



PACELINE

**Alta Alpina
Cycling Club**

**Volume 13 Issue 6
July 2015**

AACC Weekend Ride Schedule—July/August

Garth Jackson, Weekend Ride Coordinator

There will be both faster and social pace versions of our weekend rides—just show up and join the group of your choice. Beginners are invited to ride a shorter version of the ride and meet everyone back at the start for snacks.

Saturday, July 25, 2015 — WEEKEND RIDE: Blue Lakes and BBQ

Meet at Dave Scarborough's house (see website rideboard for address). We'll roll at 9:30am and take 50 to Sawmill Rd to 50, then Luther Pass, 88 and Blue Lakes Rd. to the end. There will be water at the campground but you should bring food. We'll return via Pioneer trail for a total of about 70 miles. We'll have snacks and a BBQ at Dave's house.

Saturday, July 25, 2015 — TAMBA Snapdragon Trail Building Day

Help TAMBA finish the long-awaited Snapdragon Trail. Meet where the Rim Trail passes Twin Lakes (near Tunnel Creek) at 9:30am or at 9:00am behind the Tunnel Creek Cafe in Incline Village for 4WD Carpool.

Sunday, July 26, 2015 — WEEKEND RIDE: Mt Rose to Big Meadow

This is a one-way mountain bike ride so you'll need to coordinate with others for a shuttle. Contact [Garth](#), the ride leader, to discuss car pooling options. We'll roll from Tahoe Meadows trailhead on Mt Rose at 8:00am and ride 65 miles south, mainly on the Rim trail, to the Big Meadows trailhead on Luther Pass. Carry plenty of food and water. Garth will stash some water and Tramway Market at Kingsbury has food for purchase. There will be snacks and drinks at the end of the ride.

Sunday, August 2, 2015 — WEEKEND RIDE: Star Lake MTB

Meet at 10 am at Stagecoach Lodge on the Nevada side of Heavenly Ski Resort. It's about a 16 mile round trip out to Star Lake and back, much of it technical singletrack. Enjoy sweeping views of the Carson Valley and the Tahoe basin. Bring food and water for about a 4 hour ride.

Saturday, August 9, 2015 — Ride 2 Recovery - Volunteer Riders Needed

Project HERO is holding an event that starts and ends at the State Historic Park in Genoa, involving a variety of distances. GE is graciously sponsoring a post-ride BBQ! If you are able to volunteer as lead and sweep riders please email or call April Wolfe to RSVP at 775-223-8736 or wolfea@reno.gov

Saturday August 15, 2015 — WEEKEND RIDE: Sonora Pass

Ride starts at the Caltrans station at the intersection of CA108 (Sonora Pass) and US395 at about 9:00am. We'll go about 65 miles out and back to cover both sides of Sonora Pass turning around at the store in Dardanelle. This is a very steep out and back. Bring plenty of food and water as there is none until the store. See the club website under "Road Bike Routes" and "395 South" for more route details. We'll meet at Lampe Park in Gardnerville to Carpool, departing at 8:00am.

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Jerseys Now Available through Build-to-Order

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Sonora Pass Weekend Ride

Jennie Hamiter lead a fun ride over both sides of Sonora Pass.





Spokes from the President

Chris Rhiner, President

Hi all, its been an unusual summer. Always new challenges and surprises in the Eastern Sierras. I think thats why many of us live near the Mountains & Lakes, it puts us closer to nature daily. As I write this yet another afternoon thunderstorm is brewing and I am safely back from my mountain bike ride in the pinenuts. The mountains where Jim and I normally road ride have been unavailable in the afternoon. This was a good year for me to take up mountain bike riding.

On a sad note, as many of you know, our Challenge ride had to be cancelled due to fire. We were fortunate enough to have a few days to be able to seek alternative routes and communicate with pre-registered riders. Unfortunately, none of our alternative contingencies worked out.

What a disaster for Michael our Challenge coordinator. I think he has just about picked up all the pieces and came up with many solutions to all the permits and finer details of putting on a ride in 3 counties and national forests, as well as taking care of all the inquiries of the registered riders.

I do want to say welcome to all the new members we have for this year due to our cancelled ride. I hope you will be able to join us on a club ride if you are back in the area or can participate in the 8 pass staff ride. If you happen to live here already then definitely try our posted club rides. We have lots of "secret" beautiful rides that can really only be discovered by riding with someone who knows the route. Watch the ride board or Facebook and try to connect with our local members.

