



PACELINE

**Alta Alpina
Cycling Club**

Volume 12 Issue 10
Nov/Dec 2014

Presidential Posting

Chris Rhiner, President

November memories....

Our End of Season Member Party was well attended and a big thanks goes out to our door prize donors with our grand prize from Big Daddies Bicycle Shop: a beautiful gift basket filled with many cycling treasures. Also donated, were original art work from Dorene Sedilak and Pearl Izumi sent over several items including coffee beans which were quite a hit. Our cycle advocacy coordinator, Tim Rowe contributed greatly to the prizes. We also had a table of freebies, lights, patch kits, reflectors, and more. Dinner was delicious and during dessert Jennie Hamiter gave a beautiful presentation of her cycling adventures with Michael abroad.

We held elections for 2015 officers. We are sad to see Robert Braun step down from membership coordinator, but he will remain as director of the "Pine Nut Cracker" mountain bike races as 2015 will be a big year with the National's taking place in Mammoth Lakes. (He does some volunteers to form a team to help him organize this one day cycling event). Also, Laura Caimi will remain our promoter for the "Challenge" but will no longer be the Vice President. Thank you Robert and Laura for all you have done and do for our club. Our new Vice President is Tammy Lundquist and Highway Clean up will now be led by Tammy DiGiovanni. Michael Bayer will take over Membership. President, Treasurer, Secretary, and Weekend Ride Coordinator roles are unchanged.

While Garth remains responsible for the weekend ride program, the board has voted to add a "Gang of 5" to act as weekend ride leaders so we'll have great weekend rides every single weekend of the riding season. 3 spots have been spoken for leaving 2 more openings. The advantage of being part of the "Gang of 5" is that you can race for free provided you lead a pre-planned weekend ride once a month. Contact a board member ASAP if you want one of these spots. Regular posted rides will begin in April and end in October. We always love to have last minute rides posted but we intend to have a scheduled ride each weekend. This job is too much fun for one person so we must spread the joy.

December miles....

Well winter has settled in and some of our winter sports gear is distracting us from our bicycles but don't end your season quite yet. We all know how quickly bike fitness slips away and that saddle has to be broken in all over again. Death Valley National Park is a great place to winter train and is just a short 5 hours away and 20-25 degrees warmer. Camping below sea level is never sold out and many other cyclists can be seen in the area sharing the road. Since the wildflowers are not in bloom, the traffic is relatively light for the next few months. Riding in Death Valley is a bit remote many routes have water available at 25-30 mile intervals. Just because the elevation is low does not mean there isn't climbing to be had. Dantes View is a 5,000' gain, Daylight Pass an impressive 4800' and Hells Gate about 2500' is a great 10 mile climb. You will find Jim and me in the Valley just after the 1st of the year.

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Mark this date on
your calendars now:

Wild Sierra

JUNE 27 2015

The Alta Alpina Challenge is the club's primary fund raiser. It pays for the Spring Century, the Fall Century, the Weekend Rides, and underwrites the Road Race Series and other club events. It generates the funds that we donate for bicycle advocacy projects around our region.

If you value these club activities we're counting on you to volunteer a little time to help with the event.

Please take the time now to reserve June 26 to June 28 on your calendar so you can help. Send an email to volunteers@altaalpina.org and let us know which part of the event you'd like to help with.



BIKE SPOKESMAN

Tim Rowe, Bicycle Advocacy

Welcome Carson City as a Bicycle Friendly Community

The League of American Bicyclists announced 55 new and renewing Bicycle Friendly Communities (BFC) for Fall 2014 on November 18, 2014. Carson City was included with a Bronze award, in its second attempt. With this new round, 69 million people live in a Bicycle Friendly Community as the program extends to all 50 states.

These new awardees join a leading group of more than 325 communities in all 50 states that are improving health, safety and quality of life in cities and towns nationwide. Now there are 5 BFC's in Nevada; Carson City, Washoe County-Reno & Sparks, Las Vegas, Henderson and Mesquite. South Lake Tahoe and western Placer County-Lake Tahoe, California are also BFC's in the area.

