



# PACELINE

**Alta Alpina  
Cycling Club**

**Volume 9 Issue 4  
April 2011**

## **AACC Weekend Ride Schedule—April/May**

Ellen Sherrill, Weekend Ride Coordinator

### **Sunday, May 1, 2011 — Virginia City - Lousetown Loop**

55 Miles. Social-paced ride up 6 Mile Canyon to Virginia City, then make a figure 8 with Lousetown Road, and back down to Carson City via the truck route. About 4000 feet of climbing. If you're looking for a shorter ride, you could head back after arriving at Virginia City the first time and cut out 15-20 miles. Meet at the SaveMart parking lot on US50 east in Carson City. Be ready to roll at 10:00am.

### **Saturday, May 14, 2011 — Both Sides of Monitor from M'ville**

44 Miles. Meet in the parking lot behind Markleeville General Store. Ride will depart at 9:30am. We will re-group 3-4 times along the way. All paces welcome, but is a touristy ride. Co-listed with Procrastinating Pedalers.

### **Saturday, May 29, 2011 — Alta Alpina Wild Spring Century**

Century and Metric options. Lunch and dinner provided - no cost for members. Starts 7:00am across from Diamond Valley School in Woodfords.

## **AACC Thursday Night Race Series**

Diane Bolton, Thursday Night Race Director

We're having another great season of Thursday night races. Prices are **\$8 for members, \$12 for non-members**. Route descriptions and race results are posted on our website at [www.AltaAlpina.org](http://www.AltaAlpina.org).

Races start promptly at 6:15 pm. Be there ready to race!

4/21	Foothill Time Trial (no points, category determination)	6/23	PineNut Road Race
4/28	Diamond Valley Road Race	6/30	East Valley Criterium
5/5	East Valley Criterium	7/5	Reno Air Center (Club Challenge)
5/10	Fernley Circuit (Club Challenge)	7/14	Eagle Ridge Criterium
5/19	East Valley Time Trial	7/21	Diamond Valley Road Race
5/26	East Valley Criterium	7/28	Blue Lakes Time Trial or Road Race - TBD
6/2	Kingsbury Time Trial	8/4	East Valley Criterium
6/9	Diamond Valley Road Race - Double Back	8/11	PineNut Road Race (Club Challenge)
6/16	Eagle Ridge Criterium (Club Challenge)	8/18	Foothill Time Trial
		8/25	Diamond Valley Road Race (short course, season finale)

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**Monday Night Women's Ride!**  
**Every Monday in May, 4:30pm**  
**Meet at: Pearl Izumi**  
**2018 Lake Tahoe Blvd**  
**South Lake Tahoe**

Alta Alpina Cycling Club is offering weekly rides to women of the Reno-Tahoe cycling community. Rides will be led by local spin instructor and Pearl Izumi employee Briana Biller.

This ride series will allow women of various levels to ride weekly, as well as learn and work on improving cycling skills, while riding in small groups with female cyclists of similar abilities. Rides will be starting promptly at 4:30 pm and will feature different one to two hour loops around the South Shore area.

This should be a great way to kick off your week! Ride length and route will vary each week and may feature mountain bike rides instead of road rides as the trail conditions allow later in the summer.

For more Information Please contact [briana.biller@yahoo.com](mailto:briana.biller@yahoo.com) or call Pearl Izumi at 530-541-9044

**Women only please.** You do not need to be an Alta Alpina member to join us, though it is encouraged.



## 2011 National Bike Summit Report

Tim Rowe, Bicycle Advocacy

Tim Rowe attended the 11th National Bike Summit in Washington, DC on March 8-11, 2011 as part his role on the Nevada Bicycle Advisory Board. The theme of this year's summit was "Acting on a Simple Solution" and was hosted by the League of American Bicyclists and sponsored by Bikes Belong Coalition, IMBA, Alliance for Biking and Walking to name a few. Over 800 excited bicyclists attended this year and the purpose of the summit was to discuss the benefits bicycling and walking brings to the community. Speakers included Ray LaHood, Secretary of Transportation, Ken Salazar, Secretary of Interior, Representative Earl Blumenauer (D-OR), Janette Sadik-Khan, Commissioner of the New York City Dept. of Transportation, and Robin Schepper, the Executive Director of First Lady Michelle Obama's "Let's Move" anti-obesity Campaign.

