



# PACELINE

**Alta Alpina  
Cycling Club**

**Volume 15 Issue 3  
April 2017**

## Alta Alpina Spring Membership Party



**Tuesday, April 11 — CVIC Hall, Minden NV — 6:00PM**

The annual Alta Alpina Spring Membership Party is the official kick-off of the cycling season in the Tahoe—Alpine—Carson City—Carson Valley region. This year the party will once again be at the historic CVIC Hall in downtown Minden. This is a central location with lots of nearby parking.

There will be free food, friendly people, and lots to see and learn. Again this year we're holding the big Bike Swap: Bring any bike-related items to give away or sell. Bike stuff left behind at the end of the night will go to the junior team or ROP.

You can join or renew your membership at the party, but to avoid spending time in line, you can renew your membership online. If you were a member in 2016 we just need you to confirm your contact information and to renew with a check or Paypal payment for your 2017 membership.

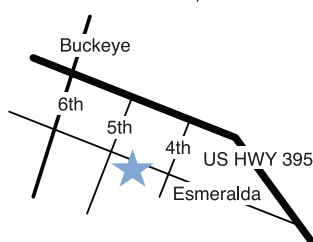
Know any friends or neighbors just getting into cycling? Bring them along and we'll sign them up at the door!. For any questions contact Michael Bayer on the club hotline at 877-845-2453.

Doors open at 6:00 pm. See you there!

## Bike & Stuff Swap • Trade

Bring your bike related stuff for sale, or give away to other AACC members. You will have the opportunity to sell, buy, give away, or pick up bike related items.

**CVIC Hall  
1602 Esmeralda, Minden**



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## Weekend Club Rides Every Weekend Starting in April

There's a club ride or activity virtually every weekend from April to October. Club rides vary in distance and terrain but always feature post ride snacks. Check the rideboard or newsletter for details.





## Remembering Tim Rowe

Jennie Hamiter, Past President

Long time club member, board member, and past president, Tim Rowe, passed away suddenly on February 7th. For decades, Tim Rowe was a passionate champion for Alta Alpina and for the entire cycling community, as well as being a warm and welcoming presence for all types of riders. From encouraging adults who had just bought their first “grownup” bike, to having ridden hundreds of centuries, to officiating local races, to lobbying Nevada congressmen for funding of bike projects, to ensuring kids have Safe Routes to School, he understood the love of bicycles. He helped direct boy scout bike rodeos and had the patience to teach young cub scouts to quit dragging their feet and brake the bike properly.

The big picture was always important to him in making the world safe and accessible for bicycles. When he wrote on advocacy and other topics for this newsletter, most sentences ended in an exclamation mark. Here is only a small portion of the roles he held:

- AACC President, 2 stints of 3 years each
- Club Death Ride Coordinator for 5 years
- Bicycle Advocacy Coordinator for AACC
- USCF Race Official
- Coordinator of the Nevada State Safe Routes to School Program
- Attended the National Bike Summit in Washington DC and met with our congressmen
- Coordinated “Bike/Walk to School” events
- League of American Cyclists Certified Instructor
- Served on the Nevada Bicycle and Pedestrian Advisory Board (a governor-appointed position)
- Assisted with bids for Bicycle Friendly Community status for Carson City and South Lake Tahoe

The full list is much longer than this, and he held many of these positions simultaneously!

Our Club’s Fall Century will henceforth be known as the Tim Rowe Memorial Fall Century. Our spring century would have been named after him, but sadly his good friend Ray Rickard had beat him to it. I like to think of the two of them riding bikes together now into the great beyond.

Club members are invited to attend a **Celebration of Life for Tim:**

**Sunday, April 9th at 1:00pm**

Carson City Community Center

851 E. William St, Carson City, NV 89701

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## Please Help Us Fill these Volunteer Positions

### Social Media Coordinator

Do you have social media expertise? The club needs a volunteer to keep our presence on the Internet active and engaging for club members, our community, and event participants.

### Event Marketing Coordinator

We need a volunteer to coordinate the promotion of all the club’s activities and particularly our big fundraiser, the Alta Alpina Challenge, Riding the Wild Sierra.

### Pinenut Cracker Director

After many years of coordinating our mountain bike race, Robert Braun is moving on and we’re eager to replace him.

### Bicycle Advocacy Coordinator

Are you passionate about cycling? We need a volunteer to represent the club at cycling advocacy meetings and report back to the club on what members need to know.