Ride Checklists

Carry these items when you're heading out for a ride:

- One or two spare tubes that fit your tires
- Levers for fixing a flat tire
- Pump that fits the valve on your tubes
- Water — roughly 1 bottle for every 20 miles
- Jacket — weather can change quickly
- Bright Clothing
- Personal Identification—just in case
- Emergency cash

If you might be out after dark:

- Front light
- Rear light
- Reflectors

Before you head out for a ride:

- Use a floor pump with gauge to make sure your tires are fully inflated.
- Lift the front wheel off the ground and give it a spin to make sure that the it spins freely. Apply the brakes to make sure they are working. Repeat with the rear wheel.
- Lubricate your chain.
- Make sure that your gears are shifting smoothly.

Local Merchant Discount Program



For discounts from these local merchants, please visit the AACC website at www.alpcalifornia.org



Special Alta Alpina Challenge Meeting Minutes—June 25, 2015

Secretary: Jim Sadilek; Other Board Members: Frank Dixon, Treasurer; Michael Bayer, Alta Alpina Challenge Ride Director/Newsletter Publisher/Membership Coordinator; Garth Jackson, Weekend Ride Coordinator; Other Attendees: Curtis Fong, Member; Jenny Hamiter, Member; Peter Costa, M.D., Member and Challenge Medical Officer; Tim Rowe, Bicycle Advocacy Coordinator.

A special conference call meeting was held starting at 2:45 p.m. June 25, 2015 in order to make a decision regarding this year's Alta Alpina Challenge ride.

The discussion focused on available options in view of the Washington Fire having prevented the club from using Turtle Rock Park as a headquarters and start/ finish. Also the roads south, Highway 89 and Highway 4, from Markleeville are closed, preventing the ride from using both Monitor Pass and Ebbetts Pass.

As the discussion progressed, the options available were (1) to have the ride on the scheduled date, but with a different route and starting point; (2) to postpone the ride until a later date when conditions may be more favorable; (3) to cancel the ride for this year.

Several factors combined to affect the decision as to whether to have the ride on the scheduled day.

Severe weather conditions forecast for Saturday include thunder cells forming on the western flank of the fire that will deliver outflows of up to 60mph possibly accompanied by dry lightning. This is likely to drive more smoke into the Blue Lakes area, Hope Valley, Carson Pass and beyond--areas which have already seen a rise in smoke levels today and could spark new fires. The weather service is also predicting temperatures in triple digits even on tops of passes.

Peter Costa, citing data from air quality monitoring stations in Carson Valley and near Woodfords, reported that air quality in the area is alternating between unhealthy and extremely unhealthy.

Other possible dates later into the year were discussed, but for various valid reasons all were judged unsuitable by the group. In considering the question of cancellation versus postponement alternative dates were discussed. Any immediate alternative dates could be similarly impacted by the Washington fire, which at this point in only 10% contained—Turtle Rock Park is unavailable for the duration of the fire. Alternate dates are in conflict with other rides. In some cases, dates conflict with Curtis' rides so we would not be able to borrow his equipment, which is essential to our ability to support the ride. Dates in August were determined to be unsuitable because the club cannot staff all the volunteer positions during August. Dates in September and October were discussed but were judged unsuitable by the group because of the onset of shorter daylight hours, colder temperatures, and the possibility of snow could impact the level of participation.

Jennie reported that she had received about 35 emails from registered riders who stated that they would not ride under any circumstances—the assumption being that the poor air quality would have serious health consequences. Likely there were other riders, who did not email, with similar concerns.

Michael noted that East Fork Fire and Paramedic District cancelled the club's ambulance contract for the Challenge Ride, which would leave us scrambling for an alternative ambulance provider as required by our Alpine County special event permit conditions.

Motion: Cancel this year's Alta Alpina Challenge. All 2015 registered Challenge riders' entries will be transferred to ride the 2016 event. Optionally for those who wish, the club will offer an invitation to eight pass riders to ride our club staff ride contingent upon the limit imposed by Alpina County as to the number of riders allowed on a club ride. All registered Challenge riders will receive an AACC membership through the end 2015 as an effort to maintain the goodwill of our participants and keep them informed of club activities. A policy will be developed to deal with issues raised by individual riders. Michael Bayer/Frank Dixon — carried unanimously.

Meeting ended at 3:55 p.m.



Board Meeting Minutes—July 6, 2015

Secretary: Jim Sadilek; Other Board Members: Chris Rhiner, President; Frank Dixon, Treasurer; Michael Bayer, Alta Alpina Challenge Ride Director/Newsletter Publisher/Membership Coordinator; Di Bolton, Thursday Road Race Director

Meeting called to order at 6:08 pm

Minutes of the June meeting approved as circulated.