ProWalk ProBike ProPlace 2014 Conference – Pittsburgh, PA, September 8-11, 2014 Summary

Over 1,000 bicycle and pedestrian types from all over country and a few foreign countries attended the conference in downtown river city. I attended along with 2 others from NDOT Bicycle and Pedestrian Program, 3 Nevada SRTS Coordinators and 2 NBPAB members. Pittsburgh put on a good show, including opening of new protected bikeway just outside the conference. One of the Highlights of the conference was US Department of Transportation Secretary Anthony Foxx's speech and his introduction of "Safer People, Safer Streets" effort. Please check it out at:

http://www.dot.gov/sites/dot.gov/files/docs/safer_people_safer_streets_summary_doc_acc_v1-11-9.pdf

Conference Themes:

Place Based Design – Create and sustain public spaces that build stronger communities. Plan, design and manage communities where people from all ages and abilities can walk and bike easily, safely and

regularly.

Protected Bike Lanes – opened on a major street (Penn St) in downtown Pittsburgh that week. Changed a 4-lane 2-way street into a one-way 2-lane street with a protected bike lanes in both directions. Certainly was some confusion by drivers the first week, mainly the change from 2-way to one-way. These lanes are proven to increase the number of people who ride bicycles, decreased overall crash rates for everyone using the road, improved flow of traffic and boosted local economy with increases in property values and retail sales.

Vision Zero – Zero Fatalities

Equity – same bicycle and pedestrian coverage in all neighborhoods and levels of ability

8-80 Initiative – Provide bicycle and pedestrian services that accommodate a child 8-years old up to an 80-year person.



Build it for Isabella – Build bicycle and pedestrian facilities that your 7-9 year old daughter/granddaughter Isabella would use and enjoy.

AMGEN Tour of California Returns to Tahoe in 2015

2015 marks the 10th iteration of the Amgen Tour of California and organizers have decided to expand the women's race to four stages. Women's racing will get underway on May 8 in South Lake Tahoe. A second stage will be held at Tahoe on May 9 with the third stage moving to Sacramento where the men's first stage will start. (The fourth stage takes place a few days later.)

Let's hope for snow free days this time around!



Share the Road License Plate to Support Bicycle & Pedestrian Programs

Nevada DOT

A specialty Nevada license plate supporting safe bicycle and pedestrian programs is now available for purchase through the Nevada Department of Motor Vehicles.

The specialty plate displays a "Share the Road" message and bicycle and pedestrian image. The plates will cost an initial \$61 and \$30 for renewal. Proceeds of \$25 per plate will provide grant money for non-profit and government organizations to plan and construct bicycle and pedestrian facilities, as well as support bicycle and pedestrian safety, education and other programs. The grant funding will be awarded by the Nevada Bicycle and Pedestrian Advisory Board and administered through the Nevada Department of Transportation.

"Bicycling and walking are not only beneficial for health, they can also connect and enhance communities and reduce congestion and vehicle emissions," Nevada Bicycle and Pedestrian Advisory Board Chairman Dennis Stark explained.

"Biking and walking are important means of transportation, but tragically, there have been 69 pedestrians and bicyclists killed on Nevada roads this year," NDOT Bicycle and Pedestrian Program Manager Bill Story said. "This license plate will not only bring awareness of how important it is for us all to share the road; it will also help fund safe bicycle and walking programs and projects."

The Nevada Bicycle and Pedestrian Advisory Board was created by the State Legislature to promote safe bicycling and pedestrian facilities and programs and advise state agencies on safe bicycle and pedestrian policies, program and facilities.

The specialty license plates are available for purchase at Nevada DMV offices. You must visit the DMV in person and pay specialty plate fees and \$5 plate transfer fee. No registration renewal or emissions inspection is required to swap existing plates for a set of "Share the Road" plates.



Carson Valley Trails

Michael Bayer, Newsletter Editor

With the temperatures dropping road riding might be getting a little cold. Why not check out the fantastic trails that have been created by the Carson Valley Trails association?

