



PACELINE

**Alta Alpina
Cycling Club**

**Volume 13 Issue 3
April 2015**

Alta Alpina Spring Membership Party

Michael Bayer, Membership Coordinator

Monday, April 20 — CVIC Hall, Minden, 6:00PM

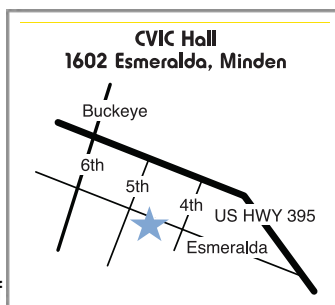
It is that time of year again! SPRING, and the annual Alta Alpina Spring Membership Party is the official kick-off of the cycling season in the Tahoe-Markleeville-Carson-Gardnerville region. This year the party is returning to the CVIC Hall in downtown Minden.

There will be free food, friendly people, and lots to see and learn. We'll announce winners of the Ides of March contest and give away a variety of prizes. Again this year we're holding the big Bike Swap: Bring any bike-related items to give away or sell. Bike stuff left behind at the end of the night will go to the junior team or ROP.

We also have a new format this year: an information fair rather than presentations—so you'll have more opportunities to learn about cycling activities around our region, plan your 2015 cycling season, and to have fun with cycling friends new and old.

You can join or renew your membership at the party, but to avoid spending time in line, you can renew your membership now. If you were a member in 2014 we just need a check or Paypal payment for your 2015 membership.

Know any friends or neighbors just getting into cycling? Bring them along and we'll sign them up at the door!. For any questions contact Michael Bayer on the club hotline at 877-845-2453. Doors open at 6:00 pm. See you there!



Bike & Stuff Sell • Trade

Bring your bike related
stuff to sale or give away.

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Membership Renewal

If you were a member in 2014 we just need your membership fee paid by check or Paypal payment—no forms to sign!

If you're a new or returning member, just download and complete the form on our website:

[www.altaalpina.org/
attachments/AACCFORM.pdf](http://www.altaalpina.org/attachments/AACCFORM.pdf)

Ides of March Mileage Contest

Don't miss out on this year's Mileage Contest. One winner will be chosen at random so everyone who enters has a chance to win! Bring your completed ride log to the party. Download the ride log from:

[www.altaalpina.org/
attachments/
IdesofMarchLog2015.pdf](http://www.altaalpina.org/attachments/IdesofMarchLog2015.pdf)

First Race: April 16

See you at the big trees at 6PM!





Upcoming Rides

Here are a few events to start planning for today:

Saturday, April 18, 2015 — Cinderella Century

The Valley Spokesmen Bicycle Club is hosting the 39th annual Cinderella Classic® & Challenge for women and girls only. The ride starts from the Alameda County Fairgrounds in Pleasanton CA and offers 65 and 85 mile distance options. For more see the website at: www.valleyspokesmen.org/cinderellaclassic

Saturday, April 18, 2015 — WEEKEND RIDE: Ash-Kings Canyon MTB

Park at the end of Foothill Rd off Winnie Ln in Carson City. We'll pedal at 10am sharp. We'll pedal up the dirt single track from Foothill Rd and connect to the dirt fire road up to the Creek trail. From there, we'll hook up with the Kings Canyon trail and pedal to the top where it crosses the fire road. We'll turn around and descend back to Foothill from there.

Sunday, April 19, 2015 — WEEKEND RIDE: Spooner-Kingsbury Loop

Meeting at Genoa Town Park on Nixon Street (Nixon is just the continuation of Genoa Lane). Note that we've been asked Not to park at the state park on Foothill since we're not using the park. We'll start at 10:00am and from Genoa, we'll ride up Jack's Valley, and take Clear Creek Road halfway up Spooner. Then Highway 50 over to the Lake, and take Kingsbury back up and over and down to Genoa for about 4000 feet of climbing in 50 miles.

Saturday, April 25, 2015 — WEEKEND RIDE: Kingsbury-Luther from Genoa

Meeting at Genoa Town Park on Nixon Street (see above) for 10:00am departure. This week will be looping south from Genoa. We'll ride to Kingsbury, up and over, take Pioneer Trail to Meyers, climb Luther, descend Woodfords Canyon, and complete the 60 (or so) mile Kingsbury/Luther Loop taking Foothill.

Sunday, April 26, 2015 — Chico Wildflower Century

The Chico Velo Cycling Club's Wildflower Century will be on April 26 this year and features a new 60 mile flatflower route. Other options include the Wildcat 125 and 100, Wildflower 100 and 65, the Flatflower 30 or 12, and the Childflower 12. For more see the website at: www.chicovelo.org/wildflower-april.html

Sunday, May 3, 2015 — WEEKEND RIDE: Sly Park - Georgetown Loop

Meet at Minden Starbucks to carpool at 8:30. Meet at the Sly Park Safeway off of Hwy 50 at 10:30 to ride. Loop of pavement through the foothills. Moderate climbing distributed over approximately 80 miles. Starting off on Pony Express Trail and Carson Road into Placerville. Then heading north on Georgetown Road, Garden Valley Road, and Marshall road to Georgetown. Return via Marshall Road and Cold Springs to get back on Carson Road and head back to Sly Park.

Saturday, May 9, 2015 — WEEKEND RIDE: Christmas Valley MTB

Meet at the Christmas Valley trailhead on South Upper Truckee Rd (at the base of the climb) ready to start at 10am sharp. The loop climbs pavement to the Big Meadow trailhead via the campground. We'll continue up the Tahoe Rim Trail towards Round Lake and then descend the Christmas Valley trail back to the parking lot.

Saturday, May 9, 2015 — Motherlode Century

Great training ride for Alta Alpina Challenge on 6/27/15 and the staff ride in July. Ride in the foothills of Gold Country, starting in Coloma Valley. Five route options ranging from 34 to 96 miles. Free post ride dinner and festival with live music, wine and beer garden, massage a cool river and hot showers! Let's support Motherlode and join the ride, which is only 67 miles from South Lake Tahoe! Motherlodecentury.com.

Saturday, May 9, 2015 — Ride for Mom

Fourth annual ride of 10, 30 or 72 miles. Includes rest stops, lunch and lifestyle fair after the ride. Proceeds go to various organizations that help families be active, eat healthy and live better! Rideformom.com.

Saturday, May 16, 2015 — Alta Alpina's Pinenut Cracker MTB Race

Douglas County Fairgrounds for parking/registration. Race starts at the Tree parking area about 1.3 miles on Pine Nut Road #2. This year's PNC is the second race in the Sierra Cup Mountain Bike Series, and is also a Northern California/Nevada qualifier for USA Cycling Mountain Bike Nationals being held in Mammoth California. Flier and website link will arrive soon.

Sunday, May 24, 2015 — Alta Alpina Ray Rickard Memorial Spring Century

Put this must-do ride on your schedule! Remember your membership must be current to participate in this ride. We will once again have the Diamond Valley Loop, Metric Century, and Full Century rides.

Saturday, May 31, 2015 — Sequoia Century

A beautiful and challenging ride in the Bay Area passing through various and differing terrains. Distances range from 70 - 120 miles. Climbing ranges from 6700 - 10,000 feet.



Presidential Posting

Christine Rhiner, President

Party with the President

Yay! Spring is here! My condolences to my cycling friends that have a fondness for winter sports other than cycling. I hope you were able to get a little winter fun in and are ready for some time in the saddle.

I spent the weekend in Lone, California (pronounced: eye own) for my traditional first “organized ride” of the season. I am sure that I have never ridden “Pardee Party” with a 1000 miles under my belt by early April. I saw several club members and heard of many more, Tammy, Mike, Jim, Christine, Bob, Garth, Deana & (schnauzer in a basket) to name a few. The Pardee metric century is a beautiful loop ride that passes by 3 dams. Unfortunately the drought has left these water recreation areas empty of water and the water sport enthusiasts that used to inhabit the area are sparse. This was good news for us cyclists, traffic was exceptionally light the entire day.

Speaking of Parties.... our Spring Party is just around the corner and we will introduce our new format. The best name for it would be “The 1st Great Bike Faire of Minden”. Come meet our 2015 officers, meet our local bike organizations, meet our bike shop owners, pick up a club kit and become part of the Alta Alpina Cycling Team. (I know we don’t have a race team like we used to but we still are a “Team.”) We will have our club kits on hand and if we don’t have your size we will soon

have a way for you to order the exact size you need. Meet our race director Di Bolton and our Challenge director Michael Bayer. Drawing prizes will be toward end of evening and our Ides of March winners will be announced. By the way Ides of March dates are 3/15-4/18 so keep riding the contest is not over and the president isn’t allowed to win. Do some spring cleaning and bring your cycling extras to our “swap” table. Items can go straight to the juniors or go through the swap process. Save room for some pizza and snacks.

My next out of town ride is set for April 18th, Mr Frog’s Wild Ride in Murphy’s California. This a small town hosted ride of 60 miles with lots of rollers and does not sell out so the only variable is the unpredictable weather. So rain or shine I paid for it and I am showing up. There is nothing quite like riding in the rain and finding out that you really don’t melt and the temperature is ok. It also makes you appreciate the hot summer days. This year I signed up for many of these out of town rides because it makes it easier to get on the bike on those days when the weather isn’t perfect. (It forces me to get out there and train.) Unfortunately it means that I end up missing out on some great Alta Alpina weekend rides. Be sure to watch the ride board on our website if you don’t subscribe to the automatic emails. We have a lot of beautiful routes and it looks like new ones are being posted weekly.

Local Merchant Discount Program

Details about local merchant offers is listed under “Merchant Discounts” on our website at www.AлтаAlpina.org.



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2015 Alta Alpina Road Race Season

Di Bolton, Road Race Director

Hi Race Fans!!!

We are gearing up and looking forward to another action packed season for 2015!

Remember there is a place for everyone to race!! I Hope to see all the regular faces (missed you all) and a lot of new ones at the races (looking forward to meeting you)!! Encourage your family members and friends to come out to cheer.

Volunteering

Volunteers are greatly appreciated and needed to help at the finishes, especially the Crits and TT's; they can get kind of hectic. Thanks in advance to my helpers!!!

2015 Race Fees

Fees this year remain the same as 2014: \$10 for Alta Alpina Members and \$15 for Non-Members. For racers under 18 the fee will be \$5, unless you are an *ACTIVE* member of the AACC JR. Team. I appreciate your understanding in this.

Punch Cards

To save having to bring cash every week, I will have the punch cards again this year.

- For AACC Members it will be 8 races for \$80, \$160 for the entire season (the last race is free if you purchase the entire season pass).
- For Non-Members it will be 8 races for \$120 and season pass \$240 (the last race is free for the season pass).

Punch cards can be purchased at the Spring Party.

Junior Series

We will be running a "Junior Series" again this year. Juniors will race with the D's (unless otherwise designated) and will have their own points. This will take the younger kids out of the race for points that the

adults will be vying for and give them their own competition amongst their age group and chance for prizes. I do encourage *ALL* Juniors (18 and younger) to join and participate on the AACC Junior Team (this will also give you free race entry). The objective of the Alta Alpina Junior Team is to provide an avenue for junior riders, with an introduction to bicycling with an emphasis on safety and nutrition and much more.

Race Waivers

All racers please bring a filled out a race waiver to your first race; this will give me the emergency contact info on site for the season and will save time at registration. I will need this even if you are an AACC member. There is a link to the US Cycling site on the Road Race page of AACC to download the waiver form.

If you are planning on bringing your membership forms and fees to the races and/or are planning on buying race passes or just paying your race fees please make *SEPARATE* checks for membership and race fees, this helps with the accounting. All checks should be made to AACC.

First Race is April 16

Our first race is Thursday April 16th. We will be starting at Fredericksburg and Fairview Lane for the season Prologue. The following week we will be at Diamond Valley for a short course instead of a regular course due to the cold and it still gets dark too early for a regular course.

See our website at www.AltaAlpina.org for directions to other race venues. Schedule is subject to change, so check the website before each race. Races start promptly at 6:15 pm. Be there ready to race!

Come out and join in the fun, camaraderie, and a lot of bench racing before and after the races.

See you soon!

4/16	Fredericksburg Prologue (no points, category determination)	5/28	Diamond Valley Double Back Road Race	7/16	Diamond Valley Road Race
4/23	Diamond Valley Road Race (short course)	6/4	Eagle Ridge Circuit Race	7/23	Blue Lakes Time Trial
4/30	Starbucks Criterium	6/11	Pinenut Road Race	7/30	Starbucks Criterium
5/7	East Valley Time Trial	6/18	East Valley Time Trial	8/4	Tuesday Club Challenge: TBD
5/14	Starbucks Criterium	6/25	Kingsbury Time Trial	8/13	Fredericksburg Time Trial
5/21	Pinenut Road Race	7/2	Eagle Ridge Circuit Race	8/20	Diamond Valley Road Race (short course, season finale)
		7/7	Tuesday Club Challenge: TBD		



Alpine County Trails Association

Andy Lovell, President ATA

In the summer of 2013 the first meeting of the Alpine Trails Association (ATA) was held at Turtle Rock Park in Alpine County CA. Interested parties in attendance included representatives from USFS, BLM, Cal State Parks, Alpine County Community Development, CVTA and many local residents.

The original intention of this meeting was to discuss the creation of a hiking, biking and pedestrian trail between Turtle Rock Park and Grover Hot Springs. After some discussion it became clear that to accomplish this project it was necessary to first create a non-profit organization (501(c)3) and then establish small shovel ready projects and prove our capability. This approach would allow us to receive the backing of the agencies involved and the financial support necessary to complete a project of this magnitude.

Fortunately for the ATA, the BLM had just such a project underway up Airport Rd. in the Indian Creek Recreation Lands. An Environmental Assessment (EA) for the Curtz Lake Recreation Project was prepared and approved in November 2009. A new access road and parking area were created and work began on the new interpretive trail. However, problems arose when budget cuts and lack of volunteers in this remote area stalled the creation of the interpretive trail. Portions were started but did not meet the standards expected for a Class 3 trail.

This was exactly what the the ATA was looking for: a shovel ready project in the vicinity of Turtle Rock Park, working with an agency who had prepared the necessary environmental documents and who had tools for our new organization to use.

Since the fall of 2013 the ATA and BLM have been working side by side to reconstruct and expand the trail system in the Curtz Lake area. The 1.1 mile Curtz Lake Interpretive Trail is nearing completion and is expected



to be finished in late May of this year. To expand this project, the ATA recently submitted a proposal to the BLM that include connecting Turtle Rock Park to the interpretive trail. Further plans bypass a section of the road to Summit Lake which will tie into the trail leading to Indian Creek Reservoir, and a "North Saddle Trail" creating a second loop and a short "Spur" to a vista point giving 360 degree views of the surrounding area. Additional plans for the ATA include repair and maintenance of the trail to Indian Creek Reservoir and the trail to the East Fork of the Carson River.

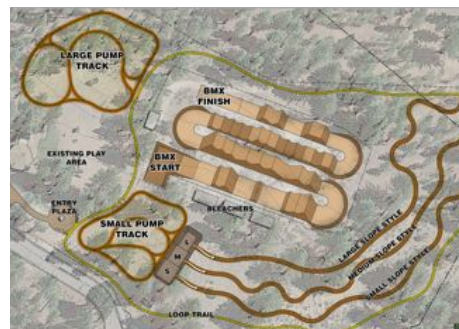
ATA volunteers are currently working every Saturday and Tuesday to complete the Curtz Lake Interpretive Trail by late May. We encourage people to come out and enjoy this trail while we are working, ask questions, and join us in our volunteer effort.

More information can be found at Alpinetrails.org or visit us on [Facebook](https://www.facebook.com/Alpinetrails.org).

Bijou Bike Park in South Lake Tahoe

On March 3, 2015 the South Lake Tahoe City Council unanimously approved plans to build and operate the proposed Bijou Bike Park. The Bike Park initiative has been championed by TAMBA which formed the not-for profit Bijou Bike Park Corporation. Plans call for a four acre park featuring a mountain bike skills area, sanctioned BMX race track, large and small pump tracks, and resources for finding local trails. For more information visit:

<http://bijoubikepark.org>





Alta Alpina Members out Riding...

Have you been traveling? Don't forget to send us pictures showing off your Alta Alpina jersey!



Bob and Kristina sporting their jerseys in Chile



Weekend ride to the top of Monitor on March 15



Rick's Hairy Roubaix Ride



Garth, Deana, and other club members at Pardee

Why Race this Year?

The Alta Alpina Twilight Series Road Races start Thursday, April 16th. Everyone is welcome and encouraged to enter these races - you don't have to consider yourself a racer to join us. Why would you want to? The answers are numerous: you'll push yourself harder than you ever would on your own, you'll be motivated to get in better shape for your next race, you'll make new friends, and you'll have fun doing it. The races have four categories, A through D, where A's are the fastest. You choose your category, and depending on how your first race goes you can move up or down accordingly. Once you find your group you'll be racing people roughly your same speed.



