

# PACELINE

# Alta Alpina Cycling Club

Volume 4 Issue 6 July 2006

# AACC Weekend Ride Schedule—July/August

John Seher, Weekend Ride Coordinator

There will be both fast and social pace versions of our weekend rides—just show up and join the group of your choice. Social pace riders should carry extra food and be prepared to help as a ride leader.

Sunday, July 16, 2006 — Packsaddle Pass and Mormon Emigrant Trail This is a scenic mountain loop on some little known roads, with, unfortunately, a bit of riding on a busy highway. To avoid traffic we'll meet at the foot of old Meyers Grade where it intersects South Upper Truckee Road and leave at 08:00 AM. We head up and over Echo Summit and descend past Strawberry, where we leave highway 50 for the safety of a lightly traveled USFS paved road. This will take us over Packsaddle Pass to the Silver Fork Road that comes from Kyburz. We'll climb up to meet the Mormon Emigrant Trail, then highway 88 back to Silver Lake, Kirkwood, Carson Pass, and Hope Valley. The home leg is old Luther Pass and Highway 89 back to the start. Lots of climbing and seventy some miles. Bring some money to buy food along the way.

Saturday, July 22, 2006 — The AACC weekend rides hit the dirt! It's an even numbered day so we can ride the Rim Trail. We ride from the Ponderosa Ranch at Incline, up the old Mount Rose Road to the Tahoe Meadows, then south on to the Rim Trail and the Flume Trail, to Marlette Lake, and return via the Rim Trail and Tunnel Creek. Meet near the Ponderosa Ranch along highway 28 at 09:00. Riding time is about six hours, and there's lots of climbing and technical terrain. There are great views, so bring your camera. Pack plenty of food and water too.

Sunday, August 6, 2006 — Luther Pass and Blue Lakes Road Meet at the bottom of Old Meyers Grade on South Upper Truckee Road and be ready to roll at 09:00. We'll ride up old Luther pass road, then the new highway to Luther Pass, descend to Pickett's Junction, and ride up Blue Lakes Road to the end of the pavement. On the return we'll take old Luther on the south side of the pass. It's about 55 miles round trip with a fair bit of climbing, but nothing terribly steep. We're at high elevation, so the temperature should be agreeable, and the views are superb.

#### Sunday August 13, 2006 — Sonora Pass. Both sides!

Can you believe it's back? And by popular demand no less! Meet at Sonora Junction on US 395 between Walker and Bridgeport at 09:00. There is a place to park across the highway at the CalTrans maintenance station. We'll pass by the USMC Mountain Warfare Training Center, hit the ramp and climb to the top of the pass, and descend the west side to Dardenelle, where we can get food and drink for the ride back. The route is only fifty miles, the scenery is gorgeous, but there is a lot of very steep climbing—think Pacific Grade. Bring your lowest gears and all your leg and lungpower.

#### Inside this issue:

Wednesday Night Races	2
MTB Race Results	3
Letter from Micah	3
Tour de Nez	4
Presidential Perceptions	5
Member Profile	6
Board Meeting Minutes	7
Alpine County Event	7

# Carson Valley Classic Masters District Championship Races July 29-30 2006

Our annual road-racing weekend is upon us and we could use a little help. Think of it as your last chance to pay back the club for everything you get out of it. And, it's a good chance to see the next Greg LeMond or Lance Armstrong in action.

We need a few people to help watch the corners, to set things up, and take things down. If you are using the reimbursement program, you can fulfill part of your obligation as well. Please contact me so I can assign specific task--preferred or show up day of event. Hope to see you out there! Contact:

jim.rhiner@bently.com 775-215-1019 or 775-783-9834



Page 2 PACELINE

# Only a Few Wednesday Night Races Remaining

Christine Anderson, Wednesday Road Race Director

We've had a great season of racing so far-lots of racers & lots of fun. If you haven't joined us yet, hurry up before the season is over.

Tuesday, July 18, will be our next Club Challenge; the Reno Wheelmen will be hosting the race at the RenoFernley Raceway east of Reno starting at 6:15.

July 26 will have us back out at Diamond Valley for our classic road race. See you out there!

Registration is from 5:30-6:00 and racing starts at **6:15**. Prices are **\$4** for members, **\$7** for non-members.

