



PACELINE

**Alta Alpina
Cycling Club**

**Volume 14 Issue 2
March 2016**

Alta Alpina Spring Membership Party



Inside this issue:

<i>Weekend Ride Schedule</i>	2
<i>Presidential Posting</i>	3
<i>Bike Spokesman</i>	3
<i>Mileage Log (tear out)</i>	4
<i>Ride 2 Recovery</i>	5
<i>Board Meeting Minutes</i>	6

New Jersey Deal

Order a new club jersey on a membership form for delivery at the spring party and get your membership for free. Deadline for preorder is **Friday March 18** for pickup at Spring Party. Just download and complete the form on our website:

www.altaalpina.org/attachments/AACCFORM.pdf

Buy a Bike Deal

Buy a bicycle from a participating local merchant and receive a free entry for the Foothill Fun Ride with the purchase of a 2016 club membership.

Challenge Volunteers

Most club members will be volunteering on June 25. In addition to the staff ride, we're offering volunteers free entries to other events. The number of entries are limited so volunteer today and request an entry.

Tuesday, April 12 — CVIC Hall, Minden NV — 6:00PM

The annual Alta Alpina Spring Membership Party is the official kick-off of the cycling season in the Tahoe-Alpine-Carson City-Carson Valley region. This year the party will once again be at the historic CVIC Hall in downtown Minden. This is a central location with lots of nearby parking.

There will be free food, friendly people, and lots to see and learn. Again this year we're holding the big Bike Swap: Bring any bike-related items to give away or sell. Bike stuff left behind at the end of the night will go to the junior team or ROP.

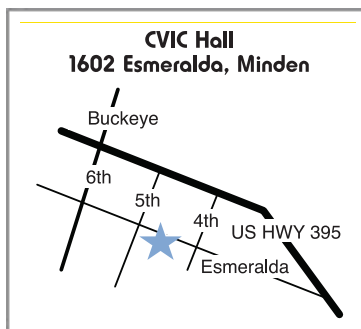
You can join or renew your membership at the party, but to avoid spending time in line, you can renew your membership now. If you were a member in 2015 we just need you to confirm your contact information and to renew with a check or Paypal payment for your 2016 membership.

Know any friends or neighbors just getting into cycling? Bring them along and we'll sign them up at the door!. For any questions contact Michael Bayer on the club hotline at 877-845-2453.

Doors open at 6:00 pm. See you there!

Bike & Stuff Swap • Trade

Bring your bike related stuff for sale, or give away to other AACC members. You will have the opportunity to sell, buy, give away, or pick up bike related items.





Upcoming Rides

Saturday, March 19, 2016 — Genoa to Markleeville and Back

Meet at City Park in Genoa (at the four way stop go towards the mountains) ready to ride at 11:00am. Ride out Foothill etc. to Markleeville and back for 50 miles. We'll be riding with Ride to Recovery group, so may get dropped by them and break into two groups. Bail out options include turning around at highway 88 (for a little over 30 miles) or do Diamond Valley (for 40 miles).

Saturday, March 19, April 2, 2016 — Saturday Morning Rides

It is time again for the Saturday morning rides around the Carson Valley. Meet at Big Daddy's Bicycle & Fitness (1546 Highway 395 in Gardnerville) at 10:00am. Route: Hwy 395 south to Muller Prky, to Pine Nut Rd, Pine Nut Rd #2, Outer Way, Fish Springs Rd, East Valley Rd North. Left onto Johnson Lane, East Valley Rd, to Stephanie, to Hwy 395 north, to Sunridge Dr, to Jacks Valley Rd, water at the fire station on the top of Jacks Valley Rd, South into Genoa, to Muller Lane, and back to Hwy 395

Saturday, April 2, 2016 — Pardee Party

Join the Sacramento Bike Hikers for their party in rolling foothills and choose from two route distances. Enjoy well-stocked rest stops, post ride meal and music. Cool jersey and socks available for purchase. For more see their website: www.bikehikers.com

Sunday, April 3, 2016 — WEEKEND RIDE: Woodfords to Ebbetts

Meet in Woodfords on Old Pony Express Road (not in front of the Woodfords General Store, but up the hill from it). Be ready to ride at 12:30pm. This will be an easy-paced ride north on Highway 89 and Highway 4 out beyond Markleeville to whichever gate is closed on Ebbetts (Wolf Creek or the 7000 ft sign).

