



# PACELINE

**Alta Alpina  
Cycling Club**

Volume 21 Issue 1  
Jan/Feb 2023

## Presidential Posting

Bruce Eisner, President

I trust most of you have welcomed the intermittent sunshine and snow-free days with temps even climbing near 50. It has given us time to enjoy all that snow or even venture out on our road bikes. Some of us may have gone west to lower elevation and warmer days to begin our riding; and many of us are probably still climbing on that indoor trainer waiting for warmer days.



Whatever your winter passion(s), it seems the longer days give us permission to look ahead to riding our bikes on dry pavement or even real dirt. Your industrious and highly underpaid board has been planning events spanning from April into the distant future. They're busy with all manner of other things too, from budgets and insurance to planning the Spring Membership Party (Minden CVIC Hall on April 13th), Spring Rider Roundup, Spring Century, ordering new chips for the upcoming Thursday evening race season (only 2 months away), and planning an active season of weekend rides and Tuesday MTB rides. New clothing kits are now available for order (insert link here) and older jerseys/shorts will be available for purchase at the Spring Membership Party on April 13th (insert link to clothing inventory).

I look forward to seeing you at the Spring Membership Party on April 13th.

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### Time to Renew Your Membership

You should have received your personalized waiver by email. If you haven't, please double check your junk mail folder or any filtered email. If you need us to send another copy of your waiver, please contact Allen Forbes at:

[membership@altaalpina.org](mailto:membership@altaalpina.org)

## Return of Club Kit Availability

We have a new supplier for the traditional club kit and the online store is now open:

<http://teamstore.ascendsportswear.com/store/alta-alpina-cycling-club/>

In addition to club-cut jerseys (priced at \$64), we now have race-cut jerseys (for \$75), shorts (for \$84), bib shorts (for \$89), and for the first time, vests (for \$75).

You can elect to have items shipped directly to you or, if you order by February 20, you can pick up at the Spring Membership Party on April 13 (assuming that we satisfy the minimum quantity of 20 items.)





### Alta Alpina Cycling Club – 2023 Calendar

Mon - Mar 6:	March Board Meeting-ZOOM
Mon - Apr 3	April Board Meeting-ZOOM
<b>Thu - Apr 13</b>	<b>Spring Membership Party</b>
<b>Sat - Apr 15</b>	<b>Spring Rider Roundup in Genoa</b>
<b>Sun - Apr 16</b>	<b>Alternate Date for Spring Rider Roundup</b>
<b>Thu - Apr 20</b>	<b>First Thursday Race of 2022 Season</b>
<b>Tue - Apr 18</b>	<b>First Weekly MTB Ride</b>
<b>Thu - Apr 20</b>	<b>First Thursday Race of 2023 Season</b>
<b>Apr 22/23</b>	<b>Weekend Ride TBD</b>
<b>Apr 29/30</b>	<b>Weekend Ride TBD</b>
Mon - May 1	May Board Meeting-TBD
<b>Sat - May 6</b>	<b>Training Series: Kingsbury-Luther from Woodfords via Diamond Vly</b>
<b>May 13/14</b>	<b>Weekend Ride TBD</b>
<b>Sat - May 20</b>	<b>Ray Rickard Memorial Spring Century</b>
Sun - May 21	Alternate Date for Spring Century
<b>May 20/21</b>	<b>Training Series: Topaz-Woodfords-Topaz</b>
<b>May 27/28</b>	<b>Weekend Ride TBD</b>
<b>Sat - June 3</b>	<b>Death Ride Training Series: Woodfords-Carson-Blue Lakes</b>
Mon - June 5	June Board Meeting-TBD
<b>June 10/11</b>	<b>Weekend Ride TBD</b>
<b>Sat - June 17</b>	<b>Training Series: Markleeville-Lake Alpine/Bear Valley</b>
<b>Sun - June 18</b>	<b>First Highway Cleanup</b>
<b>Sat - June 24</b>	<b>Alta Alpina Challenge (Featuring 8 Pass/7 Pass/5 Pass/"Near Death")</b>
<b>July 2/3</b>	<b>Weekend Ride TBD</b>
<b>July 8/9</b>	<b>Weekend Ride TBD</b>
Mon - July 10	July Board Meeting - TBD
<b>Sat - July 15</b>	<b>Death Ride</b>
<b>Sat - July 22</b>	<b>Challenge Staff Ride</b>
<b>Sun - July 23?</b>	<b>Second Highway Cleanup</b>
<b>July 29/30</b>	<b>Weekend Ride TBD</b>
<b>Aug 5/6</b>	<b>Weekend Ride TBD</b>
Mon - Aug 7	August Board Meeting - TBD
<b>Aug 12/13</b>	<b>Weekend Ride TBD</b>
<b>Aug 19/20</b>	<b>Weekend Ride TBD</b>
<b>Aug 26/27</b>	<b>Weekend Ride TBD</b>
<b>Thu - Aug 31</b>	<b>Last Thursday Race of 2023 Season</b>
<b>Sep 2/3</b>	<b>Weekend Ride TBD</b>
<b>Sep 9/10</b>	<b>Weekend Ride TBD</b>
Mon - Sep 11	September Board Meeting - TBD
<b>Sat - Sep 16</b>	<b>Third Highway Cleanup</b>
<b>Sep 23/24</b>	<b>Weekend Ride TBD</b>
Mon - Oct 2	October Board Meeting - TBD
<b>Tue - Oct 3</b>	<b>Last Weekly MTB Ride</b>
<b>Oct 7/8</b>	<b>Tim Rowe Memorial Fall Century</b>
<b>Mon - Nov 6</b>	<b>AGM, Fall Party and BoD Meeting - TBD</b>
Mon - Dec 4	December Board Meeting - TBD



