



# PACELINE

**Alta Alpina  
Cycling Club**

**Volume 16 Issue 1  
Jan/Feb 2018**

## Presidential Posting

Chris Rhiner, AACC President

Happy early spring! What a crazy winter we are experiencing. I blame myself for buying ski passes this year after a 13 year hiatus from winter downhill sports. I forgot how much I enjoyed snowboarding. Jim and I enjoyed 1 full day of skiing/snowboarding at Stagecoach on our season passes.

The topic for this posting is volunteering, stop cringing!!!

We are in desperate need, critical need, of a **Club Volunteer Coordinator** which could be a good fit for someone who needs to go on vacation this summer and do volunteer hours up front before our big event. We're also in need of a **Club Marketing Coordinator**.

The Challenge will be celebrating its 10th year and remains on the Triple Crown calendar and we intend to reach our maximum allowable riders. This is our big fundraiser so that the club can stay operational.

Our club impact is sometimes hard to see. We have junior programs, like the National Interscholastic Cycling Association, (NICA) Mountain Bike Composite race team (see page 5) and the Junior Race Team that operate under the Alta Alpina Cycling Club umbrella. It would be sad if we were unable to continue these initiatives. We also have a bike advocacy coordinator who keeps us informed of important roadway decisions that will effect cyclists. Tim Rowe used to serve in this role (we miss you Tim!) but now we have Carlo Luri bringing us the inside story on the future of our bike paths, funding and roadways, along with guest appearances of Curtis Fong keeping us in the loop.

With a few hours of your time we can keep our club funded through our big Challenge event this June. Please let me know if you could take on Volunteer Coordinator responsibility or the other position of Marketing Coordinator. Much of the ground work is in place for these positions. Email or text me. See the back page of the newsletter for my contact numbers.

I also just want to say welcome to the new board members that braved their first board meeting: Alisa, Tod, Rick, and Carlo. It was great to have new voices and opinions at our February board meeting. It was a bit of a long meeting but we hashed out an awesome race venue and enticed Alisa into leading our highway clean up rides in Markleeville with pre work bagels and coffee. Thanks all for your contributions. See you at the Spring Party in April.



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## Critical Vacancies:

### **Volunteer Coordinator Marketing Coordinator**

We organize many events and activities throughout the year— all made possible by our amazing club volunteers but we desperately need someone to take over the role of volunteer coordinator.

We also need a club marketing coordinator so that we can better promote everything that the club does.

Please contact Chris Rhiner at [president@altaalpina.org](mailto:president@altaalpina.org) if you have any questions or would like to volunteer

## Join the Gang-of-Five

Volunteer to lead 7 rides over 7 months and get your membership and racing free!

Our "Gang-of-Five" ride leaders ensure that there is a club ride every weekend April through October.

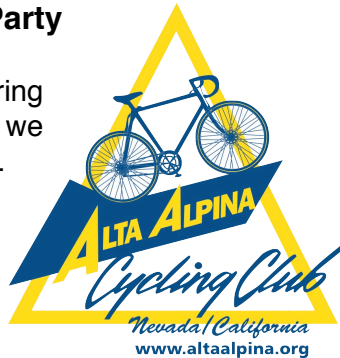
Please contact Rick Miyashiro at [ridedirector@altaalpina.org](mailto:ridedirector@altaalpina.org)



## 2018 Alta Alpina Events and Activities

### Spring Membership Party Wednesday April 11

Join us for the annual spring membership party where we kick off the riding season. Enjoy great food, make new friends, and learn more about all the events and activities planned for 2018.



### Ray Rickard Memorial Spring Century Sunday May 27

This event is free to club members and this year will feature 3 different route options: 36 mile (Diamond Valley Loop), 65 mile (out-and-back), 70 mile (full loop).



### Tim Rowe Memorial Fall Century Sunday October 7

Another free event for members, the Alta Alpina Fall Century is the last big ride of the year. The out-and-back ride from Wellington to Bridgeport features a rest stop coming and going and a Pizza Dinner at the finish.



### Weekend Club Rides Every Weekend Starting in April

There's a club ride or activity virtually every weekend from April to October. Club rides vary in distance and terrain but always feature post ride snacks. Check the rideboard or newsletter for details.