Saturday, April 9, 2016 — WEEKEND RIDE: Shake Ridge - Volcano Loop

Meet at Minden Starbucks to carpool at 8:30am. Meet at the junction of Hwy 88 and Shake Ridge Rd at 10:30am to ride. We'll take Shake Ridge to Fiddletown and less traveled roads to Sutter Creek returning through Volcano and up Ram's Horn grade. Snacks available for purchase in Plymouth and Volcano. 65 miles total.

Sunday, April 10, 2016 — WEEKEND RIDE: Diamond Valley from Genoa

Meet at City Park in Genoa (at the four way stop go towards the mountains) ready to ride at 10:00am. Cruiser out Foothill etc. to Diamond Valley and back. This ride will have an easy pace as Garth should be leading an epic ride the day before. 30 to 40 miles.

Sunday, April 17, 2016 — Primavera Century

Ride the the East Bay's most scenic roads including Mission San Jose, Calaveras Wall, Calaveras Reservoir and to the top of Altamont Pass. Registration includes fully stocked rest stops, SAG, and post ride meal. Sells out early so register now and support our partner, the Fremont Freewheelers! See www.ffbcprimavera.wordpress.com for more.

Saturday, April 18, 2016 — Cinderella Century

The Valley Spokesmen Bicycle Club is hosting the 39th annual Cinderella Classic® & Challenge for women and girls only. The ride starts from the Alameda County Fairgrounds in Pleasanton CA and offers 65 and 85 mile distance options. For more see the website at: www.valleyspokesmen.org/cinderellaclassic

Sunday, April 24, 2016 — Chico Wildflower Century

The Chico Velo Cycling Club's Wildflower Century will be on April 26 this year and features a new 60 mile flatflower route. Other options include the Wildcat 125 and 100, Wildflower 100 and 65, the Flatflower 30 or 12, and the Childflower 12. For more see the website at: www.wildflowercentury.org

Saturday, April 30, 2016 — Tierra Bella Bicycle Ride

Join Almaden Cycle Touring Club (ACTC) on their 39th annual Tierra Bella Bicycle Tour. There are four route options on pretty roads in Santa Clara County. Great food, excellent ACTC support, and a post ride hot meal. 2016 Tierra Bella patch included and beautiful jersey available for purchase For more see the website: www.tierrabella.org

Saturday, April 30, 2016 — Motherlode Century

Ride in the beautiful foothills of the Gold Country with five route options from 33 - 95 miles. The longer routes are excellent training rides for our Spring Century and Challenge staff ride. Go to Motherlode website for detailed descriptions of the ride: www.motherlodecentury.com/



Presidential Posting

Chris Rhiner, President

We finally got some good old fashion snow storms. After you are through with snow play we can meet up again at the Spring Party April 12th! (It's a Tuesday—I know, a different day for us.) Come by and see what we have for you!

I am super excited again about our format, "Fair Style" with tables to sit at after you have checked out our booths and grabbed a little dinner. I hope many of you were able to renew your membership online and get the jersey. (actual deal was a free membership with the purchase of a jersey) If you're not ready to order because you don't know your size, we'll have a set of jerseys for you to try on. This limited supply will be for sale at the end of the evening.

Another exciting item is the addition of Eric Reuter as a new mountain bike ride leader to the "Gang of Five" ride leaders, who lead our regular weekend rides. We will continue to try to expand our image as a club which offers both road and mountain bike rides available. Watch the ride board for upcoming events.

Another new addition is Project Hero. We are giving honorary memberships to rehabilitating warriors so they can join us on our longer group rides as training for their bigger events. I hope to have a few weekends off and meet them on the road. It looks to be a great year with some new faces in the trenches. Lori Piccini has taken on a number of the marketing duties that Laura Caimi and Wayne Trelloggen have been doing. Lori has put in many miles getting the word out about the Alta Alpina Challenge, June 25, she even drove as far as Shasta with our posters. Way to go Lori!

Well, I think I told you all the good stuff but you might want to read the rest of the newsletter in case I missed something. See you out there if I can set down my backpack for a minute to ride. I will be starting to section hike the Pacific Crest Trail at mile 0 in late March. I should be back in time for the Party!

Oh don't forget the Ides of March mileage contest..... see the next page for your mileage log.

Nevada Moves Week: Monday, March 14 – Friday, March 18

Tim Rowe, AACC Bicycle Advocacy

BikeSPOKEsman

Make a point of getting out for Nevada Moves Week! Nevada Moves Week and Day were established by NDOT and the State's various Safe Routes to School partner agencies to encourage school age children (grades K- 8), and their parents, to walk and bike to school.



This year Nevada Moves Day is Wednesday, March 16. Schools throughout the state are organizing events that promote walking or bicycling to school. Be sure your kids ride to school this week and

consider volunteering to help with your school's event.

For more information on specific Nevada Moves Day events, contact Nevada

Department of Transportation

state Safe Routes to School Coordinator Tim Rowe at (775) 888-7357 at trowe@dot.state.nv.us or find walking information at saferoutesinfo.org



Thursday March 17th will be our next meeting of the Nevada Bicycle and Pedestrian Advisory Board (NBPAB).

This meeting will cover:

- Humboldt County Bicycle Plan
- State Comprehensive Outdoor Recreation Plan (SCORP)
- State Active Transportation Plan
- 2016 Nevada Bicycle and Pedestrian Summit
- NBPAB Mission and Objectives
- Report of Nevada Moves Day 2016
- 2016 National Bicycle Summit in Washington D.C
- Proposed Nevada Legislation for 2017
- Share the Road Specialty License Plates

The meeting will take place at 8:30am, Thursday March 17th, in the Nevada Dept. of Transportation 3rd Floor Conference Room at 1263 South Stewart St., Carson City, NV



Alta Alpina Cycling Club 2016 Ides of March Mileage Contest Log

Bring completed log to the Spring Membership Party on April 12

Name: Gender: M / F

Ides of March Mileage Contest

The Ides of March Mileage Contest is Back!

We're holding the Ides of March Mileage Contest once again. Here's how to participate:

1. Tear out and use this official mileage log sheet.
2. Ride as many miles as you can over 3 weeks starting on March 20.
3. Record the number of miles you ride each day and where you rode.
If you ride dirt, those miles count for double.
4. Bring your mileage log to the Spring Party on April 12. You must be present to win!

We'll announce the three men and three women who rode the furthest. The man and woman who log the most miles will each win a prize. A prize will also be awarded by random draw to a third person who submits their miles on this mileage log so everyone who enters has a chance to win!

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3/20	3/21	3/22	3/23	3/24	3/25	3/26
Where?							
Mileage							
Week Total							

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3/27	3/28	3/29	3/30	3/31	4/1	4/2
Where?							
Mileage							
Week Total							

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4/3	4/4	4/5	4/6	4/7	4/8	4/9
Where?							
Mileage							
Week Total							

Note: Miles on dirt count for double. If you rode dirt miles, write down twice the mileage ridden.

Grand Total



Healing Heroes to start riding/racing with Alta Alpina Cycling Club

April Wolfe, Project HERO representative and AACC member

In October 2013, City of Reno became a Ride 2 Recovery Project HERO chapter, a groundbreaking Veterans Cycling program founded in 2008.

Ride 2 Recovery's broad range of cycling-based programs help raise awareness and bring healing for service members and veterans facing various health issues. This group of local veterans have big cycling goals this year including the Texas Challenge, a ride starting in Houston and finishing in Fort Worth, TX. With many miles ahead of them, Project HERO City of Reno is excited to start training, riding and racing with the Alta Alpina Cycling Club.

For more information about Ride 2 Recovery visit www.ride2recovery.com or contact the local Project HERO representative and Alta Alpina cycling club member April Wolfe to get involved at wolfea@reno.gov or 775-333-7765.

RIDE 2 RECOVERY
Saving Lives by Restoring Hope & Purpose





Board Meeting Minutes—March 7, 2016

Secretary: Jim Sadilek; Other Board Members: Chris Rhiner, President; Tammy Lundquist, Vice President; Michael Bayer, Alta Alpina Challenge Ride Director/Newsletter Publisher/Membership Coordinator; Di Bolton, Thursday Road Race Director; Garth Jackson, Weekend Ride Coordinator; Lori Piccini, Clothing Coordinator; Tim Rowe, Bicycle Advocacy Coordinator; Dave Scarborough, Spring Century Coordinator; Other Attendees: April Wolfe, AACC member representing Ride2Recovery Project Hero; Eric Reuter, AACC member

Meeting called to order at 6:15 pm

Venue: Jethro's, Gardnerville Ranchos

1. **Ride2Recovery:** April Wolfe gave a presentation to the Board regarding the Ride2Recovery Project Hero, a national cycling program for disabled veterans -- www.ride2recovery.com. April asked AACC to donate memberships so the Ride 2 Recovery group could participate in AACC rides and be covered by the club's insurance.

Motion 03/01: It is moved that AACC provide ten honorary memberships to the Ride2Recovery group. Michael Bayer/Tammy Lundquist - Carried unanimously.