7/12 East Valley CT 8/2 Luther TT 8/23 Genoa TT

7/18 TUESDAY Fernley RR (\*) 8/9 Blue Lakes RR 8/30 Diamond Valley RR

7/26 Diamond Valley RR 8/16 East Valley CT (\*)

(\*) Club Challenges: The Reno Wheelmen & Alta Alpina will each host 2 Club Challenge races. The club with the best overall results in these races wins. As these are "team tactics" races, all riders will receive 10 points for participating in AACC or RW Club Challenges (i.e. 10 points for going to Reno for the Air Center or Franktown Club Challenges.)

									Ė				
Overall Points 2006	Diamond Valley E.	East Valley Crit 5/3	Air Center Crit 5/10	Diamond Valley E.	Genoa 77 5/31	East Valley Crit 817	Diamond Valley 8.2	Fredricksburg Turn	Emigrant Crit 6.20	Volunteer points	Mentor points	Volunteer points	Season Points
A's													l
Ruana, Nick Kelly, John	20 12	17 5		17 12	10	9	10 10	20 14	17 10			$\vdash$	120
Herman, Micah	12 17		10		9	1	10	20				5	75 72
Willitts, Kevin Hotchkin, Mark	8	10	_	1 3	6 14	14	10	17	9 12		14	$\vdash$	71 56
Niday, Peter	10	6		2	5	1	10	12 17	8				54
Tindal, Paul		14		10	12	,	40	17	- 00				53
McKinnon, Marcus Maalouf, Mel	9		10	6 4	20	10	10		20		_		46 43
Barkley, Jim				20		12	10						42
Jackson, Garth Johnson, Dave		20	10		7	17	10		14		$\vdash$	$\vdash$	42 37
Volkmar, Randy		9		- 1		6	10		6				32
Regan, Tom Grattan, Doug	6 14	12	_		8	1	_	12				-	30 27
Rutherdale, Jeremy	1-4			7		7			7				21
Walters, Troy		- 7				- 00					14	_	21
Fischer, Chad Lix, Ed		1	10	5		20 4				Ŀ	L		20
Drozd, Nate				9			10						19
Freed, Nate Reid, Tony	$\vdash$		$\vdash$	8	17		10				_	$\vdash$	18
Lorson, Rich				14									17 14
Schultz, Jim Angerman, Jeff	$\vdash$	$\vdash$			$\vdash$		10	14		_	-	$\vdash$	14
Bickel, Kurt							10						10
Bishop, Skyler Connelly, Nicholas	$\vdash$					H	10 10		Ē		F	H	10
Daley, Bill							10						10
Dior-Heinz, Fabien							10						10
Greenlees, Brian McLennon, James							10 10						10
Shickelton, David							10						10
Sweet, Dustin Walker, Jason	$\vdash$		_				10				-		10
Sacherman, Jim	7						10						7
Bryant, Dave	5	3		1		2							l 6
Rhiner, Jim Laurie, Rob	5	1				5							Ę
Medeiros, Heath					3	1							4
Reardon, Pike Washburn, David	-	2				1	-		_				3
Albrecht, John						1							3 3 1 1 1
Anderson, John Henry, Mark	$\vdash$		_			1						$\vdash$	1
Stewart, Dave				- 1									1
B's							-				-		
Sullivan, Tom	10	7	10	17	12	12	10	17	17				112
Thomsen, Steve Petrosky, Russ	6	17	10 10	14		14	10	10	- 8 - 5				79 73
Biaggi, Allen	2 12		10	9	3 7		10	20	20				69
Wire, Jim	3	9		12	9	8		14					55
Medeiros, Heath Gaskin, David	20 9	20			14		10	14 20				$\vdash$	54 53
Leiken, Ron					10			17	14				41
Pate, Mike Dixon, Frank	7	12			8	17	-	$\vdash$	7	_			36 35
Axtell, John					2		10	12	10				34
Ham, Jeff Clipperton, Justin	5	4	-		4 20		10		9		-	$\vdash$	32
Drozd, Nate	17	8											25
Carlevato, Nick Jackson, Garth	$\vdash$	6		20			-7	10	6			$\vdash$	22
Rearden, Pike			10	20			10						20
Freed, Nate	14	5		10		9							19
Gratten, Carol Angeli, Andrew	H			10	17	9						$\vdash$	19 17
Huntington, Andrew									12				12
Kreider, Steve Alber, Michael		$\vdash$			$\vdash$		10	12					12 10
Chamarro, Frank							10						10
Day, Paul Dior-Heinz, Fabien	$\vdash$	H	10	H	H	H	10	H			H	$\vdash$	10
Erickson, Spencer							10						10
Joachim, Troy Niday, Peter	H		10 10								H	$\vdash$	10
Noe, Gary			10				10						10
Rutherdale, Jeremy	4						10						10
Treiber, Mark VanDorn, Darryl	4	$\vdash$		$\vdash$	6		10	$\vdash$				$\vdash$	10
White, Matt							10						10
Willitts, Kevin Coyne, Dennis	8		10	H			_					$\vdash$	10
Jezek, Ryan	Ľ				5								3
Pederson, Dennis		3 2										H	3
Mansur, Matt										1			1 2

