



PACELINE

**Alta Alpina
Cycling Club**

**Volume 17 Issue 10
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Presidential Posting

Nigel Leigh, President

Wow, how does this little club do it? Run so many events over one season that its not humanly possible to summarize them all on one page?

It all began with the sociable Spring Party, then quickly became competitive with the weekly Thursday Road Races. These were expertly directed and stewarded again by our friendly team of Kiley, Desiree, and Michael.



Inside this issue:

<i>Highlights of 2019</i>	2
<i>2019 Race Winners</i>	4
<i>NICL season Recap</i>	5
<i>Meeting Minutes</i>	6

Meanwhile Rick masterminded a comprehensive, varied and unbroken sequence of weekend rides spanning the whole season. Great work to the ride leaders Dave, Tony, Jennie too.

Dave's excellent organization of the Spring Century was somewhat undermined by inclement weather. You get that sometimes. At least the backup day turned out dry for the ride, and fine for a barbecue at Tina's.

I trust that you've all marveled at the cleanest section of highway in the Sierras, near Turtle Rock Park? Big thanks to Thomas for coordinating the nitpicking, even while nursing an injury .

Then right in the middle of the season, near the very longest day, was that very longest of events, our Alta Alpina Challenge. As usual the feedback from the event was excellent: so nice to be on a ride that's run by friendly cyclists. Well done all volunteers, not just for doing it, but for your great positive attitude while doing it. And to Michael for masterminding every detail.

Kicking in for the second half of the season was the NICA mountain bike rides and races for juniors. In case you're wondering, that's the National Interscholastic Cycling Association. Drew Bray has done an awesome job building this up over the last few years. With dedicated assistance from ride coaches Mel, Carlo, Lori K, Brian. The team's desire for some cool looking team clothing has also lead to a nice new set of kit for the club, in stylish black, highlighted by our trademark blue and yellow. Nice.

Late in the summer came a novel event pioneered and sponsored by Robert Braun - the Time is Right time-trial, around Washoe Lake. Interesting to hear of riders pushing to go faster, fearing running late, only to find they'd come in way early!

Some drama during fall when we heard that the Death Ride was looking for a new Ride Director. Perhaps this classic would return to the club? After discussions with the Chamber of Commerce Board, they did award the role to a club member, Curtis Fong. He brings his wealth of big-ride experience from the early Death Ride, and now AMBBR and Tour de Tahoe, through his company Bike the West. The club will host a Death Ride Training Series to assist new entrants preparing for the torture, and to boost the clubs membership numbers, and coffers.

Our last big club ride of the year was of course the Tim Rowe Memorial, with perfect weather, uncharacteristically light headwinds, and Hank and Curtis staffed Sweetwater rest stops, all in both directions.

Rounding things out was the Fall Party, at which we ate great food a-la Lori P, learned about NICA from Drew, and cycling exercises from Rick. Unfortunately we also voted in that same twit of a president that we had last year. Fortunately that was compensated by some new board postings and appointments who have already started making plans for an even bigger and better 2020.





See what I mean? No way that was going to fit! And I didn't even have to resort to thanking Michael for the professional Paceline, Frank for counting the pennies, Tod & Gregg for corralling in new members, Kimberly for tweeting our social media presence, and Jim for jazzing up the website. Ahaa! So that's how this club does it all!

Hilights of 2019



Virginia City Ride



Ray Rickard Memorial Spring Century



Diamond Valley Road Race



Two-Up Time Trial



Carson Pass Rest Stop for the Alta Alpina Challenge



Tour of Reno



Kingsbury-Luther



Mormon Emigrant Trail Loop



Truckee to Cisco Grove



Davis Lake Weekend



The Leviathan



The Tahoe Ridge



Tim Rowe Memorial Fall Century



Fall Party



Thursday Racing Winners for 2019

Desiree Aarts, Race Steward





NICA Team—Season Recap

Carlo Luri, Alta Alpina Composite Team Director

October 2019 marked the end of another successful season of XC bike racing for the Nevada Interscholastic Cycling League (NICL) which operates under NICA (National Interscholastic Cycling Association). The Nevada league was started in 2014 by Incline Village local Doug Bedient after years of driving his son to compete in Northern California (NorCal) league races. Four years later, NICL includes 18 teams and hundreds of students from as far away as Grass Valley and Mammoth. While the league is known as the Nevada league, several teams from California are represented as the drive to the NICL race venues is shorter than the NorCal races which are typically held closer to the California Bay area.

