

# Fredricksburg TT

Distance      Avg Grade      Lowest Elev      Highest Elev      Elev Difference  
 8.40mi    0%      4,752ft    5,062ft    310ft

Cat	Rank	Name	Date	Speed	HR	Power	Time
A	1	Mihai Filimon	14-Apr-20	24.8mi/h	171bpm	299W	20:21
A	2	Robert Braun	16-Apr-20	24.1mi/h	-	-	20:56
A	3	Brock Peterson	17-Apr-20	23.8mi/h	-	254W	21:14
A	4	Dustin Hess	14-Apr-20	23.7mi/h	168bpm	301W	21:18
A	5	Kevin Willitts	14-Apr-20	23.6mi/h	145bpm	259W	21:21
A	6	Randy Volkmar	18-Apr-20	23.4mi/h	164bpm	252W	21:33
A	7	Willie Wafflemaker	16-Apr-20	23.3mi/h	-	236W	21:40
A	8	Brian R. Hamilton	17-Apr-20	22.8mi/h	158bpm	228W	22:06
B	9	Randy Jacobs	19-Apr-20	22.2mi/h	-	230W	22:40
B	10	Joseph Whiteley	15-Apr-20	22.2mi/h	169bpm	222W	22:43
A	11	Mark Schwartz/CA Alps Cycling	19-Apr-20	22.1mi/h	170bpm	284W	22:48
B	12	Rob Schofield	17-Apr-20	21.8mi/h	-	252W	23:10
C	13	Pistol Pete	17-Apr-20	21.5mi/h	-	241W	23:26
B	14	Robert Gagen	18-Apr-20	21.0mi/h	148bpm	-	24:00
B	15	Michael B	19-Apr-20	20.8mi/h	-	-	24:13
C	16	Val DellaRusso	19-Apr-20	20.8mi/h	-	162W	24:17
C	17	Bill Magladry	14-Apr-20	20.7mi/h	-	186W	24:25
A	18	Pike Reardon	19-Apr-20	20.6mi/h	116bpm	228W	24:29
C	19	Ron Sandoval	18-Apr-20	20.5mi/h	167bpm	191W	24:36
C	20	Thomas Walker	16-Apr-20	20.4mi/h	174bpm	225W	24:42
C	21	Dave Alexander	19-Apr-20	20.2mi/h	-	176W	24:57
C	22	Tom Mapes	16-Apr-20	20.1mi/h	-	173W	25:07
B	23	Nigel Leigh	18-Apr-20	20.0mi/h	-	-	25:15
C	24	Keith Benson	18-Apr-20	19.9mi/h	163bpm	261W	25:17
D	25	Louise Hose	18-Apr-20	19.9mi/h	-	163W	25:20
C	26	Joe Yates	19-Apr-20	19.6mi/h	-	184W	25:42
D	27	Jim LaHue	16-Apr-20	19.6mi/h	-	171W	25:45
B	28	Jennie Hamiter	19-Apr-20	19.6mi/h	156bpm	147W	25:47
B	29	Tony P	18-Apr-20	19.5mi/h	144bpm	180W	25:55
C	30	David Norvell	19-Apr-20	19.2mi/h	-	-	26:17
D	31	Lori Kroboth	16-Apr-20	19.1mi/h	170bpm	135W	26:22
C	31	David Machen	18-Apr-20	19.1mi/h	-	170W	26:22
C	33	Francis Dixon	19-Apr-20	19.0mi/h	-	191W	26:35
D	34	Desiree Aarts	18-Apr-20	18.6mi/h	-	-	27:04
C	35	Brian Dempsey	14-Apr-20	18.4mi/h	-	166W	27:26
D	36	Tammy DeGiovanni	18-Apr-20	18.2mi/h	-	-	27:42
C	37	Kathy Chappell	17-Apr-20	18.1mi/h	146bpm	-	27:52
D	38	Carlo Luri	14-Apr-20	17.7mi/h	-	144W	28:30
D	39	Jordan Brooks*	23-Apr-20	17.9mi/h	-	-	28:35
D	40	Meghan Dorris	14-Apr-20	17.6mi/h	-	128W	28:36
D	41	Glynnis Miller	18-Apr-20	17.4mi/h	156bpm	121W	29:02
D	42	PD Giltner	18-Apr-20	16.6mi/h	-	-	30:19
D	43	Mighty Moose	19-Apr-20	16.0mi/h	-	122W	31:33
D	44	Henri Evard	13-Apr-20	15.9mi/h	133bpm	119W	31:38
D	45	Honey Bear**	19-Apr-20	10.4mi/h	-	-	48:28

\*Strava error makeup ride.

\*\*On a MTB on a route she made up with equal mileage and elevation gain at a higher altitude.