### Thursday Night Races Starting Thursday April 19

Everyone is welcome and encouraged to enter these races - you don't have to consider yourself a racer to participate. The races have four categories, A through D, where A's are the fastest.



### Alta Alpina Challenge Saturday June 30

The Alta Alpina Challenge— Riding the Wild Sierra is the club's annual fund raising event. We host riders from around our neighborhood and around the world to challenge themselves on our local roads and mountain passes.



### Annual End of Season Party November, Date TBD

At our annual general membership meeting, awards dinner and end of the year party we celebrate the year with great food and presentations of race series awards.



### Alta Alpina Rideboard All-Year

The Alta Alpina rideboard is a fantastic way to link up with people to ride with. Use the rideboard on the club's website to post a ride you're planning to do so that other club members can join you.





# Alta Alpina Cycling Club 2018 Ides of March Mileage Contest Log

Bring completed log to the Spring Membership Party on April 11

Name:  Gender:  M /  F

The Ides of March Mileage Contest is Back!

Here's how to participate:

1. Print and use this official mileage log.
2. Ride as many miles as you can over 4 weeks starting on March 15.
3. Record the number of miles you ride each day and where you rode.

If you ride dirt, those miles count for double.

4. Bring your mileage log to the Spring Party on April 11. You must be present to win!

	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
	3/15	3/16	3/17	3/18	3/19	3/20	3/21
Where?							
Mileage							
Week Total							

	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
	3/22	3/23	3/24	3/25	3/26	3/27	3/28
Where?							
Mileage							
Week Total							

	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
	3/29	3/30	3/31	4/1	4/2	4/3	4/4
Where?							
Mileage							
Week Total							

	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
	4/5	4/6	4/7	4/8	4/9	4/10	4/11
Where?							
Mileage							
Week Total							

Note: Miles on dirt count for double. If you rode dirt miles, write down twice the mileage ridden.

Grand Total



### AACC Member Profile: Tod Conover

**AACC Member since:** 2015

**Current Residence:** Carson City, NV

**Immigrant from:** Mission Viejo, CA

**When did you start riding?** 1977

**What was your proudest moment riding?**

Did the 5 passes solo—Monitor-Monitor-Ebbetts-Ebbetts-Carson.

**Race Category:** D

**Bikes I ride:** Road and Mountain

**How I support my Bike Habit:**

Retired, Used to be a computer geek

**In one word, my cycling style is...:**

AllOverThePlace



**Favorite Rides/Races:**

Monitor Pass. For some reason I've met two very special peeps on that hill.

**Favorite Post-Ride Food:**

Potato chips, hate em otherwise

**Other Sports & Pastimes:**

Swimming, X country skiing

**Ambitions/Aspirations:**

I'd like to ride across the country

**My Motto or Inspired Quote:**

"Definition of happiness... application of one's skills along the lines of excellence."

**Grab Bag:**

I wouldn't live in Carson City but for the people I've met through the club.

### AACC Member Profile: Alisa Ashbaugh

**AACC Member since:** 2014

**Current Residence:** Markleeville, CA

**Immigrant from:** Gardnerville, NV

**When did you start riding?** 2010

**What was your proudest moment riding?**

Full distance Ironman

**Race Category:** D

**Bikes I ride:** Felt Bayonette TT,  
Pivot Mach 429SL mtn bike,  
Felt F1 Road,  
Cannondale Super X Cyclocross

**How I support my Bike Habit:**

I own Big Blue Spa

**In one word, my cycling style is...:** Adventurous

**Favorite Rides/Races:**

Diamond Valley and any any Mountain Bike Trail



**Favorite Post-Ride Food:**  
Beer and Nachos

**Other Sports & Pastimes:**  
Rock Climbing, SUP, Surfing,  
Kayaking, Hiking, Martial Arts

**Ambitions/Aspirations:**  
To open a gym to train young athletes

**My Motto or Inspired Quote:**

"Gratitude turns what we have into enough."

**Grab Bag:**

Cycling has changed and enriched my life in more ways than I ever could have imagined. The people in the cycling world are the most amazing, kind and generous people. I am so thankful to my tri-coach for introducing me to the life of cycling, my life is forever changed for the better!



