



PACELINE

**Alta Alpina
Cycling Club**

**Volume 12 Issue 7
August 2014**

AACC Weekend Ride Schedule— Aug/Sept

Garth Jackson, Weekend Ride Coordinator

Club Weekend rides are indicated below. Fast and slow riders will all be accommodated with regular re-group points. Refreshments are served at the conclusion of club weekend rides.

We're looking for ride leaders for September. Is there a ride you want to do? Please contact Garth and let him know you can lead a ride.

Saturday, August 16, 2014 — WEEKEND RIDE: Mormon Emigrant

Ride starts from the snow park on Mormon Emigrant Trail at CA 88, rolling at 9:30am. To carpool to the start meet at Douglas High School at 8:00am or Burnside Rd. and CA 88 at 8:30am. The ride heads down Mormon Emigrant Trail and then west and south on small, minimally travelled Forest Service roads. Eventually we'll get back on CA 88 to climb back to the start. The whole loop is about 70 miles. This ride stays mostly on small, lightly travelled forest service roads, and has roughly 7000 feet of climbing. There isn't much in the way of road signs out there, so we'll regroup often. There are no services on this loop, so please carry plenty of food and water and be self-sufficient.

Saturday, August 23, 2013 — WEEKEND RIDE: Lake Alpine

One of our club's most popular rides so don't miss out! Meet behind the General Store in Markleeville, ready to roll at 10:00am. This ride features about 7,000 ft. of climbing and 65 miles with regular stops to regroup. We ride up and over Ebbetts Pass, down to Hermit Valley, up Pacific Grade, past Mosquito Lake, and over the rollers to Lake Alpine. Food and water is available for purchase at Lake Alpine so bring some money.

Sunday, September 7, 2014 — WEEKEND RIDE: Leviathan Mine Loop

The ride is a loop from the ranchos to Monitor Pass and back. A long mix of dirt and pavement out Leviathan mine road to Monitor Pass and back via Markleeville and airport road to the starting point. Starting point will be at Stoddick Park in Gardnerville. Meet there ready to ride at 9:00am. Total ride distance is about 80 miles roughly half dirt roads and half on pavement.

Sunday, September 7, 2014 — Tour de Tahoe

Support fellow Alta Alpina member and past VP, Curtis Fong and his popular late summer ride around Lake Tahoe. Enjoy the spectacular scenery, rolling hills, and some big climbs. The 72 mile ride features 4024 feet, of climbing. The start, finish, and after ride party is at the Montbleu Casino. For more see: bikethewest.com.

Saturday, September 13, 2014 — King of the King

Who is the King of the King? This is a time trial up the east side of Kingsbury Grade. The mileage is 7.9 miles with an average grade of 6.1% and an elevation gain of 2550 feet. Registration will open at 8:00 am with the first rider off at 9:00 am. Riders will be sent off in 30 second or 1 minute increments depending upon turnout. Traffic should be very light since the west side is closed for construction. Cost of the race is \$10. Prizes will be awarded for top three places in A, B, C and D. This is NOT a USA Cycling sanctioned ride.

Saturday October 11, 2014 — Fall (Almost a) Century

Wellington to Bridgeport and back over Sweetwater Pass. As in the past Dave Scarborough will park his car at the top of the pass as a rest stop and the club will provide dinner after the ride. Meet will be 8:30 at Lampe Park to carpool. Ride will start from the CG Bar in Wellington at 9:30. Hopefully this year we will have better weather. This is another ride where you need to be a club member to participate.

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Ordering Club Clothing

Michael Bayer, Paceline Editor

We're making it easier to order club clothing!

The club maintains a limited inventory of club clothing including jerseys, sleeveless jerseys, shorts, bib shorts, bib knicker shorts, and arm warmers. We have items in both the "original" yellow and blue color scheme and the "new" red and orange color scheme.

Prices for red and orange items range from \$60 to \$75. Prices on yellow and blue items are all \$30.

Here's how to order club clothing:

1. Confirm that your membership is up to date. (We sell club clothing to members at or below cost.)
2. Use your web browser to go to the new club clothing web page:
www.altaalpina.org/clubkit/
3. Check the inventory listed on the webpage. The inventory list will be updated as items are sold but also as items are located (or exchanged) so if you don't see the item you're looking for check back again in a few weeks.
4. If you see an item you'd like to purchase, you can order it using a credit card (or paypal account) directly from the web page. Just use the pop-ups at the bottom of the webpage to indicate which item you want and click "Pay Now". Follow the instructions for payment and Chris Rhiner will coordinate delivery with you.
5. If you'd prefer to pay by check (or cash) contact Chris Rhiner directly (see contact information on the back of this newsletter) and coordinate with her.
6. In the unlikely event that the item you want has already been sold when we receive your order, we'll return your payment.

Other Clothing Options

If you don't see what you need in our current inventory or if you're thinking of buying a club kit for next season, please send Chris Rhiner an email and let her know what size and style you're looking for.

