



PACELINE

**Alta Alpina
Cycling Club**

Volume 20 Issue 7
August 2022

Presidential Posting

Bruce Eisner, President

The Club board and coordinators have resumed discussions about options for sustaining the club moving forward. We'll be meeting again August 31st to review your responses to the survey I've sent to your email (along with the recent reminder). So please take a few minutes and provide your perspective - the deadline for responding is August 19th.

The glorious weather has been ideal for cycling and other outdoor fun. We've essentially had a smoke-free summer (compared with the most recent summers) and with slightly cooler mornings, some of us have even had to locate our windbreakers and leggings. Keep healthy and enjoy the riding conditions!

Still itching to race before the season is over? There are two more scheduled Thursday races:

August 18 Fredericksburg Time Trial August 25 Diamond Valley Road Race
Short Course Finale followed by pizza party

And don't forget to check out the rideboard for weekend or weekday road and MTB rides.

Inside this issue:

<i>Weekend Ride Schedule</i>	2
<i>National Championships</i>	2
<i>Randy Jacobs</i>	3
<i>Thursday Night Racing</i>	4
<i>Board Meeting Minutes</i>	6

Club Clothing Inventory

We still have club clothing in various styles available in our inventory.

Check out the available styles and sizes on the [Alta Alpina website](#).



Ordering Event Jerseys - Deadline August 18

Anyone can order an Alta Alpina Challenge event jersey through next Thursday:

teamstore.ascendsportswear.com/store/event-jersey/





AACC Weekend Ride Schedule

Leon Malmed, Weekend Ride Coordinator

Saturday, August 13, 2022 — Boca Reservoir to Cisco Grove, over Newly Repaved Donner Pass

Meet at the dirt parking area just north of the train tracks on Stampede Meadows Rd. Use exit 194 Hirschdale rd. from I-80. (The parking spot might not show up on the map, but trust the verbal directions! <https://www.google.com/maps/dir/39.3855605,-120.0931811/@39.38595,-120.0936435,18.75z/data=!4m2!4m1!3e0?hl=en>. Be ready to ride at 9:00am. This is a 72 mile ride with 5100ft of climbing. We'll ride from Boca Reservoir to Cisco Grove via: Glenshire Dr., the beautiful Truckee River Bike Path, Donner Pass Rd. to Donner Lake State Park, South Shore Dr., up Donner Pass, then left at Soda Springs for a loop of Serene Lakes, then down old 40 to Cisco Grove, and return (72 miles round trip). Those who want a shorter or medium ride can return from Donner Pass (41 mile RT), or Serene Lakes (52 mile RT). A nice scenic route with limited exposure to traffic in the heart of the summer season. There are water & comfort stops at Donner State Park, Serene lakes, and Cisco Camp Ground. It's a club weekend ride, so there will be snacks and drinks at the end.

Saturday, August 13, 2022 — Big Daddy's Weekly Ride

Meet at Big Daddy's Bike and Brew in Gardnerville ready to ride at 8:00am. This is a fast paced, paceline ride. Average speed is 18-21mph of about 50 miles with about 1900 feet of climbing.

Sunday, August 14, 2022 — 3F to Diamond Valley

Meet at Fredericksburg-Foothill-Fairview at 8:30am .

Congratulations to Leon and Kevin!

Two South Lake Club Members Compete at National Championships

The 2022 USA Cycling Masters Road National Championships just wrapped up in Albuquerque, New Mexico. About 600 athletes competed in the event. Masters cycling is bike racing organized by age group and is open to athletes 35 years or older.

Leon Malmed competed in the 85-89 category in all three disciplines: the Time Trial, the Road Race and the Criterium. He came 1st in all races.

Kevin Willits placed second in the criterium in the 65-69 category.



Leon atop the Podium



Kevin wins second place

Remembering Randy Jacobs

We are very sad to report that a long-time AACC member and racer recently passed away.

Randy Jacobs was a 14-year member and had lived with his wife, Gail, in Gardnerville since 2007. Randy lived to ride and loved his riding and racing friends. Randy fought a lifelong battle with anxiety and major depression since age 16. Cycling was his most powerful and effective treatment strategy. In July Randy re-injured his spine while wakeboarding. The pain, combined with multiple life stressors and the inability to engage in his preferred cycling therapy, became more than he could bear.

Depression is a very real disease and suicide is how people die from it. Physical exercise was an outlet for Randy to treat his depression and anxiety. So many of his male friends have come forward with regrets that they didn't share their struggles with him. Gail does not want one more man to die from the shame of having this horrible disease and masking it with anger, alcohol, exercise, shutting others out, etc. "My heart is broken and the man code of not talking about struggles and perceived defects has perpetuated the problem." That script among men and our culture needs to change! To acknowledge the disease that took him and how very hard he fought it is the best way to honor him. He was brave and never gave up hope until it all became too much.