## NICA Junior Mountain Bike Racing

Carlo Luri, Alta Alpina Composite Team Director

Alta Alpina club members, you have a new acronym to learn. You may have heard the term NICA (National Interscholastic Cycling Association – [nationalmtb.org](http://nationalmtb.org)). What is it, you ask? This is a cross country mountain bike program for students from 6th through 12th grade. Nevada's league started in 2016 with Alta Alpina Composite fielding a team of students in the Carson Valley coached by our own Mel Maalouf. Our second season we added more students from South Lake Tahoe under the watch of coach Andrew Bray.

There are no requirements to join the team other than a good attitude and a desire to learn and have fun. Group training rides will start in July and are scheduled 2-3 times per week at various Carson Valley or South Lake Tahoe trails. All students are invited to participate in the race series which will take place at different cross-country venues over four weekends in the fall.

Parents and other adults who meet the registration requirements can volunteer to coach by joining in on the weekly rides. What better way to give back to our sport than getting the next generation of riders excited about riding. Look for our hashtag **#morekidsonbikes** on social media and our blue and yellow Alta Alpina jerseys on the trails.

### Season Recap from Coach Lori Kroboth:

The Alta Alpina Composite-Nevada Interscholastic Cycling League team had a strong showing for the last race of the season on October 15th, held at Tahoe Donner Adventure Center. The second-year team is made up of 6th-12th graders from both the Carson Valley and South Lake Tahoe area.

Each 4.2 mile lap wound through the very scenic Tahoe Donner trail system. All racers worked very hard and were able to finish the course.

Three riders made it to the podium for individual race results. Sawyer Villanueva took 3rd in the Middle School Girls division. Lachlan Bray took 5th in the Middle School Boys, and Justin Kinser finished less than 1 second behind the leader to take 2nd in the JV Boys division.

Justin was crowned League Champion for the JV Boys after earning the most points overall during the season. Sawyer took 3rd overall in the League Series for Middle School Girls after finishing 1st for one race and finishing 3rd for two more.

If anyone is interested in joining the team next season, please visit our Facebook page under Alta Alpina Composite-Nevada Interscholastic Cycling Team, or email us at

[altaalpinanica@gmail.com](mailto:altaalpinanica@gmail.com) for more information.

Students are not required to race – all are welcome to join the group rides, which are geared to include riders of all skill levels.



L to R: Garrett Villanueva, Lori Kroboth, Tucker Chavarria, Drew Bray, Mel Maalouf, Carlo Luri



Sawyer Villanueva, Middle School Girls



Justin Kinser, JV Boys



### Board Meeting Minutes—January , 2018

Acting Secretary: Tammy Lundquist; Other Board Members: Michael Bayer (Alta Alpina Challenge/Newsletter/Insurance); Corby Cobb (Social Media); Frank Dixon (Treasurer); Rick Miyashiro (Weekend Rides); Chris Rhiner (President)

Meeting called to order at 5:05 pm

#### 1. Monthly Status Reports:

- **Treasurer:** The Paypal balance is \$6591.63.
- **Membership:** Michael working with Dennis on online renewal forms. Still having issues with Paypal so that new membership fees can be set on the online renewal form.
- **Weekend Rides:** No update. Rick will contact Dave Scarborough to get information regarding ride schedule last year.
- **Social Media:** Corby Cobb needs to get access to the club Facebook account. Michael will ask Jennie to facilitate this.
- **Newsletter:** Next newsletter will be sent out in February 2018. Wants to be profiles and pictures for the new BOD members. Would like to announce key dates for the year, so this should be on the agenda for February meeting
- **Website:** No updates.
- **Junior Team:** No report.
- **Spring Century:** Plan for the Memorial Day weekend in May 2018.
- **Fall Century:** No report.
- **Insurance:** Michael is trying to get the 2018 premium quote for the 2018 Challenge. Once Challenge insurance is confirmed/authorized then we can get club race insurance.

Club Liability insurance and D&O insurance is up for renewal in February and Michael will coordinate the renewal as soon as the new rates are announced by the League of American Bicyclists.