	# F												
Overall Points 2006	Diamond Valley E.C.	East Valley Crit 5/2	Air Center Crit Eur	Diamond Valley F.	Genoa 77 5/31	East Valley Citt g.	Diamond Valley	Fredricksburg Turn	Emigrant Crit Bros	Volunteer point	Mentor points	Volunteer points	Season Points
			_		_	$\vdash$	$\vdash$		_		-		
C's											_		
Huntington, Andrew	20	12	10	14	8	12	10	20					10
Myhill, Carl	10	10	10	12	17	5		17	17				9
King, Allan	14	17	10	17	12	9			12		_		9
Miyashiro, Rick	9	9	10	8		14	10	12	14	_	_		8
Bolton, Corey Herman, Scott	5	7 5	10	4	7 9	7	10	14		_	-	-	5
	8	_ 5	10	- 4	20	17	10	- 8		_	-	$\vdash$	4
Bryan, Jeff Price, David	17			10	10	17	10			$\vdash$	$\vdash$	5	4
Nelson, Robert	17			10	-10	2	10	9	20		_	1 3	4
Knight, Stan	$\Box$	8	10			1	10	-	9			$\Box$	3
VanWagenen, David						8	10	17	Ť		T		3
Roby, Scott				20		10							3
Anderson, Christine		6	10			1	10						2
Robertson, Scott				7				20					2
Norvell, Dave	6	14		_		6	_			_	_	$\vdash$	2
McMillen, Chris	_			3		_	10	12				-	2
Saunders, Gary	-			_	14	1	10	9		_	-	$\vdash$	2
Fischmann, Brandon Chung, Jay	-			_	_	4 20	10	9		_	-	$\vdash$	2
Hamiter, Jenny	-			-	_	20	10	10		-	-		2
Lookadoo, Dana		4		6			10	10		_	<del>                                     </del>		2
Morton, Chris	20			-				10					2
Kreider, Steve					5				10				1
Hart, Keith								14					1
Costa, Peter				5	4	3							1
Tittle, Tom	12												1
Haipola, Danny							10						1
Keano, Edgar	-						10			_			1
Wu, Anthony	+			9			10			_	-	$\vdash$	1
Waskiewicz, Megan Killion, Lane	$\vdash$			9		-		8			_		
Scarborough, Dave	7												
Peterson, Clayton					6								
Rosner, Bryan	4												
D's													
VanWagenen, David	20			20	20		<u> </u>			<u> </u>	1	$\sqcup$	6
Fischmann, Brandon	14	14		12	17	-	_			<u> </u>	<u> </u>	$\vdash$	5
Thomsen, Teri Rosner, Brian	12	10		14	_		_			_	1-	$\vdash$	3
Wisma, Shawndrea	$\vdash$	17	-	1/	_	$\vdash$	<del>                                     </del>	20	12	<u> </u>	1-	$\vdash$	3
Steele, Craig	5	7		6	12		$\vdash$	20	12		<del>                                     </del>	$\vdash$	3
Bolton, Corey				10	' <del>'</del>				17		1		2
Anderson, Christine	17			9							1		2
Herman, Scott									20				2
Jackson, Garth		20											2
Wisma, Darlene								20					2
Grabow, Levi	7	12					_					$\sqcup$	1
Schick, Scott	8		_	8		$\vdash$	<u> </u>	$\vdash$	_	<u> </u>	<u> </u>	$\vdash$	1
Grabow, Kary	6	9	_	_	_		_		L.,	_			1
Hamiter, Jennie	$\vdash$		_	_	<b>.</b>	-	<u> </u>		14	<del></del>	-	$\vdash$	1
Vana, Lin Dieter, Mark	10			-	14		$\vdash$			$\vdash$	-	$\vdash$	1
Ansel, Rick	10		_	<del></del>	_	-	-	$\vdash$	_	$\vdash$	+	$\vdash$	
Cauley, Rick	9	8	_		_		-		_		-	$\vdash$	
Studenicka, Erick		- 0		7			-			-	<del>                                     </del>	$\vdash$	
Willitts, Casey		6					-			-	-		

