



PACELINE

**Alta Alpina
Cycling Club**

**Volume 4 Issue 3
April 2006**

Spring Membership Party

Genoa Town Hall, Genoa NV — Monday April 17

6:00pm Food, Clothing Sales, Mingling

7:00pm Club News and Prizes

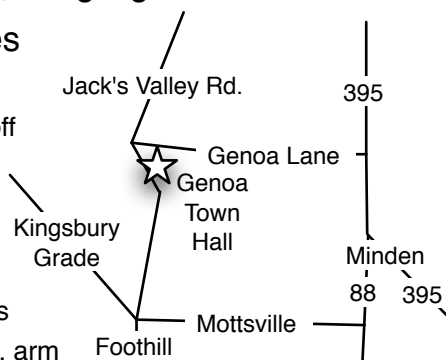
The annual Alta Alpina Spring Membership Party is the official kick-off for the cycling season in the Tahoe-Carson-Gardnerville area.

Highlights of the evening include:

- Free Pizza and Other Great Food
- Ides of March Mileage Contest Prizes
- 2006 AACC Clothing (jerseys, shorts, arm warmers, jackets, and gloves)
- Information about the 2005 Weekend Ride Program, the Ride Board, Wednesday Races, and the all new Thursday Mountain Bike Races
- Updates on The 26th Annual Death Ride, Carson Valley Road Race and Criterium, The Pinenut Cracker, and the Gardnerville 100

The annual spring membership party is one of the many benefits of club membership. If you haven't already done so, please renew your membership by visiting our website at www.AлтаAlpina.org to avoid spending time in line outside the party. Know any friends or neighbors just getting into cycling? Bring them along and we'll sign them up at the door! Please try to carpool (or ride your bike) to the Genoa Town Hall.

Things will get started at 6:00pm with plenty of food and great people to meet. The presentations will start at 7:00 and conclude with the winners of the Ides of March contest. We'll send everyone home after 9:00 pm. See you there!



Have you Renewed Your Membership Yet?

Michael Bayer, Membership Coordinator

You must renew your membership by April 17 in order to attend the spring party and to continue receiving the club newsletter.

Renewing your membership is easy! Just visit our website at www.altaalpina.org and click on the Membership link. You'll

need to log on using your email address and password, review your member profile, confirm your membership type, and request your personalized membership agreement. You'll receive it via email as a PDF file for you to print, sign, and return with your check.

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Ride of Silence

Ride of Silence will be held on May 17th starting at Douglas High School. Contact Tina Keegan at (775)265-7848 or email T4myj@aol.com with questions. The ride will take place in over 30 states and 6 other countries.

AACC Clothing

Another order of clothing will be available at Big Daddy's and at the Spring Party. There are still long sleeve shirts available for those remaining cold rides.





Wednesday Night Race Schedule 2006

Christine Anderson, Wednesday Road Race Director

New: Mentoring program for new racers!

Spring has sprung: blue skies, warm, sunny days, lots of beautiful riding...I can dream, right? Well, this spring may be more like riding the early season classics (rain, snow, wind, & sleet), but we'll hope for perfect weather at the first Wednesday Night Race of the season.

Whether this will be your first race, or you've been racing more years than Ekimov, I hope to see you at Genoa State Park on April 26 for the Genoa Time Trial.

Registration is from 5:30-6:00 and racing starts at **6:15**. Prices are **\$4 for members, \$7 for non-members**.

Check the website for details:

www.AltaAlpina.org.

New this year: **Mentoring will be available for newbies** at each of the first three races to give pointers, so don't be afraid to just show up.

Any questions or just need a pep talk before trying this racing thing out, e-mail me:

christine.anderson@yahoo.com.

See you there!