Motion 03/02: It is moved that AACC extend free racing to the honorary AACC members of the Ride2Recovery group. Michael Bayer/Chris Rhiner - Carried unanimously.

2. **Monthly Status Reports:**

- **Treasurer:** The current checking account balance is: \$37,067.53. The PayPal account balance is \$5,393.66
- **Membership:** Renewal memberships for 2016 are coming in. An effort is being made in conjunction with the renewal process to confirm or update members' contact information. About 35 members have renewed to date.
- **Weekend Rides:** The "Gang of Five" met, Garth Jackson, Jenny Hamiter, Robert Braun, and Alex Kuhlman attending. A tentative schedule of weekend rides are planned through July. The ride schedule will appear on the Ride Board soon. Eric Reuter is now a member of the Gang of Five as Mountain Bike Ride Coordinator.
Motion 03/03: It is moved that Eric Reuter be appointed as Mountain Bike Ride Coordinator. Michael Bayer/Chris Rhiner - Carried unanimously.
- **Newsletter:** Michael, having been away for two weeks, will be publishing the newsletter as soon as the content is submitted and organized. The weekly Thursday night road races schedule will

be included.

- **Website:** Progress is being made on the Square Space version of the Challenge web site. Photographs and videos related to the Challenge are needed. The expectation is that the site will go live in two or two and a half weeks. The Club's site will be moved to the same platform once the Challenge site is completed and operating smoothly. Dennis Pederson has been upgrading the ride board.
- **Weekly Road Races:** Thursday night road races start on April 14. Di Bolton has a schedule of race venues made up for the entire season. Schedule will be published in the newsletter. Race insurance premium for this year is \$1767.
- **Mountain Bike Races:** The position of Mountain Bike Coordinator is open. The Board of Directors would be most grateful for a volunteer to step forward and fill the position. Contact President Chris Rhiner.
- **Junior Team:** No report.
- **Ray Rickard Memorial Spring Century:** Eric Reuter will be hosting the Ray Rickard Memorial Spring Century. Eric's home, 625 Chambers Lane, is in Diamond Valley. Complete information will appear in the newsletter.
- **Insurance:** Both the club insurance and the Challenge insurance policies are expected to be updated by the end of the week.
- **Spring Party:** Tuesday, April 12 at the CVIC Hall in Minden.
- **Pinenut Cracker:** No report.
- **King of Kingsbury Time Trial:** Allen Biaggi has volunteered to be coordinator. Date TBA.
- **Cyclocross Race:** No report.
- **Bike Advocacy:** Tim Rowe reported again about Cave Rock construction. There will be one tunnel (eastbound) carrying two way traffic with the westbound tunnel closed for repair starting



May 1 and going through to the end of October 2016. Work will begin again May 1, 2017 with completion planned before October 2017. The Stateline to Stateline Trail will start construction this summer with NDOT taking over from Federal Lands who no longer wish to do the trail.

Eureka County Board of Supervisors voted not to adopt a bicycle plan because they wanted no bicycles on their roads.

The question of the Idaho Stop (https://en.wikipedia.org/wiki/Idaho_stop) was brought up. Tim's response was the chances of Nevada adopting such a policy was, "slim to none".

- **Adopt A Highway:** No report.
- **Clothing:** The board discussed having one jersey in each size to show at the Spring Party. Motion 03/04: It is moved to order a complete set of jerseys for trying on at the Spring Party, race cut, club cut, men's, women's, XS to XXL in club cut, XS to XL in race cut. Michael Bayer/ Tammy Lundquist - Carried unanimously. Michael will contact Voler to determine cost and minimum order quantity of Voler's best quality shorts.
- **Challenge:** Lori Piccini reports that Carson Valley Visitors Center wishes to be involved with the Challenge publicity and are soliciting web content regarding the Challenge. Visitor's centers in Minden and Gardnerville are also interested in linking to the Challenge website, as well as

becoming more involved in the AACC events. Lori has distributed Challenge flyers to bike shops in the San Francisco Bay area and as far north as Redding. She will be distributing flyers to Reno and Incline Village in the next few days.

3. **Next Meeting:** Monday April 4, 2016, 6 pm at Lakeview Casino.

Meeting adjourned at 7:50 pm

Where in the World...

Michael Bayer, Newsletter Editor

Have you been traveling? Don't forget to send us pictures showing your Alta Alpina jersey in locations outside our region.



Local Merchant Discount Program

Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.

Show your AACC Membership Card at time of purchase. [If you are an active AACC member, the mailing label on the first Paceline you received in the spring has the club logo and note indicating that it is your membership card.]