Representing the Alta Alpina club is the Alta Alpina Composite team. “Composite” means that we are not officially affiliated with any high school allowing us to recruit a blend of Douglas and South Tahoe students. The league encourages students from 6th grade through 12th to participate in a series of cross-country training rides and skills sessions over the summer. Four races are held in the fall for students who want a taste of competition. Racers compete on a four-mile XC loop that blends a mix of fire road and single track and 300-400 feet of climbing. Middle schoolers start with a 4 mile race while Varsity riders compete upward of 20 miles (5 laps) on the same course.

In 2019 (our fourth year as team in NICL), the Alta Alpina team grew under the watchful eye of head coach Drew Bray to 30 registered student athletes. A total of 18 registered coaches (many of them parents who enjoy riding along with the team) assisted throughout the season. Standouts this year were Varsity riders Justin Kinser and Audry Keasling whose points helped the team finish in 4th place overall at the end of the season (only 14 points shy of 3rd place Incline Village). In all, 8 Alta Alpina high school and 4 middle school riders took top 10 finishes in their respective categories including Freshman Boys overall points leader Lachlan Bray.

While we are sad to lose our two graduating seniors, we have a strong field of up and coming middle and high schoolers ready to lead us into the new year. Recruiting for the 2020 season will start in May. Club members who want to coach or help with the team are encouraged to contact team director Carlo Luri at AltaAlpinaNICA@gmail.com.



Justin Kinser



Lachlan Bray



Audry Keasling

NEVADCA Championships

Individual Results - By Team

TEAM	PLC	PLC NO	NAME	CAT	SEX	GRD	PTS	LAP1	LAP2	LAP3	LAP4	LAP5	PEN	TIME
High School														
Alta Alpina Composite - D2														
1	2	2	AUDRY KEASLING	Varsity Girls	F	12	565	19:24	19:32	20:19	20:42	-	-	1:19:59.26
2	8	60	JUSTIN KINSER	Varsity Boys	M	12	516	17:44	18:09	18:39	19:22	22:51	-	1:36:47.47
3	4	502	ZANE FINK	JV2 Boys	M	10	512	19:22	20:27	20:51	-	-	-	1:00:40.37
4	5	513	ALEX BEANE	JV2 Boys	M	10	504	19:48	21:37	20:01	-	-	-	1:01:28.17
5	1	804	LACHLAN BRAY	Freshman Boys	M	9	500	18:12	19:06	19:28	-	-	-	56:47.48
6	6	302	MATTEUS SOKULSKY	JV1 Boys	M	9	496	19:07	19:12	19:24	18:57	-	-	1:16:42.26
7	4	700	SAWYER VILLANUEVA	Freshman Girls	F	9	472	23:04	24:42	23:42	-	-	-	1:11:30.75
8	5	701	EMMA WASKIEWICZ	Freshman Girls	F	9	464	23:21	25:37	25:24	-	-	-	1:14:23.58
9	17	512	RHYS DAVIES	JV2 Boys	M	10	425	21:59	23:39	24:04	-	-	-	1:09:44.03
10	21	301	JACK BRAY	JV1 Boys	M	11	405	22:43	24:12	25:47	25:39	-	-	1:38:23.35
11	16	803	CAMERON STEINMETZ	Freshman Boys	M	9	390	21:45	22:56	22:17	-	-	-	1:06:59.12
12	18	816	JEFFREY CHAVARRIA	Freshman Boys	M	9	380	21:40	23:01	22:32	-	-	-	1:07:13.37
13	31	856	WILL RICH	Freshman Boys	M	9	326	24:26	26:19	26:46	-	-	-	1:17:32.24
14	32	818	JACKSON TREW	Freshman Boys	M	9	323	25:07	26:33	27:13	-	-	-	1:18:54.83