4/26	Genoa Time Trial (TT)	5/31	Genoa Time Trial	7/18	TUESDAY Franktown RR (*)
	No points	6/7	East Valley CT	7/26	Diamond Valley RR
	Category determination	6/14	Diamond Valley RR (*)	8/2	Luther TT
5/3	Diamond Valley RoadRace(RR)	6/21	Fredricksburg Two-up TT (**)	8/9	Blue Lakes RR
5/10	East Valley Criterium (CT)	6/28	Emigrant CT	8/16	East Valley CT (*)
5/16	TUESDAY Air Center CT(*)	7/5	Diamond Valley RR	8/23	Genoa TT
5/24	Diamond Valley RR	7/12	East Valley CT (***)	8/30	Diamond Valley RR

(*) Club Challenges: The Reno Wheelmen & Alta Alpina will each host 2 Club Challenge races. The club with the best overall results in these races wins. As these are "team tactics" races, all riders will receive 10 points for participating in AACC or RW Club Challenges (i.e. 10 points for going to Reno for the Air Center or Franktown Club Challenges.)

(**) Two-up Time Trial: Teammates should be chosen before the race, if possible. No mixing categories. Each rider gets the points of the team. The second rider across the line records the team's time.

(***) Intra-team Criterium: Format to be determined.

Pinenut Thursday Night Mountain Bike Race Series

Mike Beam, Thursday Mountain Bike Race Director & Jeff Ham, Treasurer

Free, Free, Free to AACC Members. . .

Since we all like mountain biking so much, the club decided to try a weekly Cross Country Mountain Bike Race Series in the Pinenuts.

The race dates are:

5/18 5/25 6/1 6/8 6/15

Registration/Start/Finish will be at the world famous "Tree": From 395 at the south end of Gardnerville, turn on Pinenut Road. After about 2 miles, turn left onto Pinenut Road 2. Go about 1 mile, and on the right side, look for an open area with one pinenut tree ("The Tree"), and room for parking about 20 cars. You've gone too far if you get to where the road turns to dirt.

Registration will start at 5:30 pm and racing will begin at **6:15 pm**.

The course is top secret, but categories (and approximate distances) will be:

- A - Expert — 17 mile course
- B - Sport — 12 mile course
- C - Beginners. — 7 mile course

This is a non-licensed and non-sanctioned event. Trophies will be awarded to the top three finishers in each class.

More details coming soon.



AACC Weekend Ride Schedule

John Seher, Weekend Ride Coordinator

Saturday, April 15, 2006 — Volcano!

Time to flex those legs on this AACC classic ride. There are lots of ups and downs and some steep pitches. The normal route goes about 60 miles, but there are opportunities for more or less depending upon your fitness and enthusiasm. Remember the spring mileage contest? The hills will be green and flowers will be in bloom. Perfect! Meet at Pickett's Junction at 09:00 to carpool or at the parking lot behind the post office in Volcano at 10:30. Bring a change of clothes and enough cash for on-road snacks and a post-ride meal.

Sunday, April 23, 2006

— Smith Valley to Bridgeport and Return

We return to Smith Valley, but head south over Sweetwater Summit, down to the Walker River, then west to Bridgeport where we can get food and water. Return is by the same route to make this an 80-mile ride. There is some climbing, but the gradients are modest. The longer distance makes a good tune up for next weekend.

Sunday, April 30, 2006 — Chico Wildflower Century

For most of us this is the first big one for the year. Go up to Chico on Saturday and see what it's like to ride around a bike friendly town. It's an opportunity to renew old cycling friendships and the Chico Velo CC puts on a terrific ride with great chow afterwards. Get the particulars at www.chicovelo.com. This is an AACC must do event. Fly the colors.