We plan to order more club clothing in the coming months and we need to know what you'd like to see. Which color scheme do you prefer? Are you interested in just a jersey or a complete kit including shorts? If shorts are important to you, which manufacturer(s) of shorts do you like?

In the meantime, you can order an Alta Alpina Challenge Jersey in any size with your choice of 3/4 or full length zipper. These jerseys are made-to-order and ship in 7-10 days of your order when ordered online at:

<http://www.voler.com/browse/collections/details/li/AltaAlpinaChallenge>





Presidential Posting

Christine Rhiner, President

Well 3/4's of the year is gone and I am not feeling too accomplished with this "president thing." I was hoping we would have settled on a club bike kit and made donations to every non-profit, cycling supportive agency in Douglas County and all 12 other adjacent counties. Ok, maybe that was a bit of whimsical thinking and grandiose for our little club. Fortunately our club was able to donate to several organizations that ran rest stops for the Alta Alpina Challenge-ride which was a success again this year despite many huge obstacles that are only visible behind the scenes, i.e., Turtle Rock Park's availability! Thanks, Michael for your persistence in making every aspect come out perfect.

Our mission statement is to promote cycling in our local area. This can take on different meanings as I have recently discovered and all interpretations can be supported by our club. Unfortunately we don't really offer many rides or workshops at an introductory level

so maybe our mission statement needs some review! Our club was established in the 1980's and seems to have had its own trajectory and maybe that should be honored instead of trying to be something we are not. From my view point we seem to be a group of fairly serious individuals with busy schedules who carve out 20+ hours a week to dedicate to time in the saddle. We spend horrific amounts of money on this sport and in return we get some peace and fresh air.

So back to the topic of "cycling clothing." The latest trend is to internet order and no longer hold the product in our possession. We have some left over items available, those will be explained in another part of this newsletter. There will soon be a survey and please be forthright/creative with your comments. Maybe its time for a "retro kit," whatever that would look like? Or, was there an older kit you particularly liked? We will surely have a new kit for next Spring so please give us some ideas.



Local Merchant Discount Program

Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.

Show your AACC Membership Card at time of purchase. [If are an active AACC member, the mailing label on the first Paceline you received upon renewal has the club logo and note indicating that it is your membership card.]





Bike Spokesman

Tim Rowe, AACC Bike Advocacy Coordinator

“Helping another cyclist riding through town – this time a fireman riding across America”

On Monday July 14, 2014 a lone cyclist rode on to Carson City on yet another across the country cycling adventure. The cyclist this time was 24-year old Jeff Moore from Madison, Wisconsin and also Pataskala, OH. His cross country ride is titled “Fire Service Tribute Ride” with the goal “to respect, remember and honor all fallen firefighters”. He left San Francisco July 10 and will arrive in New York City on September 11, 2014. A few months ago Jeff had put out an inquiry to various bicycle groups in California and Nevada on what the best route was to get over the Sierra Nevada. I replied with a Carson Pass-Hwy 88 recommendation and also a possible route all the way from Sacramento, which it turns out was said by many. I also sent him Nevada bicycle information and safety items as part of our Bicycle work at NDOT. Jeff was looking to meet up with fireman and possible fire departments/places to stay along Hwy 50 in Nevada and on the rest of his 2 month journey.

That Monday Jeff had ridden in from South Lake Tahoe and to Carson City, which was his first visit to Nevada. I met him for lunch at Carson City Fire Department Station 51, where the local fireman provided him and his Dad lunch. After lunch a Firefighter and myself rode with him on his way out of Carson City. He then was headed east to Fallon during a hot day at 104. Luckily his Dad was providing him SAG from The City (SF) to Salt Lake City. His most challenging day in Nevada he reported was from Fallon to Austin at 110 miles in the heat with good climbs. After a long day, the only place he and his Dad found to stay was on the floor of the Austin VFD station. He is now in Wyoming/Colorado somewhere and will end in New York City on September 11th.

Check Jeff’s progress at his website:

<https://fireservicetriuberide.wordpress.com/> .

Always good to meet cyclists riding through our state!

Board Meeting Minutes—August 11, 2014

Secretary: Jim Sadilek; Other Board Members: Chris Rhiner, President; Laura Caimi, Vice President; Frank Dixon, Treasurer; Michael Bayer, Alta Alpina Challenge Ride Director/ Newsletter Publisher; Garth Jackson, Weekend Ride Coordinator; . Tammy Lundquist, Road Cleanup Director; Tim Rowe, Bicycle Advocacy Coordinator; Dave Scarborough, Spring Century Coordinator; Wayne Trelloggen, PR Coordinator

Meeting called to order at 6:50 pm

Minutes of the July meeting were approved as circulated

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$48,682.09. The PayPal account balance is \$7,921.85.
- **Weekend Rides:** The Lake Tahoe, Mt. Rose, Virginia City ride, August 10, was described by Garth as “Perfect”. The Mormon Emigrant Loop ride is planned for August 16, and Markleeville to Lake Alpine the following Saturday, August 23. No planned ride for Labor Day weekend. August 6 ride from Stoddick Park (Ranchos) over Monitor Pass, through Markleeville and return. Newsletter will contain a more complete description.