Team Results - Overall Series

PLC	TEAM	SEASON	RACE1	RACE2	RACE3	RACE4
High School						
Division 2						
1	Galena High School	6537	2167	2172	2198	0
2	Truckee High School	6334	2115	2065	2154	0
3	Incline Village Composite Team	6312	2122	2087	2103	0
4	Alta Alpina Composite	6298	2102	2099	2097	0
5	Sugar Bowl Academy	6209	2129	2107	1973	0
6	Bishop Manogue Catholic High School	6205	2051	2086	2068	0
7	Wooster High School	6092	2023	2029	2040	0
8	Carson High School	6007	2039	2042	1926	0
9	Mammoth High School	5920	2052	1876	1917	0
Middle School						
Division 2						
1	Galena High School	5878	1980	1980	1918	0
2	Carson High School	5777	1926	1925	1926	0
3	Truckee High School	5737	1893	1901	1943	0
4	Mammoth	5697	1845	1816	1936	0
5	Alta Alpina Composite	5621	1824	1816	1881	0
6	St Teresa of Avila Catholic School	5379	1794	1777	1808	0
7	Incline Village Composite Team	5378	1826	1724	1728	0
8	North Tahoe High School	5324	1757	1765	1802	0
9	Pleasant Forkville Intermediate	5281	1801	1741	1750	0



Board Meeting Minutes—November 4, 2019

Secretary: Michael Bayer; Other Board Members: Andrew Bray (NICA Team); Tod Conover (Membership); Frank Dixon (Treasurer); Lori Kroboth (Deputy Treasurer); Nigel Leigh (President); Tammy Lundquist (Vice-president); Carlo Luri (Advocacy); Rick Miyashiro (Weekend Rides); Lori Piccini (Clothing); Jim Sadilek (Website)

Meeting called to order at 6:06 pm
Minutes of the October meeting approved as presented.
[Nigel/Tod/Unanimous]

1. Monthly Status Reports:

- **Treasurer:** No report.
- **Membership:** Tod reported that new membership system is up and running. Tod will bring computers to the party for registration.
- **Weekend Rides:** No Report.
- **Newsletter:** No newsletter for November. Carlo will write a review of NICA season for December.
- **Website:** Jim updated meeting details.
- **Clothing:** Lori will bring clothing to party for sizing and sales. Drew will bring socks for sale.
- **Weekly Road Races:** Only half the chips have been returned. We need to get them all back so everyone is reminded to bring them to the fall party.
- **Junior Team:** Drew is looking to recruit faster coaches and to continue to grow the team. The team will be attending the TAMBA party to promote these objectives. Drew will do a presentation at the fall party to tell the membership about the .
- **Adopt A Highway:** 5 turned out for last cleanup. The possibility of expanding coverage for the cleanup next year was discussed.

- **Pinenut Cracker:** Brian is making progress on permits. Things are looking good for next May.
 - **Mixed Terrain:** Work has been delayed by Death Ride efforts. Michael is reworking budget and marketing plan and timeline.
 - **Challenge:** Still working to close the books on the 2019 event. Two USFS invoices paid, still waiting on the third.
 - **Bike Advocacy:** The NDOT Bike-Ped-Trails is conference taking place at MontBleu Nov 5/6/7.
 - **Fall Party:** Tammy reviewed plans. Lori confirmed that everything is set for the dinner. Rick will be the after dinner speaker. Michael will be presenting race medals and will organize the AV.
2. **Death Ride Update:** The Alpine County Chamber of Commerce opted to hire Curtis Fong / Bike the West to manage the Death Ride. This opens the door for us to find ways to collaborate with them.
 3. **2020 Challenge:** Income from the Challenge is required to fund the club so Michael will proceed with implementing the ideas developed in the postmortem process. This includes the addition of a training ride series that will be marketed as a Death Ride Training Series.