## Presidential Posting

Chris Rhiner, President

### Season Opener / Spring Party

Well we can't ride much this week but come out for Pizza/Salad etc to catch up with your ride buddies. Tuesday night 6pm to 9pm at CVIC Hall on Esmeralda in Minden is where the party will take place. Info tables will be in place at 6pm. Set up is 5pm if you want to help set up or have lots of stuff to bring to the Bike Swap table. Bring your checkbook, cash and calendar! Save lots of time to socialize.....

Our website was inaccessible for over a week. The troubles are just about cleared up now and we're really sorry for any inconvenience.

Our expanded race schedule is available online now. Renew your membership before the party to save time at the door. The all new AACC Season Pass of \$100 for 20 races will be available to purchase. (This represents a price roll back to \$5 per race.) We have 2 new race stewards to introduce you to and some new point system changes to encourage participation. Lets face it: with racing, the more the merrier!

Please join us at Tim Rowe's celebration of life is this Sunday April 9th. 1pm at Carson City Community Center at 851 Williams St..

The new AACC Women's Fashion kit will be on display, either in real product or in PDF, early ordering available and a few select sizes will be arriving soon and available for immediate purchase. A few men have asked for a kit themselves, come check it out. It will also be available to order on April 20th the 1st race. Pricing is around \$75 per item, our previous club member and pro mountain bike racer, Timari Pruis has helped us out with design & color.

The Challenge is June 24th, save that date! We really need volunteers for it and now is the time to sign up. Pick your favorite spot early!. While supplies last, we have a number of entries to other big organized rides for volunteers who commit to the larger volunteer jobs early. Sign up at the party or send an email to [volunteers@altaalpina.org](mailto:volunteers@altaalpina.org).

### Time to Renew your Membership!

If you haven't already done, so, please renew your membership today:

[http://altaalpina.com/membership/join\\_renew.php](http://altaalpina.com/membership/join_renew.php)

## Ray Rickard Memorial Spring Century—May 28

David Scarborough, Spring Century Coordinator

### Free for club members!

The Ray Rickard Spring Century takes place on Sunday May 28<sup>th</sup>—the Sunday of memorial day weekend. For 2017, we have even more ride options: you can choose from 13, 20, 32, 50, 68, 85, and 110 mile rides. The 110, 85, and 68 mile rides will all start at 8:00am with a group picture and mass start. The shorter rides will start and finish earlier—watch for more details on the rideboard and the May newsletter..

Eric Reuter has graciously volunteered to host the event at his home just off of Diamond Valley again this year. Parking is limited, so riding to the start and car pooling is encouraged.

There will be well stocked rest stops at the East side bottom of Monitor ("Topaz") from 9:30-noon, the top of Monitor 11:00-2:00, the top of Luther Pass 1:00-4:00, and the East side bottom of Kingsbury 2:30-5:50. Of course there will be a big post ride BBQ for everyone at the finish.

There is plenty of lawn at the BBQ, but if you would prefer a chair, you need to bring one.

A big thanks to those who have volunteered to help at the rest stops and to Eric for hosting.

Please RSVP to [springcentury@altaalpina.org](mailto:springcentury@altaalpina.org) so we have enough food for everyone.

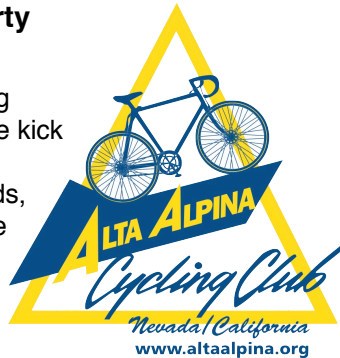


## 2017 Alta Alpina Events and Activities

### Spring Membership Party

Tuesday April 11

Join us for the annual spring membership party where we kick off the riding season. Enjoy great food, make new friends, and learn more about all the events and activities planned for 2016.



### Alta Alpina Challenge

Saturday June 24

The Alta Alpina Challenge—Riding the Wild Sierra is the club's annual fund raising event. We host riders from around our neighborhood and around the world to challenge themselves on our local roads and mountain passes.



### Ray Rickard Memorial Spring Century

Sunday May 29

This event is free to club members and this year will once again start near Diamond Valley and feature numerous ride options ranging from the classic 110 miles (3 passes) to a 13 mile (foothill) short course.