Board Meeting Minutes—April 6, 2015

Secretary: Jim Sadilek; Other Board Members: Chris Rhiner, President; Tammy Lundquist, Vice President; Frank Dixon, Treasurer; Michael Bayer, Alta Alpina Challenge Ride Director/ Newsletter Publisher/Membership Coordinator

Meeting called to order at 6:17 pm at the Wild Horse Café in Minden.

Minutes of the March 2015 meeting were approved as read.

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$31,932.53. The PayPal account balance is \$19,776.27.
- **Membership:** Current membership: 218 Many are expected to renew at the Spring Party, April 20. Members not renewed by April 30 will be dropped from the member rolls.
- **Weekend Rides:** There are now two Weekend Ride kits containing post-ride drinks and snacks as well as guest rider forms and insurance forms. The plan is for one kit to remain at the Lake, and the other in the valley, thus eliminating the need for transporting a single kit back and forth for different venues.
- **Newsletter:** Expected publishing date, week of April 5-11. Contents will include Spring Party details, Weekly Road Race schedule and Weekend Ride reports.
- **Website:** Discussion regarding updates, no decisions.
- **Weekly Road Races:** The first race of the 2015 season will be the Fredricksburg Time Trial on April 16. More information may be found at www.altaalpina.org/clubracesroad.
- **Mountain Bike Races:** The position of Mountain Bike Coordinator is open. The Board of Directors would be most grateful for a volunteer to step forward and fill the position. Contact President Chris Rhiner.
- **Junior Team:** No report.
- **Spring Century:** The Ray Rickard Memorial Spring Century will be on May 24. See AACC Ride Board for details as well as the April issue of AACC Paceline.
- **Pinenut Cracker:** This year's Pinenut Cracker

the second race in the Sierra Cup Mountain Bike Series and is also a Northern California/Nevada qualifier for USA Cycling Mountain Bike Nationals being held in Mammoth, California.

- **King of Kingsbury Time Trial:** No report.
 - **Cyclocross Race:** No report.
 - **Bike Advocacy:** No report.
 - **Adopt A Highway:** Next clean up day scheduled for Sunday, June 7 08:00. Meet at Turtle Rock park. Tammy will provide yummy coffee and bagels.
 - **Clothing:** Discussion of proposed plan of having individual members ordering their club kit directly from Voler. Details yet to be worked out. Club clothing will be available at the Spring Party.
 - **PR:** No report.
 - **Challenge:** Registrations to date: 147 Michael displayed a proposed new Challenge jersey design. The directors suggested minor design changes. The consensus of the Board was to give tentative approval pending the final design. The directors adopted Tammy Lundquist's recommendation from the March meeting of using magnetic automobile signs as a means of advertising the Challenge.
Motion 04/01: Order four pairs of magnetic signs from ABE Printing. Tammy Lundquist/ Frank Dixon -- Carried unanimously.
Michael reports waiting for insurance certificates in order to obtain Challenge Ride Forest Service permits. Premiums are paid, but to date no certificates have been delivered.
2. **Thursday night club road races insurance:**
Motion 04/02: Approve expenditure of \$1663 for 2015 Weekly Road Race series insurance. Chris Rhiner/Michael Bayer -- Carried unanimously.
3. **Next Meeting:** Monday May 4, 2015, 6 pm at Lakeside Casino, Stateline.
Meeting adjourned at 8:02 pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AлтаAlpina.org

MARK YOUR CALENDARS

[Tahoe Regional Bike Planning Meeting](#)Tue. April 14 @ 5:30pm

Thursday Night RacesStarting April 16 every Thu @6:15

Spring Party ...Monday, April 20

Ray Rickard Memorial Spring CenturySunday, May 24

Alta Alpina Challenge .Saturday, June 27

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AлтаAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Chris Rhiner	President	president@AltaAlpina.org	775-790-6373
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	530-545-3155
Jim Sadilek	Secretary	ccwatchmaker@gmail.com	775-220-2713
Frank Dixon	Treasurer	ozatlake@gmail.com	530-318-1574
Michael Bayer	Membership Coordinator	membership@AltaAlpina.org	
Garth Jackson	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Di Bolton	Thursday Road Race Director	dibolton@frontier.com	775-781-4660
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Joe Marzocco	Website Coordinator	j_marzocco@yahoo.com	
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **May 4** at the **Lakeside Casino in Stateline.**

Newsletter Publisher:
 Michael Bayer