Lake Tahoe. It will improve roadway safety for bicyclists, drivers and pedestrians, as well as provide safe routes for children who walk or bike to school. Measure C will add sidewalks and bike lanes, where possible. This measure is what our city needs for the safety of residents both on bikes and in cars.

Repaired roads from Measure C will also ensure emergency vehicles can respond to emergencies quickly and safely, and will improve lake clarity and water quality by reducing roadway fine sediment that drains into Lake Tahoe.

By fixing and maintaining local roads, Measure C will improve our quality of life, raise our property values and reduce roadway pollution of Lake Tahoe.

Please join me in voting YES on Measure C.

Residents of South Lake Tahoe can vote YES on Measure C by mail or at the polls on November 7.

For more information, to get involved, to donate, or to endorse Measure C, please contact Leon at [leon.malmed@gmail.com](mailto:leon.malmed@gmail.com).





## Board Meeting Minutes—July 10, 2017

Acting Secretary: Michael Bayer; Other Board Members: Chris Rhiner (President), Tammy Lundquist (Vice President), Dave Scarborough (Weekend Ride Director), Jim Sadilek (Webmaster), Lori Piccini (Clothing Coordinator), Curtis Fong (Advocacy); Other Attendees: Leon Malmed (Member)

Meeting called to order at 6:04 pm

1. **Measure C:** Leon Malmed presented details of the City of South Lake Tahoe ballot measure “C” which will be before the residents of South Lake Tahoe in the upcoming November 2017 elections. As an active cyclist, Leon has taken on the issue of dangerously degraded roads and is heading up the campaign to implement an earmarked 0.5% sales tax to be used exclusively for the repair of city roads. Leon asked the club to endorse his campaign. The board voted to do so (Michael/Tammy/Carried 3-1).

### 2. Monthly Status Reports:

- **Treasurer:** No Report.
- **Membership:** There are 164 fully paid members. Michael reported that he continues to talk with local bike shops about ways we can partner better to grow our membership. There was some discussion of the subject of marketing the benefits of club membership and the importance of being consistent in our outreach activities.
- **Weekend Rides:** Dave reported that turn-out for his last two rides was disappointing. Michael reported that turn-out for Jennie’s mountain bike ride and Tod’s recent ride had exceeded expectations. Dave has completed the ride schedule for the next few weeks and is now working on a big camping weekend for the club at the Gold Lakes campground August 19-20.
- **Newsletter:** Michael plans to have the newsletter out by Friday assuming that everyone can get content submitted by Thursday. The board has decided that there will no longer be any printed newsletters.
- **Website:** Jim reported that the switch to Blue Host has been completed. Jim is now working on reviewing and updating all the content, updating the banner image, and bringing the code up to the latest specifications. Michael reported that email has been migrated and board members should work with him to configure their email clients.
- **Weekly Road Races:** We had a great turn out

for the Diamond Valley Double Back with many first-time participants. Unfortunately both Pike and Kevin had injury crashes which neutralized both the A and B category races. Pike is back racing but Kevin is still recovering. Conditions were great for Kingsbury Time Trial and people had great times.

- **Junior Team:** No Report.
  - **Tim Rowe Memorial Fall Century:** Dave has confirmed that everything is set for October 7.
  - **King of Kingsbury Time Trial:** Michael reported that there was negative feedback at the Thursday race about the fact that we aren’t holding the KoK this year.
  - **Cyclocross Race:** No Report.
  - **Bike Advocacy:** Curtis reported that the Tahoe Bike Coalition has released a new version of the Tahoe Bike Map. The 2017 NDOT BikePed Summit will be held at the Suncoast Hotel in Las Vegas on November 13 and 14. Curtis also passed along a request from Muscle Powered for volunteers to ride in the Nevada Day Parade on October 28. Michael reported that he received an email from Caltrans warning of changes to policies around rumble strips and recommending that club members report any incidents related to rumble strips to the CHP.
  - **Adopt A Highway:** The next highway clean-up is scheduled for Sunday, July 23.
  - **Clothing:** The club purchased \$850 of fashion kit inventory from Chris (Tammy/Dave/Carried unanimously). Lori has all the clothing inventory and Jim will update the clothing inventory page.
  - **Challenge:** Michael has been working on alternative rest stop opening/closing times and reviewed the process by which the times have been set in the past. We are seeking help with volunteer coordination. Marketing/registration should kick-off in October.
3. **Next Meeting:** Monday, August 14, 2017, 6 pm, Lakeside Casino in Stateline.  
Meeting adjourned at 8:38 pm