Memorial Service

A memorial service will take place for Randy:

LifePoint Church
1095 Stephanie Way, Minden
Saturday, August 20 at 1:00pm

Past and present Alta Alpina members are asked to ride to the service wearing club jerseys. A group ride will depart from Big Daddy's in downtown Gardnerville at 11:45am. See the rideboard for more details.

The club and individual members will be sending flowers.

Making a Donation

If you'd like to make a donation to a group that Randy was professionally involved with please support the Suicide Prevention Network (SPN):

<https://www.spnawareness.org/>

SPN is a non-profit agency serving Douglas County and is dedicated to understanding and preventing suicide. They provide confidential resources to those in need, free of charge. Tax deductible donations allow SPN to continue their important work. Tax ID: 73-1646702 If you choose to donate, click on the "Donate" button on the SPN web page. Please let them know it's in memory of Randy Jacobs.





AACC Thursday Night Race Series

Joseph Whiteley, Thursday Night Race Director

Hi Race Fans, I hope you have been enjoying the race season.

We have been fortunate to have only had one race cancelled due to mother nature while enjoying relatively good air quality compared to the last couple of seasons. Keep your fingers crossed for another couple of weeks.

Remaining Race Schedule

8/18 Fredericksburg Time Trial

8/25 Diamond Valley Road Race Short Course and Pizza Party

Race Season Passes and Race Chip Deposits

Please remember to return your RIFD chips and get your deposit back. I need to refurbish them during the winter if they have the side tabs broken.

Thanks for your participation this year and invite your friends for next year.

2022 AACC Thursday Evening Twilight Race Series

- Fredericksburg Prologue- (14 Apr)
- DV Short Course- (Cancelled)
- Starbucks Criterium - (28 Apr)
- East Valley Time Trial- (5 May)
- Pinenut Road Race- (12 May)
- Starbucks Criterium - (19 May)
- Kingsbury Time Trial- (26 May)
- Diamond Valley Road Race- (2 Jun)
- Jacks Valley Time Trial- (9 Jun)
- DV Double Back RR- (16 Jun)
- Fredericksburg 2 UP Time Trial- (23 Jun)
- Eagle Ridge Circuit Race (30 Jun)
- Blue Lakes Time Trial - (7 Jul)
- Pinenut Road Race - (14 Jul)
- Kingsbury Time Trial - (21 Jul)
- Diamond Valley Road Race - (28 Jul)
- Blue Lakes Time Trial - (4 Aug)
- Grandview Criterium - (11 Aug)
- Fredericksburg Time Trial - (18 Aug)
- DV Road Race (Short Course) - (25 Aug)
- Season Total Points

A

1	Robert Braun	M	10	-	14	17	-	-	20	17	17	-	-	-	-	20	-	-	-	-	-	115	
2	Shane Trotter	M	10	-	20	20	-	-	-	-	20	-	10	20	-	-	-	-	-	-	-	-	100
3	Dustin Hess	M	-	-	-	-	-	20	17	20	-	-	-	17	DNF	20	-	-	-	-	-	-	94
4	Pike Reardon	M	-	-	12	-	14	-	14	-	-	-	-	-	-	17	20	-	-	-	-	-	77
5	Kevin Willitts	M	10	-	17	14	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	41
6	Mark Schwartz	M	-	-	-	12	12	-	12	-	-	-	-	-	-	-	-	-	-	-	-	-	36
7	David Christenson	M	-	-	-	-	20	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	20
7	Gregg Westerbeck	M	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	20	-	-	-	-	20
9	Mark Edwards	M	-	-	-	-	-	-	-	-	-	-	-	-	-	17	-	-	-	-	-	-	17
9	Bill Daley	M	-	-	-	-	17	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	17

