



PACELINE

**Alta Alpina
Cycling Club**

**Volume 3 Issue 7
August 2005**

AACC Weekend Ride Schedule—August

John Seher, Weekend Ride Coordinator

Saturday August 6, 2005 — “Hole in the Ground” MTB Ride

This ride is a technical and scenic tour of the country north of Donner Summit. Not a huge amount of climbing, but lots of fun obstacles and a fine view of Castle Peak. Meet at the trailhead at 10:30. To get there go west on I-80 over

Donner Summit, take the Norden/Soda Springs off ramp, turn right then immediately right again onto Sherritt, and drive about a mile in to the trailhead. Ride leader is Jennie “Dirt Girl” Hamiter. Carpool opportunities to be announced.

Sunday August 14, 2005 — Sonora Pass. Both sides!

Are we not Alta Alpinas? By this time in the season your leg strength should be at its maximum, so let's put it to good use. Meet at Sonora Junction on US 395 between Walker and Bridgeport at 9:00 AM. There is a place to park across the road at the highway maintenance station. We'll climb to the top of the pass, 9,600 feet, then descend down

the West Side to Dardenelle where we can get food and drink for the ride back. This way you can determine which side of Sonora pass is tougher. The ride is only about fifty miles, the scenery is gorgeous, but there is lots of very steep climbing. Think Slug Gulch plus Pacific Grade. Bring your lowest gears and all your lungpower.

Saturday August 20, 2005 — MTB Ride - Tahoe Rim Trail from Heavenly Valley to Big Meadow Trailhead

What can we say about summer on the Tahoe Rim Trail (TRT)? it's fantastic. As a bonus we get to see the AACC Adopt-a-Vista at Freel Saddle. Meet at the TRT trailhead near the Heavenly Valley

Boulder lift terminus at 10:00 AM. This is a long ride, so bring plenty of food and water. Use the ride board on the AACC website to get with your riding pals for car shuttle arrangements.

Sunday August 28, 2005 — Gold Lakes Loop

This is the best part of the old Plumas Sierra Century and a good opportunity to tune up for the upcoming fall century rides. Meet in Sierraville on highway 89 north of Truckee at 10:00 AM. The route takes us to Sattley, then over Yuba Pass on Highway 49 to Bassetts where we turn onto the

Gold Lakes Road. We climb over the hill north to Grayeagle, then over another hump on Highway 89 to Calpine and then ride south back to Sierraville. The route is about 70 miles and includes three substantial climbs, though none are too daunting.

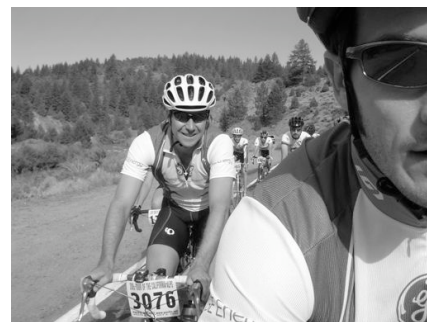
Inside this issue:

<i>Death Ride Recap</i>	2
<i>Presidential Praise</i>	2
<i>Wednesday Night Races</i>	4
<i>Packsaddle Pass Ride</i>	5
<i>Member Profile</i>	6
<i>Bike Spokesman</i>	6
<i>Board Meeting Minutes</i>	7

WANTED:

Volunteers for the Genoa Cyclocross Race

Any CycloCross enthusiasts out there? Mel Maalouf has mapped out a cyclocross course in Genoa, and there's enthusiasm in the town to make it happen, but it will only take place if Mel can get a few volunteers to help him with the race-director duties in the upcoming months. If you're a CX'er, and would like to see a race in Genoa this fall/winter, please contact Mel!
mel.maalouf@bently.com
775-782-9652 (evenings).



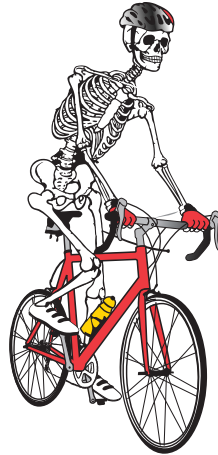


Death Ride Re-Cap and Thank You

Joe Marzocco, Death Ride Coordinator

Thanks to the hard work of AACC volunteers, the 2005 Death Ride managed to satisfy just about every rider participating, in a twisted sort of way. The 4 am Pink Floyd wake-up was a welcome change from the rude Jimi Hendrix rendition of the Star Spangled Banner. The weather did its part, with high clouds keeping the course relatively cool. The riders said that if we could do something about the wind next year, they would be much happier. Welcome to the Death Ride: it could be a lot worse!

It was very encouraging to see club members step-up and take ownership of this event. Having a core of seasoned volunteers helps the event run much more smoothly than having to start from scratch every year. Of course, I welcome feedback and kind criticism of how things went and how things can be improved. Taking on the entire show was a daunting task and the last three weeks were quite overwhelming.



Presidential Praise

Jennie Hamiter, President

Alta Alpina has the greatest volunteers. Just saying "Thank You" for helping to pull off another successful Death Ride just doesn't cut it for how hardworking and reliable you guys are. I wanted to write short stories about each of the really outstanding volunteers that I worked with but that literally would have filled up the newsletter. Here are all the club members that my sleep-deprived brain could remember as making up the best volunteer army around:

Tuesday, Wednesday, Thursday: Michael Bayer picked up a lot of balls that had been dropped, and literally worked around the clock allocating the supplies for the rest stops. Lesley and Rowland Tuggle, Brenda Giese, Mel Maalouf and Scott Schick showed up with zero notice to help out at the warehouse. Tim Rowe was already in full swing by that point, working the week leading up to DR for the 16th straight year!

Friday Morning: Ron Sanchez, Kris Brown, Matt Osa, Tom Tittle, Frank and Anna-Maria Dixon, Kevin Willitts, and Mike Sharp got to the warehouse early, loading up trucks for their deliveries. This cheerful, hardworking group gave me hope that we'd pull this off yet again!

Turtle Rock Park: John Seher and Dave Scarborough started early Friday making themselves indispensable; both these guys did all sorts of different jobs over the next couple of days. Elmer Bricca, Ted Tsuchida, Jess Sasano, and Darel Tsuji, and James and Eva Strange helped to set up Turtle Rock Park. Eva worked all weekend—she always seemed to know exactly where she was

needed most. Darla Mazzone, Sherri Lehman, and Dennis Pederson took parking duty in the hot sun.

The Store: A few of the true heroes on Friday were the folks who worked in the store, arriving for duty only to find that there was no one in charge. So Janna Orear took charge for the first half of the day, and Tina Keegan captained the second half. Judy Guinn, Mark Henry, Diane Sidler, Scott Herman, Rick Miyashiro, and Bart Narter helped out, trying to sort out clothes and sort out problems in the cramped, little store.

Death Ride Volunteer Appreciation Dinner

On behalf of the Tour of the California Alps Death Ride Committee, Alpine County Chamber of Commerce Board of Directors and Staff, and Alta Alpina Cycling Club:

Please join us for an appreciation dinner on:

Thursday, September 8, 2005

6:00pm to 8:00pm

Turtle Rock Park, Markleeville

If you were a Death Ride volunteer and would like to attend, please call (530) 694-2475 to RSVP by Monday, Aug 29 Thank you for all you do - we couldn't do it without you!

Every club member should be proud to be involved with the Death Ride event. People train just for this event, and others dream of being one of lucky few chosen. Not only is it the life-blood of the club, but is also a big part of the participants lives, and benefits many organizations in Alpine County.

In short, being part of the Alta Alpina Cycling Club means being part of the Death Ride. As long as the two entities exist, the symbiotic relationship will continue to benefit the parties involved.



Registration: Registration was a fiasco this year, made worse by the absence of the volunteer group that was supposed to run this area. Special thanks to Lesley Tuggle, who worked from opening until well after we should have closed without a break! Tammy Lundquist and Nancy Marzocco were two late-nighters as well, staying until we'd sorted out the last of the crazy paperwork; they each left then to get some rest before showing up at their respective Saturday jobs just a couple of hours later. Thanks to Mike Beam, Craig Steele, and the numerous club members who found themselves working long hours at registration unexpectedly: Suzy Stockdale, Dan Doyle, Brenda Giese, Dennis Pederson.

Well Before Dawn, Saturday Morning: Pink Floyd got up early Saturday to provide the 4am wake-up call, despite a power-failure scare at 3:53am. But a little before that, Mel's junior team, Micah Herman, Nick Ruana, Zach Walker, Andrew Pederson, Heath Madeiros, Austin Shick, Shawndrea Wisma, Paige Thayer, were already on their way to help with parking and early morning registration. Others on the red-eye parking crew were Andrew Huntington (the captain), Dennis DeLange, and Chris McMillen. Kevin Willitts was back in the Radio Van again this year; he's the guy who really runs the show on Saturday.

Out on the Course: Troy Walters again coordinated the course marshals. Out at the bottom of Monitor Tammy and Todd DiGiovanni, Christine Anderson, Russ Petrosky, and Peter Niday were the tough guys turning away numberless riders. Keith Hart was stationed there too, for tech support. Rick Miyashiro, John Bales, and Dave Emery drove SAG, and risked another year of people throwing up in their trucks. Dave and Anke Simpson ran the Scossa's Rest Stop again this year, and served pancakes to the first rider. Les and Jackie Speckert ran the Carson Rest Stop, even after a long, tough day in the warehouse earlier in the week.

Saturday, Turtle Rock: Jackie Johnson helped staff the 5-Pass Check-in, and her years of Death Ride experience came in handy throughout the evening. Dana Lookadoo captained the parking lot Saturday afternoon with the help of Ed Lix, Tom Regan, and Jeff Ham.

Sunday Morning Clean Up: The party was over, but the work went on. John Kelley, Jim Rhiner, Ron Sanchez, Matt Osa, Judy Guinn, Mark Pupich, and the everywhere-at-all-times guy, Joe Marzocco, hit it hard, got it over with quick.

TO EVERYONE: Special thanks to everyone who just showed up, despite not having heard back about your volunteer duties. The Death Ride wouldn't have been a success without the help of all the folks above, plus a whole bunch who's paths I didn't cross—please know you're appreciated, too! THANK YOU ALL!!!

Notes from riders:

"This year was my first Death Ride...and I loved all 5 passes! Your whole production was fantastic--great organization---great support---great people---great food and drink! thank you very much! So...let me know if I can pay off anyone to get a space for next year! ;) I'm ready to go again!"
David Almquist

"I enjoyed your ride this year, the weather was great. Two comments I would like to make, first to compliment the handing out of the 5 pass pins at Carson. I would think this helps with the congestion at Turtle Rock Park. Second, the registration was really long this year, I waited an hour probably because my last name begins with a B and there were a lot of us. Otherwise you people do a great job. Thanks."
Tom Braner



5 pass rider check-in



Sunday cleanup



Club Ride Report - Packsaddle Pass

John Seher, Weekend Ride Director

Sometimes you have to brave the thorns to pick the fruit. That's the way it was for our adventure on July 17.

We enjoyed some of the most scenic and intriguing cycling roads our area has to offer, producing comments like "How did you ever find this place?" (Val), and "This road gets the Alta Alpina stamp of approval!" (Jennie). The Packsaddle Pass road and subsequent connectors took us from Highway 50 at Strawberry, south through the forest and over the ridges to Highway 88, west of Silver Lake. There were mountain vistas and stands of pine and fir for our viewing pleasure, moderate gradients to climb and descend, and, get this, virtually no traffic. Nice! The thorns on the way to the fruit came in the form of the busy California highways we had to traverse to get to the good parts. Argh! None the less, all sixteen intrepid Alta Alpinas and guests managed to survive the traffic gauntlet, and at the end of the day there were smiles on those salt encrusted visages. It was another fine day on the road with Alta Alpina.



A Silver Fork in the road, out in the middle of nowhere



Sue and Michael enjoying the smooth pavement of a car-free road, climbing to Mormon Emigrant Trail



Tom and John discuss the ride so far, while Jim re-hydrates in manner befitting such a hot day



John and Suzy climb Old Luther Pass. If a tire is 23 mm wide, one only needs a road 25 mm wide...



AACC Member Profile: Troy Walters

AACC Member since: January, 2000

Current Residence: Gardnerville

Immigrant from: Decatur, Illinois

Résumé: I started riding centuries in the mid 80's. I don't know much about Joe Montana, but I know the names of Greg LeMond's parents.

Race Category:
#3

Bikes I Ride:
Bianchi 928 (2005), Miyata Team (late 80's)
I made the switch to Campy this summer...



How I Support my Bike Habit: I rob liquor stores on the side. [Editor's note: Actually, you know Troy as the store manager for Nevada Cycle Works, in the Ranchos. Any liquor store robbing, real or imaginary, is a thing of the past.]

In one word, my cycling style is...: Twitchy.

Favorite Rides/Races: Mt. Hamilton. No chump has ever won at that race, in any category.

Favorite Post-Ride Food: Pizza

Ambitions/Aspirations: For small children to like me.

My Motto or Inspired Quote: Tyler is innocent!

Grab Bag: On racing: Your ability to race well is roughly equal to your ability to accelerate. The strength to cruise along at 23mph means nothing if you can't catch the break as it leaves. You need to train to this ethos. Group rides among racers should be "attack and counter", not orderly pacelines. Racing is hard; training shouldn't be easy. What about fun? Well...I wouldn't do it if I didn't think it was fun.

Bike SPOKEsman

Tim Rowe, AACC and Nevada Bicycle Advisory Board Member

Bicycle Advocacy needs voices and numbers! Always, ride friendly and set good examples. Please consider joining one of these local bicycle related advocacy groups, attend meetings, and speak up when you can!

Muscle Powered – a local group of walkers, hikers, runners, and cyclists in Carson City – supporting improving the trail system in the area. E-mail contact: musclepow@sbcglobal.net

Tahoe Region Advocates for Cycling – a Tahoe group advocating safe cycling in the Lake Tahoe Basin. Website: www.jeffminerconsulting.com/trac

Silver State Bicycle Coalition – a Las Vegas based cycling group. Website: www.ssbcnv.org

California Bicycle Coalition – A California wide bicycle advocacy group. Website: www.calbike.org

League of American Bicyclists – a national bicycle group. Website: www.bikeleague.org

Maybe we should form a Northern Nevada advocacy group – more later.

Local Merchant Discount Program

Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. **Show your AACC Membership Card at time of purchase.** [If you are an active AACC member, the mailing label on the first Paceline you received upon renewal has the club logo and note indicating that it is your membership card.]



For discounts from these local merchants, please visit the AACC website at www.AltaAlpina.org

Congratulations to Micah Herman for coming in 2nd in his class at the Regional Junior Championships in Livermore!



More AACC Member Benefits: Bike Boxes

Did you know the club has two bike boxes, for traveling on airplanes with your bike?

Any club member who wants to can borrow one or both. The boxes now reside at Big Daddy's Bikes in Gardnerville. Keith has volunteered to keep track of them, and even take reservations! So if you'll soon be jetting off to Europe (or anywhere else), contact Keith, at 775-782-7077, to reserve them.

Presidential exPostulation

I was dismayed by the number of discarded gel packets that I saw on the Death Ride course this year. Now, I know it wasn't our club members who were contributing to the mess, but it's still a good time to rant: *Use gel responsibly. Keep the empty pack with you or don't use it at all.* Cliff Shot packets have "leashes" so there's no excuse to carelessly discard even the little tops of packs. But it's Hammer Gel's samples that declare: "*Don't drop this empty pouch on the ground, or we'll hunt you down and make you eat it, dirt, ants, and all.*" Amen, I say.

Board Meeting Minutes—July 2005

Secretary: Rick Miyashiro; Other Board Members: Michael Bayer, Jennie Hamiter, Jeff Ham, Dana Lookadoo, Mel Maalouf, Chris McMillen, Jim Rhiner, Tim Rowe, John Seher; Other Attendees: Scott Herman, Micah Herman, Nick Ruana

1. Monthly Status Reports:

- **Treasurer's Report:** Balance of \$44,915.93 as of 07/06/05.
- **Weekend Rides:** July 2005 schedule is set for some great rides after the Death Ride weekend. Check the website.
- **Wednesday Night Races:** No new items.
- **Newsletter:** To be discussed as separate item.
- **Carson Valley Classic:** We will have ROP volunteers on Saturday for the Criterium and volunteers from China Springs on Sunday will operate the water station for the Road Race. Other volunteers are still needed for follow car drivers, registration, course marshalls, etc.
- **Memberships:** There are 180 fully paid memberships with 201 active members.
- **Death Ride:** Everything seems to be moving along though there are concerns about communication problems. The volunteer picnic will be on the weekend following the Labor Day weekend.
- **Clothing:** \$900.00 were deposited to our account from sales in the past month.

2. **Newsletter:** The Board discussed options on how the newsletter responsibilities should be divided. Jennie will follow up with several members who have expressed an interest in helping out. The Board voted to increase the fee paid to the new editor(s) to \$150.00.

3. **Bike Racks:** Tim reported on a Carson City promotion for a special bike rack/art piece that sells for \$500.00. No decisions were made on this item until details were obtained by Tim.
4. **Flat Tire Fixing Festival:** There will be a Flat Tire Fixing Festival in conjunction with the Great American Weight Loss Challenge in Carson City at the Carson City Community Center on September 24, 2005. Volunteers are needed to help with flat repairs.
5. **King/Queen of the King:** Mel would like to resurrect this Time Trial by charging an entry fee and offering prizes and refreshments. If the club supports this race and is within the insurance guidelines, Mel is proposing a mid-August date.
6. **Cyclocross in Genoa:** Mel needs help with footwork and permitting process to promote a cyclocross race in the town of Genoa.
7. **521 Ellivrendrag:** That's Gardnerville 125 backwards folks! The club is promoting a fall club ride of the Gardnerville 125 in the reverse direction with a low ball poker run and BBQ at Keith and Monica Hart's house. The club voted to fund \$400.00 for food and prizes and tentatively set the first weekend of October for the ride.
8. **Bike Boxes:** The bike boxes have been accounted for and Keith has volunteered to be the box keeper at his shop.
9. **Next Meeting:** Monday, August 1, 2005, 6 pm, Pizza Factory in Gardnerville.



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

- "Hole in the Ground"August 6
- Sonora PassAugust 14
- Heavenly to LutherAugust 20
- Gold Lakes LoopAugust 28
- Volunteer Dinner September 8
- Kingsbury Time Trial September 18
- 521 EllivrendragOctober 2
- Wednesday Night Races .every Wed @6:15

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Jennie Hamiter	President	president@AltaAlpina.org	775-782-4848
Chris McMillen	Vice President	chris.mcmillen@bently.com	
Rich Miyashiro	Secretary	davelynrick@aol.com	775-265-6764
Jeff Ham	Treasurer	jeff.ham@bently.com	
Michael Bayer	Membership Coordinator	membership@AltaAlpina.org	
John Seher	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-849-1876
Dennis Delange	Road Cleanup Coordinator	dennis.delange@bently.com	
Joe Marzocco	Website Coordinator	j_marzocco@yahoo.com	530-542-3994
Mel Maalouf	Junior Team Coach	mel.maalouf@bently.com	
Jim Rhiner	Carson Valley Classic	jim.rhiner@bently.com	775-783-9834
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531
Troy Walters	Wednesday Race Director	racedirector@AltaAlpina.org	

August Newsletter Editor:
 Jennie Hamiter
 August Newsletter Publisher:
 Michael Bayer

All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month, 6:00 pm** at the Pizza Factory in the Gardnerville Ranchos. The club is about and for you, so help us plan your cycling opportunities. Join us on **September 12.**