### Tim Rowe Memorial Fall Century

Saturday October 8

Another free event for members, the Alta Alpina Fall Century is the last big ride of the year. The out-and-back ride from Wellington to Bridgeport features a rest stop coming and going and a Pizza Dinner at the finish.



### Weekend Club Rides

Every Weekend Starting April

There's a club ride or activity virtually every weekend from April to October. Club rides vary in distance and terrain but always feature post ride snacks. Check the rideboard or newsletter for details.



### Thursday Night Races

Starting Thursday April 20

Everyone is welcome and encouraged to enter these races - you don't have to consider yourself a racer to participate. The races have four categories, A through D, where A's are the fastest.



## Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at [www.AaltaAlpina.org](http://www.AaltaAlpina.org)





## Thursday Evening Race Series — 2017 Season

Michael Bayer, Race Administration

### New Volunteers - Schedule - New Rules - New Gear - New Fees: Register at the Spring Party!

Alta Alpina races are open to everyone in the cycling community. The race categories make it easy for anyone from racing veterans to first-timers to have a great race experience. Racing is one of the best ways to get some excellent cycling exercise and social time for cyclists of any age.

To save time at roadside race registration, please come to the spring party to purchase your 2017 Race Season Pass and get your 2017 RFID Tag. Come and see the new RFID racing system that will produce fast and accurate race results There's a whole lot that's new for 2017 so whether you're a veteran or you're gearing up for your first race, please read on so you're up to speed!

### Race Stewards

Desiree Aarts and Kiley Reid have volunteered to be co-Race Stewards for the 2017 race season. A big THANK YOU to them for taking on this role. Desiree and Kiley will be out at the races checking-in racers, starting the races, setting up the finish line, putting out the snacks, and officiating. Extra help, however, is always appreciated. If you get to a race early or come as a spectator please consider helping out.

### Race Schedule

The race schedule for 2017 features a full set of twenty races with something for everyone.

4/20	Fredericksburg Prologue (See below)	6/1	Kingsbury Time Trial	7/20	Pinenut Road Race
4/27	Diamond Valley Road Race Short Course	6/8	Diamond Valley Road Race	7/27	Starbucks Criterium
5/4	Starbucks Criterium	6/15	Eagle Ridge Circuit Race	8/3	Diamond Valley Road Race
5/11	East Valley Time Trial	6/22	Fredericksburg Two Up Time Trial (See below)	8/10	Blue Lakes Time Trial
5/18	Pinenut Road Race	6/29	Diamond Valley Double Back Road Race	8/17	Starbucks Criterium
5/25	Starbucks Criterium	7/6	Kingsbury Time Trial	8/24	Fredericksburg Time Trial
		7/13	Eagle Ridge Circuit Race	8/31	Diamond Valley Road Race Short Course

### Race Categories

Racers continue to be grouped into 5 categories. Racers compete within their category for points through the season. In road race, criterium, and circuit format races all racers of the same category start together and may draft one another but may not draft racers in a different race category.

Use the following **guidelines** for choosing your category initially:

Category A: Advanced/Very Fit/Race Experience/Train for Racing.

Category B: Competitive/Very Fit/Race Experience

Category C: Competitive/Fit/Masters 50+/Strong Endurance

Category D: New Racers/Masters 60+

Juniors: 18 years and younger who don't want to race with adults

Everyone is strongly encouraged to participate in the Fredericksburg Prologue (all participants get 10 points). This race is the best time to validate category choice. Results will be available at the end of the race and everyone is free to change categories based on their standings. Subsequently, points earned in one category cannot be moved to a different category. However a racer can switch categories right at the conclusion of a Time Trial and have their time ranked within their new category. Racers can only switch categories once after the Fredericksburg Prologue.

### Race Registration

Register for each race between 5:30pm and 6:00pm. If you already have a season pass you just go to the front of the line and check-in. If not, and it's your first race, allow time to register and get your RFID chip.



### **New Race Registration Form**

Download the new registration form: [www.altaalpina.org/clubracesroad/AACCRaceRegForm.pdf](http://www.altaalpina.org/clubracesroad/AACCRaceRegForm.pdf)

To save time, print it, fill it out, sign it, and bring it with you to the Spring Party or your first race.