Rufus Bolton,



# **Thursday Night Mountain Bike Series Summary**

Mike Beam, Thursday Night Mountain Bike Race Director

The 1st annual AACC Mountain Bike Series was a huge success. The event occurred every Thursday night, commencing on May 15th and ending on June 18th at the lone tree in the Pine Nut Range. We had four categories: A's, B's, C's and Women's.

The series winners are:

THE SCHOO WITHOUS AIC.			
A group	B group	C group	Women's
1st John Kelley	1st Steve Thomsen	1st Ray Rickard	1st Becky Kemp
2nd Nate Drozd	2nd Chris McMillen	2nd Tom Tittle	2nd Jennie Hamiter
3rd David Stewart	3rd-Chris Nerska	3rd Austin Shick	3rd Terry Thomsen
I was elated with the turnout	rider enthusiasm, and rider ca	maraderie. I had numerous verh	al and e-mail requests

I was elated with the turnout, rider enthusiasm, and rider camaraderie. I had numerous verbal and e-mail requests to extend the race series or to have a fall MTB race series. We were able to draw five new members to the club. The event was well organized and run efficiently (personal biased excluded). I had a fantastic time running the event. I want to thank Jennie Hamiter, Jeff Ham, and Chris McMillen for their efforts to get me organized and focused. I also want to thank Debbie Beam, Scott Shick, and Kris Brown for assistance with registration, marking the course, event data and results. If you have questions, call me at 267-6812.

Dear Older people (well actually this letter applies to anybody who is over 18 and not a junior anymore, but more so towards the Masters and older guys who still get out there and kick butt)

First thing, hats off to Alta Alpina for being the greatest cycling club around. Its not only the best way to go if you're a junior like me, but an awesome club for racers, mountain bikers, touring folks, and people who love to get out there and ride their bikes.

Secondly, thanks to the baby boomers who still recognize the young kids like me and the rest of the juniors. They are willing to share their infinite knowledge with us. I don't think we appreciate enough of what they know, especially me. At only 16, most of these guys have been riding since before I was born. Thanks to their wisdom and constant sharing of it, I am a much smarter racer than I would have been without it.

Thirdly, the coaches, Mel Maalouf, Mark Hotchkin, Ed and Dana Lookadoo, and Jeff Ham, have all been unbelievable influences to all the juniors. They have endless amounts of patience with us. Even though I think Mel's a junior at heart, and Ed always let's us get away with goofing off, their guiding has helped us tremendously. Jeff has a good sense of humor and the great ability to get us in line and focused. Dana is wonderful, with her motherly attitude, and Ed guides with his past in line and focused. Mark helps us stay on track to achieving our racing goals, and Mel Cat 1 racing experiences. Mark helps us stay on track to achieving our racing goals, and Mel praises us when we seldom get it right and scolds us when we often get it wrong.

And lastly I would like to thank the rest of the juniors. It's always fun to ride with someone your age, and those kids are great to be with in general. Brandon Fischman deserves thanks for attacking the junior program. He's still young, but give it some time and he'll be crushing everybody. Thanks to Fabian for making the leap to Alta Alpina, even though he lives in Reno. All everybody are people to encourage him and he's good to go. And especially Nick and Heath for being the hard-core training buddies. They motivate me to train harder by myself.

So basically that's it. This club, these people, this area of riding, it's all perfect.

Micah Herman



# **PACELINE**

#### **Tour de Nez**

### Carl Myhill

The Tour de Nez started around 8am. I turned up on my own for the event, but by chance had parked next to Scott from Bsgetti's and so I started riding with them. Coming out of Reno, we were soon in back roads and hills, which was very pretty. The first rest stop was about 15 miles in, just before we had a nasty stretch to do on the very busy 395.



As soon as was possible we pulled off 395, onto a road that runs close to the foothills all the way to Carson; it was a very quiet section. As we came in to Carson most of the riders turned left to go back, obviously doing the 100km run, not the 100 miler. There was just one rider ahead of me, so I caught up with him.