Thursday was the Bicycle Day on Capitol Hill as summit attendees visited their Congressional offices. Tim was again the Nevada State Contact and the only Nevada attendee. Tim arranged visits with all 5 offices including direct visits with Senators Reid and Ensign and Representatives Heller and Heck and a Transportation Aid for Rep Berkley. Andy Tompkins from Interbike also attended with Tim to show the partnership with Interbike, Nevada and bicycling. It was

again great to see democracy work and to see so many folks on the Hill with little bright bike pins on. The message this year was simple: "We are not asking anything new - we are just trying to prevent cuts to existing programs." We asked for continued support for federal programs such as Safe Routes to School and Transportation Enhancements that make safe travel by bicycling and walking more possible. We understand the current atmosphere in Washington about cuts in government but we need to protect our investment and still plan for a strong future. We need to finds ways in which the federal government can improve and enhance its partnership with bicyclists and their communities. Investing in Bicycling and Walking infrastructure does work and is part of the solution. Bicycling can also help the economy, as can be seen with increased Bicycle Tourism in Nevada.

Friday was the Congressional bike ride, this year dedicated to Rep. Gabriel Giffords (D-AZ), an avid bicyclist, who was shot during an outreach event in Tucson. One of her aids who was killed at that event was also an avid bicyclist. Over 100 bicyclists, including Tim in his new Bicycle Nevada jersey and an Aid to Sen. Reid, rode the new bike lanes down the middle of Pennsylvania Ave and other bicycle facilities around the Capitol. All in all a great experience!





## 2011 Nevada Legislature – Current Important Bicycle Related Bills

Tim Rowe, Bicycle Advocacy

### AB328 – Vulnerable User

This bill provides an enhanced penalty for motorists who seriously injure or cause the death of a "vulnerable highway user" and it revises provisions related to the duties required of a person involved in a serious accident involving a vehicle. A "vulnerable highway user" is defined as a pedestrian, a person performing highway construction or maintenance, a person riding an animal, a person operating a farm tractor, or a person riding on or operating something other than a motor vehicle.

### SB248 – 3 Foot

This bill requires a driver of a motor vehicle to overtake and pass a bicycle or an electric bicycle proceeding in the same direction by: (1) moving the vehicle into the immediate left lane, if there is more than one lane traveling in the same direction and it is safe to move into the lane; or (2) passing to the left of the bicycle or electric bicycle at a distance of not less than 3 feet from the bicycle or electric bicycle.

### AB188 – Limit Truck length

Existing law imposes various requirements concerning the height, weight, width and length of certain vehicles that operate on the highways of this State. This bill prohibits the operation of any combination consisting of a truck-tractor drawing three or more trailers or a truck tractor drawing a semitrailer and two or more trailers on the highways of this State, and makes a violation of that prohibition a misdemeanor.

### SB475 – Transportation

This is the bill that will move the Bicycle/Ped Education Program from the Dept. of Public Safety to the Bike/Ped program at NDOT thus consolidating those

programs under one roof. This bill will also move the Bicycle Advisory Board statutes from the Public Safety section to the Transportation section and expand the purview of the Board by adding Pedestrians, thus making the Board the "Nevada Bicycle and Pedestrian Advisory Board".

### SB140 – Cell Phone

This bill prohibits the use of a cellular telephone or other handheld wireless communications device while operating a motor vehicle to send or read data (text message), and it prohibits talking on a cell phone w/out a hands-free device when operating a motor vehicle. Emergency personnel and law enforcement are exempt, as is use of cell phone in a medical emergency or to report a hazardous condition or criminal activity. The fine is enhance-able 1st is \$250, 2nd is \$500, 3rd is \$1,000 w/in 7 years, all three are misdemeanors. The first violation is a non-moving violation, and a third violation results in a six (6) month suspension of the person's driver's license.

### AB151 – Cell Phone

This bill prohibits the use of a cellular telephone or other handheld wireless communications device while operating a motor vehicle to send or read data (text message), and it prohibits talking on a cell phone w/out a hands-free device when operating a motor vehicle. Emergency personnel and law enforcement are exempt, as is use of cell phone in a medical emergency or to report a hazardous condition or criminal activity. The first two violations within 7 years are misdemeanors and a third violation is enhanced to a gross misdemeanor. If the use of the phone is the proximate cause of death or severe bodily harm to another, it is a category B felony.

## Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at [www.AltaAlpina.org](http://www.AltaAlpina.org)







BIKE  
HABITAT  
775-267-5053

# Pine Nut Cracker

Awesome mountain bike racing!



Permit pending

Race #1 of the Sierra Cup Regional Championship Series. \$1500 cash series purse!



**SIERRA CUP**  
Mountain Bike Racing Series

## Saturday, May 21, 2011

10am; Douglas Fairgrounds; Gardnerville, NV

**COURSE:** Epic loops with plenty of climbing, exciting single track, exhilarating descents, and some of the best dirt Nevada has to offer. Last years course in reverse! Cat 3(Beg. & Jr) does 1 Lap/11 miles; Cat 2(Sport) does 2 Laps/21 miles; Pro/Cat 1(Expert) does 3 Laps/29 miles. Race start/finish is at "The Tree", which is on Pine Nut Road about one mile from registration and race parking at the Douglas County Fairgrounds. (Google Maps - 2225 Pinenut Road, 89410)

**RACE DETAILS:** Check online registration for a list of all categories and age groups. Racers meeting at 9:50am, Race starts at 10:00am in 1-minute waves by category. Helmets required. Five riders to make a class, smaller classes may be combined. Awards to three places in all categories. \$300 Pro/Cat 1 purse for fastest times. Race is a 2011 National Championship Qualifier. Post event awards ceremony and product raffle. BBQ Lunch will be provided to all racers.

**REGISTRATION:** Registration available online at [www.BikeReg.com](http://www.BikeReg.com) for \$35 (Women and Junior categories are \$20). Online registration closes on Thursday, May 19 at 8pm. \$10 late fee for same day registration. Registration/Number pick-up opens at 8:00am, closes at 9:30am. 2011 USA Cycling mountain bike racing license required. Annual licenses available at [www.usacycling.org](http://www.usacycling.org). One-day license may be purchased at registration for \$5 (not available for the Cat 1/Pro categories).

**DIRECTIONS:** From Reno/Carson City/Hwy 50... take Hwy 395 south to Minden/Gardnerville. Go all the way through town to the intersection of Pine Nut Rd.(last stop light on Hwy 395). Turn LEFT and follow Pine Nut Rd to the Douglas County Fairgrounds parking lot on your right. (Google Maps- Dump Road, 89410)

**INFORMATION:** [www.altaalpina.com](http://www.altaalpina.com) or contact Robert Braun at [robertingville@yahoo.com](mailto:robertingville@yahoo.com)



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# SIERRA CUP

## Mountain Bike Racing Series



USA Cycling Regional Championship Series for Northern California / Nevada

All events are National Qualifiers! Online registration at 

May 21	<b>Pine Nut Cracker</b>	Gardnerville, NV
June 5	<b>Peavine Challenge</b>	Reno, NV
June 12	<b>Skyline Park Mountain Bike Race</b>	Napa, CA
July 23	<b>Kirkwood Mountain Classic</b>	Kirkwood, CA
August 14	<b>Sky Tavern Classic</b>	Reno, NV
September 10	<b>Great Tahoe Flume Race</b>	Lake Tahoe, NV
October 2	<b>Sawtooth Ridge Challenge</b>	Northstar-at-Tahoe, CA

**\$1500** cash series purse • **\$300** cash at each race • Huge product raffle at each event  
Check out our mission to support trail organizations, go green, and put on great races!

Find us on facebook- 'Sierra Cup Mountain Bike Series'

For information visit [www.renowheelmen.org](http://www.renowheelmen.org)



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## Presidential Posting

Mel Maalouf, President

By the time you get this, the weather will have been good for a week now: hopefully tickling the 70s. The days will be longer and I trust the bike has been tuned up for some serious riding. By serious, I mean serious fun. It looks like the trails in the Pinenuts and around Carson City should be golden, but dare I say green for riding. For me, there is a new crew of younger junior riders (11-14) to join a few older juniors that will be great to get on wheels. We do plan on riding road and mountain bikes if you have any young interested in joining us.

As we swing into April, we are getting into full swing for the club. We will have had our spring party as a kick off and someone will have won a new Electra cruiser for slick town riding. The race series should start soon as well. This is our best attended set of events. I encourage you to try the first couple out. That way if

you like it, you can do the season, and if you don't like it, then you won't have that nagging feeling like you should try it. Most who try racing at this very welcoming level, really like the challenge and the friends they make.

As May rolls around we have the King of the King Kingsbury Hill Climb Time Trial on 7 May, the AMGEN tour, the Pinenut Cracker on 21 May and finally the Spiring Century with a refreshed route and renewed hospitality. We're going to need about 12-14 volunteers for AMGEN so we're going to need your help. Let's all get our wheels and cleats on and get rolling to have a good experience this summer. Invite your friends and post rides on our ride board. Be active. We'd all like to see your friends to come out with you on club events.

Ride on,  
Mel.

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## Board Meeting Minutes—April 4, 2011

Secretary: Lauren Lindley; Other Board Members: Michael Bayer, Twain Berg, Robert Braun, Pete Costa, Curtis Fong, Mel Maalouf, Tim Rowe, Ellen Sherrill (via Telephone); Other Attendees: Allen Biaggi, Christopher Rowe, Ryan Stoffer

### 1. Monthly Status Reports:

- **Treasurer:** Our bank balance is currently \$43,983.00. Our paypal balance is \$5,739. Challenge has brought in around (not exactly) \$7,600 in entry fees. The road race series is the last item still outstanding on the budget to be balanced and agreed upon. Di was not present to discuss. Pete motions that the budget for the road race series be as follows: income be increased by \$200 (\$3800) and her expenses be decreased by \$300-400 (\$3900). Motion passes. Insurance increased by about \$200 this year.
- **Membership:** 19 members up-to-date as of today. 7 or 8 of them came through paypal in the last few days. 10 more on the list to process. Lauren motions that the board waive Briana Biller's membership for the year as she wishes to hold a weekly women's ride series out of Pearl Izumi every week on Mondays. Board approves.
- **Weekend Rides:** Ellen needs assistance creating a file that can be used to present weekends for the weekend ride signups during the Spring Party. Michael agrees to send her an example to work with. Board agrees that weekly or bi-weekly reminders to those who sign up as weekend ride leaders would be a prudent way to prevent flaking.
- **Weekly Road Races:** Starts April 28th. Road race series will be \$8 for members and \$12 for non-members.
- **Mountain Bike Races:** Tentative 6 week schedule for race series. Tuesday evenings at 6, starting June 20th. Ellen needs to confirm that series will not conflict with Reno Wheelmen Tuesday night road race series. Board agrees that the series will be considered a "ride series" and should be free to all AACC and TAMBA members.
- **Junior Team:** Team is younger than previous years and excited to learn to build bikes.
- **Spring Century (FKAG100):** Route is posted on the ride board and has been scheduled for



Sunday, May 29th.