### **2017 Race Fees**

Like the weekend ride program, the Thursday night races are subsidized by revenue from the Alta Alpina Challenge. We hope that everyone who participates will volunteer for the Challenge so we're making the race series more affordable with a "Season Pass"—a single fee for the whole series of 20 races:

\$40 for Juniors (waived for Junior Team and ROP Juniors), \$100 for Members, \$200 for non-Members

For those who aren't ready to commit to a full season, we still have weekly race fees. The fee for a first race (which can later be applied to the cost of a season pass) is:

\$10 for Juniors, \$15 for Members, \$20 for non-Members

Fees for subsequent individual races are:

\$5 for Juniors, \$10 for Members, \$15 for non-Members

All racers pay a \$10 deposit for an RFID chip for the season. A pair of zip ties are included with chip and you can purchase a pair of O-rings for \$1.

Season passes for the race series, along with the RFID tags (deposit \$10) will be available at the Spring Party. Everyone is encouraged to register at the Spring Party to avoid a long line at the first race.

### **Post Season Pizza Party**

All race participants are invited to the post-season pizza party on August 31 after the last race.

### **Two Up Time Trial**

The Two Up Time Trial is back! This race is just for fun—everyone who participates gets 10 points. It's a time trial but you work with a partner and your time is the time of the second racer in each pair.

### **Fast and Accurate Race Results**

The club has a new digital race timing system that incorporates both RFID chips and photo finish software. The new RFID tags take the place of race bibs so no more sticking pins in your jerseys and jackets. No more bibs flapping in the wind. The chips are a very bright color that corresponds to your race category. You can easily spot others in your race category because they have the same colored chip as you.

The chips must be mounted on the right side of your fork just above the axle with the quick release lever on the left side or positioned at 90° from the chip.

The race scoring hardware detects the RFID tags as they pass through the finish line which will be marked on the road. The software will automatically compute everyone's finish times and time trial times. The photo finish software will allow race officials to determine finishing sequences when the RFID system indicates a tie.



### **New Rule for Crashes**

Crashes are rare, but if one occurs, everyone in the category should stop to help. The race for that person's category will be neutralized and everyone will receive 10 points.

### **Rain or Shine**

Races will take place rain or shine. However, the Race Steward reserves the right to adjust the course, timing, or number of laps to reflect weather conditions. If a race must be terminated early all racers will receive 5 points.

### **Race Venues, Maps, Directions, Safety Rules, Race Formats, and More**

Visit the racing page on the club website for all the details:

<http://www.altaalpina.org/clubracesroad/>



## Board Meeting Minutes—April 3, 2017

Secretary: Jim Sadilek; Other Board Members: Chris Rhiner, President; Frank Dixon, Treasurer; Michael Bayer, Alta Alpina Challenge Ride Director/Newsletter Publisher/Membership Coordinator; Garth Jackson, Weekend Ride Coordinator; Lori Piccini, Clothing Coordinator; Dave Scarborough, Spring Century Coordinator

Meeting called to order at 6:12 pm

Venue: Lakeside Inn and Casino, 168 US-50, Stateline, NV.

Minutes of the March meeting approved as read.

### 1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$18,268.50. The PayPal account balance is \$6,318.28.
- **Membership:** We have 65 up to date members and 152 still in the grace period. There are 800 expired members, some of whom are those who were granted a year's free membership because of the 2015 Challenge cancellation caused by the fire. It is unlikely that this group will renew, but with some effort, it may be possible to get expired members who are local to renew.
- **Weekend Rides:** The first half of the year's rides are now preliminarily scheduled.
- **Newsletter:** The newsletter is planned to be published ASAP, pending President's Message and board meeting minutes. There will be a Spring Party reminder, news about the upcoming Thursday night race series and the new RFID timing system. Also an explanation of the recent web site outage.
- **Website:** At a point in the near future, the AACC web site will be moved to a more reliable and responsive web hosting firm. The actual firm is to be determined after researching what firm will offer the best benefits and service as well as cost. Jim Sadilek is appointed Web Master.
- **Weekly Road Races:** Race Steward position has been filled by a partnership of Kiley Reid, and Desiree Aarts. They will alternate between administrating the races. Lori Piccini is lending an

older iPhone as part of the RFID equipment.