Saturday, May 6, 2006 — Wine Country Century

Another great California Spring century ride, and an AACC fave. The Santa Rosa Bicycle Club sends you on a tour through the vineyards and redwood groves of Sonoma County, including a visit to the coast if you opt for the 200 km route. The rest stops are well stocked, and there is a barbecue dinner afterwards. Riding and food? Yes! Details at: www.srcc.com/wcc.html

Saturday May 7, 2006 — Dueling Century Rides

Two faces of California. The Grizzly Peak Century and the Delta Century. These two rides could hardly be more different. Grizzly Peak features lots of climbing in the Oakland-Berkeley hills and skirts major urban areas in the East Bay, while the Delta has maybe 100 ft. of climbing and winds through the back roads and small towns of the delta region and visits places that you didn't know were there. Both are good rides, but the Grizzly Peak definitely has the edge on food with piles of fresh baked cookies. You can gain weight on this ride. More riding and more food! Again, show 'em that AACC jersey. www.grizzlypeakcyclists.org or www.sbclub.org

Saturday May 13, 2006 — Gardnerville 100

See below.

Saturday May 20, 2006 — Dirt or Road?

If you're a hairy-legged mountain biker, it's the Pinenut Cracker mtb race, and if you're a smooth-legged roady, it's the Davis Double Century. Pick your poison. Either event will yield stories to be told around the campfire.

Gardnerville 100

Keith Hart, Big Daddy's Bicycles

Big Daddy's Bicycles & Alta Alpina presents the Gardnerville 100. In the past, this ride was limited to the first 80 people to sign up. Due to increased demand, the ride has expanded to the first 160 people to register. Call 775-782-7077 during business hours to sign up.

The route will be the same as in rides past, Gardnerville to Topaz Lake via Hwy 395, Topaz to Markleeville via Monitor Pass, Markleeville to Gardnerville. It is about 72 miles. For the brave studs who ride the awesome 107 mile loop, the route continues from Markleeville to South Lake Tahoe via

Woodfords Canyon, Luther Pass Hwy 88 to 89 to Pioneer Trail to Kingsbury Grade Hwy 207. Back to Big Daddy's via Mottsville lane to Hwy 88.

The ride is free to any Alta Alpina Cycling Club member. If you are not yet a member, just join the club before the event and ride for free. This is a semi-supported ride; you must carry money for the various convenient store stops. We will have support on the top of Monitor Pass and a barbecue on the patio of Big Daddy's after the ride, with cool, raffle prizes. The 72 milers will get one free raffle ticket and the 107 milers will get 3 free tickets.



The Pinenut Cracker : Saturday, 20-May

Jeff Ham, Treasurer and Pinenut Cracker Race Organizer

We've had some good club rides—on the road. But soon the Pinenuts will dry out, the spring flowers will appear and we will be riding dirt in the sun again.

This amazing cross country race will feature the same invigorating course as last year. Be prepared to push your limits up the heart pounding sand box, recover on the way up the rocky ridge so you can power over the chalky notch and save just enough to climb the last bit of double track. Then bomb down by the power lines, watch that left and then the right and find your rhythm as you fly through the single track. I can't wait!

The club member entry fee is \$15 for adults and free for juniors. If you prefer lounging in the sun over racing, we still need volunteers for registration, course marshaling and neutral feed.



Start of the Pinenut Cracker

For more details see the flyer posted on the AACC website.

Granite Bay Cross Country Race, March 12, 2006

Jeff Ham, Treasurer

It was a day of cold, snowy rain driving down into Sacramento. The young riders of Northern California were set to battle Nevada's best, Nick and Max. Yes, we were outnumbered 50 to 2 in the JV category, but we're used to those odds. Except for the added pools of water, the conditions were just like any other weekend ride—numb feet and chattering teeth. The course was wet with slinging sand. You didn't have to worry about mud caking in the seat stays; there must've been ten puddles over



Nick and Max at the Granite Bay C-C Race

one foot deep to rinse you off. That just made it all the more fun. Both Nick and Max managed to ride hard over the 18 mile course, avoid mechanical problems and finish

respectably in their first ever mountain bike race. Congratulations!