- **Pinenut Cracker:** May 21st, 2011. Flyers are done and registration will be through bikereg.com. Everything is scheduled other than paramedics for the day. Robert would like to suggest to Kevin that late fee be waived for club members on day of registration. Robert is looking for someone to hold a BBQ on the grounds that day. Kevin would like food to be included in the race entry fee.
  - **Carson Valley Classic:** As of now, the Carson Valley Classic will not be held this year.
  - **King of Kingsbury Time Trial:** Saturday, May 7. Flyer is out. The King of Kingsbury will be on the 10 day schedule for AMGEN.
  - **Cyclocross Race:** No update.
  - **Bike Advocacy:** Tim provided a page of information on current bicycle related bills up for vote in the immediate future. Tim also attended the National Bike Summit and provided a brief summary of event and presentations. Interbike will remain in Las Vegas, NV. Lake Tahoe Bicycle Coalition has been addressing the local bike fund allotment and will be presenting the government with the needs of the bike trails and how much it will cost to cover the necessary expenditures to build and maintain them for the immediate future.
  - **Adopt A Highway:** Generally occurs the weekend before the Challenge. Scheduled for June 4, 2011.
  - **Clothing:** Pete suggests that we take all the old (2006-07) clothing that's in the storage shed and sell it at a discount at the spring party. Mel motions that we sell it at a flat rate for \$25 a piece. Motion passes.
2. **Wild Hillacious Century Series:** Rides and leaders are scheduled. The website is updated and ready to go as soon as Joe sets up the link to it. The jerseys are completed. Check for \$200 needs to go to Dan Dunn for jersey design. Certificates of completion from last year are done and will be presented at the meeting next Tuesday or will be available for pick up at Bike Habitat. Twain has a facebook page for the series. He'll have a powerpoint on the series and an article for the newsletter.
  3. **AMGEN Status:** Alta Alpina members (6-8 volunteers all day) needed for registration on Friday and then the same number of members for early morning registration (6:00-8:00 AM) on Saturday. We'll probably need an additional 1-2 people to man the Alta Alpina booth during the expo and 1-2 folks for the SLT provided booth on Sunday.
  4. **Challenge Planning Progress:** a friend of Twain's attended the Cinderella Classic and Tim Rowe attended the Pardee Party and handed out flyers and pamphlets for the Challenge. Twain was hoping to go to Mammoth to the East Side Velo party next Tuesday but can't now as it conflicts with ours, but he will mail info instead. Mel attended the Alpine County Chamber of Commerce meeting on March 17th. Mel is planning to schedule a meeting with Theresa in the near future to revisit cross promotions. Insurance should be finalized tomorrow. Ryan Stoffer, a board member for Carson Valley Days, in attendance to discuss cross promotions of our events with Carson Valley Days, including our new "family" ride addition that GE requested. Andrew Huntington is handling the permits, including EMS and the Sheriff this year. The Alpine County Sheriffs Department has said that they cannot assist us in coverage of the event this year as the money we pay into Alpine Country for their services has been going into the general fund and they haven't been receiving it. Consequently, they cannot balance their budget and will not be able to be on course during the event. As such, we will not be required to pay for their services this year. We currently have 76 registered riders. We have 239 water bottles in the shed.
  5. **Spring Party:** Tuesday, April 12th, 2011. Inga Costa is organizing the bike swap. We are raffling off the electra bike and some clothing that could be included. Bike raffle tickets will be \$5/peice. Lauren will confirm that Peter Fink will still be in attendance to promote TAMBA. Mel requests that board members show up at 5:00 PM to assist with set-up. Tim Rowe will pick up pizza from Costco. Pete requests that we check with Costco regarding tax-free total so that he can provide Tim with a check in advance so that we can take advantage of our tax-free status.
  6. **Next Meeting:** Monday, May 2, 2011, 6 pm, TRPA in Stateline, NV.



# Alta Alpina Cycling Club

P.O. Box 2032                      877-845-2453  
 Minden, NV 89423                877-845-BIKE  
    www.AлтаAlpina.org

## MARK YOUR CALENDARS

King of Kingsbury .....May 7  
 Lake Tahoe Legends Ride .....May 14  
    Pinenut Cracker .....May 21  
 AACC Spring Century .....May 29  
    Wild Sierra .....June 11  
 Thursday Night Races ..every Thu @6:15

**MOVED? GOT NEW CONTACT INFO?**  
 Have you moved? Has your e-mail address changed?  
 Don't miss out on the latest AACC happenings!  
 Update your info at [www.AлтаAlpina.org](http://www.AлтаAlpina.org); click on "Membership"

## Alta Alpina Cycling Club Board Members

Mei Maalouf	President	<a href="mailto:president@AltaAlpina.org">president@AltaAlpina.org</a>	775-782-9652
Curtis Fong	Vice President	<a href="mailto:tgft@bikethewest.com">tgft@bikethewest.com</a>	775-588-9658
Lauren Lindley	Secretary	<a href="mailto:llindley@pearlizumi.com">llindley@pearlizumi.com</a>	
Pete Costa	Treasurer	<a href="mailto:dlgaskin@earthlink.net">dlgaskin@earthlink.net</a>	775-782-8493
Robert Braun	Membership Coordinator	<a href="mailto:robertingville@yahoo.com">robertingville@yahoo.com</a>	
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Newsletter Editor:  
 Lauren Lindley  
 Newsletter Publisher:  
 Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **May 2** at the **TRPA Office** in **Stateline, NV.**