B

1	Joshua Fox	M	10	-	20	17	-	-	20	20	20	10	-	20	20	20	20	-	-	-	-	-	217
2	Michael Bayer	M	10	-	DNF	8	10	5	17	17	12	14	10	12	12	17	17	17	20	-	-	-	198
3	Dave Bryant	M	10	-	7	-	17	20	-	-	14	12	10	-	17	14	-	14	-	-	-	-	135
4	Jeremy Fox	M	10	-	14	10	14	8	14	14	6	10	10	14	-	-	-	-	-	-	-	-	124
5	Gregg Westerbeck	M	10	-	8	20	6	10	10	-	-	10	10	14	-	14	-	14	-	-	-	-	112
6	James Close	M	10	-	12	-	7	17	12	12	10	-	-	-	-	-	12	8	-	-	-	-	100
7	Ron Shaw	M	10	-	17	-	20	-	-	-	-	-	-	17	-	-	-	-	-	-	-	-	64
7	Devon Granata	M	-	-	-	-	-	-	-	-	17	17	10	20	-	-	-	-	-	-	-	-	64
9	Jim Wire	M	-	-	6	-	-	-	-	-	4	7	10	-	10	-	10	10	-	-	-	-	57
10	Randy Jacobs	M	10	-	5	14	5	6	8	DNF	-	-	-	-	-	-	-	-	-	-	-	-	48
11	Rick Miyashiro	M	-	-	-	-	-	14	-	-	5	-	10	-	7	-	7	-	-	-	-	-	43
12	Andrew Huntington	M	-	-	10	12	-	-	-	-	8	8	-	-	-	-	-	-	-	-	-	-	38
13	Robert Gagen	M	-	-	-	-	-	7	-	-	7	6	10	-	-	-	-	-	-	-	-	-	30
14	John Kelly	M	-	-	-	-	4	-	-	10	-	-	-	-	-	-	-	-	-	-	-	-	14
15	Dave Alexander	M	-	-	-	-	12	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	12
15	Nigel Leigh-B	M	-	-	-	-	-	12	-	-	-	-	-	-	-	-	-	-	-	-	-	-	12
15	Bruce Pauly	M	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	12	-	-	-	-	12
18	Adrian Tieslan	M	-	-	-	-	8	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	8
18	Jim Schultz	M	-	-	-	-	-	-	-	-	-	-	-	-	-	-	8	-	-	-	-	-	8
18	Joseph Whiteley	M	-	-	-	-	-	-	-	-	-	-	-	-	8	-	-	-	-	-	-	-	8



Board Meeting Minutes—August 8, 2022

Secretary: Michael Bayer; Other Board Members: Chris Cherrix (Spring Century); Frank Dixon (Deputy Treasurer); Bruce Eisner (Vice-President); Allen Forbes (Membership); Jennie Hamiter (Assistant Treasurer); Carlo Luri (Advocacy); Bill Magladry (Treasurer); Leon Malmed (Weekend Rides); Jim Sadilek (Website); Gregg Westerbeck (Social Media); Joseph Whitely (Race Director)

Meeting held at Jethro's and by Zoom call

Meeting called to order at 6:06 pm

Minutes of the July meeting approved as presented. [JennielAllen/Unanimous]

1. Monthly Status Reports:

- **Treasurer:** As of July 31, the checking account balances totaled \$19878.87. The Paypal balance is \$16,121.48. Bill and Frank met for several hours to catch up on budgeting, book keeping, and state filings. Frank also prepared an analysis of club spending to broadly characterize our sources of income and expenses.
- **Membership:** There are 126 fully paid memberships with 138 active members. One new membership was recently processed and a few more are in the pipeline. Memberships are still coming from Thursday night race registration.
- **Weekend Rides:** More people engaging in weekend rides. Still need to schedule more rides through the end of the season. Leon and Michael will work on getting weekend ride kits to ride leaders. Jennie indicated that she will be posting rides for the next few weekends. She is also looking at organizing a Lake Davis weekend. The weekly Big Daddy's ride is very popular and attracted 15 people last weekend.
- **Weekly MTB Rides:** Chris reported that since Nigel's departure he, Jennie, and Jim Wire have been organizing rides in the series. Carlo has been riding with a no-drop group on Tuesdays. Bruce noted that to build participation in the rides we need to convey expectations. It was then pointed out that these rides can't grow too large as we need to avoid impacting other trail users.
- **Social Media:** Gregg is posting Thursday races and Leon's results. He typically posts 2-3 times per week.
- **Weekly Road Races:** Joseph has completed plans to switch the venue for criteriums from Starbucks back to Grandview. He will have volunteers to redirect from Starbucks in case anyone shows up there and at Grandview to be course marshals. As we approach the end of the year we need people to start returning their chips. The Pizza Party will be at Jethro's after the last race as usual.
- **Newsletter:** It was agreed that the newsletter should go out as soon as possible to make everyone aware of Randy's passing and the plans for the memorial service.
- **Website:** Jim is updating the website with weekly happenings.
- **Insurance:** Nothing to report.
- **Clothing:** No recent sales from inventory. Drew reports there was only one order placed on the Podiumwear store for NICA kit. The order period may be held open longer.
- **Junior / NICA Team:** 40 kids are registered with more joining every week. The team received a \$1500 donation from Tahoe Golf Club plus additional donations from AMBBR and the Death Ride. It was noted that the letter accompanying the AMBBR donation indicated that after the Sept 11 Tour de Tahoe, there will be no future rides around the lake produced by Bike the West.
- **Adopt A Highway:** Five people turned out for the last highway cleanup.
- **Pinenut Cracker:** No report.
- **Fall Century:** Dave is confirming the venue.
- **Mixed Terrain:** The recent storms that cut off access to Markleeville have caused mudflows across many roads and trails. It may have damaged Old Kingsbury so Jennie and Michael will be going to check it out soon. If it is passable, Jennie will post The Powerline route as a weekend ride.
- **Bike Advocacy:** Carlos reported that the Fay-Luther trail system was covered by mudflows but CVTA volunteers were out on Saturday trying to clean up. Other trails have not yet been assessed. Martin-Slough trail will officially open at Buckeye park on August 20. Carlo