## AACC Thursday Night Race Series

Joseph Whiteley, Thursday Night Race Director

The 2023 Alta Alpina racing season kicks off on April 20.

We're hoping that everyone will come out on Thursday evenings to join in the fun. Whether you're a veteran or you're gearing up for your first race, please read on so you're up to speed!

### Race Season Passes and Race Chip Deposits

We'll be offering race season passes (\$110) again this year—a great way to save on weekly race fees. All racers need to mount a race chip (\$20 deposit) on the front right fork of their bicycle for each race. You'll want to get both at the Spring Membership Party on April 13 to avoid a delay at your first race.

### Full Race Schedule

The race schedule for 2023 once again features a full set of twenty races with something for everyone.

4/20	Fredericksburg Prologue	6/8	Diamond Valley Road Race	7/20	Pinenut Road Race
4/27	Diamond Valley Road Race Short Course	6/15	Jack's Valley Time Trial	7/27	Kingsbury Time Trial
5/4	Grandview Criterium	6/22	Fredericksburg Two Up Time Trial	8/3	Diamond Valley Road Race
5/11	East Valley Time Trial	6/29	Diamond Valley Double Back Road Race	8/10	Blue Lakes Time Trial
5/18	Pinenut Road Race	7/6	Eagle Ridge Circuit Race	8/17	Grandview Criterium
5/25	Grandview Criterium	7/13	Blue Lakes Time Trial	8/24	Fredericksburg Time Trial
6/1	Kingsbury Time Trial			8/31	Diamond Valley Road Race Short Course

### Time Trial Series Schedule

Never raced before? Not sure if you're ready for a road race or criterium? Plan on doing the Time Trial Series!

4/20	Fredericksburg Prologue	6/22	Fredericksburg Two Up Time Trial	8/10	Blue Lakes Time Trial
5/11	East Valley Time Trial	7/13	Blue Lakes Time Trial	8/24	Fredericksburg Time Trial
6/1	Kingsbury Time Trial	7/27	Kingsbury Time Trial	8/31	Diamond Valley Road Race Short Course
6/15	Jack's Valley Time Trial				

Check the club website at <https://www.altaalpina.org/clubracesroad/> for details of all race venues, formats, other rules, and updates.

### Race Categories

Racers continue to be grouped into 5 categories. Racers compete within their category for points through the season. In road race, criterium, and circuit format races all racers of the same category start together and may draft one another but may not draft racers in a different race category.

Use the following **guidelines** for choosing your category initially:

Category A: Advanced/Very Fit/Race Experience/Train for Racing.

Category B: Competitive/Very Fit/Race Experience

Category C: Competitive/Fit/Masters 50+/Strong Endurance

Category D: New Racers/Masters 60+

Juniors: 18 years and younger who don't want to race with adults

Everyone is strongly encouraged to participate in the Fredericksburg Prologue (all participants get 10 points). This race is the best time to validate category choice.







## NICA Team Update

Paul Amato, Head Coach

Hello AACC members,

My name is Paul Amato and I will be taking over the Head Coach position of the Alta Alpina Composite mountain bike team. Don't worry, Drew Bray isn't going anywhere and is keeping his coaching certification so he can be involved with the team as time allows. He has some pretty big shoes to fill and I will strive to be as good of a leader as he has proven to be.

This will be my 6<sup>th</sup> year as a coach for AAC. In that time, I've obtained my National Interscholastic Cycling Association (NICA) Level 3 coaching license. This certification includes: 80 hours of field experience, Wilderness First Aid training, On the Bike Training, and Continuing Education Units. Since 2010 I've been a facilitator for LTCC Connect leading the New to Sport Mountain Bike Camps for kids 7 -14 years old. Currently, I'm coaching for Heavenly Ski and Ride School for the Development Team. Also, receiving a BS in Physical Education (Cal Poly, 1988) and a PE Teaching Credential (Cal Poly, 1998) has given me a decent understanding of fitness principles and class management tactics.

What I enjoy most about coaching junior riders is seeing their progression as athletes and as young adults. Nothing is better than seeing a beginner rider clear a technical section for the first time or ride up Coral without stopping. And then, before you know it, they are waiting for you to catch up! As head coach my hope is to provide the opportunity for student athletes to challenge themselves in a safe and fun environment.

Although it is not required of the students athletes, a big part of the AAC is racing! We compete in the Northern Nevada League which consists of teams from Mammoth to Elko. The official start of the season is July 1<sup>st</sup> with unofficial fun activities in May and June. We usually practice twice a week in Tahoe and/or Carson Valley. The 2023 race schedule consists of: North Tahoe 8/27, Walker River 9/10, Reno 9/23, Mammoth 10/1, Open/Make up 10/14 or 10/15, and Reno/Carson City 10/21.

Lastly, as you all know, it is going to be impossible to replace Carlo. Hopefully, the new leadership team will be able to carry on what he has so graciously provided for us. Feel free to reach out if you have any questions.

Happy trails, Paul





## Board Meeting Minutes—January 10, 2023

Secretary: Michael Bayer; Other Board Members: Drew Bray (NICA Team Coach); Chris Cherrix (Spring Century); Frank Dixon (Deputy Treasurer); Bruce Eisner (President); Allen Forbes (Membership); Jennie Hamiter (Assistant Treasurer); Nigel Leigh (Vice-President); Bill Magladry (Treasurer); Gregg Westerbeck (Social Media); Joseph Whitely (Race Director); Lyn Willoughby (Weekend Rides); Other Attendees: Paul Amato

Meeting held by Zoom call

Meeting called to order at 6:05 pm

Minutes of the December meeting approved as presented. [Bill|Michael|Unanimous]