Meeting adjourned at 9:03 pm

Annual Meeting Minutes—November 14, 2019

Secretary: Michael Bayer; 63 Voting Members present

Meeting called to order at 6:45 pm

1. **Thanks to 2019 Board of Directors:** The individuals who served the club during 2019 were introduced and thanked for their service.
2. **Board of Directors Election:** After calls for nomination for each position, the following directors were elected for 2020:
 - President: Nigel Leigh
 - Vice President: Tammy Lundquist
 - Treasurer: Lori Kroboth
 - Secretary: Michael Bayer
 - Membership Coordinator: Tod Conover
 - Ride Coordinator: Bill Magladry
3. **Call for Coordinators:** Vacant coordinator positions were reviewed and there was a call for volunteers. The following volunteers came forward:
 - Gregg Westerbeck: Social Media Coordinator
 - Glynnis Miller: Volunteer Coordinator
 - Lee Griffith: Spring Century Coordinator
 - Joseph Whiteley: Race Director
 - Frank Dixon: Death Ride Training Series
4. **Vacancies:** At the conclusion of the meeting the following positions remained vacant:
 - Marketing Coordinator

Motion to adjourn the meeting,
(Nigel, 1st, Frank, 2nd, No Objections)



Board Meeting Minutes—November 25, 2019

Secretary: Michael Bayer; Other Board Members: Tod Conover (Membership); Frank Dixon (Treasurer); Lori Kroboth (Deputy Treasurer); Nigel Leigh (President); Tammy Lundquist (Vice-president, by phone); Rick Miyashiro (Weekend Rides); Jim Sadilek (Website); Gregg Westerbeck (Membership Growth); Other Attendees: Lee Griffith, Bill Magladry, Glynnis Miller, Joseph Whiteley

Meeting called to order at 5:39 pm

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$9539.51. The Paypal balance is \$424.98. Frank will contact Lori Piccini to arrange payment for catering the dinner and to get an end of year clothing inventory. Frank is working to wrap up the accounts to hand-off to Lori Kroboth before the January meeting.
- **Membership:** Four new members at the fall party.
- **Weekend Rides:** Rick handed off all the ride information and plans to Bill. The board thanked him heartily for all his work as Weekend Ride Director.
- **Newsletter:** Newsletter is planned for release in the first week of December. Content requested from Nigel for annual wrap-up and from NICA team.
- **Website:** Jim put a lot of new work into the website to clear out and fix broken links.
- **Insurance:** Michael summarized all insurance spending from 2019 as this will play an important role in budgeting for 2020. We have a general liability policy, a D&O policy, a policy for the Challenge, and a policy that covers racing.
- **Weekly Road Races:** We still need to get chips back but so far more than a third are outstanding. Those that aren't returned will need to be replaced. Joseph pointed out that the chips are designed for 21 weeks of use--not 52-- so people shouldn't keep them on their bikes through the off-season. Michael will be handing-off to Joseph Whiteley as soon as possible.
- **Junior Team / NICA Team:** No Report.
- **Adopt A Highway:** Thomas remains coordinator.
- **Pinenut Cracker:** Permit form reviewed. Key decision now is the date so it can be submitted.
- **Mixed Terrain:** The marketing plan involves a website that features the five CVARS loops along with fifteen mixed terrain rides that can be ridden throughout the year as a way to promote Carson Valley as a Mixed Terrain Cycling destination in partnership with CVAA.
- **Challenge:** Michael reviewed the outstanding items for closing the 2019 books. A yellow reflective vest is missing. We'll have to pay to replace if it isn't found. Changes for 2020 were presented at the fall party.
- **Bike Advocacy:** Michael, Jennie, and Carlo attended the Bike-Ped-Trails conference. It was a great opportunity to meet about the mixed terrain project.