Michael presented two most desirable designs for the actual RFID chips to be placed on the bicycle for the board to make the final choice. Motion 04/01: Appoint Kiley Reid and Desiree Aarts as co-Race Stewards for 2017. Christine Rhiner/Frank Dixon - Carried unanimously. Motion 04/02: Compensation per race will be \$100 to the Race Stewards and \$100 to Michael per race for downloading race results, recording, and distributing them, as well as for the hours of work he put in to set up the RFID system. Compensation amounts to be reviewed at the end of the season. Christine Rhiner/Garth Jackson - Carried unanimously with Michael Bayer abstaining

- **Junior Team:** No report.
  - **Ray Rickard Memorial Spring Century:** Dave Scarborough reported most of the volunteer positions are filled for the Spring Century. Details will appear in the May newsletter.
  - **Pinenut Cracker & Mixed Terrain:** Postponed until 2018.
  - **Adopt A Highway:** Next clean up day scheduled for Sunday, May 7, 2017. Meet at Turtle Rock Park. Tammy will provide yummy coffee and bagels.
  - **Clothing:** Images of the new women's kit were presented by Chris. Five kits have been ordered and samples will be available for viewing and ordering at the Spring Party.
2. **Next Meeting:** Monday, May 1, 2017, 6 pm, Jethro's Oven & Grill, 1281 Kimmerling Rd, Gardnerville, NV.

Meeting adjourned at 9:05 pm

## ALTA ALPINA CHALLENGE VOLUNTEERS NEEDED

The club is looking for some key volunteers for the Wild Sierra on June 24. If you haven't already signed up please do so today! Membership fees remain unchanged again this year because we rely on members to volunteer at this annual fundraising event. We still have a few free entries to other organized rides available to Alta Alpina Challenge volunteers.



# Alta Alpina Cycling Club

P.O. Box 2032                      877-845-2453  
 Minden, NV 89423                877-845-BIKE  
    www.AltaAlpina.org

## MARK YOUR CALENDARS

Spring Party at CVIC Hall ..Tuesday, April 11  
 Start of Thursday Races .Thursday, April 20  
    Spring Century ....Sunday, May 28  
 Alta Alpina Challenge .Saturday, June 24  
    Fall Century .....Saturday, Oct 8

**MOVED? GOT NEW CONTACT INFO?**  
 Have you moved? Has your e-mail address changed?  
 Don't miss out on the latest AACC happenings!  
 Update your info at [www.AltaAlpina.org](http://www.AltaAlpina.org); click on "Membership"

## Alta Alpina Cycling Club Board Members

Chris Rhiner	President	<a href="mailto:president@AltaAlpina.org">president@AltaAlpina.org</a>	775-790-6373
Tammy Lundquist	Vice President	<a href="mailto:tahoe.tammy@gmail.com">tahoe.tammy@gmail.com</a>	530-545-3155
Jim Sadilek	Secretary	<a href="mailto:ccwatchmaker@gmail.com">ccwatchmaker@gmail.com</a>	775-220-2713
Frank Dixon	Treasurer	<a href="mailto:ozatlake@gmail.com">ozatlake@gmail.com</a>	530-318-1574
Michael Bayer	Membership Coordinator	<a href="mailto:membership@AltaAlpina.org">membership@AltaAlpina.org</a>	877-845-2453
Garth Jackson	Weekend Ride Coordinator	<a href="mailto:ridedirector@AltaAlpina.org">ridedirector@AltaAlpina.org</a>	
Michael Bayer	Alta Alpina Challenge Ride Director	<a href="mailto:challenge@AltaAlpina.org">challenge@AltaAlpina.org</a>	877-845-2453
Desiree Aarts	Thursday Road Race Stewards		877-845-2453
Kiley Reid			
TBD	Pinenut Cracker Mountain Bike Race		
Tammy DeGiovanni	Road Cleanup Coordinator	<a href="mailto:ttdeg@frontier.com">ttdeg@frontier.com</a>	775-901-1652
TBD	Marketing Coordinator		
Lori Piccini	Clothing Coordinator	<a href="mailto:clothing@altaalpina.org">clothing@altaalpina.org</a>	877-845-2453
Michael Bayer	Paceline Editor	<a href="mailto:paceline@AltaAlpina.org">paceline@AltaAlpina.org</a>	
David Scarborough	Spring Century Coordinator	<a href="mailto:dave_scar@hotmail.com">dave_scar@hotmail.com</a>	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	<a href="mailto:alpinajr@gmail.com">alpinajr@gmail.com</a>	775-782-9652
TBD	Bicycle Advocacy Coordinator		

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **May 1** at **Jethros** in the **Gardnerville Ranchos.**

Newsletter Publisher:  
 Michael Bayer