<http://www.carsonvalleytrails.org>

The River Fork Ranch trails, Genoa Trail System, and Clear Creek Trail are all open for cycling. Most of the Fay-Luther/JPR Trail System is also open to bicycles.

The trails are in great shape right now. They are great for mountain biking and much of the network is rideable with cyclocross tires on a road bike.



Vista Point on the Clear Creek Trail



Davis Creek Cyclocross

Michael Bayer, Newsletter Editor

November 8, 2014







Annual Meeting Minutes—November 8, 2014

Secretary: Jim Sadilek; Meeting Chair: Chris Rhiner

Supper Club, Genoa Lakes Golf Club, Genoa

This being the Annual General Meeting, there were approximately 60 members attending, including these board members: Frank Dixon, Treasurer; Michael Bayer, Alta Alpina Challenge Ride Director/Newsletter Publisher; Di Bolton, Thursday Road Race Director; Robert Braun, Membership Coordinator; Tammy Lundquist, Road Cleanup Director; Mel Maalouf, Junior Team Coach/Race Team Director; Tim Rowe, Bicycle Advocacy Coordinator; Dave Scarborough, Spring Century Coordinator

- 1. Call To Order:** Chris Rhiner confirmed a quorum of individual and family members, in excess of 40, are present at the meeting and called the meeting to order
- 2. Election of Officers:** Chris Rhiner explained that Laura Caimi and Robert Braun were not standing for re-election and thanked them for their service to the club as board members. Chris called for nominations for each of the six elected board positions. The election was held by written ballot. Board of Directors Officers elected for the 2015 calendar year were: President, Christine Rhiner; Vice President, Tammy Lundquist; Secretary, Jim Sadilek; Treasurer, Frank Dixon; Membership Coordinator, Michael Bayer; and Weekend Ride Coordinator, Garth Jackson. Tammy DeGiovanni volunteered to take the position of Road Cleanup Director vacated by Tammy Lundquist.
- 3. Adjournment:** Laura Caimi moved for Adjournment, seconded by Frank Dixon, motioned carried.
All in attendance enjoyed a wonderful dinner and a slide presentation by Jennie Hamiter describing a bicycle trip through Holland by Jennie and Michael Bayer in September.
At the end of the meeting/party, there was a drawing for door prizes. Among the more notable prizes was \$40 gift certificate from Bike Smith in Carson City, a framed original pastel painting from Dorrine Sadilek, and a large gift basket of goodies from Big Daddy's Bicycles & Fitness in Gardnerville.
Meeting adjourned at 7:00 p.m.

Board Meeting Minutes—December 8, 2014

Secretary: Jim Sadilek; Other Board Members in attendance: Chris Rhiner, President; Laura Caimi, Vice President; Frank Dixon, Treasurer; Michael Bayer, Alta Alpina Challenge Ride Director/Newsletter Publisher; Robert Braun, Membership Coordinator; Other Attendees: Dennis Pederson, Website Programmer

Meeting called to order at 6:15 pm – Minutes of the November 8, 2014 AGM meeting were approved as circulated.

- 1. Monthly Status Reports:**
 - Treasurer:** The checking account balance as of Oct 31 is: \$39,168.22 The PayPal account balance is: \$7,950.68. Frank reports that taxes have been filed for the calendar year 2013. The club extends a special thank you to Bill Johnson, accountant with the firm of David & Johnson, Ltd, certified public accountants for help with the tax documents..
 - Membership:** New software for membership renewals and new members is anticipated to be online by mid-January.
 - Weekend Rides:** The plan for the coming year is to have five ride leaders who will take responsibility for weekend rides on a rotating basis. The Weekend Ride Coordinator will continue to oversee the program and will be one of the five ride leaders. The ride leaders presently committed, in addition to Garth Jackson, continuing as Weekend Ride Coordinator, will be Robert Braun, Jenny Hamiter, and Dave Scarborough.