Advisory: Construction on Highway 395 south of Minden has closed the shoulder making riding unsafe.

- **Newsletter:** The August newsletter will have a page describing the process for ordering clothing. The September issue will feature the “Almost Century Fall Ride”, which is scheduled for October 11, 2014.
- **Website:** Discussion about the need for compatible software to allow each board member to have a password protected page for posting timely information pertaining to their individual responsibilities.
- **Weekly Road Races:** Two races remain on the schedule, the Fredericksburg TT, August 14 and the Diamond Valley RR Short Course Finale,



August 21, party to follow at the Pizza Factory in the Ranchos.

- **Mountain Bike Races:** The position of Mountain Bike Coordinator is open. The Board of Directors would be most grateful for a volunteer to step forward and fill the position. Contact President Chris Rhiner.
- **King of Kingsbury Time Trial:** The Kingsbury time trail will be September 13. Details are on the AACC Ride Board.
- **Bike Advocacy:** As the result of a nine year effort by the Nevada Bicycle and Pedestrian Advisory Board (NBPAB) a new Nevada specialty license plate specifically for bicycle/pedestrian advocacy will be available for issue within the next month—check <http://www.dmvnv.com/platescharitable.htm> for updates. The plate will show a yellow diamond shaped caution type highway sign depicting bicycle and pedestrian images. The letters "PB" (Pedestrian/Bicycle) will appear to the left of the numerals. When questioned why not "BP", Tim's response was, "We tried", that combination had already been taken. Following the typical specialty plate information on the DMV web site, the anticipated initial cost for the plate will be \$61, annual renewal is \$30. A portion of the initial cost and the renewal will go to NBPAB earmarked for bicycle and pedestrian projects and education. State regulations require 1000 plates to be issued in order for a specialty plate to be viable.
- **Adopt A Highway:** Next clean up day will be in October, date TBA. As always, meet at Turtle Rock Park. Tammy will provide "yummy coffee and bagels".
- **Clothing:** Club's clothing inventory will be stored a Chris Rhiner's house. The current inventory will be posted on a Club's web site page, as well as payment methods for clothing purchases. As reported in previous editions of the minutes, the Board is earnestly seeking a volunteer to act as Clothing Coordinator. Contact President Chris Rhiner.
- **Challenge:** A sincere thank you from the club to Frank and Anna Dixon for hosting the Challenge

Volunteer BBQ on Saturday, August 9. Anna's cobbler was judged by all who attended to be extraordinarily delicious.

A final accounting of the Challenge revenue and expense is pending, there being a few expenses outstanding, the exact amounts of which are yet to be determined.

Michael reported three donations from the Challenge budget to groups who staffed Challenge venues: \$1000 to Hung A Lei Ti for the food preparation at TRP. \$250 to Alpine County Trails Association for staffing the base of Monitor and \$250 to the group who staffed the Emigrant Trail rest stop.

It is anticipated that the Challenge Photo Contest will be wrapped up and the book prizes distributed next week.

The Challenge rider survey data report is pending. There was discussion and consensus that riders booking local lodging for future Challenge rides should be guaranteed entry. June 27, 2015 is the tentative date for next year's Challenge.

2. **Club Freezer:** Rick Miyashiro has volunteered to run the club's freezer for the next year as well as allocating space in his own freezer. The club will grant Rick Miyashiro free racing for the coming year. [Motion 08/01 Laura Caimi/Chris Rhiner – Carried unanimously.]
3. **General Meeting and Year End Party:** The AACC AGM and Party is tentatively scheduled for Monday, November 3. We will increase the budget for the annual event and return to the format and class of the previous era in our club's history. Tammy and Dave will identify possible venues.
4. **Next Meeting:** The next AACC Board meeting is planned to be a teleconference on Tuesday, September 30, 2014 at 6pm. Because of vacation schedules and various other commitments, it is not possible to form a quorum for the regular, first Monday, Board meeting. The next regular meeting is scheduled for October 6, 2014 at Jethro's in the Gardnerville Ranchos subject to President Rhiner's confirmation on location. Club members are always encouraged to attend.

Meeting adjourned at 8:28 pm



Alta Alpina Cycling Club

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 www.AлтаAlpina.org

MARK YOUR CALENDARS

Mormon Emigrant Loop Sat. August 16
 Tour de Tahoe .Sun. September 7
 King of the King Sat. September 13
 AACC Fall Century Sat. October 11
 Thursday Night Races ..every Thu @6:15

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AлтаAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Chris Rhiner	President	president@AltaAlpina.org	775-790-6373
Laura Caimi	Vice President	wildsierralaura@yahoo.com	
Jim Sadilek	Secretary	ccwatchmaker@gmail.com	775-220-2713
Frank Dixon	Treasurer	ozatlake@gmail.com	530-318-1574
Robert Braun	Membership Coordinator	robertingville@yahoo.com	
Garth Jackson	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Di Bolton	Thursday Road Race Director	dibolton@frontier.com	775-781-4660
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Newsletter Publisher:
 Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe