



PACELINE

**Alta Alpina
Cycling Club**

**Volume 19 Issue 3
April 2021**



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Ray Rickard Memorial Spring Century — COVID Edition on May 22 (Inclement weather backup dates on May 23rd and May 29th)

For All Up To Date Alta Alpina Club Members!

The Ray Rickard Memorial Spring Century has traditionally been a social event centered around a variety of fine rides. Regrettably we're forced to minimize the social aspect of the ride this year. There is no group starting time, nor starting/ending location, which is intended to keep riders spread out, and appropriately distanced.

Please review the club's [framework for socially distanced riding](#) on the website and in previous newsletters.

The traditional metric century loop from Gardnerville, past Topaz Lake, over Monitor Pass, and returning via Markleeville remains an option, but we will only have a single "pit stop" location south of the intersection of CA 89 and CA 4 from 10:00am to 2:00pm. A pit toilet will be provided near the rest stop

Those who are interested in a shorter ride can start wherever they like and enjoy a relatively flat ride along the river and as far towards Ebbetts Pass or Monitor as they would like. Those who would like a climb-fest, are invited to do Monitor (one or both sides), and then climb Ebbetts (assuming it is open). Those doing the traditional loop, who really want to test their legs, are invited to start early and do Ebbetts along the way, for a full Century.

While riding bicycles out on the road is about the most virus-safe activity we're able to enjoy at the moment as long as everyone stays well spaced, conventional rest stops are not. In order to keep everyone safe, our volunteers in particular, we cannot run the rest stop as usual. Instead we'll have a single "pit stop" at a central location.

The "pit stop" approach is something we've developed for a virus-safe Alta Alpina Challenge. This location will be much more like a racing pit stop than the rest stops you're used to. Our goal is to hand-off snacks and fill water bottles as quickly as possible while keeping everyone safe. Everyone in the pit stop area will need to be wearing a face covering and glasses. You will line up 10 feet apart at designated stopping locations to maintain distances and stay on your bike.

Please RSVP to springcentury@altaalpina.org and give us an idea of which ride you plan to do or if you're available to volunteer for a shift at the pit stop. We're looking for volunteers on May 22nd as well as for our backup dates on May 23rd and May 29th.



Ray Rickard Memorial Spring Century – COVID Edition Details

Choose a Ride Option: the Century (if Ebbetts is open), the Traditional Loop, the West Side, or any other ride through Markleeville and the Carson River Canyon. Ride from home or pick your own start location. Time your ride so that you can take advantage of the pit stop south of the CA89-CA4 intersection between 10am and 2pm. RSVP to springcentury@altaalpina.org with your plan.

Things to Bring: You'll need sunglasses, a face covering, hand sanitizer, and two water bottles. Also recommended: a riding mirror (on your glasses, helmet, or bars) and a jacket.

Socially Distanced Riding: Stay 10 to 20 seconds apart from the rider ahead of you. Pass only when it's safe to do so with a wide berth. Wave to other riders but avoid projecting your voice, coughing, sneezing, or blowing your nose while riding. Please model best behavior for other riders—be patient, stay distanced from even your family members, and avoid forming large groups.

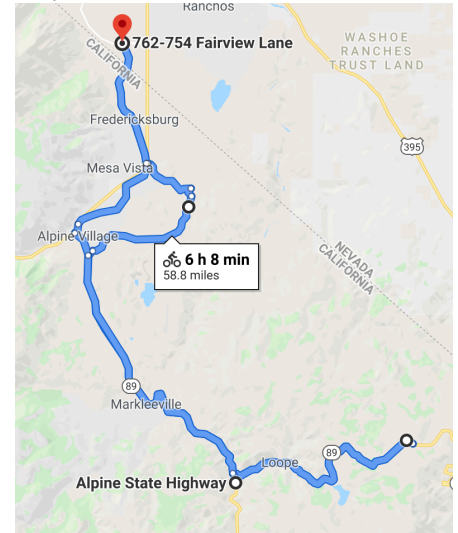
Pit Stop Location: The Pit Stop is located on CA4 in a pull-out 0.4 miles south of the intersection with CA89.

Using the Pit Stop: To keep everyone virus-safe, we've developed strict protocols for providing food and water. This is not a conventional rest stop. We'll be handing off your supplies as quickly as possible with as little contact as possible. Then you'll move off to consume your food, etc. There's no lingering here or even getting off your bicycle.