- **Newsletter:** Scheduled to come out tomorrow as soon as minutes are available.
 - **Website:** We're still looking for some kind of content management system to simplify website updates and management.
 - **Weekly Road Races:** Anyone who hasn't received their trophy for 2014 should contact Di.
 - **Mountain Bike Races:** The position of Mountain Bike Coordinator is open. The Board of Directors would be most grateful for a volunteer to step forward and fill the position. Contact President Chris Rhiner.
 - **Junior Team:** No report.
 - **Pinenut Cracker:** Robert Braun volunteers to coordinate the event once again. Date TBA. This year's event will be a USA Cycling sanctioned event because the USA Cycling 2015 Cross-Country, Enduro Nationals will join the Gravity Nationals at Mammoth Mountain on July 14-19. See: <http://www.usacycling.org/2015-cross-country-enduro-nationals-to-join-gravity-nationals-at-mammoth-mountain.htm> . Having the Pinenut Cracker as a USA Cycling sanctioned event will provide the participants an opportunity to gain points for entry into the Nationals. The assumption is that this news will generate a wide area interest in the 2015 version of the Pinenut Cracker. Robert is seeking volunteers to join his team and to help with the race preparations, the actual event, and cleanup.
 - **King of Kingsbury Time Trial:** Date TBA.
 - **Cyclocross Race:** Davis Creek was a big success. Robert will get the proceeds to Frank.
 - **Bike Advocacy:** The recently announced Bicycle/Pedestrian "Share the Road" special Nevada automobile license plates are now available. Those wishing to purchase the new plates will need to go in person to the DMV offices. Information about all special plates is available at: <http://www.dmvnv.com/platescharitable.htm#Share> . Specific information about the Share the Road plate is at: http://www.nevadadot.com/About_NDOT/NDOT_Divisions/Planning/bikeped/bicycle.aspx
 - **Adopt A Highway:** The club has a new Road Cleanup Director, Tammy De Giovanni. No date has been set for next clean up.
 - **Challenge:** A new publicity photo has been chosen for use on the Challenge posters and postcards, which are anticipated to be printed in the next few weeks. Permitting for the 2015 ride is in progress. Advertising planning in Cycle California magazine is in progress. A revamp of the Challenge web site is in the planning stage. In the interim, the Challenge registration fees will remain the same as last year, with the possibility of an increase in conjunction with the web site change at a later date. Dennis Pederson will have the current web site open for registration on December 9.
2. **Spring Membership Party:** Anticipated venue is as previously at the Elk Lodge in the Ranchos with a tentative date of Monday, April 20. Returning the party to Monday avoids conflict with the many cycling events in April.
 3. **Insurance:** All existing insurance policies will be continued for 2015. Michael will investigate obtaining a property policy to specifically cover the club's property
 4. **Next Meeting:** Monday, January 5, 2015, 6 pm, by telephone conference call (numbers TBA).

Local Merchant Discount Program

Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.





Alta Alpina Cycling Club

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 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

Spring Party (tentative) April 20, 2015
 Alta Alpina Challenge June 27, 2015

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Chris Rhiner	President	president@AltaAlpina.org	775-790-6373
Laura Caimi	Vice President	wildsierralaura@yahoo.com	
Jim Sadilek	Secretary	ccwatchmaker@gmail.com	775-220-2713
Frank Dixon	Treasurer	ozatlake@gmail.com	530-318-1574
Robert Braun	Membership Coordinator	robertingville@yahoo.com	
Garth Jackson	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Di Bolton	Thursday Road Race Director	di.bolton@frontier.com	775-781-4660
Robert Braun	Pinenut Cracker Mountain Bike Race	robertingville@yahoo.com	
Tammy Lundquist	Road Cleanup Coordinator	tahoe.tammy@gmail.com	530-545-3155
Wayne Trelloggen	PR Coordinator	pr@altaalpina.org	877-845-2453
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	
David Scarborough	Spring Century Coordinator		530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Joe Marzocco	Website Coordinator	j_marzocco@yahoo.com	
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **January 5** for a telephone conference call (numbers TBA).

Newsletter Publisher:
 Michael Bayer