Darren was a good find! He was a pretty strong cyclist who knew how to draft, though we didn't do much of it really, since we were mostly grinding up hills in the windless heat.

The first big climb was up highway 50 to Spooner Summit. The hill was long and the road surface was awful, but the gradient pretty easy. The only decent part of the shoulder to ride on was next to the busy and narrow highway. We eventually reached the summit and found our lunch stop in the forest. As usual, I had no problem eating during the event, and routinely stuffed extra cookies in my pockets to munch on as I was leaving the rest stops. A pleasant descent led us to Lake Tahoe, which we headed around for a while before going up Incline Village.

The selected road to get up Incline was awfully steep,



and by now it was 100 degrees and had been for some time. At the top, we had a rest stop and even in the shade one of the bike computers read 99 degrees. The rest stop was awesome though, mainly due to the ice cold water. I was surprised that a few people dropped out of the race at this point. The last hill had been a kicker and it was very hot. One guy told me he was seeing things. I guess the thought of 4 miles straight up Mount Rose was not a great motivator. Eventually we headed out to get 'er done.

Immediately, we noticed the wide shoulder and fresh tarmac leading up Mt Rose and the relatively gentle gradient. Mount Rose is a really lovely ride, perhaps as good as or better than Kingsbury. Mt Rose itself is around 9,500ft so it was unsurprising to see the snow up there. Even the rest stop at the top had piles of snow there in 100 degree heat! And then it was time to head down, 3,500ft straight down that is. It was great fun and very fast.

We got back to Reno in time for some food and to join the rest of the huge cycling celebration. It was quite fun to watch the pro crit race though some of the spills were pretty horrible. I don't know how much water I lost today but I seem to be more salty than salt itself.





## Presidential Perceptions, Part II

Jennie Hamiter, President

I mentioned in last month's newsletter that the club has developed an unfortunate image of being only for hardcore cyclists. Recently some e-mails have been flying around on the subject, so I'd like to share one I received a few weeks ago, from former AACC president and very long-time club member, Tim Rowe:

Just to echo a few thoughts I heard at Chico Wildflower yesterday: First, as I was slowly climbing up Honey Run, a couple of guys passed me. One said "You can't be from Alta Alpina - they don't allow slow riders" - boy, did I feel fast! Then the other guy added after he passed "Yes, those guys are all fast and arrogant". Later on, another person at a rest stop said they didn't rejoin the club a few years ago as it just seems to cater to the fast racers.

We also need to welcome all and be friendly. Every time I see another Alta Alpina jersey on a ride or century, I always say 'Hi', even if I don't know who it is. Well, at Chico yesterday a couple of fast AACC guys passed two of us slower AACC'ers near the start and I said 'Hey, Alta Alpina' and got absolutely NO response - not even a look. Not the best pedal forward, in my opinion.

Oh well - just the view from the back of the pack.... Just depends on what the club wants to do and then have as members. We certainly don't have to pick between being

only a slow or a fast track for the club. We once had many members from all walks and we can again, but it takes some effort and volunteers."

Now let me say right off that I don't know the arrogant riders that I hear about; all the club members I know are really nice people! So this is really a matter of perception--but we need to work to change that perception!

Tim makes two good points. The first is that we shouldn't have to choose what kind of cycling club to be. There just aren't enough cyclists in the area for us to cater to one group or another. With a little effort, this can be a club for everyone. (See last month's newsletter for how you can help!)

The second point is: Let's banish this negative perception. When you're wearing an AACC jersey, you're representing the club. So please don't be one of the "arrogant" people that rider was referring to. Be friendly toward other cyclists when you're out riding, including those who are wearing cotton and sneakers. (Hey, I wear street clothes and sneakers on my ride to work and back every day!) Share the road courteously with other cyclists and drivers, and honor the rules of the road. Don't drop energy gel packs and other wrappers on the ground--no, not even during a race. Don't spit off your bike unless you're sure there's no one coming up from behind. In other words, be that nice guy or gal your mom tried to raise you to be!