I, too, joined in the fun and raced the single speed category. Great way to get in shape for the racing season and avoid the usual derailleur troubles common in the mud. For all you sport riders, look out for the guy on the pink single speed. He has a prosthetic on one leg but don't let that fool you; he's fast! A real testament to what the human body and mind are capable of.

Local Merchant Discount Program

Details about local merchant offers are listed under "Merchant Discounts" on our website at www.AltaAlpina.org





Presidential Persuasion

Jennie Hamiter, President

This club holds a lot of great events. Our premier event is the Death Ride but AACC also runs the Pinenut Cracker Mountain Bike Race, the Carson Valley Classic Road Races, the Wednesday Night Road Race Series, the new Thursday Night Mt Bike Race Series, the Gardnerville 100, the Kingsbury Time Trial and the first-time-last-year Genoa Cyclocross.

The only way we can continue having so many activities is with volunteer help. In particular, the Death Ride is the event we use to fund our club and keep our membership dues low. All club members are expected to volunteer.

This year we'll be thanking our member volunteers with a snazzy new AACC Volunteer Baseball Cap, which you can pick up at the first event for which you volunteer. But we have an ulterior motive:

PLEASE wear your cap when volunteering for the Death Ride and other club events, since there are many non-club members helping out, too. Let's make it clear that Alta Alpina members put on some of the most popular bike events in the west.

Another great reason to volunteer is to take part in our Ride Reimbursement Program. Each year the club



Please wear your AACC cap when volunteering for the Death Ride

asks you to put in volunteer hours and in return you can get reimbursed for organized rides and races in which you wear your club jersey. The requirement for 2006 is 12 hours of volunteer time and we encourage you to split some of those hours between the Death Ride and the club's other events. (See elsewhere in this newsletter for info about volunteering for the Death Ride, Carson Valley Classic or Pinenut Cracker.) The annual reimbursement cap is still \$600; however, the maximum reimbursement is governed by the club budget and calculated at the end of the year when all the reimbursement requests are tallied.

To be eligible for reimbursements, you must:

- Volunteer 12 hours
- Wear an AACC jersey in each organized ride or race for which you want to be reimbursed
- Attend at least the Spring Party, Gardnerville 100, or the Fall Dinner/Meeting
- On or before 12/5/06, submit a single reimbursement form listing qualifying rides for 12/1/05 through 11/30/06 along with copies of receipts

See our website, www.AltaAlpina.org, for more details. Reimbursement program aside, volunteering is fun. You'll meet more club members and be rewarded with the pride that "we pulled it off again!" I look forward to working with you all again this year!

2006 Death Ride: Volunteers Needed

Check-in and Expo — July 7, Tour of the California Alps — July 8

Joe Marzocco, Death Ride Manager

Thanks to everyone who took advantage of the great merchandise prices and signed-up to volunteer for the Death Ride. Of course, we still need volunteers (we will never have enough!) and **now** is no better time to write the Death Ride in on your calendar. Please call Angela Witten at the Alpine County Chamber of Commerce at 530-694-2475 to sign-up or visit:

www.deathride.com/volunteers/vsignup.php.



Any club members wishing to ride this year's event please contact Joe Marzocco at the Alpine County Chamber of Commerce or email info@deathride.com to receive a registration form. Even though the deadline has passed, we will extend the registration period one more month. You still have time to commit to training and volunteering.



AACC Member Profile:

Jay Brown

AACC Member since: Um, dunno???
2001ish

Current Residence: Pine Nuts

Immigrant from: Leicester,
Massachusetts

Résumé:

2005 NORBA Deer Valley DH, 5th place
2005 NORBA Nationals, Mammoth DH,
11th place (crashed)
2004 Sea Otter DH, 10th place (1st DH
race and started in EXP class)
2004 NORBA Big Bear, 21st place
(caught person in front of me and he
wouldn't let me pass...)

