



PACELINE

**Alta Alpina
Cycling Club**

**Volume 15 Issue 2
March 2017**

Alta Alpina Spring Membership Party



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Tuesday, April 11 — CVIC Hall, Minden NV — 6:00PM

The annual Alta Alpina Spring Membership Party is the official kick-off of the cycling season in the Tahoe—Alpine—Carson City—Carson Valley region. This year the party will once again be at the historic CVIC Hall in downtown Minden. This is a central location with lots of nearby parking.

There will be free food, friendly people, and lots to see and learn. Again this year we're holding the big Bike Swap: Bring any bike-related items to give away or sell. Bike stuff left behind at the end of the night will go to the junior team or ROP.

You can join or renew your membership at the party, but to avoid spending time in line, you can renew your membership now. If you were a member in 2015 we just need you to confirm your contact information and to renew with a check or Paypal payment for your 2016 membership.

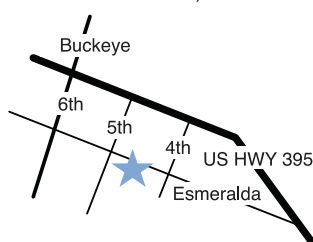
Know any friends or neighbors just getting into cycling? Bring them along and we'll sign them up at the door!. For any questions contact Michael Bayer on the club hotline at 877-845-2453.

Doors open at 6:00 pm. See you there!

Bike & Stuff Swap • Trade

Bring your bike related stuff for sale, or give away to other AACC members. You will have the opportunity to sell, buy, give away, or pick up bike related items.

**CVIC Hall
1602 Esmeralda, Minden**



Weekend Club Rides Every Weekend Starting in April

There's a club ride or activity virtually every weekend from April to October. Club rides vary in distance and terrain but always feature post ride snacks. Check the rideboard or newsletter for details.



Challenge Volunteers

Most club members will be volunteering on June 25. In addition to the staff ride, we're offering volunteers free entries to other events. The number of entries are limited so volunteer today and request an entry.



Presidential Posting

Chris Rhiner, President

Time for a Party!

I hope everyone can join us at our Spring Membership Party. We will have various tables displaying our activities, volunteer opportunities, expanded race schedule and new race chips, as well as the all new, heavily discounted, "Season Pass" for the weekly road races, (don't forget your checkbook or cash) new women's kits, a sale/swap table of used gear and junior team donation gear. We will also have a table for

members to share their thoughts to the family of long standing board member Tim Rowe who is no longer with us, which will be given to his wife and son from our club. A raffle and appetizer/pizza dinner will of course keep us well nourished and hydrated. Be sure to bring in your "Ides of March" bike log to win some cool prizes from our local bike shops in Gardnerville and Carson City. Get on your bike and start logging your miles!!



PLEASE HELP US FILL THESE VOLUNTEER POSITIONS:

Volunteers receive a free family membership.

Thursday Night Race Steward

This is a paid position for just 3 to 4 hours each week. You'll need vehicle (even a small car) with a hitch and space to store race equipment.

- Store, transport and manage race equipment (including porta-potty).
- Sweep turns, setup signs/cones and digital race system.
- Register racers at the Spring Party and before each race.
- Officiate races.

Social Media Coordinator

Do you have social media expertise? The club needs a volunteer to keep our presence on the Internet active and engaging for club members, our community, and event participants.

Event Marketing Coordinator

We need a volunteer to coordinate the promotion of all the club's activities and particularly our big fundraiser, the Alta Alpina Challenge, Riding the Wild Sierra.

Pinenut Cracker Director

After many years of coordinating our mountain bike race, Robert Braun is moving on and we're eager to replace him.

Bicycle Advocacy Coordinator

Are you passionate about cycling? We need a volunteer to represent the club at cycling advocacy meetings and report back to the club on what members need to know.

Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at www.AltaAlpina.org





Alta Alpina Cycling Club 2017 Ides of March Mileage Contest Log

Bring completed log to the Spring Membership Party on April 11

Name: Gender: M / F

The Ides of March Mileage Contest is Back!

We're holding the Ides of March Mileage Contest once again. Here's how to participate:

1. Print and use this official mileage log.
2. Ride as many miles as you can over 4 weeks starting on March 15.
3. Record the number of miles you ride each day and where you rode.

If you ride dirt, those miles count for double.