### 1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$22,102.60. The Paypal balance is \$16,362.83. Net income for 2022 was \$10,138.21 thanks in part to the donation from Blue Zone. Drew indicated that these amounts include the NICA team's funds of approximately \$2893.31.
- **Membership:** All 2022 members are now in grace period pending the opening of membership renewals for 2023. Membership renewals will start right after the February board meeting when new insurance rates and waiver requirements are known. Jennie will contact Dennis to get the website updated.
- **Insurance:** We have a quote of \$600 for 2023 D&O insurance (a \$50 increase over 2022). The insurance quote for our General Liability policy will come at the end of January and both policies must be renewed on January 31. Michael will email the quote information to the board for approval.
- **Weekend Rides:** Lyn is doing 8 hours a day of physical therapy recovering from surgery and he is now back on the stationery bike. By early February he'll be back riding and start working on scheduling the spring weekend rides.
- **Weekly MTB Rides:** No report.
- **Newsletter:** The next newsletter will be produced just after the February board meeting. The January minutes will be distributed to the board prior to the meeting.
- **Website:** There was a discussion of the local merchant program. All board members are asked to review the list of merchants to identify any updates required. Local merchants should be contacted to update the information on our website and bring it into line with our policies.
- **Social Media:** Greg reported that he is continuing to post on Facebook and is always looking for board members to feed him information that needs to go out to the world.
- **Clothing:** No clothing purchased from inventory in the last month. Michael reported he is working with Ascend on making the classic AACC Jersey available to members in 2023.
- **Weekly Road Races:** Joseph is gearing up for the new race season. He needs to know what our plans are for a spring party in order to schedule the start of the race season. Joseph is working with our RFID vendor on replacing chips but there's a glitch because the chip is being reworked. He has contacted the HOA president for Grandview to coordinate dates for criteriums as we want to continue using the original Grandview venue rather than Starbucks. Joseph is looking for suggestions on alternative race venues as some of our favorite roads are in disrepair.
- **Junior/NICA Team:** Carlo's passing was a big shock to all of us. A big thanks to Nigel and Drew for preparing an obituary. Drew introduced Paul Amato who will take over as the new head coach. He has been a level 3 coach for the team over the last 6 years. He has done extensive coaching with THCC and NORBA. Drew is working to recruit some other new leadership for the NICA team.
- **Spring Century:** Chris reported that he is gearing up for May 20. He has been talking to Nigel about a venue location for the post ride BBQ. The budget will need to increase to \$1000 and more if we need to rent a park.
- **Fall Century:** Next step is for Dave to check on date for 2023.
- **Adopt A Highway:** No Report.

2. **Death Ride:** Michael and Bruce reported on work with the Chamber of Commerce. The Chamber decided to contract with Di Bolton to manage Death Ride logistics rather than working with the club. Di indicated that the club may be





able to contribute to the Death Ride as a volunteer group as we did in 2022 and additional areas may be available once 2023 planning proceeds. Michael will continue working with the Chamber.

- 3. **Death Ride Training Series:** Registration is open for the DRTS thanks to great cooperation from the Chamber of Commerce to link to the Death Ride registration process. Club volunteers, particularly those with coaching experience, are needed to staff the DRTS program for both at-home and on-the-road help.
- 4. **Challenge:** The board discussed options for the 2023 Challenge at length in light of the fact that

the Death Ride will not be a source of significant revenue for the club in 2023. It was ultimately decided that the 2023 Challenge would be scaled to roughly the size of the 2022 event. Michael was directed to find ways to reduce the resources needed.

- 5. **Carlo Luiri:** Nigel will coordinate with Carlo’s family with respect to the club’s participation in a memorial service.
- 6. **Next Meeting:** Monday, February 6, 2023, 6 pm, by Zoom.

Meeting adjourned at 8:25 pm

### Board Meeting Minutes—February 6, 2023

Secretary: Michael Bayer; Other Board Members: Paul Amato (NICA Team Coach); Jordan Brooks (Highway Cleanup); Michelle Brooks (Social Media); Chris Cherrix (Spring Century); Frank Dixon (Deputy Treasurer); Bruce Eisner (President); Allen Forbes (Membership); Nigel Leigh (Vice-President); Bill Magladry (Treasurer); Jim Sadilek (Website); Joseph Whitely (Race Director); Lyn Willoughby (Weekend Rides)

Meeting held by Zoom

Meeting called to order at 6:02 pm

Minutes of the January meeting approved as presented. [Allen|Bruce|Unanimous]

1. **Monthly Status Reports:**

- **Treasurer:** The current checking account balance is \$21,922.60. The Paypal balance is \$16,362.83.
- **Membership:** All members are in grace period. Allen will update the renewal email and Michael will update the waiver in the email system and get the renewal notices mailed out. We’re bringing back the Spring Membership Party. Michael will attempt to rent CVIC hall for April 13. The Spring Rider Roundup will take place two days later.
- **Weekend Rides:** Lyn will met with Jennie to get up to speed on setting up weekend ride leaders.
- **Weekly MTB Rides:** MTB weekly rides will start in mid-April if snow allows. Michael has proposed April 18 on the tentative calendar.
- **Social Media:** Gregg reported by email that he’s waiting on news for club activities in 2023

and the Challenge. Michelle will try to reach Gregg to work on how they will collaborate.