1. Monthly Status Reports:

- **Treasurer:** Treasurer: The current checking account balance is: \$21,772.00. The PayPal account balance is \$32,960.83.
- **Membership:** A few new memberships and renewals continue to come in. However, regular memberships are at nearly the same level as reported in June. See new business for the addition of a substantial number of honorary members.
- **Weekend Rides:** Garth reported that weekend ride dates until the end of the season have been planned and most are posted on the ride board.
- **Newsletter:** July newsletter will go out as soon as all content is in to Michael. For the August newsletter Michael hopes to have all the content, with the exception of the minutes, before the August board meeting so that the August issue can be published before August 7. Michael and Jennie will be leaving for France in early August.
- **Weekly Road Races:** The recent unsettled weather has wreaked havoc with the race schedule. Di reiterates the race registration is from 5:15 to 6:00 firm. July 9 races are in Reno. Also Di reminds everyone to check the ride board, Face book, and e-mail to determine any changes in schedule or venue. Decisions will be made by 3:00 pm race day.
- **Mountain Bike Rides:** Alex Kuhlman has been posting mountain bike rides, but so far they are not well attended.
- **Bike Advocacy:** No report.
- **Adopt A Highway:** Next clean up day scheduled for Sunday, 07:30, July 19. Meet at Turtle Rock Park. Tammy will provide coffee and snacks.
- **Clothing:** Lori will be taking over (see below).
- **Challenge:** Michael offered a preliminary report on the financial impact of the Challenge ride cancellation. Considerable time was devoted to discussion of several factors affecting the

finances regarding the Challenge going forward. More specific information will be available at the next board meeting when all the various accounts should be settled.

2. **Challenge Funds:** A decision was reached on one issue, the money from the registration fees, which will be rolled over until next year, will be separated from the club's bank account and placed into a CD until time for next year's Challenge. Motion 07/01: Set aside this year's Challenge ride registration monies into a CD maturing in time for next year's Challenge ride. Chris Rhiner/Tammy Lundquist -- Carried unanimously..
3. **Memberships for Challenge Riders:** As noted in the minutes from the Special Meeting of June 25, 2015, "All registered Challenge riders will receive an AACC membership through the end 2015 as an effort to maintain the goodwill of our participants and keep them informed of club activities." This group, numbering about 300, will be designated as honorary members. Motion 07/02: Grant honorary memberships to the Alta Alpina Cycling Club for the 2015 year to all 2015 Challenge ride registrants. Michael Bayer/Frank Dixon -- Carried unanimously.
4. **Mormon Emigrant Ride Expenses:** Regarding expenses for the Mormon/Emigrant club ride, which was substantially more supported than a normal club ride because the ride was opened to riders who had registered for the cancelled Challenge ride, but were still in the area, the decision was made to reimburse three of the four SAG vehicle drivers for expenses in the amount of \$60 each. The fourth SAG vehicle driver, Maud Naroll declined reimbursement. Motion 07/03: Reimburse Curtis Fong, Peter Costa and Frank Dixon for SAG duties at the June 28 Mormon/Emigrant ride in the amount of \$60 each. Michael Bayer/Tammy Lundquist -- Carried unanimously
5. **Clothing Coordinator:** Motion 07/03: Appoint Lori Piccini as Clothing Coordinator. Michael Bayer/Chris Rhiner -- Carried unanimously.
6. **Next Meeting:** Monday August 3, 2015, 6 pm at Jethro's in the Gardnerville Ranchos. Meeting adjourned at 8:00 pm



Alta Alpina Cycling Club

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 www.AltaAlpina.org

MARK YOUR CALENDARS

- Blue Lakes & BBQSat, July 25
- Mt Rose to Big MeadowSun. July 26
- Bodie Bowl MTB RideSat, Aug 22
- Leviathan Mine LoopSat. Aug 29
- Thursday Night Races ..every Thu @6:15

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Chris Rhiner	President	president@AltaAlpina.org	775-790-6373
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	530-545-3155
Jim Sadilek	Secretary	ccwatchmaker@gmail.com	775-220-2713
Frank Dixon	Treasurer	ozatlake@gmail.com	530-318-1574
Michael Bayer	Membership Coordinator	membership@AltaAlpina.org	
Garth Jackson	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Di Bolton	Thursday Road Race Director	dibolton@frontier.com	775-781-4660
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Joe Marzocco	Website Coordinator	j_marzocco@yahoo.com	
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **August 3** at the **Jethros** in the **Gardnerville Ranchos.**

Newsletter Publisher:
 Michael Bayer