



PACELINE

**Alta Alpina
Cycling Club**

**Volume 9 Issue 8
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Bike Spokesman

Tim Rowe, Bicycle Advocacy

October 1st – Two New Nevada Bike Laws take effect: 3-Foot law and Vulnerable User law

Vehicles now have to pass bicycles by a minimum of 3 feet. There are also now stronger penalties for vehicles that hit Vulnerable users, including bicycles. Both laws should help Educate and increase Awareness of drivers and law enforcement in Nevada and hopefully make the roads safer for bicyclists. It was a gratifying experience to be involved in the legislative process for the 2011 session. The 3-Foot Law ride in Reno on Saturday October 1st was a success and over 100 bicycles rode from Reno City Hall to Sparks City Hall and back. I represented Alta Alpina and ran into a few old club members. I wore my 3-foot Please – It is the Law- bright yellow jersey for all of my 500 miles in October (with washings) and I felt drivers were giving me more space! If you want your own bright yellow 3-foot jersey, here is the web link: <http://www.3feetplease.com/>

Lake Tahoe Caltrans Bicycle Meeting

I attended a meeting of bicyclists and Caltrans officials in Tahoe City at the end of September. Big news is that Caltrans will repave the entire roadway of Hwy 89 from Tahoe City to Truckee in 2012! Originally they were not going to pave the shoulders, as has happened previously. If you have ridden the Tahoe-Sierra Century or ventured to Truckee you will have noticed the poor conditions of the wide shoulder. Another project starting in 2012 will be the Water Quality improvements on Hwy 89 south of Tahoe City to El Dorado County line. The project will take a couple of years to complete and include curbs and widening of shoulders. One somber note was that this is the Last project in the queue for Caltrans in the Lake Tahoe area. With no Transportation Bill yet out of Congress – funding for transportation projects is coming to a halt. We need to let [members of Congress](#) know that this is not acceptable!

Mobility 2035 Workshop/Open House –November 3rd at South Lake Tahoe

I attended the well-organized workshop braving the snow on the way home. Mobility 2035 is Tahoe Metropolitan Planning Organization's long range regional transportation plan that contains goals, policies, programs, and projects that will assist in achieving the desired transportation future for the region. There were many places to add input. For more information please check out - <http://www.tahoempo.org/>

Nevada Statewide Bicycle Plan Update Meeting

I represented Alta Alpina and being a Douglas County resident in Minden on November 18th. In attendance; two Consultants NDOT has hired, Bill Story from NDOT, two Douglas County Planners, and two members of the public. This plan is focusing on rural counties and they want input. One way is to complete their survey. [See notice on page 5.] So far they have had 640 people fill out the Nevada Bicycle User Survey, with 89 people that have completed the survey and listed Douglas County as their residence. That is the most responses for any rural county. They have extended the deadline to do the survey to Thursday January 5th. Please take the time and add in your input, even if the survey format is a little different. The link is:

<http://www.surveymonkey.com/s/NevadaStatewideBicyclePlan>

Next Up – National Bike Summit, Washington DC – March 20-22, 2012..

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New Nevada Laws for October 2011

Chris Rhiner

Several new laws effecting all of us go into effect starting October 1st 2011, whether we are riding a bike, walking or driving our car. Tim Rowe, our cycling advocate liaison, has been keeping us up to date regarding these laws. Nevada is ahead of California in the passing of the laws effecting cyclists! Way to go Nevada!

The one that is my favorite is the "Three Feet for Bikes." Its not just 3 feet, it also requires drivers to move to the adjacent left lane and if that is not possible then the cyclist or pedestrian must be given three feet while passing. Hopefully this will help to educate the general public about safe driving around cyclists and pedestrians. (It also applies to pedestrians.) In addition if a motorist is at-fault in any collision with a bicyclist or pedestrian they will receive "Reckless Driving" charges. It also applies to a motorist who intentionally interferes with a bicyclist. Reckless driving is considered a misdemeanor as long as the incident does not cause

death or substantial physical harm. Otherwise, it's considered a felony crime.

Texting will now be illegal as well as using a hand held phone while driving. The fines are \$50, \$100, and \$250 for each subsequent offense. I wonder if our HWY will be a little safer since Californians had to cross into our State to use their phone while driving. There have been so many accidents this year, maybe this laws will help!