# Alta Alpina Cycling Club

P.O. Box 2032                      877-845-2453  
 Minden, NV 89423                877-845-BIKE  
    www.AлтаAlpina.org

## MARK YOUR CALENDARS

- Highway Cleanup    ....Sunday, July 23
- Project Hero Ride    ..Saturday, Aug 12
- Camping Weekend    .....Aug 16, 17, 18
- Fall Century    .....Saturday, Oct 8
- Thursday Night Races    ..every Thu @6:00

**MOVED? GOT NEW CONTACT INFO?**  
 Have you moved? Has your e-mail address changed?  
 Don't miss out on the latest AACC happenings!  
 Update your info at [www.AлтаAlpina.org](http://www.AлтаAlpina.org); click on "Membership"

## Alta Alpina Cycling Club Board Members

|                   |  |  |              |
|-------------------|--|--|--------------|
| Chris Rhiner      | President                              | <a href="mailto:president@AltaAlpina.org">president@AltaAlpina.org</a>       | 775-790-6373 |
| Tammy Lundquist   | Vice President                         | <a href="mailto:tahoe.tammy@gmail.com">tahoe.tammy@gmail.com</a>             | 530-545-3155 |
| Garth Jackson     | Secretary                              | <a href="mailto:secretary@AltaAlpina.org">secretary@AltaAlpina.org</a>       | 775-220-2713 |
| Frank Dixon       | Treasurer                              | <a href="mailto:ozatlake@gmail.com">ozatlake@gmail.com</a>                   | 530-318-1574 |
| Michael Bayer     | Membership Coordinator                 | <a href="mailto:membership@AltaAlpina.org">membership@AltaAlpina.org</a>     | 877-845-2453 |
| David Scarborough | Weekend Ride Coordinator               | <a href="mailto:ridedirector@AltaAlpina.org">ridedirector@AltaAlpina.org</a> |              |
| Michael Bayer     | Alta Alpina Challenge Ride Director    | <a href="mailto:challenge@AltaAlpina.org">challenge@AltaAlpina.org</a>       | 877-845-2453 |
| Desiree Aarts     | Thursday Road Race Stewards            |  | 877-845-2453 |
| Kiley Reid        |  |  |              |
| TBD               | Pinenut Cracker Mountain Bike Race     |  |              |
| Tammy DeGiovanni  | Road Cleanup Coordinator               | <a href="mailto:ttdeg@frontier.com">ttdeg@frontier.com</a>                   | 775-901-1652 |
| TBD               | Volunteer Coordinator                  |  |              |
| TBD               | Marketing Coordinator                  |  |              |
| Lori Piccini      | Clothing Coordinator                   | <a href="mailto:clothing@altaalpina.org">clothing@altaalpina.org</a>         | 877-845-2453 |
| Michael Bayer     | Paceline Editor                        | <a href="mailto:paceline@AltaAlpina.org">paceline@AltaAlpina.org</a>         |              |
| David Scarborough | Spring Century Coordinator             | <a href="mailto:dave_scar@hotmail.com">dave_scar@hotmail.com</a>             | 530-318-7878 |
| Mel Maalouf       | Junior Team Coach / Race Team Director | <a href="mailto:alpinajr@gmail.com">alpinajr@gmail.com</a>                   | 775-782-9652 |
| Jim Sadilek       | Website Coordinator                    | <a href="mailto:ccwatchmaker@gmail.com">ccwatchmaker@gmail.com</a>           |              |
| TBD               | Bicycle Advocacy Coordinator           |  |              |

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **August 14** at the **Lakeside Casino** in **Stateline.**

Newsletter Publisher:  
 Michael Bayer