# **Local Merchant Discount Program**

Details about local merchant offers are listed under "Merchant Discounts" on our website at  ${\tt www.AltaAlpina.org.}$ 

Details about local merchant offers are listed under "Merchant Discounts" on our website at

www.AltaAlpina.org









Page 6 PACELINE

# AACC Member Profile: Dennis Pederson

**AACC Member since**: 2004

Current Residence: Carson City, NV Immigrant from: Yerington, NV

Résumé:

Started riding a mountain bike about 10 years ago as cross training for running. I got into road riding 3 years ago after doing the Death Ride twice on my mountain bike. I am currently balancing road riding, racing, and mountain biking along with running.

Race Category: B-

Bikes I ride: Gary Fisher hard tail

Trek 5200

**How I support my Bike Habit**: IT Manager, GE Energy (Bently)

In one word, my cycling style

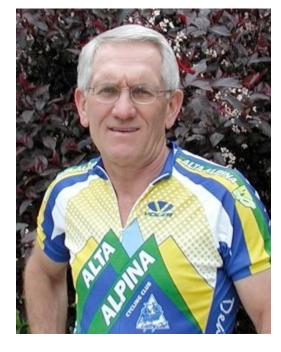
is...: Easy going

#### Favorite Rides/Races:

For rides from my house it is hard to beat Washoe Valley and Franktown or up Kings Canyon to the Flume Trail. I also enjoy a quick spin down the V&T railroad grade a couple nights a week.

#### **Favorite Post-Ride Food:**

A cold beer and something off the BBQ



#### **Other Sports & Pastimes:**

Long distance running, hiking, backpacking.

#### **Ambitions/Aspirations:**

Ride more, travel more, and work less

# My Motto or Inspired Quote:

"Age is a state of mind but being fit helps to prolong the illusion."

#### Grab Bag:

Married for 32 years with 3 grown children. Initially a family of runners, but my son Andrew became a serious road rider 3 years ago after completing a couple of Death Rides and getting involved with the Junior Team. He is

riding for the University of Pennsylvania cycling team and is currently getting some riding experience in France. My wife, Deirdre, got a new road bike a couple of months ago and we are doing some rides together. My daughters, Elizabeth and Rachele, still spend their exercise time running but Rachele started riding one of our many bikes to work this week so it is just a matter of time and we will become a family of bike riders.

#### **Race Team Results**

Pacific State Bank GP, May 21 Micah Herman, 4th place, Junior

Peavine Challenge, June 3
John Kelley, 2nd, 40+ expert

NorCal/Nevada TT Championship, June 11 Mark Hotchkin, 11th, Elite Men

46th Nevada City Classic, June 18 Brandon Fischmann, 8th, Junior 15-16 male Micah Herman, 1st place, Junior Golden Nugget Junior Stage Race, June 24-25 Nick Ruana, 1st, Junior 17-18

Greeley Hill Road Race, June 24 Micah Herman, 3rd place, Junior

**Greeley Hill Hill Climb, June 24**Micah Herman, 1st place, Junior

**Dunlap Memorial Time Trial, June 24** 

Mark Hotchkin, 4th place Men Cat. 3

Bootjack Road Race, June 25

Micah Herman, 5th place, Junior

Elkhorn Classic Stage Race, June 23-25
Mark Hotchkin, Men Cat. 3 (field of 108)
Stage 1: 73-mile RR: 70th place (+13:18)
Stage 2: 10-mile TT: 31st place (+1:32)

Stage 3: 45-min. Crit: 82nd place (same time) Stage 4: 101-mile RR: 62nd place (+32:21)

Final GC: 62nd place (9h,44m,54s)



# Board Meeting Minutes—July 3, 2006

Secretary: Kris Brown; Other Board Members: Christine Anderson, Michael Bayer, Michael Beam, Jennie Hamiter, Mel Maalouf, Joe Marzocco, Libby Oakden, Jim Rhiner, Tim Rowe, John Seher; Other Attendees: Micah Herman, Scott Herman, Christopher Rowe

- 1. Monthly Status Reports:
  - Treasurer's Report: No report.
  - Junior Team: The junior team is doing well at the races. Mel requested Board approval for funding to send Micah and Nick to National Junior Training Camp in Colorado. Funding was approved by the board.
  - Newsletter: Micah will do an article on the Nevada City Race and National Junior Training. Anyone else with an article should submit it to Libby.
  - **Membership**: There is no significant change since last report.
  - Weekend Rides: The ride to Lake Alpine was well attended. There was a "slow ride" leader for that ride as well as Wellington to Bridgeport. John also led a ride for beginning riders.
  - Wednesday Night Races: The Wednesday Night Races continue to be well attended.
     Christine is doing an excellent job on getting results posted right away.