Race Category: XC-SPT, DH-EXP

Bikes I ride: Santa Cruz VP-Free (2)
Santa Cruz Heckler
Santa Cruz Blur
Fat Chance Yo Eddy
Surley Cross-Check
LeMond Zurich
Some black beater commuter

In one word, my cycling style is...: Airborne

Favorite Rides/Races:

XC: Mahoney Creek, Sun Valley ID
DH: The late and great Big Bear course
FR/DH: The mountain bike park @ Whistler, BC



Favorite Post-Ride Food:

Depends. After a killer XC ride, it's a FAT Burrito w/side of rice and beans and a coke; after a sick day of riding/racing FR/DH, beer :)

How I support my Bike Habit:

I sell fried chinchilla burgers (and work as an engineer for fun)

Other Sports & Pastimes: Gerbil racing.

Ambitions/Aspirations:

Someday make top 20 in the Semi-Pro DH ranks

My Motto or Inspired Quote:

"The enemy of the best is often the good"-basically, don't settle...

Grab Bag:

For ~12 years I was a gram counting, leg shaving (4 years), XC guy on a 24lb hardtail mountain bike. Now my favorite bike is a 42lb, 8.5" travel full suspension downhill/freeride bike. In my ignorance I used to label freeriding, doing shuttle runs and riding chair lifts as being "stupid"; now, after being to Whistler's mountain bike park, shuttling some great DH rides and doing a decent share of chair lift accessed DH races, I can honestly do it all day long...funny how things change... I do still love good, long XC rides and they remain to be how I spend the majority of my time on two wheels. Cheers!

BikeSPOKEsman

Tim Rowe, AACC and Nevada Bicycle Advisory Board Member

The creation of a Nevada Bicycle Brochure was discussed. This would have information on major road/mountain bike rides, races and events, bike clubs, bike shops, etc. This could be done by NDOT, DPS and Tourism and be updated every 2 to 3 years.

Bicycle Nevada jerseys are still selling well at events, like Tour de Palm Springs with Tim Rowe assisting. Next events include Tour of Summerlin and Chico Wildflower in April. Bicycle Nevada socks should be ordered real soon.

2006 Annual Nevada Pedestrian and Bicycle Conference will be held at Caesars/Mont Blue at Stateline, NV on April 27-28, 2006. For more information:

www.bicyclenevada.com

More information on the NBAB please contact me, Tim Rowe, at 267-9531 trowebikes@aol.com



Board Meeting Minutes—April 2006

Secretary: Kris Brown; Other Board Members: Christine Anderson, Michael Bayer, Micheal Beam, Jennie Hamiter, Jeff Ham, Mel Maalouf, Joe Marzocco, Darla Mazzoni, Libby Oakden, Dennis Pederson, Jim Rhiner, John Seher; Other Attendees: Shawn Lester, Dave Scarborough

1. Monthly Status Reports:

- **Treasurer's Report:** No report.
- **Death Ride:** Active.com made errors in notifying people they had been accepted for the Death Ride. The errors have now been corrected. Tickets have been mailed or delivered to bike shops for people to pick up. A total of 73 volunteers have signed up, 38 are Alta Alpina members. Contingency plans and alternate routes were discussed.
- **Junior Team:** Members of the junior team will be traveling to the Sea Otter Classic. John Seher will look into getting "property of Alta Alpina" stickers for club bikes and other equipment.
- **Newsletter:** Libby requests race results be sent to her for publication.
- **Membership:** 67 members have renewed their membership on the website.
- **Clothing:** The spring clothing order is done and will be here soon.
- **Weekend Rides and Mileage Contest:** There has been good turnout for weekend rides. Future rides will be announced by email and a schedule will be published in the newsletter. The mileage contest is in progress. Prizes will be awarded for 1st, 2nd and 3rd place in Senior Women, Senior Men, Junior Women and Junior Men. The Board approved \$250.00 for prizes.
- **Wednesday Night Races:** Christine presented the schedule.
- **Mountain Bike Race Series:** The races will be free to everyone, not just club members. Michael will have the routes confirmed by the next meeting, assuming it's not still raining. He is still looking for a sweep person.

