



PACELINE

**Alta Alpina
Cycling Club**

**Volume 10 Issue 6
August 2012**

Upcoming Rides

Ellen Sherrill, Weekend Ride Coordinator

Tuesdays, August, 2012 — TAMBA Weekly Ride

The weekly TAMBA mountain bike ride is in full swing every Tuesday in August. Meet in the Parking Lot of Pearl Izumi, South Lake Tahoe, 5:00pm. Rides will vary and will be anywhere from an hour to two hours in length depending on weather and sunlight. Happy hour after every Tuesday ride at Murphy's Rockwater. Contact Briana Biller at 530-541-9044 for all the 411.

Friday, August 24, 2012 — Hoodoo 500

The Hoodoo 500, a premier ultramarathon cycling race in the U.S. sponsored by Planet Ultra takes place Aug. 24 starting at Best Western Abbey Inn 1129 South Bluff Street St. George, Utah.

Saturday, August 25, 2012 — Saturday Morning Ride

Meet Robert Braun at 8:00am at Big Daddies Bike and Ski on Hwy 395 in Gardnerville. The ride goes south on Hwy 395, Left on Pine Nut Road toward the Douglas Fairgrounds, Left on Pine Nut RD #2, Left on OutRWay, Left on Fish Springs Rd. Right on East Valley Rd, north to Johnson Lane, over to Stephanie Lane. Right on Hwy 395 north, to Jacks Valley Road past Target, which turns into Foothill Rd through Genoa, take a Left on Mueller Lane, to Hwy 395 south and back to Big Daddy's. It is around 55 miles.

Saturday, September 8, 2012 — Fruit Yard Century

Stanislaus City Bicycle Club promoted the Wild Sierra to their members so let's reciprocate and ride the FIRST Fruit Yard Century! The ride traverses the Great Central Valley farmlands to the Central Sierra Nevada foothills. Breakfast, lunch (for 100km and 109 mile riders) and post-ride BBQ for all. Starts at the Fruit Yard Restaurant 7948 Yosemite Blvd. Modesto, CA.

Sunday, September 16, 2012 — Iron Girl Lake Tahoe

The third annual Athleta Iron Girl Lake Tahoe South Shore Triathlon is coming to our area Sunday, September 16, 2012. The Iron Girl event experience provides women with the perfect platform for first timers and experienced athletes to reach their personal bests. More news, volunteer and contact info coming in the September newsletter. You can also get all the info available at <http://www.irongirl.com>

Sunday, September 30, 2012 — Wild Hillacious Sonora Pass

Meet at the Caltrans Facility parking lot on Hwy 395 just north of the Sonora Pass Junction between Bridgeport and Walker, CA. Arrive in time to leave by 8:00 AM. This is the scheduled September Alta Alpina/Bike Habitat Wild Hillacious Century Series ride. It is up and over Sonora Pass to Dardanelles camp. Metric riders continue a couple miles to Clark Fork Rd and return to the start for 62 miles and 7,000 ft. Century riders continue to Strawberry and return for 10000 ft of climbing. Food & water at Dardanelles and Strawberry.

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Congratulations Curtis!

Our very own vice president Curtis Fong will be inducted into the Nevada Radio Broadcasters Hall of Fame this month in fabulous Las Vegas. Not that he needs it but give him some props next time you see him. Way to go, Curtis! Congrats.





Expedition Man, August 25

Scott Herman, Newsletter Editor

Expedition Man would like to introduce the inaugural Endurance Festival featuring Northern Nevada's 1st Ultra Distance Triathlon. A unique course that starts swimmers at Zephyr Cove Resort in the beautiful southern part of South Lake Tahoe, NV. The 112 mile bike ride will utilize a variety of Northern Nevada's scenery including a 1,400 ft elevation drop into Carson City. The day ends with a long run along the Truckee River Trail finishing at the Legends at Sparks Marina.

All the necessary information needed can be found at www.expeditionman.com

With well over one hundred athletes from Nevada alone, this promises to be a most competitive Tri. Alta Alpina's own Allen and Linda Biaggi, Briana

Billier, Rob Cleymaet, Bob Gagen, Alex Kuhlmann, Pike Reardon and Marc Evans, not to mention numerous other local athletes will be competing for glory in this one!

There's a half Ironman and a full-blown Ironman Triathlon for any who dare and gives our area another option for first class racing, be it running, swimming or biking.

We truly are blessed to live where we do...especially if we are athletically inclined!

Volunteers are still needed and there are sweet perks as well!

Hope to see you there.





FRIDAY

Sept 14th, 2012

The American Legion S. Lake Tahoe

Door 6 PM ■ Bands 7 PM ■ Cost \$10!



TAMBA and SLT BMX present

BANDS

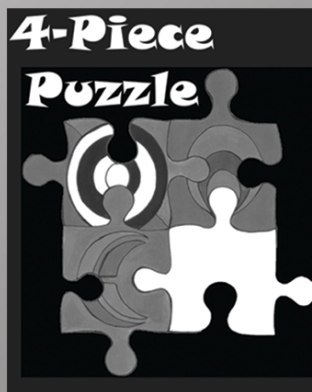
for

BIKES

An EPIC benefit concert

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Celebrating the start of our fundraising campaign for the BIJOU BIKE PARK!