2. **Fall Party Feedback:** RSVP reminders need to start earlier. We need to pick the date and speakers early and then really promote the event.
3. **2020 Calendar:** Michael presented a proposed full calendar of events for 2020. Tod will take on looking at spring party venues and dates for 2020. Tammy will look at venues and dates for November. Michael will book CVIC to hold dates. It was agreed that we will start the race series on April 16, skip July 2, and finish September 3. Dates for the Spring Century, Training Ride Series, Challenge, and CVARS were set. Michael will follow-up with Thomas on Highway Cleanups.
4. **Challenge Fees:** The board set the Challenge amounts and deadlines for the tiers of fees including the training rides and breakfast options.
5. **Training Series Name:** Send ideas for names with "Death" in them to Nigel.
6. **Challenge Marketing:** Board approved committing to Cycle California for a 1/4 page color ad for January with at least 4 ads to follow. [Frank/Nigel/Unanimous]
7. **Mixed Terrain Marketing:** Michael clarified status of grant and marketing budget.
8. **Appointment of Officials:** Michael moved that Joseph Whitely be appointed Race Director; Lee Griffith be appointed Spring Century Coordinator; Glynnis Miller be appointed Volunteer Coordinator responsible for recruiting, coordinating, and communicating with volunteers for events throughout the year; Gregg Westerbeck be appointed Social Media Coordinator; and Frank Dixon be appointed "Death Ride Training Series Coordinator" responsible for organizing and managing logistics, snacks, and support for the weekend rides designated as training rides. [Michael/Nigel/Unanimous]
9. **Club Budgeting:** Frank will work on a pro-forma cash flow for 2020 before handing off to Lori. All board members need to provide Lori with a detailed budget for their area of responsibility.
10. **Member Survey:** Tod will start work on a club survey by distributing proposed questions to the board for review.
11. **Challenge Expenses:** Motion to reimburse Michael \$500 plus \$880 just returned from the 2015 Washington Fire loss. [Nigel/Frank/Michael Abstained/Unanimous]
12. **Next Meeting:** Tuesday, January 14, 2019, 6 pm, Lakeside Inn in Stateline, NV.

Meeting adjourned at 8:10 pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

Daylight Saving Starts Sun, March 8
 Start of Race Season Thu, April 16
 Spring Century Sun, May 24
 Alta Alpina Challenge Sat, June 27

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Nigel Leigh	President	president@AltaAlpina.org	775-292-9201
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	530-545-3155
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Frank Dixon	Treasurer	bikeboygo@yahoo.com	530-318-1574
Tod Conover	Membership Coordinator	membership@AltaAlpina.org	877-845-2453
Rick Miyashiro	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-450-6457
Lori Kroboth	Deputy Treasurer	treasurer@AltaAlpina.org	
Gregg Westerbeck	Membership Growth Coordinator	growth@altaalpina.org	650-276-6951
Glynnis Miller	Volunteer Coordinator	volunteer@AltaAlpina.org	928-274-6676
Joseph Whiteley	Thursday Road Race Director	racedirector@AltaAlpina.org	775-265-1905
Desiree Aarts	Thursday Road Race Stewards	racedirector@AltaAlpina.org	877-845-2453
Kiley Reid			
Thomas Walker	Road Cleanup Coordinator	trun@aol.com	210-392-2175
Lori Piccini	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Carlo Luri	Bicycle Advocacy Coordinator	altaalpinaNICA@gmail.com	775-720-0754
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Brian Dempsey	Pinenut Cracker Coordinator	pnc@AltaAlpina.org	
Lee Griffith	Spring Century Coordinator	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Andrew Bray	NICA Team Head Coach	mtnwallaby@gmail.com	
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Gregg Westerbeck	Social Media Coordinator	social@AltaAlpina.org	650-276-6951

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.**

The location alternates between the Carson Valley and South Lake Tahoe..

Join us on **January 14** at the **Lakeside Inn** in **Stateline.**

Newsletter Publisher:
 Michael Bayer