- **Pinenut Cracker:** Advance registration and day of registration will be the same price. The cost to club members will be \$15. Junior members can ride for free. The course will be the same as last year.
 - **CVC:** Permits have been obtained and information put on websites. This year there will be volunteer captains to organize the volunteers.
 - **Website:** The Website is up and running.
 - **Bike Advocacy:** No report.
2. **2006 Budget:** The budget is still a work in progress. A final version will be presented at the next meeting.
 3. **Gardnerville 125:** The Gardnerville 125 will be called the Gardnerville 100. This year, instead of a poker run, riders will receive raffle tickets for a raffle to be held at the conclusion of the ride. The barbeque and raffle will be named in honor of Alaina Sage. The raffle will be open to the public. Proceeds from the raffle will be donated to Compassionate Friends. Shawn Lester will attempt to obtain raffle prizes from sponsors and other donations. The Board approved a budget of \$800 for the ride and barbeque.
 4. **Alpine County Bike-a-thon:** John Seher will coordinate Alta Alpina participation in the Alpine County Bike-a-thon.
 5. **Spring Party:** More work assignments were made. Michael is still working on the PA system. The agenda was finalized.
 6. **Nevada Bike Conference:** There is still an opening for someone from Alta Alpina to attend the Nevada Bike Conference.
 7. **Next Meeting:** The next meeting will be May 1, 2006 at 6:00pm at the Gardnerville Pizza Factory..

Race Team Results

Feb. 25th-Snellings Road Race

Micah Herman, 7th, Juniors
 Russ Petrosky, 46th, Cat 5
 Jim Rhiner, 14th, 45+ 1/2/3/4
 Kevin Willitts, 10th, 35+ 4&5

March 5th-McLane Pacific Road Race

Jim Rhiner, 24th, 45+ 1/2/3/4
 Kevin Willitts, 1st, 35+ CAT 4

March 18th-Land Park Criterium

Micah Herman, 9th, Juniors
 Russ Petrosky, 38th, Cat 5
 Steve Thompson, 19th, Cat 5



Alta Alpina Cycling Club

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 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

- Spring Membership Party Mon. April 17
- Genoa Time Trial ... Wed. April 26
- Diamond Valley Road Race Wed. May 3
- East Valley Criterium Wed. May 10
- Gardnerville 100 Sat. May 13
- Air Center Criterium Tue. May 16
- Ride of Silence Wed. May 17
- Thursday Mountain Bike Race Thu. May 18
- Pinenut Cracker Sat. May 20

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Jennie Hamiter	President	president@AltaAlpina.org	775-782-4848
Darla Mazzoni	Vice President	mazzoni@etahoe.com	530-577-0122
Kris Brown	Secretary	klbrown@douglas.nv.gov	
Jeff Ham	Treasurer	jeffham@wt.net	775-267-2089
Michael Bayer	Membership Coordinator	membership@AltaAlpina.org	
John Seher	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-849-1876
Christine Anderson	Wednesday Race Director	christine.anderson@yahoo.com	775-781-0606
Mike Beam	Thursday Mountain Bike Race Director	lemondarmstrong@charter.net	775-267-6812
Dennis Delange	Road Cleanup Coordinator	dennis.delange@bently.com	
Joe Marzocco	Death Ride Manager	info@deathride.com	530-694-2475
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Libby Oakden	Paceline Editor	paceline@AltaAlpina.org	607-346-3933
Dennis Pederson	Website Coordinator	pedersondd@charter.net	775-883-239
Jim Rhiner	Carson Valley Classic	jim.rhiner@bently.com	775-783-9834
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

Newsletter Editor:
 Libby Oakden
 Newsletter Publisher:
 Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Gardnerville Ranchos and Stateline.. Join us on **May 1** at the **Pizza Factory** in the **Gardnerville Ranchos.**