1. Pull up to one of the spaced-out pit stop cones, straddle your bike, cover your nose and mouth with your face covering, and remove your gloves.
2. A volunteer will present you with a Chlorox wipe. Use this to clean your hands and your water bottle(s). Tell the volunteer what you'd like to have.
3. Remove your water bottle lid and hold your bottle at arms length so the volunteer can fill it. A volunteer will bring you a bag or container with all your requested food items. Once you have what you need, move away from the pit stop to eat and drink and continue to keep your distance from other riders.

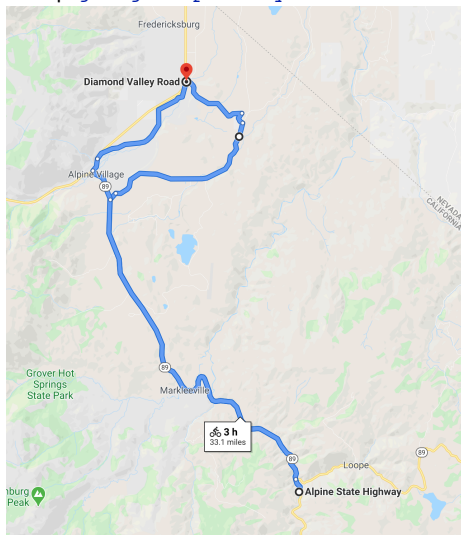
West Side Ride

Map: goo.gl/maps/m2nqN7NfxB4eCVyH7



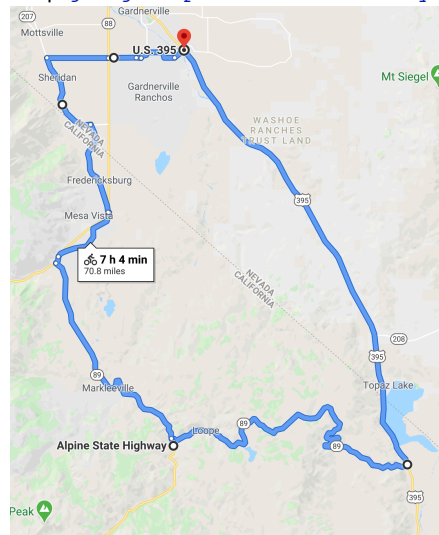
Valleys Ride

Map: goo.gl/maps/eSeq6ABdc5To4HK19



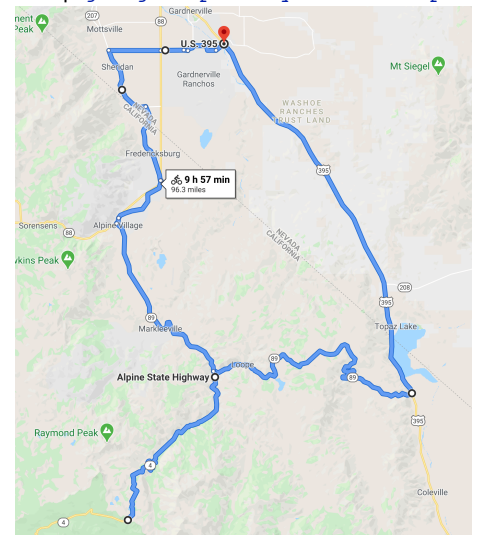
Traditional Loop

Map: goo.gl/maps/f6RdbVvacNPVv4Hq9



Century Loop

Map: goo.gl/maps/G69qC1Pv4xDLi85p6





Vice-Presidential Posting

Bruce Eisner, Vice President

What spring cycling weather we have- near record warmth four days after the last snowfall at the Lake. Mountain biking trails in the valley are open and getting dusty already, while several trails are open at the lake as well. Hard to complain about our spring cycling conditions (yes, it can be very windy at times) – hopefully everyone is experiencing the endorphins we strive for with our cycling.

Did you miss the Spring Cycling Roundup on April 10th? We had over 30 riders on two road and one MTB rides; and a picnic at the park after. Check out the photos here in the newsletter.

Club rides are now scheduled each Weekend and Tuesdays — checkout the Rideboard. There are road and mountain bike ride this weekend (Sat. May 1), MTB rides every Tuesday in the early evening, and road rides each Saturday this coming month. Ride around the Lake (Tahoe) is May 15th and the Ray Rickard Spring Century is May 22nd.