4. Bring your mileage log to the Spring Party on April 11. You must be present to win!

	Wednesday 3/15	Thursday 3/16	Friday 3/17	Saturday 3/18	Sunday 3/19	Monday 3/20	Tuesday 3/21
Where?							
Mileage							
Week Total							

	Wednesday 3/22	Thursday 3/23	Friday 3/24	Saturday 3/25	Sunday 3/26	Monday 3/27	Tuesday 3/28
Where?							
Mileage							
Week Total							

	Wednesday 3/29	Thursday 3/30	Friday 3/31	Saturday 4/1	Sunday 4/2	Monday 4/3	Tuesday 4/4
Where?							
Mileage							
Week Total							

	Wednesday 4/5	Thursday 4/6	Friday 4/7	Saturday 4/8	Sunday 4/9	Monday 4/10	Tuesday 4/11
Where?							
Mileage							
Week Total							

Note: Miles on dirt count for double. If you rode dirt miles, write down twice the mileage ridden.

Grand Total



Thursday Evening Race Series – 2017 Season

Michael Bayer, Race Administration

New Schedule - New Rules - New System - Reduced Fees

The board has been working on a great race season for 2017 and we're hoping that everyone will come out on Thursday evenings to join in the fun. There's a whole lot that's new for 2017 so whether you're a veteran or you're gearing up for your first race, please read on so you're up to speed!

Race Schedule

The race schedule for 2017 features a full set of twenty races with something for everyone. **This schedule is contingent on a volunteer stepping forward to be Race Steward. It will have to be delayed otherwise.**

4/20	Fredericksburg Prologue (See below)	6/1	Kingsbury Time Trial	7/20	Pinenut Road Race
		6/8	Diamond Valley Road Race	7/27	Starbucks Criterium
4/27	Diamond Valley Road Race Short Course	6/15	Eagle Ridge Circuit Race	8/3	Diamond Valley Road Race
		6/22	Fredericksburg Two Up Time Trial (See below)	8/10	Blue Lakes Time Trial
5/4	Starbucks Criterium			8/17	Starbucks Criterium
5/11	East Valley Time Trial	6/29	Diamond Valley Double Back Road Race	8/24	Fredericksburg Time Trial
5/18	Pinenut Road Race			8/31	Diamond Valley Road Race Short Course
5/25	Starbucks Criterium	7/6	Kingsbury Time Trial		
		7/13	Eagle Ridge Circuit Race		

Race Categories

Racers continue to be grouped into 5 categories. Racers compete within their category for points through the season. In road race, criterium, and circuit format races all racers of the same category start together and may draft one another but may not draft racers in a different race category.

Use the following **guidelines** for choosing your category initially:

Category A: Advanced/Very Fit/Race Experience/Train for Racing.

Category B: Competitive/Very Fit/Race Experience

Category C: Competitive/Fit/Masters 50+/Strong Endurance

Category D: New Racers/Masters 60+

Juniors: 18 years and younger who don't want to race with adults

Everyone is strongly encouraged to participate in the Fredericksburg Prologue (all participants get 10 points). This race is the best time to validate category choice. Results will be available at the end of the race and everyone is free to change categories based on their standings. Subsequently, points earned in one category cannot be moved to a different category. However a racer can switch categories right at the conclusion of a Time Trial and have their time ranked within their new category. Racers can only switch categories once after the Fredericksburg Prologue.

Two Up Time Trial

The Two Up Time Trial is back! This race is just for fun—everyone who participates gets 10 points. It's a time trial but you work with a partner and your time is the time of the second racer in each pair.

Fast and Accurate Race Results

The club has a new digital race timing system that incorporates both RFID chips and photo finish software. The race scoring software detects RFID tags that are to be mounted on the right fork of each bicycle and will automatically compute everyone's finish times and time trial times. The photo finish software will allow race officials to determine finishing sequences when the RFID system indicates a tie. Racers will pay a \$10 refundable deposit for RFID tags.

New Rule for Crashes

Crashes are rare, but if one occurs, everyone in the category should to stop to help. The race for that person's category will be neutralized and everyone will receive 10 points.