- Mountain Bike Race Series: The Mountain Bike Race series was a success. There were between 17 and 28 riders at each race. Some riders have requested an encore in the fall. That will be discussed for next year. Congratulations to Mike Beam for a job well done.
- · Website: No report.
- Clothing Inventory: Jennie will look into getting a clothing inventory from Keith.
- Bike Advocacy: Lake Tahoe Bike Coalition is doing a map of bike routes in the Tahoe area. The Board approved spending \$250 to put an add on the map with the club's logo and web site.
- 2006 Death Ride: Everything seems to be progressing smoothly. As always, more volunteers are still needed.
- 3. **CVC:** Registration is down from this time last year. Volunteer positions were confirmed.
- 4. **Next Meeting:** The next meeting will be August 7, 2006 at 6:00pm at the Gardnerville Pizza Factory.

enthusiasm levels spanned the range, but almost

# Alpine County Bike-a-Thon, June 2, 2006

John Seher, Weekend Ride Coordinator

Kids, bikes, and a warm sunny afternoon; what could be better? That was the scene at the Diamond Valley elementary school where the Alpine county Department of Health and Human Services, and the School District

held the annual kids Bike-a-Thon. It's an event designed to encourage school-age children to get out on bikes, discover a life long sport, and to embrace a healthy lifestyle. The pack of mostly BMX mounted riders was rearing to go. After a bike safety check and some instructions on rules of the road, the thundering herd took off down Diamond Valley Road. Physical capabilities and

Diamond Valley
ounty Department
ne School District

everyone looked to be having a good time completing
the six mile round trip to the Washoe Tribal hall and
back. The event finished up with a barbecue picnic and
raffle at the school, and lucky
prizewinners brought home
new bikes to zoom them on to
more cycling adventure. This

new bikes to zoom them on to more cycling adventure. This is a fun event to be a part of and one worthy of AACC support. Come on out next year. It's worth spending a Friday afternoon participating in such a valuable community project, and it just might warm your heart a little, too.



And they're off!



# **Alta Alpina Cycling Club**

P.O. Box 2032 877-845-2453 Minden, NV 89423 877-845-BIKE

East Valley Criterium (Club Challenge)

www.AltaAlpina.org

# MARK YOUR CALENDARS

Packsaddle Pass Loop Sun. July 16 Club Challenge in Reno Tue. July 18 AACC Dirt Ride (Rim Trail) Sat. July 22 Diamond Valley Road Race Wed. July 26 Carson Valley Classic Road Race Sat. July 29 Carson Valley Classic Criterium Sun. July 30 Luther Time Trial Wed. August 2 Blue Lakes Road Race Wed. August 9 Sonora Pass Sun. August 13

MOVED? GOT NEW CONTACT INFO? Have you moved? Has your e-mail address changed? Pon't miss out on the latest AACC happenings! Update your info at www.AltaAlpina.org; click on "Membership"

# **Alta Alpina Cycling Club Board Members**

Wed. August 16

Jennie Hamiter	President	president@AltaAlpina.org	775-782-4848
Darla Mazzoni	Vice President	mazzoni@etahoe.com	530-577-0122
Kris Brown	Secretary	klbrown@douglas.nv.gov	
Jeff Ham	Treasurer	jeffham@wt.net	775-267-2089
Michael Bayer	Membership Coordinator	membership@AltaAlpina.org	
John Seher	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-849-1876
Christine Anderson	Wednesday Race Director	christine.anderson@yahoo.com	775-781-0606
Mike Beam	Thursday Mountain Bike Race Director	lemondarmstrong@charter.net	775-267-6812
Dennis Delange	Road Cleanup Coordinator	dennis.delange@bently.com	
Joe Marzocco	Death Ride Manager	info@deathride.com	530-694-2475
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Libby Oakden	Paceline Editor	paceline@AltaAlpina.org	607-346-3933
Dennis Pederson	Website Coordinator	pedersondd@charter.net	775-883-239
Jim Rhiner	Carson Valley Classic	jim.rhiner@bently.com	775-783-9834
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

Newsletter Editor:

Libby Oakden

Newsletter Publisher:

Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month** at **6:00 pm**.

The location alternates between the Gardnerville Ranchos and Stateline..

Join us on **August 7** at the **Pizza Factory** in the **Gardnerville Ranchos**.