The club's new season of weekly time-trial road races is completing its third week already. We'll continue the Strava time-trail format for the foreseeable future.

The Alta Alpina Challenge is happening this year- June 26th. You recently received a Rideboard email announcing the Challenge and the call for volunteers. This is the Club's only fundraiser and helps support other club activities. With loosening Covid-19 restrictions on the horizon, it remains to be seen how many riders we can accommodate. Whatever the number, we'll employ the Covid-19 protocols used for the "Staff Challenge Ride" last year. I hope every member not riding the Challenge will assist with staffing this unique event.

Watch the rideboard, read the newsletter & monitor emails for all the details. See you out there!



AACC Weekend Ride Schedule— May

Leon Malmed, Weekend Ride Coordinator

Saturday, May 1, 2021 — Virginia City and Beyond

Ride from the Chocolate Factory on Hwy 341 at 10:30am. Choose from two routes: truck route or tourist route. We will regroup in Virginia City. Plan on about 30 miles and 2000 feet of climbing.

Saturday, May 1, 2021 — Pinenut Cracker Preview

We're riding the Pinenut Cracker Race route. This will be a very casual ride for the first lap and then if you want to go full gas on the next lap it's entirely up to you. Meet at the Single Tree trailhead in the pinenuts for a 10:00am start.

Saturday, May 8, 2021 — Blue Lakes to Kirkwood

Starting from Blue Lakes parking on the left (east side of road) at 10:30am. For a 30 mile ride featuring a climb up to Carson pass, down to Caples Lake, out to Kirkwood and return.

Saturday, May 15, 2021 — Ride Around the Lake

Meet at Dave's House (2963 Oakland Ave. South Lake Tahoe) at 9:30am or at Blue Zone Parking lot between 9:45 and 10:00am. The loop is 73 miles. No BBQ this year, but bring lawn chairs, drinks, and snacks and hang out with club members after the ride. I actually have lawn through out the back yard this year. Check the weather the night before as wet weather will cancel.

Saturday, May 29, 2021 — Kirkwood from Blue Lakes

Like May 8, but starting from the parking on the right (west side of road) at 10:00am.



Spring Rider Roundup

Kicking off the 2021 Cycling Season April 10, 2021







Club Clothing

Bruce Eisner, Clothing Coordinator

Club jerseys, shorts, and other accessories are available in a variety of sizes.

For great deals, check out the items we have in our club inventory. Visit our website at: <https://www.altaalpina.org/clubkit/index.html> to see what is available. In addition to jerseys, there are great deals on shorts, bibs, and arm warmers.

The standard club jersey and the challenge jersey can be ordered directly from Voler on a Build-to-Order basis at: <http://www.voler.com/browse/collections/details/li/AltaAlpinaChallenge>

Order your jersey online directly from Voler and they will produce the jersey and send it to you in just 10 days.

Finally, Alta Alpina NICA team clothing catalog is available to all club members but only during limited ordering windows each year.

Watch your email for this year's order window information.



Club Jersey:

Order from inventory.

<https://www.altaalpina.org/clubkit/>

or Order from Voler:

<http://www.voler.com/browse/collections/details/li/AltaAlpinaChallenge>



Red and Orange:

Order from inventory.

<https://www.altaalpina.org/clubkit/>



Fashion Kit:

Order from inventory.

<https://www.altaalpina.org/clubkit/>



Challenge:

Order from Voler:

<http://www.voler.com/browse/collections/details/li/>

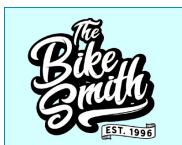


NICA Team Kit:

Wait for order window .

Local Merchant Discounts

For discounts from these local merchants, please visit the AACC website at www.AaltaAlpina.org





Board Meeting Minutes—April 5, 2021

Secretary: Michael Bayer; Other Board Members: Drew Bray (NICA Team Coach); Brian Dempsey (Pinenut Cracker); Frank Dixon (Deputy Treasurer); Bruce Eisner (Vice-president); Allen Forbes (Membership); Jennie Hamiter (Treasurer); Nigel Leigh (President); Carlo Luri (Advocacy); Jim Sadilek (Website); Gregg Westerbeck (Membership Growth and Social Media); Joseph Whitely (Race Director)

Meeting held by Zoom Call

Meeting called to order at 6:02 pm

Minutes of the March meeting approved. [Nigel | Jennie | Unanimous]