suggested having a table to promote the club at the grand opening event however this might conflict with Randy’s memorial. On October 15 there’ll be an official opening for the latest CVTA trail in James Lee Park at 10:00am. Carlo will post a ride to the rideboard for this. People for Bikes is holding an E-Bikes meeting later this year and Carlo will post details. Douglas County has started the process of hiring a consulting company to write a new Trails Plan

- **Challenge:** Michael reported that results of the 8 Pass Challenge have been posted but one rider’s results are still in question and must be decided. He is still working on production of virtual bibs for participants. The Staff Ride was a success and all volunteer banana bread has been baked and distributed. Everyone who requested reimbursements has received a check and the only outstanding expenses are the USFS invoices which we are waiting for. Final profit is still expected to be over \$6100.00. A jersey company was finally located that was willing to produce a very limited number of 5 Pass Finisher Jerseys so we were able to proceed with setting up a purchasing process for 8 Pass, 5 Pass, and Event jersey sales. The price is \$70 plus approximately \$17 shipping which keeps the increase to under \$10 over the previous cost. Jersey sales will add modestly to the profit for this year’s Challenge.

2. **Annual General Meeting and Fall Dinner:** The CVIC hall is unavailable until late November. The

board discussed holding the event at Jethro’s instead. Allen will investigate the options and costs and will report back to the board.

3. **Randy Jacobs:** The club will purchase flowers for Randy’s memorial service. Gregg will place the order and the club will contribute \$100 [Bill I Bruce I Unanimous]. Bill will contact Gail to find out what what should would like us to do.
4. **Challenge 2023:** Bruce suggested that given the accumulated profits generated by the Challenge over the last few years, he believes that we could skip holding the Challenge in 2023 while we consider alternative options for future fund raising. Michael agreed that it would take more than a year to launch any new event or fund raising scheme if the club chose to replace the Challenge but he objected to the idea of cancelling the 2023 Challenge citing that every year that we have involuntarily not held the Challenge we have seen a much smaller level of participation the following year. He argued that if we voluntarily skip 2023 we would probably not be able to hold it successfully in 2024 if we ultimately decided to do so. It was agreed that the board should wait until the data is back from the volunteer surveys to discuss this further.
5. **Next Meeting:** Due to Bruce’s travel schedule the next meeting will be the last week of August. Date TBD, 6 pm, Jethros in Gardnerville.

Meeting adjourned at 9:06 pm

Local Merchant Discount Program

We’re excited to announce that local merchants who support AACC will be offering discounts to club members. Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under “Merchant Discounts” on our website at www.AltaAlpina.org.





Alta Alpina Cycling Club

P.O. Box 2032 **877-845-2453**
Minden, NV 89423 **877-845-BIKE**
www.AltaAlpina.org

MARK YOUR CALENDARS

Randy Jacobs Memorial Sat, Aug 20
Tim Rowe Memorial Fall Sun, Oct 2
 Century
Thursday Night Races every Thu @6:00

MOVED? GOT NEW CONTACT INFO?
Have you moved? Has your e-mail address changed?
Don't miss out on the latest AACC happenings!
Send your new contact information to :
membership@altaalpina.org

Alta Alpina Cycling Club Board Members

Bruce Eisner	President	president@AltaAlpina.org	877-845-2453
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Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
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Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Gregg Westerbeck	Social Media Coordinator	social@AltaAlpina.org	650-276-6951
TBD	Volunteer Coordinator	volunteer@AltaAlpina.org	

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month at 6:00 pm.** In-person meetings alternate between the Carson Valley and South Lake Tahoe.. Join us on **August 31** at **Jethro's** in the **Gardnerville Ranchos.**

Newsletter Publisher:
Michael Bayer