On an environmental note, if you drive an alternative fuel vehicle decals will be issued by local governments that will exempt vehicles powered by electric, natural gas, hydrogen or propane from paying parking fees at public facilities. (Fees may still be charged at special events.)

Sources :

www.shouselaw.com

www.dmvnv.com

www.colobikelaw.com/law.php

Lake Tahoe Community College Nordic Skate Skiing Compliments Cycling

Darla Mazzoni, Instructor for WLD 122C & WLD 122D

Keep your hard-earned aerobic fitness this winter by enrolling in Nordic Skate Skiing offered through Lake Tahoe Community College. AACC member Darla Mazzoni teaches this class at Spooner Lake Cross Country Ski Area. Darla has been teaching Nordic Skating since 1999. Come out and learn this incredible style of skiing; beginners and intermediates welcome.

Skate skiing involves a decisive weight transfer onto one ski angled and then the other, supported by the inner edge of the ski on the snow, which looks similar to an ice skater. As in classic skiing, transferring weight completely from one ski to the next is essential to learning to skate. Those who have learned to ice skate or rollerskiing may find ski skating technique easier to learn than classic skiing.

Skate skiing uses a lot of leg power, which is why cyclists take to it -- and why some cyclists and Nordic skiers use each other's sports for off-season training. Skate skiing uses shorter skis than classic skiing so they don't tangle with each other, and longer poles to deliver extra power. Even better, your winter cycling clothing also makes the perfect apparel for skate skiing!

Join Darla's class this winter and participate in some of the toughest workouts you'll ever experience! Spooner Lake provides all your equipment and trail pass at an exceptional rate, included in your class fees through Lake Tahoe Community College. Classes begin January 6, 2012 and are offered every Friday from 9 a.m. to noon. Registration for this class begins November 29, 2011.





Presidential Posting

Mel Maalouf, President

Well, I can't write to you about the weather for riding or skiing in Nevada/California since for the last month, I have been in Australia. I spent the first week in Sydney with a friend and wasn't able to ride. I did make it to a bike shop and they look a lot like ours do. I met some guys in our office and I found out they ride for fun and commuting. One guy even had a bike stored in his office. Some people ride their bikes for commuting just because the traffic is so bad out of necessity. This is quite intuitive and practical. So next time I come I know I should bring my shoes and try to poach some riding.

For the last three weeks, I have been in a camp as part of an oil and gas facility called Moomba, which is in the middle of the desert north of Adelaide. Adelaide is the location of the Santos Tour Down Under and also the headquarters of Santos, the name of the energy company that operates Moomba and its other sites. The site uses mountain bikes to travel around the camp and site. It is really great to see hundreds of bikes used by the camp's 700 people. There are even some people here that ride an 18 km course in the desert. They have to pay attention as Australia has 5 of the world's deadliest snakes. I won't be able to see the TdU since it is in Jan, but I would like to. I heard Adelaide is a super place to ride. It has wineries and

sea coast which reminds me of Sebastapol and Bordeaux.

So for the weather portion of the presidential posting, Moomba weather has been quite pleasant. For most the days, it is in the 80s. There were three days where it rained pretty hard and made the site so muddy they shut down work. There were a few days where it hit 110 F, which was nice since it didn't last so long and I will be going back to winter in a few days. I took a dip in the pool on those days to cool off after work. In the heat of the summer, it gets to 125F+, which means no riding or much of anything. One thing they all stress here is hydration. Everyone who arrives here, gets a water bottle as standard equipment. Santos recognizes the risks of de-hydration and safety in the field. It reminds me of how important it is to stay hydrated when doing sports and just during the day. There were some days here where all I drank was double mochacinos, and I didn't feel that good at the end of the day. So make sure during the dry winter days, to drink plenty of water for good health, skiing and riding.

Hope to see you all soon,

Mel.

Mark this date on your calendars:

**JUNE
30**

Alta Alpina Challenge: Riding the Wild Sierra

Michael Bayer, Ride Director

The 2012 Wild Sierra is set for **June 30**. If you haven't already done so, please mark this date onto your 2012 calendars, post it on your fridge, program it into your computer and cellphone, and email it to your friends and family.