- **Weekly Road Races:** Michael is working on 2018 proposed race schedule. working on upgrades with the chips. O rings worked better than the zip ties. Working on calendar poster to distribute to bike shops. Need to get new stand for antenna to make level and secure.
  - **Pinenut Cracker:** No report.
  - **King of Kingsbury Time Trial:** See if can be combined with hill climb series waiting to hear from Reno Wheelmen.
  - **Cyclocross Race:** Nationals being held in Reno January 13 and 14, 2018.
  - **Bike Advocacy:** No report.
  - **Adopt A Highway:** Need someone to come forward to take charge of this activity.
  - **Clothing:** No report.
  - **Challenge:** 21 people have registered. Marketing, posters and postcards are ordered and will be delivered soon.
2. **Next Meeting:** Monday, February 5, 2018, 6 pm, Jethros in Gardnerville.  
Meeting adjourned at 5:33 pm

### Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at [www.AltaAlpina.org](http://www.AltaAlpina.org)





## Board Meeting Minutes—February 5, 2018

Secretary: Alisa Ashbaugh; Other Board Members: Michael Bayer (Alta Alpina Challenge/ Newsletter/Insurance); Tod Conover (Membership); Frank Dixon (Treasurer); Tammy Lundquist (Vice-president); Carlo Luri (Advocacy); Rick Miyashiro (Weekend Rides); Chris Rhiner (President); Jim Sadilek (Website); Dave Scarborough (Fall Century); Others: Jim Lahue

Meeting called to order at 6:05 pm

### 1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$5361.47. The Paypal balance is \$7687.75. Discussion of moving Paypal funds to bank, determined not needed at this time. Insurance has been paid.
- **Membership:** Memberships have increased by \$5 and lots of checks coming in for wrong amount. Board discussed collecting fees, applications and liability forms at races and through the year to hold until the new year to process so there will be no more turning away of fees and apps when the end of the year is approaching.
- **Weekend Rides:** Rick is looking for ride leaders.
- **Social Media:** Corby absent. Would like FB to update when website is updated.
- **Newsletter:** Updating contact info of board members. Hoping to have it out by month end.
- **Website:** Chris suggested the adding of a month calendar to site with all rides on dates and able to clicked on to expand for info about rides.
- **Weekly Road Races:** Set race schedule and added a new Jacks Valley TT.
- **Junior Team:** NICA Run by Carlo and Mel - Practice weeknights 5:30-7pm for kids from 6th grade thru 12th. More info about the kids mtn bike race league can be found [nationalmtv.org](http://nationalmtv.org) and [nevadamtv.org](http://nevadamtv.org).
- **Spring Party:** Michael will reserve CVIC Hall for week of 4/10/18 6:00-8:30pm. Motion by Frank, second by Tod, unanimous vote by board
- **Spring Century:** The maps will be in the

- newsletter prior to the event. Ride is 5/27/18.
  - **Fall Century:** Date set for Saturday October 6.
  - **Insurance:** Liability Insurance (General Club Insurance) and D&O (Directors and Officers Insurance) was renewed after approval via email vote. Premium included extra fee to cover mountain bike club rides. Michael and Frank will work on valuing the assets of the club and completing forms for property insurance.
  - **Pinenut Cracker:** Pending.
  - **King of Kingsbury Time Trial:** In process - still waiting for Reno Wheelmen schedule.
  - **Cyclocross Race:** Still pending.
  - **Bike Advocacy:** Per Carlo; not a lot of state or federal dollars coming to the counties. Trying to get old Kingsbury paved and open to cyclists. Also working on extending Clear Creek Trail up to Spooner summit then over to Ash/Kings Canyon.
  - **Adopt A Highway:** Alisa Ashbaugh volunteered to head this project - Tentative dates are 6/16, 7/28, 10/13.
  - **Clothing:** Everything runs a size small, still working on pricing.
  - **Challenge:** 6/30/18 Awaiting insurance to start booking permits and other vendors. Porta Potty quote is \$2k. Marketing material for the ride is in.
2. **Recruiting For Vacant Positions:** The club needs to recruit people for the remaining open positions: Volunteer Coordinator, Marketing, Pinenut Cracker, and Cyclocross.
3. **Next Meeting:** Monday, March 7, 2018, 6 pm, The Timber Restaurant in Lakeside Inn in Stateline.
- Meeting adjourned at 8:44 pm