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$10,570.13. The PayPal account balance is \$17,923.00. Frank reported that he has made progress with our bank. Frank will work with Bruce and Jennie on additional filings. Jennie circulated another draft of the budget for review.
- **Membership:** Current membership is 83 including 14 paid family memberships new or renewed. Allen will work with Michael to get another member email renewal reminder out and to continue to learn the ins and outs of the system.
- **Weekend Rides:** Leon has completed most of the weekend ride calendar for the first half of the season.
- **MTB Rides:** Nigel will be posting rides at least a week ahead this year so there will always be an MTB ride on the rideboard
- **Social Media:** Gregg will be promoting the upcoming Spring Ride Roundup across all our social media platforms.
- **Newsletter:** The board agreed that we should continue putting out the newsletters towards the ends of the month.
- **Website:** Clothing inventory has been updated on the website. Logo linking to the challenge needs to be updated.
- **Insurance:** Challenge insurance is less flexible and more costly this year because fewer events are happening.
- **Clothing:** Bruce pointed out that we need to be promoting sales from our inventory. Michael will dedicate a page in the newsletter promoting the great deals now available on remaining inventory.

- **Weekly Road Races:** Joseph might make changes to the first half of the season. He will start working to ready the gear in the hopes that we may have an in-person second half of the season.
- **Junior Team:** Team is registered and coach-sign up has begun. April 24/25 coach training opportunity. Contact Drew for more information. Sign-ups for the team start May 1. Training rides will start in July. Drew also flagged that bike and equipment are in short supply right now.
- **Spring Century:** The format will be the same as last year. Chris is working to confirm the rest stop location. Volunteers are needed to help staff the rest stop.
- **Adopt A Highway:** No report.
- **Pinenut Cracker:** Brian has signed up for the new BLM permitting system. On May 1 we'll hold a weekend club ride to review the course.
- **Mixed Terrain:** We're looking for alternative jersey vendors willing and able to set.
- **Challenge:** We're finally getting quotes for key expenses. Registration is open and new registrations are coming in.
- **Bike Advocacy:** Carlo is tracking three bills. SB183 was proposed by a well meaning senator but it would have made 4480 miles of NV roadway off limits to cyclists. After a lot of opposition it's unlikely the bill will make it out of committee. SB285 is about driver education particularly on the three foot rule. SB383 aims to open bike lanes and bike paths to e-bikes. At the federal level there may be grant money for shovel-ready cycling infrastructure. The CVTA is still waiting on USFS for clearance on Indian Hills trail work. Carlo has an upcoming meeting with the county to learn more about progress on the Martin Slough trail and other local projects.

2. **Next Meeting:** Monday, May 3, 2021, 6 pm, by Zoom Call. Nigel will circulate the details.

Meeting adjourned at 7:39 pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

Pinenut Cracker CourseSat, May 1
 Review
 Spring CenturySat, May 22
 Alta Alpina ChallengeSat, June 26
 Fall CenturySun, October 3
 Weekly Racesevery Mon-Sun

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Nigel Leigh	President	president@AltaAlpina.org	775-267-7089
Bruce Eisner	Vice President	clothing@altaalpina.org	877-845-2453
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Lori Kroboth	Treasurer	treasurer@AltaAlpina.org	877-845-2453
Allen Forbes	Membership Coordinator	membership@AltaAlpina.org	
Leon Malmed	Weekend Ride Coordinator	ridecoordinator@AltaAlpina.org	408-205-2800
Joseph Whiteley	Thursday Road Race Director	racedirector@AltaAlpina.org	775-265-1905
Thomas Walker	Road Cleanup Coordinator	trun@aol.com	210-392-2175
Bruce Eisner	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Carlo Luri	Bicycle Advocacy Coordinator	altaalpinaNICA@gmail.com	775-720-0754
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Brian Dempsey	Pinenut Cracker Coordinator	pnc@AltaAlpina.org	
Chris Cherrix	Spring Century Coordinator	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Frank Dixon	Death Ride Training Ride Series Coordinator	bikeboygo@yahoo.com	530-318-1574
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Andrew Bray	NICA Team Head Coach	mtnwallaby@gmail.com	
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Gregg Westerbeck	Social Media Coordinator	social@AltaAlpina.org	650-276-6951
TBD	Volunteer Coordinator	volunteer@AltaAlpina.org	

Newsletter Publisher: Michael Bayer The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month at 6:00 pm..**
 Join us on **May 3 by Zoom Call.**