- **Newsletter:** Michael will get the newsletter out as soon as possible. He needs presidential posting, race schedule, and any other items people would like to get into this edition ASAP.
- **Website:** Jim Sadilek reported that he has updated the home page to link to the Challenge with the notice that registration will be opening soon. Jim worked with Network Solutions to recover our domain name account and to extend our domains for another 5 years at \$399.80.
- **Insurance:** Michael renewed the club’s LAB General Liability and D&O insurance policies. We have asked for a quote on non-owned auto insurance but a pre-requisite is to have a volunteer driver policy. The board agreed to institute a new policy that all volunteers driving a motor vehicle on behalf of the club must have a current drivers license and be insured as required by their home state. [Michael | Bill | Unanimous]
- **Clothing:** Michael reported that the new jersey vendor is all set to open the online store if the board had no objections or design changes.



The plan is for the first clothing order to be available at the Spring Membership Party.

- **Weekly Road Races:** Races will start on April 20. Joseph will update website and Michael will publish the schedule in the newsletter.
- **Junior Team:** Paul reported that Greg Philips will be the new team director. He confirmed that the team's balance is \$2893.31. Drew proposed having a scholarship fund set aside for covering part of racers' league fees. Paul is in the process of obtaining his level 3 coaching license.
- **Spring Century:** Chris confirmed May 20 with May 21 as the backup. Tina isn't able to provide a venue and Nigel isn't able to confirm his house would be available until early May. Genoa is an option but it adds considerable distance. Best option would be a park in the Ranchos. Chris will find an appropriate space and is authorized to book as soon as he has something for about \$100 [Nigel | Bill | Unanimous].
- **Fall Century:** Dave is still working on the date.
- **Adopt A Highway:** Jordan is OK with the proposed dates on the calendar and he will work on getting the permit renewed at the end of the season.
- **Pinenut Cracker:** Brian's new job doesn't allow him enough time to continue to work on the PNC. The hope had been to stage and event this year on the new CVTA trail in Indian Hills. If we find a new volunteer we may be able to stage an event in the fall.

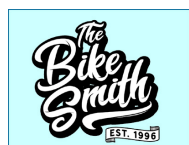
- **Challenge:** Michael has modified the timing of the Challenge to reduce the volunteer effort for the first half of the route. The Century option has been shifted from Kingsbury to Carson Pass. Also Silver City is only an emergency location for really hot days. The board approved Michael's proposed revised registration rates so that registration can be opened online. [Michael | Bill | Unanimous].
  - **Training Series:** Michael updated all of the email templates and Bruce is sending the text to coaches for review and input. Paul volunteered to review the email text. We need to recruit three SAG volunteers and a few more ride day volunteers.
  - **Bike Advocacy:** The club needs to replace Carlo with one or more volunteers who can represent the club at local government, agency, and trails organization meetings.
2. **Death Ride:** Michael has continued to work with Mark at the Chamber. They have proposed that we return to the partnership for producing the Death Ride that we had in early 90s. Michael will continue working with the Chamber on the details for 2024 and on how we will work towards that in 2023.
  3. **Calendar:** Michael will publish the updated club calendar in the newsletter.
  4. **Next Meeting:** Monday, March 6, 2023, 6 pm, by Zoom. Bruce will be traveling so the meeting will be chaired by Nigel and Bruce will work with Paul to set up the Zoom meeting.

Meeting adjourned at 8:30 pm

## Local Merchant Discount Program

Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under "Merchant Discounts" on our website at [www.AltaAlpina.org](http://www.AltaAlpina.org).

Show your AACC Membership Card at time of purchase.