### Two Bicycles For Sale:

BH Ultralight, Dura Ace Di2, 53 cm carbon, 34-50/11-32; Dura Ace C24 Wheels; Excellent Condition \$2,250 (New build: \$6,000+)

BH Cristal, Ultegra Di2, Unisex 51cm carbon, 34-50/11-34; Dura Ace C24 Wheels; Like New \$1,950 (New build: \$5,000+)

Contact Leon Malmel, 530-541-4909, South Lake Tahoe



## Alta Alpina Cycling Club

P.O. Box 2032                      877-845-2453  
 Minden, NV 89423                877-845-BIKE  
     www.AltaAlpina.org

### MARK YOUR CALENDARS

Ides of March Contest Starts	March 15
Spring Party at CVIC Hall	Wednesday, April 11
Spring Century	Sunday, May 27
Alta Alpina Challenge	Saturday, June 30
Fall Century	Sunday, Oct 7

**MOVED? GOT NEW CONTACT INFO?**  
 Have you moved? Has your e-mail address changed?  
 Don't miss out on the latest AACC happenings!  
 Update your info at [www.AltaAlpina.org](http://www.AltaAlpina.org); click on "Membership"

### Alta Alpina Cycling Club Board Members

Chris Rhiner	President	<a href="mailto:president@AltaAlpina.org">president@AltaAlpina.org</a>	775-790-6373
Tammy Lundquist	Vice President	<a href="mailto:tahoe.tammy@gmail.com">tahoe.tammy@gmail.com</a>	530-545-3155
Alisa Ashbaugh	Secretary	<a href="mailto:secretary@AltaAlpina.org">secretary@AltaAlpina.org</a>	877-845-2453
Frank Dixon	Treasurer	<a href="mailto:bikeboygo@yahoo.com">bikeboygo@yahoo.com</a>	530-318-1574
Tod Conover	Membership Coordinator	<a href="mailto:membership@AltaAlpina.org">membership@AltaAlpina.org</a>	877-845-2453
Rick Miyashiro	Weekend Ride Coordinator	<a href="mailto:ridedirector@AltaAlpina.org">ridedirector@AltaAlpina.org</a>	775-450-6457
Michael Bayer	Alta Alpina Challenge Ride Director	<a href="mailto:challenge@AltaAlpina.org">challenge@AltaAlpina.org</a>	877-845-2453
Desiree Aarts Kiley Reid	Thursday Road Race Stewards		877-845-2453
TBD	Pinenut Cracker Mountain Bike Race		
Alisa Ashbaugh	Road Cleanup Coordinator	<a href="mailto:secretary@AltaAlpina.org">secretary@AltaAlpina.org</a>	877-845-2453
TBD	Volunteer Coordinator		
Corby Cobb	Social Media Coordinator		
Lori Piccini	Clothing Coordinator	<a href="mailto:clothing@altaalpina.org">clothing@altaalpina.org</a>	877-845-2453
Michael Bayer	Paceline Editor	<a href="mailto:paceline@AltaAlpina.org">paceline@AltaAlpina.org</a>	
Tina Keegan Becky Kemp	Spring Century Coordinators	<a href="mailto:springcentury@AltaAlpina.org">springcentury@AltaAlpina.org</a>	
David Scarborough	Fall Century Coordinator	<a href="mailto:dave_scar@hotmail.com">dave_scar@hotmail.com</a>	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	<a href="mailto:alpinajr@gmail.com">alpinajr@gmail.com</a>	775-782-9652
Jim Sadilek	Website Coordinator	<a href="mailto:ccwatchmaker@gmail.com">ccwatchmaker@gmail.com</a>	
Carlo Luri	Bicycle Advocacy Coordinator	<a href="mailto:altaalpinaNICA@gmail.com">altaalpinaNICA@gmail.com</a>	775-720-0754

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **March 7** at the **Lakeside Casino** in **Stateline.**

Newsletter Publisher:  
Michael Bayer