The club keeps membership fees low by raising funds through this event and we ask every member to contribute their time to this annual project.

Work is already well under way for 2012. Laura Caimi is working on Marketing, Dennis Pederson is working on the online registration software. Joe Marzocco is updating the website. Robert Braun is arranging insurance. Curtis Fong is getting quotes on rider items.

Thanks to everyone who came forward at the annual meeting. I'll be getting you up to speed on your jobs over the next few days.

We still need a few more people who can spare a few hours each week

between now and June. Please contact me at challenge@altaalpina.org if you can spare even a little time—we can divide and adjust a job to suit you.

We really need everyone to come out on the weekend of the event to help out with everything from registration to rest stops to SAG.

In particular we need HAM radio operators. Have you ever been interested in having a HAM radio license? It's a great life-skill to have if you're ever faced with a serious emergency. We can arrange for a training session and licensing test. Please contact me at the email address above for more information.



Bicycling on the Reno-Washoe Freeway

Greetings

The Nevada Bicycle & Pedestrian Advisory Board (NBPAB) in partnership with Nevada Department of Transportation (NDOT) invites your support and/or participation in the grand opening of I580 freeway between Reno and Washoe Valley.



Please respond to washozephyr@pyramid.net if you have any interest in participating in this event. You will be contacted by NBPAB with more details.

The "**Rush to Washoe**" freeway opening is scheduled next spring. The event will be scheduled on a week-end sometime between March and May, depending upon how much the winter weather challenges the construction.

The freeway is 8 1/2 miles long and the Galena Bridge is in the middle. The NBPAB is also inviting any ideas that might improve this celebration.

Tentatively Planned Events

7:00-9:00 AM	Bicycling and Running events
9:30 AM-3:30 PM	Public invited
5:00 PM	Freeway closed

Note- due to NDOT regulations no sales can be made on the freeway properties.

Volunteers

There is a need for at least 50-75 volunteers
 Parking attendants
 Water stations
 Information stations

Funds or in kind support needed for:

T-shirts for volunteers
Portable toilets
Water
Possible public transportation costs- buses
Security costs for NHP and Washoe county SO

*Sponsorship benefits will be sent out upon request. These will include VIP parking, booth space on the Bridge, banners, t-shirts and other opportunities depending upon giving level.



Mark Kimbrough
For the NBPAB
775-720-4732
washozephyr@pyramid.net

Bill Story
State Bicycle & Pedestrian Coordinator
775-888-7433
wstory@dot.state.nv.us



NDOT is developing a **Statewide Bicycle Plan**

The plan will focus on policies, programs, legislation and infrastructure that increase safe bicycling in rural communities in Nevada.



Please fill out our online survey:

<http://www.surveymonkey.com/s/NevadaStatewideBicyclePlan>

By January 5th, 2012

CONTACTS: Mike - Mike.Colety@Kimley-Horn.com
Bill - WStory@dot.state.nv.us



Annual Meeting Minutes—November 14, 2011

Acting Chairman: Curtis Fong, Secretary: Lauren Lindley

1. **Call to Order:** Meeting was called to order by Curtis Fong as dinner was wrapping up.
2. **Quorum:** A count of the voting members present indicated that over 20% of the membership was present.
3. **Elections of Officers:** After calling for nominations from the floor for each of the six officer positions, members present voted by a show of hands to re-elect all the incumbent board members for another term.
4. **Adjournment:** Nate Littrell proposed a motion adjourn, Robert Braun seconded. Membership voted to adjourn. After the formal meeting adjourned, there were presentations by various board members and Di Bolton presented the winners of the 2011 Road Race Series. Door prizes were raffled at the end of the night. Thanks to Pearl Izumi, Bike Habitat, and Bike the West for donating prizes.