2017 Race Fees

Like the weekend ride program, the Thursday night races are subsidized by revenue from the Alta Alpina Challenge. We hope that everyone who participates will volunteer for the Challenge so we're making the race series more affordable with a "Season Pass"—a single fee for the whole series of 20 races:

\$40 for Juniors (waived for Junior Team and ROP), \$100 for Members, \$200 for non-Members

For those who aren't ready to commit to a full season, the fee for a first race (which can be applied to the cost of a season pass) is:

\$10 for Juniors, \$15 for Members, \$20 for non-Members

Fees for subsequent individual races are:

\$5 for Juniors, \$10 for Members, \$15 for non-Members

Season passes for the race series, along with the RFID tags (deposit \$10) will be available at the Spring Party. Everyone is encouraged to register at the Spring Party to avoid a long line at the first race.

Post Season Pizza Party

All race participants are invited to the post-season pizza party on August 31 after the last race.

Why I Race

We Asked Club Members To Share Why They Race on Thursday Nights

Chris Rhiner — Category D

I love going to the races to force myself to ride anaerobically once a week which I find I don't do on my own. Or if I do I only hold the race pace for a few minutes not 45 minutes. After a few weeks of races the 100 miles on weekends seems so much easier and relaxed. Its also a chance to weekly catch up with my cycling friends to make and share plans for the weekend.

Jennie Hamiter — Category C

I race because there's no better way to get in great shape; racing pushes me harder than I could ever push myself. I make new friends every year I race, and there's nothing like the camaraderie of working together with other racers to catch up to another group or to leave some others behind. Oh, and Di always brought Oreos for after the race - I never otherwise get to eat Oreos.

Jim Sadilek — Category D

Why do I race on Thursday nights? Well, the simple answer is because I can. A few days ago, I celebrated my eightieth birthday. Perhaps "celebrated" is not the right word, but there it is. How many people are still on the bike at this age? I'm just happy to get out there and ride.

Not much chance of my winning unless everyone else in the D's stays home, but I still have a competitive streak left over from a fairly successful time motorcycle

racing in the sixties, and hope springs eternal. Things come to mind like, if I lose ten pounds, I'll be faster, or if I spend \$3K for carbon wheels, I'll be faster. Christine Rhiner tells me the wheels are the secret. Of course, logically I know this sort of thinking borders on the ridiculous for me, but I keep trying.

There was a time, in the dim past, when I was fast, or at least it felt fast. At fifteen, I lied about my age and got a job with Western Union delivering telegrams on a gas pipe framed, balloon-tired, Schwinn. I could actually stay with the traffic on Reno's Virginia Street. At that age, I was about 5'5" and 120 pounds; little guys are always fast.

On a bit more serious note, the races for me are a social event. It is important, especially as one ages, to stay connected. Mixing with a diverse group of like-minded people every Thursday night all through the summer is good for one's mental state. Then there is the consolation that even if I don't cross the finish line in first place, I almost always win my age group. No, Alta Alpina does not have age group racing, this is all in my head.

The point of this short essay is to induce folks to join us at the Thursday night races. Consider the Thursday night races as a healthy alternative to sitting on the couch watching TV. However, the real reason you should come, the one reason that is kept a secret, known only to those who actually show up, is that there are free COOKIES!



ALTA ALPINA CHALLENGE

RIDING THE WILD SIERRA, ALPINE COUNTY, CA

June 24 2017



ALTA ALPINA CHALLENGE June 24, 2017

RIDING THE WILD SIERRA

Come to the Tahoe area and experience the breathtaking scenic beauty of classic, wild sierra roadways and panoramas on some of the best pavement you'll find anywhere. Ride through wilderness areas—no traffic lights and just a dozen stop signs. Registration fee includes rest stops and post-ride meal. Choose your favorite pass(es) or pick one of these popular routes:

THE FOOTHILL FUN RIDES

Take in the views of Diamond Valley, Carson Valley, and/or the Carson River Canyon with options from 15 to 37 miles.

THE WILD SIERRA METRIC

A beautiful 64 mile ride with 5000 feet of climbing.

THE WILD SIERRA CENTURY

A challenging 110 mile ride with 11000 feet of climbing.

5 PASS CHALLENGE

The classic combination: Carson-Ebbetts-Ebbetts-Monitor-Monitor for 134 miles with over 16,000 feet of climbing.