# Alta Alpina Cycling Club

**P.O. Box 2032                      877-845-2453**  
**Minden, NV 89423            877-845-BIKE**  
**www.AлтаAlpina.org**

## MARK YOUR CALENDARS

Spring Membership Party	Thu, April 13
Spring Rider Roundup	Sat, April 15
First Thursday Race	Thu, April 20
Spring Century	Sat, May 20
Alta Alpina Challenge	Sat, June 24

**MOVED? GOT NEW CONTACT INFO?**  
Have you moved? Has your e-mail address changed?  
Don't miss out on the latest AACC happenings!  
Send your new contact information to :  
[membership@altaalpina.org](mailto:membership@altaalpina.org)

## Alta Alpina Cycling Club Board Members

Bruce Eisner	President	<a href="mailto:president@AltaAlpina.org">president@AltaAlpina.org</a>	877-845-2453
Nigel Leigh	Vice President		775-267-7089
Michael Bayer	Secretary	<a href="mailto:secretary@AltaAlpina.org">secretary@AltaAlpina.org</a>	877-845-2453
Bill Magladry	Treasurer	<a href="mailto:treasurer@AltaAlpina.org">treasurer@AltaAlpina.org</a>	877-845-2453
Allen Forbes	Membership Coordinator	<a href="mailto:membership@AltaAlpina.org">membership@AltaAlpina.org</a>	
Lyn Willoughby	Weekend Ride Coordinator	<a href="mailto:ridecoordinator@AltaAlpina.org">ridecoordinator@AltaAlpina.org</a>	951-642-1611
Joseph Whiteley	Thursday Road Race Director	<a href="mailto:racedirector@AltaAlpina.org">racedirector@AltaAlpina.org</a>	775-265-1905
Jordan Brooks	Highway Cleanup Coordinator	<a href="mailto:jordan.brooks84@att.net">jordan.brooks84@att.net</a>	916-833-7445
Bruce Eisner	Clothing Coordinator	<a href="mailto:clothing@altaalpina.org">clothing@altaalpina.org</a>	877-845-2453
TBD	Bicycle Advocacy Coordinator		
Michael Bayer	Alta Alpina Challenge Ride Director	<a href="mailto:challenge@AltaAlpina.org">challenge@AltaAlpina.org</a>	877-845-2453
TBD	Pinenut Cracker Coordinator	<a href="mailto:pnc@AltaAlpina.org">pnc@AltaAlpina.org</a>	
Chris Cherrix	Spring Century Coordinator	<a href="mailto:springcentury@AltaAlpina.org">springcentury@AltaAlpina.org</a>	
David Scarborough	Fall Century Coordinator	<a href="mailto:dave_scar@hotmail.com">dave_scar@hotmail.com</a>	530-318-7878
Frank Dixon	Deputy Treasurer	<a href="mailto:bikeboygo@yahoo.com">bikeboygo@yahoo.com</a>	530-318-1574
Mel Maalouf	Junior Road Team Coach	<a href="mailto:alpinajr@gmail.com">alpinajr@gmail.com</a>	775-782-9652
Paul Amato	NICA Team Head Coach	<a href="mailto:pantahoe@gmail.com">pantahoe@gmail.com</a>	530-903-1897
Andrew Bray	NICA Team Director	<a href="mailto:altaalpinaNICA@gmail.com">altaalpinaNICA@gmail.com</a>	
Jim Sadilek	Website Coordinator	<a href="mailto:ccwatchmaker@gmail.com">ccwatchmaker@gmail.com</a>	
Michael Bayer	Paceline Editor	<a href="mailto:paceline@AltaAlpina.org">paceline@AltaAlpina.org</a>	877-845-2453
Gregg Westerbeck	Social Media Coordinator	<a href="mailto:social@AltaAlpina.org">social@AltaAlpina.org</a>	650-276-6951
Michelle Brooks	Social Media Coordinator	<a href="mailto:brooksmi840@gmail.com">brooksmi840@gmail.com</a>	916-833-7446
TBD	Volunteer Coordinator	<a href="mailto:volunteer@AltaAlpina.org">volunteer@AltaAlpina.org</a>	

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month at 6:00 pm.**

Newsletter Publisher:  
Michael Bayer

In-person meetings alternate between the Carson Valley and South Lake Tahoe..

Join us on **March 6** by **Zoom.**