Chris Rhiner chats with Jim and Dorrine Sadilek



Curtis Fong officiates



Road Race Series Winners: (L to R) Di Bolton (Director), Michael Bayer (Cs-1), Pike Reardon (As-2), Scott Herman (Cs-3), Kevin Willitts (As-1), Robert Braun (As-2), Palmer (PJ) Cronkhite (Ds-1), Ryan Stoffer (Bs-1)



Board Meeting Minutes—December 5, 2011

Acting Secretary: Curtis Fong; Other Board Members: Michael Bayer, Robert Braun, Lauren Lindley (by telephone), Tim Rowe, Ellen Sherrill (by telephone); Other Attendees: Chris Rowe

1. **2012 Membership Fees:** Michael Bayer proposed motion keeping annual membership dues the same as previous year, with the understanding that membership includes the responsibility to volunteer time to support club activities. Curtis Fong seconded the motion. Passed unanimously. Dues to remain \$10 Students / \$25 individuals / \$40 family with emphasis that members are also required to volunteer for club activities.
2. **Meeting Waiver:** Motion to make the December 5 board meeting the last board meeting of calendar year 2012 passed unanimously.
3. **Monthly Status Reports:**
 - **Treasurer:** Peter was not present. Michael reported that Wild Sierra revenue should start soon but Wild Sierra expenses will also begin ramping up.
 - **Membership:** Existing members can renew with online payment--no paper form required. Renewal reminders will go out early in the new year but membership renewals typically start coming in during March and April.
 - **Weekend Rides:** Dennis will work on rideboard updates once he finishes work on the Wild Sierra registration software.
 - **Newsletter:** December newsletter will be pulled together later this week. We need a new newsletter editor as Lauren is too busy. Michael will continue as editor and publisher for now.
 - **Website:** Joe Marzocco is implementing the CMS functionality on the Wild Sierra portion of the website as a trial.
 - **Mountain Bike Races:** Nate Litrell expressed interest in helping organize for 2012.
- **Wild Hillacious Century Series:** Twain is working on the 2011 Jerseys.
- **Spring Century:** At annual meeting Dave Scarborough & Tammy Lundquist offered to help. John & Helga Cotter offered their garage.
- **Pinenut Cracker:** Robert reported date set for Saturday, May 19. Working with BLM on setting up a 5 year permit. Also discussing a new race for June/July in Indian Hills Area.
- **Carson Valley Classic:** New director needed.
- **King of Kingsbury Time Trial:** Mel to contact Alan for date and details.
- **Cyclocross Race:** Robert reports that the October event was profitable.
- **Bike Advocacy:** Bicycle NV plan survey request distributed via email – please respond. Tim Rowe to attend National Bike Summit in Washington DC on March 22.
- **Clothing:** Pete and Garth solicited input at annual meeting and will work on design.
4. **Spring Party:** Robert looking into using Jethro's new Banquet Room and catering food from Jethro's in the Gardnerville Ranchos.
5. **Alta Alpina Challenge:** Robert to get Insurance Quote. Curtis to check on Specialized Water bottle Pricing. Michael looking to consolidate USFS Permitting. Jerseys: discussion on creating new design and determined to create new design but not essential to have on website when registration is launched. Thought to be given to developing an Iconic Branding Image for the ride. Curtis to send specs to Pace for a quote on the design.
6. **Next Meeting:** Monday, January 9, 2012, 6 pm, TRPA offices in Stateline.

Local Merchant Discount Program

Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.





Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

Winter Solstice Dec 21, 2012
 Pinenut Cracker May 19, 2012
 Alta Alpina Challenge June 30, 2012

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Mel Maalouf	President	president@AltaAlpina.org	775-782-9652
Curtis Fong	Vice President	tgft@bikethewest.com	775-588-9658
Lauren Lindley	Secretary	llindley@pearlizumi.com	
Pete Costa	Treasurer	intandempc2@aol.com	775-782-8493
Robert Braun	Membership Coordinator	robertingville@yahoo.com	
Ellen Sherrill	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Di Bolton	Thursday Road Race Director	di.bolton@frontier.com	775-781-4660
Robert Braun	Pinenut Cracker Mountain Bike Race	robertingville@yahoo.com	
Casey Willitts	Road Cleanup Coordinator		530-577-9530
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	
TBD	Carson Valley Classic		
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Joe Marzocco	Website Coordinator	j_marzocco@yahoo.com	
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

Newsletter Editor:
 Lauren Lindley
 Newsletter Publisher:
 Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **January 9** at the **TRPA Offices in Stateline.**