8 PASS CHALLENGE

World's toughest double century with over 20,300 feet of climbing. Earn the right to wear the 8 Pass Finisher Jersey!



www.AлтаAlpina.org/challenge
877.845.2453



Board Meeting Minutes— March 6, 2017

Secretary: Jim Sadilek; Other Board Members: Chris Rhiner, President; Tammy Lundquist, Vice President; Frank Dixon, Treasurer; Michael Bayer, Alta Alpina Challenge Ride Director/ Newsletter Publisher/Membership Coordinator; Garth Jackson, Weekend Ride Coordinator; Other Attendees: Bill and Cathy Reuter – New AACC members

Meeting called to order at 6:10 pm

Venue: Jethro's Oven & Grill, 1281 Kimmerling Rd, Gardnerville, NV

Minutes of the February meeting approved as circulated.

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$24,467.10. The PayPal account balance is \$5,547.92.
- **Membership:** Membership software updated by Dennis Petersen. Membership now takes one click to sign up. So far, there have been six renewals.
- **Weekend Rides:** No activity on the Ride Board.
- **Newsletter:** Anticipated publication date is March 14. Notice about the “Ides of March” mileage contest will appear and update on the Ride Board – weather dependent.
- **Website:** No changes.
- **Weekly Road Races:** The race schedule for 2017 will have 20 races. Ten points awarded for participation in the Prologue (Season’s first race) rather than one point as in the past. The rationale for the change is to increase participation. Motion 02/01: Adopt changes in the proposed race schedule and new fee schedule. Christine Rhiner/Frank Dixon - Carried unanimously. The details will be in the March newsletter. Still seeking a person to act as race steward, details of the position have appeared in the newsletter. Details of the RFID system were discussed. On the road testing anticipated for end of March/

beginning of April—weather dependent like are things this year..

- **Junior Team:** No report.
 - **Insurance:** Christine reported on an encounter with a very cycling knowledgeable insurance agent in Carson City, whom we may find useful at a future date. All club insurance is paid for 2017 with the exception of property insurance, for which a source is yet to be found.
 - **Ray Rickard Memorial Spring Century:** The board agreed to name the club’s Fall Century in memory of Tim Rowe.
 - **Pinenut Cracker & Mixed Terrain:** No update on the event. Discussion of preliminary graphic image designs from Suzy Stockdale.
 - **Bike Advocacy:** In an effort to obtain grant money, Alpine County has posted a questionnaire for Alpine County residents and out of county users of Alpine County facilities.
 - **Adopt A Highway:** TBA when the snow melts.
 - **Clothing:** Christine reported on the soon to be available AACC women’s specific kit. Specific details will be presented at the Spring Party.
 - **Challenge:** Registrations are “trickling in”.
2. **Outdoor Gear Lab:** Communication received from Outdoor Gear Lab, a Tahoe based organization that does independent testing a reporting on outdoor gear. They are seeking mountain bike riders to participate in testing. Tammy Lundquist will coordinate.
 3. **Next Meeting:** Monday, April 3, 2017, 6 pm, Lakeside Inn and Casino, 168 US-50, Stateline, NV
Meeting adjourned at 7:55 pm

Time to Renew your Membership!

If you haven’t already done, so, please renew your membership today:

http://altaalpina.com/membership/join_renew.php



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AлтаAlpina.org

MARK YOUR CALENDARS

Ides of March Contest Wednesday, March 15
 Spring Party at CVIC Hall Tuesday, April 11
 Start of Thursday Races(*) Thursday, April 20
 Spring Century Sunday, May 28
 Alta Alpina Challenge Saturday, June 24
 Fall Century Saturday, Oct 8

(*) Race Steward still required.

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AлтаAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Chris Rhiner	President	president@AltaAlpina.org	775-790-6373
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	530-545-3155
Jim Sadilek	Secretary	ccwatchmaker@gmail.com	775-220-2713
Frank Dixon	Treasurer	ozatlake@gmail.com	530-318-1574
Michael Bayer	Membership Coordinator	membership@AltaAlpina.org	877-845-2453
Garth Jackson	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
TBD	Thursday Road Race Steward		877-845-2453
TBD	Pinenut Cracker Mountain Bike Race		
Tammy DeGiovanni	Road Cleanup Coordinator	ttdeg@frontier.com	775-901-1652
TBD	Marketing Coordinator		
Lori Piccini	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	
David Scarborough	Spring Century Coordinator	dave_scar@hotmail.com	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Joe Marzocco	Website Coordinator	j_marzocco@yahoo.com	
TBD	Bicycle Advocacy Coordinator		

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **April 3** at the **Lakeside Casino** in **Stateline.**

Newsletter Publisher:
 Michael Bayer