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AACC Member Profile: Rufus Allen Bolton

AACC Member since:

2005 (that is when I was born)

Current Residence:

Gardnerville, NV

Immigrant from:

I was born in Big Bear CA and came to Gardnerville as soon as my Mama Dixie let me go to my new family

Bikes I ride:

Well, I actually run along side my mom and dad's tandem or their other bikes when we cruise around our neighborhood. I can go really fast and tend to pull them along. I also like to pull dad around on his longboard. I don't get it when people say my legs are short???

In one word, my cycling style is...: support**Favorite Rides/Races:**

The Thursday Night Road Races, diggin holes and lickin sunscreen/ lotion from everyones legs is the best on Thursday nights. And, I do offer my encouragement to everyone by barking from the side of the road.

Favorite Post-Ride Food:

Everything

Other Sports & Pastimes:

Well, leaving me home is not an option for mom and dad, so I go cross country skiing and snowshoeing, I show them the best ways to go. I love to sit on the front of of moms kayak (someone needs to tell her how to paddle around). Riding on the back of the big motorcycle with mom and dad is soo much fun, but don't make me wear my helmet or doggles! I sit on the tank of the other motorcycles with dad too, that is really fun, I love to lean into the curves. Hiking and



bouldering a is blast too, again, what is with the short leg comments? I keep up just fine and on my own! I enjoy Geocaching with mom, I am known as Cach Snoofer. I am up for anything!!

Other Pastimes:

Basking in the hot sun. I like to work on my belly tan.

My Motto or Inspired Quote:

"Food is good, More food is better....Show me the COOKIE!"

Grab Bag:

I really love being out doing everything and seeing everyone.



Board Meeting Minutes—August 6, 2012

Secretary: Michael Bayer; Other Board Members: Diane Bolton, Robert Braun, Pete Costa, Curtis Fong, Scott Herman, Mel Maalouf; Other Attendees: Jim Harris

1. Monthly Status Reports:

- **Treasurer:** The checking account balance as of 7/31 is \$58,135. Many significant expenses are still pending including Ambulance, Clothing, Volunteers, Replacement Equipment, and more.
- **Membership:** We are still getting membership renewals as people realize that their membership expired.
- **Weekend Rides:** Ellen is away. We need more ride leaders for August and September.
- **Newsletter:** Articles needed. Particularly member profiles. Lack of content is slowing down the newsletter schedule.
- **Website:** No update.
- **Insurance:** BRDAA is asking for an indemnity waiver and is increasing the insurance rates by \$1/rider for rides with a timed portion.
- **Weekly Road Races:** Attendance is lighter in the summer vacation period.
- **Mountain Bike Races:** Ellen isn't present. Mel will follow-up with Ellen and Nate regarding the plans for fall race.
- **Wild Hillacious Century Series:** August and September rides are posted on the rideboard. Twain is managing Jerseys from Colorado.
- **Junior Team:** The board is very grateful for the \$3000 grant received from the Sacherman fund to support the Junior Team.
- **Spring Century:** Michael will follow-up with David Scarborough on ideas for a Fall Century.
- **Pinenut Cracker:** Robert is still wrapping up accounting for the 2012 event and looking for a date in 2013..
- **King of Kingsbury Time Trial:** Looking for volunteers for Sunday Aug. 12 organized by Kevin Joel.
- **Cyclocross Race:** Scheduled for October 28. Robert has contacted Indian Hills. Scott wants a budget for prizes and equipment . Hold Nov 17 for a race at Bowers Mansion or Washoe State Park.
- **Bike Advocacy:** August 17 bike rodeo for Boys and Girls club in South Lake Tahoe is being organized by LTBC. They are looking for volunteers. Curtis will post it as a ride. Tim Rowe has retired from USGS and taken a cycling coordination role at NDOT. He'll be vacating his seat on the Nevada bicycle advisory board as a result. Anyone interested in replacing him should visit the governor's website.
- **Adopt A Highway:** Mel is working on replacing the coordinator.
- **Clothing:** Lauren isn't present but submitted a status report by email. Pete will take on pending action items.

2. **Alta Alpina Challenge:** Postmortem meeting set for August 15 and volunteer BBQ set for August 19. Work continues at a significant pace on event follow-up. Club will apply for multi-year, multi-agency permit for next year and hold early agency meetings. Date is set for June 29, 2013.
3. **Next Meeting:** Monday, September 10, 2012, at 6:00 pm, TRPA Offices in Stateline.

Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at www.AltaAlpina.org





Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

- Expedition ManSat, Aug 25
- Fruit Yard CenturySat, Sept 8
- Iron GirlSun, Sept 16
- Sonora Century & MetricSun, Sept 30
- Tuesday MTB Rides ..every Tue @5:00

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Mei Maalouf	President	president@AltaAlpina.org	775-782-9652
Curtis Fong	Vice President	tgft@bikethewest.com	775-588-9658
Lauren Lindley	Secretary	llindley@pearlizumi.com	
Pete Costa	Treasurer	intandempc2@aol.com	775-782-8493
Robert Braun	Membership Coordinator	robertingville@yahoo.com	
Ellen Sherrill	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Di Bolton	Thursday Road Race Director	di.bolton@frontier.com	775-781-4660
Robert Braun	Pinenut Cracker Mountain Bike Race	robertingville@yahoo.com	
Casey Willitts	Road Cleanup Coordinator		530-577-9530
Scott Herman	Paceline Editor	paceline@AltaAlpina.org	
TBD	Carson Valley Classic		
Mei Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Joe Marzocco	Website Coordinator	j_marzocco@yahoo.com	
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

Newsletter Editor:
 Scott Herman
 Newsletter Publisher:
 Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **Monday September 10** at the **TRPA Offices in Stateline.**